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2011-2014

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PREFACE

Promoting equitable access to affordable essential medicines of good quality to improve health outcomes of the people is an important objective of Malaysia's National Medicines Policy. The Malaysian Statistics on Medicines (MSOM) continuously and systematically collect data on medicines utilisation in the hope to further improve their use as well as to provide a tool for better decision making in the allocation of healthcare resources for the Malaysian population.

For the MSOM project 2011-2014, data collection method was improved with the involvement of Quintiles IMS Malaysia. Due to these changes, the current set (2011-2014) of medicines utilisation data was not compared directly to data from the previous report (2009-2010). For meaningful time trends for example, comparisons and discussions were confined to utilisation data of the 4 years.

We are optimistic that the data collecting and processing methodologies will be constantly refined and future MSOM reports will continue to produce accurate and reliable statistics on Malaysian medicines consumption in a timely manner. We also foresee that there will be more chapters that can be deliberated in the future.

We sincerely hope that this MSOM 2011-2014 report is useful to relevant healthcare professionals, serving as a source of reference and baseline for embarking in future research or clinical audits towards promoting rational prescribing and effective medicines use.

We would like to thank all our colleagues who had worked very hard in ensuring the success of this MSOM project, all agencies and institutions that had helped in providing data, all expert panel members and everyone who has in one way or another contributed enthusiastically to the writing of this report. No matter how much we can do by ourselves on the national level, whether it be research or development, it is never enough. In a spirit of true cooperation, we must join in an action-oriented effort to uphold the rational use of medicine and healthcare of our nation.

Pharmaceutical Services Division
Ministry of Health Malaysia

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- All participating facilities which provided or allowed access to their medicines procurement data
- Members of the Expert Panels who contributed to writing this report
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ABBREVIATIONS

SHT1	Serotonin	MAOI	Monoamine Oxidase A Inhibitor
ACEI	Angiotensin Converting Enzyme Inhibitors	MMR	Measles-mumps-rubella
ACC/AHA	American College of Cardiology / American Heart Association	MMRV	Measles-mumps-rubella-varicella
ACS	Acute Coronary Syndrome	MOH	Ministry of Health
ACTH	Adrenocorticotrophic hormone	MSOM	Malaysian Statistics on Medicines
ADHD	Attention Deficit Hyperactivity Disorder	NASSA	Noradrenaline & Specific Serotonergic Antidepressant
AED	Antiepileptics	NBUVB	Narrowband UVB
APPL	Approve Product Purchase List	NCVD	National Cardiovascular Disease Database
ARB	Angiotensin Receptor Blocker	NHMS	National Health Morbidity Survey
ARI	Acute Respiratory Illness	NIP	National Immunisation Programme
ATC	Anatomical Therapeutic Chemical	NMP	National Medicines Policy
BCG	Bacille Calmette-Guérin	NOAC	Newer Oral Anticoagulant
BPH	Benign Prostate Hyperplasia	NSAIDs	Non Steroidal Anti-Inflammatory Drugs
CAD	Coronary Artery Disease	OECD	Organisation for Economic Co-operation and Development
CCB	Calcium Channel Blocker	OTC	Over-the-Counter
COMT	Catechol-O-Methyltransferase	PCC	Prothrombin Complex Concentrates
COPD	Chronic Obstructive Pulmonary Disease	PCI	Percutaneous Coronary Intervention
CNI	Calcineurin Inhibitors	PDE5	Phosphodiesterase Type-5
CPG	Clinical Practice Guidelines	PPH	Postpartum Haemorrhage
CRE	Carbapenem-resistant Enterobacteriaceae	PPI	Proton Pump Inhibitor
CVD	Cardiovascular Disease	PUVA	Psoralen and Ultraviolet A
DDA	Dangerous Drugs Act	RAAS	Renin-Angiotensin-Aldosterone System
DDD	Defined Daily Dose	rHuEPO	Recombinant Human Erythropoietin
DPP-4	Dipeptidyl peptidase-4	SABA	Short-Acting Beta Agonist
DTaP	Diphtheria Tetanus and Pertussis	SAMA	Short-Acting Muscarinic Antagonist
EAU	European Association of Urology	SGLT2	Sodium-glucose Co-transporter 2
ESBL	Extended spectrum beta-lactamase	SPC	Single Pill Combination
ESRD	End-Stage Renal Disease	SNRI	Serotonin-Norepinephrine Reuptake Inhibitor
EGFR	Epidermal Growth Factor Receptor	SSRI	Selective Serotonin Reuptake Inhibitor
FDC	Fixed-Dose Combination	T3	Liothyronine sodium
GLP-1	Glucagon-like peptide-1	T4	Levothyroxine
GORD	Gastro-Oesophageal Reflux Disease	TB	Tuberculosis
GVAP	Global Vaccine Action Plan	TCA	Tricyclic Antidepressant
H2RA	H2 Receptor Antagonist	TNF	Tumor Necrosis Factor
Hib	Haemophilus influenzae type b	UFH	Unfractionated Heparin
HIV	Human Immunodeficiency Virus	URTI	Upper Respiratory Tract Infection
HMG CoA	3-hydroxy-3-methyl-glutaryl-coenzyme A	WFH	World Federation of Haemophilia
HPV	Human Papillomavirus	WHO	World Health Organisation
HRT	Hormone Replacement Therapy		
ICS	Inhaled Corticosteroid		
IPD	Invasive Pneumococcal Disease		
IPV	Inactivated Polio vaccine		
LABA	Long-Acting Beta Agonists		
LDL	Low Density Lipoprotein		
LHRH	Lutenizing Hormone-Relasing Hormone		
LMWH	Low-molecular-weight Heparin		
LTRA	Leukotriene Receptor Antagonist		

CONTENTS

PREFACE.....	iii
ACKNOWLEDGEMENTS	iv
MSOM PROJECT TEAM	v
MEMBERS OF EXPERT PANELS	vi
ABBREVIATIONS	ix
ABOUT THE MALAYSIAN STATISTICS ON MEDICINES	1
METHODOLOGY	4
CHAPTER 1: USE OF MEDICINES IN MALAYSIA	6
CHAPTER 2: EXPENDITURE ON MEDICINES IN MALAYSIA.....	20
CHAPTER 3: USE OF DRUGS FOR ALIMENTARY DISORDERS	29
CHAPTER 4: USE OF ANTI-OBESITY AGENTS	37
CHAPTER 5: USE OF ANTI-DIABETIC DRUGS	39
CHAPTER 6: USE OF ANTI-ANAEMIC DRUGS	44
CHAPTER 7: USE OF ANTI-HEMORRHAGICS.....	46
CHAPTER 8: USE OF DRUGS FOR CARDIOVASCULAR DISORDERS	49
CHAPTER 9: USE OF ANTI-HYPERTENSIVES	67
CHAPTER 10: USE OF LIPID MODIFYING DRUGS	81
CHAPTER 11: USE OF DERMATOLOGICALS	86
CHAPTER 12: USE OF GYNAECOLOGICALS, SEX HORMONES AND HORMONAL CONTRACEPTION	97
CHAPTER 13: USE OF UROLOGICALS.....	105
CHAPTER 14: USE OF DRUGS FOR ENDOCRINE DISORDERS.....	113
CHAPTER 15 : USE OF ANTI-INFECTIVES	117
CHAPTER 16: USE OF ANTI-NEOPLASTIC AGENTS, TARGETED THERAPY AND ENDOCRINE THERAPY	142
CHAPTER 17: USE OF SYSTEMIC CORTICOSTEROIDS AND IMMUNOSUPPRESSIVE AGENTS.....	159
CHAPTER 18: USE OF DRUGS FOR MUSCULOSKELETAL AND BONE DISORDERS	165
CHAPTER 19: USE OF OPIOID ANALGESICS.....	175
CHAPTER 20: USE OF DRUGS FOR NEUROLOGICAL DISORDERS.....	178
CHAPTER 21: USE OF DRUGS FOR PSYCHIATRIC DISORDERS.....	187
CHAPTER 22: USE OF DRUGS FOR OBSTRUCTIVE AIRWAY DISEASES.....	198
CHAPTER 23: USE OF ANTIHISTAMINES AND NASAL DECONGESTANTS	204
CHAPTER 24: USE OF OPHTHALMOLOGICALS	211
CHAPTER 25: USE OF OTOLOGICALS	219
CHAPTER 26: USE OF DRUGS FOR COUGH AND COLD	220
CHAPTER 27: USE OF VACCINES.....	230

ABOUT THE MALAYSIAN STATISTICS ON MEDICINES

The Malaysian Statistics on Medicines (MSOM) is a publication produced by the Pharmaceutical Services Division, Ministry of Health Malaysia (PSD, MOH). The project was started in 2006 as the National Medicines Use Survey (NMUS) in which several surveys were conducted to estimate medicines utilisation and to report on patterns of medicines utilisation in the country. Since then, the initiative has evolved with improvements on the methodology to produce a more comprehensive report on annual utilisation of medicines in Malaysia in both public and private sectors.

The MSOM is designed to support the implementation of our National Medicines Policy (NMP). The objective of NMP is to promote equitable access and rational use of safe, effective and affordable medicines ultimately leading to improved health for all Malaysians. In supporting this, the MSOM provides the functional capacity for the collection, analysis, reporting and dissemination of data on drug utilisation in Malaysia.

Utilisation of medicines in this report is estimated from procurement and sales data, with assumption that medicines purchased are utilised. Actual data on medicines utilisation could not be obtained due to unavailability of a central prescribing database at this point of time.

Purpose of Medicines Utilisation Study

The availability of high quality, reliable and timely information on medicines use is crucial for any discussion on improving the use of medicines.

The objective of this utilisation study is therefore to quantify the current state and time trends of medicines utilisation at different sectors and various levels of the healthcare system.

Routinely compiled statistics on medicines utilisation have many uses, such as:

1. Estimate the consumption of medicines and describe pattern of medicines use through assessing which alternative drugs are being used for particular conditions and to what extent.
2. Estimate the number of medicine users and rate of exposure of population to different medicines.
3. Estimate on the basis of known disease epidemiology to what extent medicines are under or over-used.
4. Relate the number of adverse drug reactions reported to the pharmacovigilance system to the number of people exposed to the medicines in order to assess the magnitude of the problem, or to estimate the degree of under-reporting of adverse events.
5. Provide a crude estimate of disease prevalence based on its utilisation rate.
6. Estimate expenditure on pharmaceuticals, which constitutes a significant proportion of our healthcare expenditure.
7. Monitor and evaluate the effects of interventions to improve prescribing pattern/use of medicines.

Anatomical Therapeutic Chemical Code by World Health Organisation (WHO ATC)

Statistics on use of medicines reported are presented using the ATC classification system, and the unit of measurement is expressed in DDD. This is recommended by WHO to be used for drug utilisation research and for the purpose of comparing drug consumption statistics between countries, between regions or population groups within country and to evaluate trends in drug use over time.

Structure of the ATC Classification system

In this system, medicines are divided into different groups according to the organ or system on which the drugs act, and on chemical, pharmacological and therapeutic properties.

Medicines are classified in groups at five different levels as follows,

Level	Group and Subgroups
1	Anatomical main group
2	Therapeutic subgroup
3	Pharmacological subgroup
4	Chemical subgroup
5	Chemical substance

In total, there are 14 anatomical main groups, with a designated alphabet assigned,

ATC Level 1	Anatomical Group
A	Alimentary tract and metabolism
B	Blood and blood forming organs
C	Cardiovascular system
D	Dermatologicals
G	Genito urinary system and sex hormones
H	Systemic hormonal preparations, excluding sex hormones and insulins
J	Antiinfectives for systemic use
L	Antineoplastic and immunomodulating agents
M	Musculo-skeletal system
N	Nervous system
P	Antiparasitic products, insecticides and repellents
R	Respiratory system
S	Sensory organs
V	Various

For example, simvastatin is coded as C10AA01. The structure of this code is as follows,

Level	Code	Group and subgroups
1	C	Cardiovascular system
2	C10	Lipid modifying agents
3	C10A	Lipid modifying agents, plain
4	C10AA	HMG CoA reductase inhibitors
5	C10AA01	Simvastatin

Concept of the Defined Daily Dose (DDD)

Measurement unit for medicines use adopted in this report is the DDD. The DDD is the assumed average maintenance dose per-day for a drug used for its main indication in adults. The DDD is simply a technical measure of drug utilisation, it is not necessarily agree with the recommended or prescribed daily dose. Doses for individual patients and patient groups will often differ from DDD. The DDD is often a compromise based on review of the available information about doses used in various countries. DDD may even be a dose rarely prescribed because it is an average of two or more commonly used doses.

Statistics on medicines use in this report are presented for most drugs as numbers of DDDs per-1,000 inhabitants per-day. The DDDs per-1,000 inhabitants per-day provides a rough estimate of the proportion of population treated daily with a drug. For example, the figure 10 DDDs per-1,000 inhabitants per-day indicates that 10 in 1,000 or 1% of the population was prescribed or administered a certain drug or group of drugs every day in a particular year, on the average.

DDDs per-1,000 inhabitants per-day is most useful for drugs used in the treatment of chronic diseases and especially when there is a good agreement between the average prescribed daily dose and the DDD. For most drugs, number of DDDs per-1,000 inhabitants per-day are calculated for the total population, in which all ages and sex groups are included. Where a drug use is limited to particular age or sex groups, then it will be more meaningful to express the figure for the relevant age-sex groups only. For example, DDDs per-1,000 children age below 12 years old per-day, or DDDs per-1,000 women in reproductive age groups per-day.

For anti-infective or other drugs normally used for short duration, the medicine utilisations are presented as DDD per-inhabitant per-year. This gives an estimate of the number of days for one case is on average treated annually. For example, 5 DDDs per-inhabitant per-year indicates that the utilisation is equivalent to the treatment of every inhabitant with a 5-day course in the year.

While interpreting the statistics on medicine utilisation, a few limitations shall be taken into consideration, these include,

- i. A medicine may have several indications while the DDD is based on the main indication in adults.
- ii. Medicines procured, as presented here, may not necessarily be consumed.
- iii. DDD may be difficult to be assigned or not assigned at all for certain medicines. This is especially true for medicines with multiple ingredients, topical products, antineoplastic drugs and anaesthetic agents.
- iv. Medicines newly introduced into the market may not have ATC and DDD assigned.
- v. The DDD assigned to a drug is primarily based on other countries' experience and may not reflect the average prescribed adult dose in Malaysia

For most parts of this report, only drugs with WHO-assigned DDDs are included in the utilisation statistics. However, a few groups of drug which do not have WHO-assigned DDDs, namely the antineoplastics, dermatologicals, ophthalmologicals, otologicals, cough and cold combinations and vaccines were given DDDs based on the WHO general guidelines. This permits presentation of the national utilisation and patterns of use, relative to drugs within the respective groups only.

METHODOLOGY

Project Scope

Medicines selected to be included in this report are pharmaceutical products of great interest to healthcare professionals in Malaysia. All medicines classified as poisons in the Malaysian Poison Act 1952 (revised 1989)¹ was included in the report. Other pharmaceutical products included are a number of over-the-counter medicines and supplements namely paracetamol, vitamin K, acetylsalicylic acid, calcitriol and alfacalcidol.

Data Source

Data were collected from several different sources from 2011 to 2014. In the public sector particularly MOH facilities, medicines are purchased through two main channels. The primary channel is via 'Central Purchase' which is provided by an appointed supplier contracted to supply selected pharmaceutical products (the Approved Product Purchase List or APPL). The procurement records of all purchases made by MOH facilities were collected directly from the appointed supplier. For medicines that are not supplied via this primary channel, they will be purchased separately by individual facility from a range of suppliers. These procurement records were collected from the individual facilities.

Medicines utilisation in the private sector was estimated using sales data from pharmaceutical companies and distributors/suppliers collected through Quintiles IMS Malaysia. The sales data captured 80% of the total pharmaceutical market and the remaining data coverage (20%) were estimated from panel sample of private hospitals, pharmacies and GP clinics maintained by Quintiles IMS Malaysia. This panel sample consists of 65 pharmacies, 12 private hospitals and 164 GP clinics. Data extraction was made on June 2015.

Data Processing and Assigning Anatomical Therapeutic Chemical (ATC) Code

The data collected were processed and consolidated into one single dataset. Pharmaceutical products not included in scope of analysis were removed from dataset. ATC code set by World Health Organisation (WHO ATC) was assigned to every medicine based on generic name and drug class. Consequently, the accompanying defined daily dose (DDD) of each ATC code and unit of measurement for DDD, was assigned to respective medicine based on the route of administration.

For products with combination of active ingredients and medicines that do not have DDD, the DDD was determined and assigned in accordance to 'Guidelines for ATC classification and DDD assignment'³. This was followed by several cycles of quality control (QC) to ensure accuracy of the final data.

Data Analysis

Statistics on Medicine Utilisation

First step of analysis was to calculate total dose for every pharmaceutical product. Total dose of a pharmaceutical product in every year is total number of packs procured multiply by the total dose per-pack. This was followed by summation of total dose for all pharmaceutical products for a particular drug according to ATC code. Lastly, statistics on medicine use is determined, either in number of DDDs per-1,000 inhabitants per-day or number of DDDs per-inhabitant per-year for every ATC code.

$$\text{DDD per-1,000 inhabitants per-day} = \frac{\hat{T} \times 1,000}{\text{DDD} \times \text{P} \times 365}$$

$$\text{DDD per-inhabitant per-year} = \frac{\hat{T}}{\text{DDD} \times \text{P}}$$

- \hat{T} An estimate of the total dose of the drug by ATC code utilised in the year under consideration.
DDD DDD assigned for the drug according to WHO ATC/DDD system.
P Mid-year population of Malaysia.
365 Refers to 365 days in a year.

In this analysis, mid-year population⁴ taken for every year are as follows,

Year	Mid-year population, P
2011	29,062,000
2012	29,510,000
2013	29,915,300
2014	30,261,700

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CHAPTER 1: USE OF MEDICINES IN MALAYSIA

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Medicine use information is essential in promoting rational use of medications in a society. Inappropriate use of medicines discovered through medicine utilisation studies may trigger educational or policy interventions. Consequently, monitoring of medicine use can provide information on the success of these interventions.

In this chapter, we reported and discussed the national estimates for use of medicines in Malaysia from 2011 to 2014. The overall data on medicine utilisation is presented in several ranking tables; by medicine therapeutic groups and individual drug generic names. Overall result showed the total utilisation of medicines in the country had increased by 31.4% from 433.47 DDD/1,000 inhabitants/day in 2011 to 569.55 DDD/1,000 inhabitants/day in 2014.

Figure 1.1 showed that there was no change for the top 10 therapeutic groups of drugs utilised over the four-year period (2011-2014), except for antithrombotic drugs (B01) that have moved into the top 10 list from 2013 onwards displacing anti-inflammatory and antirheumatic products (M01). The trend was mainly caused by a significant increase in the public sector utilisation of antithrombotic. Among the therapeutic groups, utilisation for drugs used in diabetes (A10) remained highest throughout 2011 to 2014 (Table 1.1 to 1.4). An increased usage of 45.9% (from 55.15/1,000 inhabitants /day to 80.49/1,000 inhabitants /day) was seen between 2011 and 2014 from this therapeutic group. The increase was more apparent in the public sector (53.4%) compared to 14.3% in the private sector. This essentially highlighted the magnitude of burden in managing diabetes in the public sector which corresponded to the increase in prevalence of diabetes from 7.2% to 8.3% of known diabetes in 2011¹ and 2015².

Other major therapeutic groups that were consistently in the top 10 included calcium channel blockers (C08), drugs acting on the renin-angiotensin system (C09), beta blocking agents (C07), diuretics (C03) and lipid modifying agents (C10). These medicines which are predominantly used in the treatment of non-communicable diseases topped the list after drugs used in diabetes (A10). An increasing trend was also observed in the use of these therapeutic groups from 2011 to 2014 with larger increase seen in the public sector. For example, there was an increase of 48.7% of calcium channel blockers utilisation and 47.3% of lipid modifying agents during the same four-year period in the public sector. Other therapeutic groups that are in the top 10 list included drugs for obstructive airways disease (R03), antithrombotic agents (B01) and antihistamines for systemic use (R06).

Among all the therapeutic groups, between 2011 and 2014, a substantial increase in utilisation was observed for the ophthalmological and otological preparations (S03), urologicals (G04) and antivirals for systemic use (J05) at 97.1%, 77.0% and 56.3% respectively. On the other hand, a substantial decrease in utilisations was seen in antimycotics for systemic use (J02) and antiobesity preparations (A08) with 40.6% and 29.6% reductions, respectively. Although the actual reason for these changes may not be exactly determined, these may indicate possible changes in clinical practice and emergent of new medicines that are able to treat more conditions.

An average of 66% from the total utilisation of therapeutic groups was contributed by the public sector. These finding correlates with report from the National Medical Care Statistics on Primary Care 2014 whereby patient's attendance in public clinic were seen three times more than the private clinic³. One major difference in medicine utilisation trend observed between public and private sector was medicines to treat chronic conditions and non-communicable diseases like diabetes, hypertension and dyslipidaemia. In the private sector, the type of medicines used were mainly for treating acute or non-chronic conditions including anti-inflammatory and anti-rheumatics, anti-bacterial for systemic use and corticosteroids, dermatological preparations and nasal preparations and cough and cold preparations. These therapeutic groups of drugs also had higher usage compared to public sector. For example, drugs such as antibacterial for systemic use, nasal preparation, cough and cold preparations, drugs for functional gastrointestinal disorder and corticosteroid and dermatological preparations were used up to two to three times more in private sectors. This situation may indicate that patients with chronic condition are being treated more in public sector. Meanwhile, patients with mild and acute conditions prefer seeking treatment at private sector³.

Overall, there was not much difference in ranking for the top 10 medicines utilisation throughout 2011 to 2014 (Figure 1.2). The top 10 medicines utilised were drugs for diabetes and cardiovascular disorders that consisted

of amlodipine, gliclazide, perindopril and metformin, which has also increased over the years (Table 1.5 to 1.8). Amlodipine was found to be the most utilised drug throughout 2011 to 2014. The high utilisation of amlodipine was due to change in prescribing category in the MOH formulary listing from A to B and the introduction of generic amlodipine in the public sector⁴. Gliclazide remained the second highest drug utilised until year 2014. Due to its characteristic with less hypoglycaemic effect, gliclazide was a more preferred choice compared to glibenclamide. Nevertheless, in terms of prescribing pattern, in treating diabetic condition, metformin is still the most prescribed drugs followed by gliclazide in antidiabetic group as reported by national surveys conducted by the Ministry of Health i.e. National Medical Care Statistics (Primary Care) in year 2014³ and Drug Utilisation Study in MOH Diabetic Patients 2010⁵.

There were a few medicines that showed tremendous increased (more than 100%) in utilisation from year 2011 to 2014 such as simvastatin, combination drug metformin plus sulphonylureas, medroxyprogesterone and chloramphenicol. The increased utilisation in simvastatin revealed a change of practise in prescribing simvastatin for dyslipidemia when lovastatin was removed from the Ministry of Health Formulary in 2013⁴. This caused approximately 33.4 % reduction in use of lovastatin from year 2011 to 2014. Other drugs which also demonstrated sudden decreased of utilisation were nifedipine (52.2%) and glibenclamide (37.4%). This could be due to changes in clinical practice as a result of emergence of newer or better choices for treatment.

In comparison with other countries such as Australia, in 2014, their top 10 medicines by utilisation was dominated by cardiovascular drugs. Meanwhile antidiabetic drugs and cardiovascular drugs both appeared among the top 10 drugs listing in Malaysia. Ranking for individual drugs for Malaysia are differed somewhat from that of Australia as shown in Table 1.9. This could be explained by the high prevalence of non-communicable diseases in Malaysia compared to Australia⁶.

In conclusion, the overall utilisation pattern of medicines in the country for 2011-2014 appeared to be in accordance with the prevalence of chronic diseases reported in NHMS 2015.

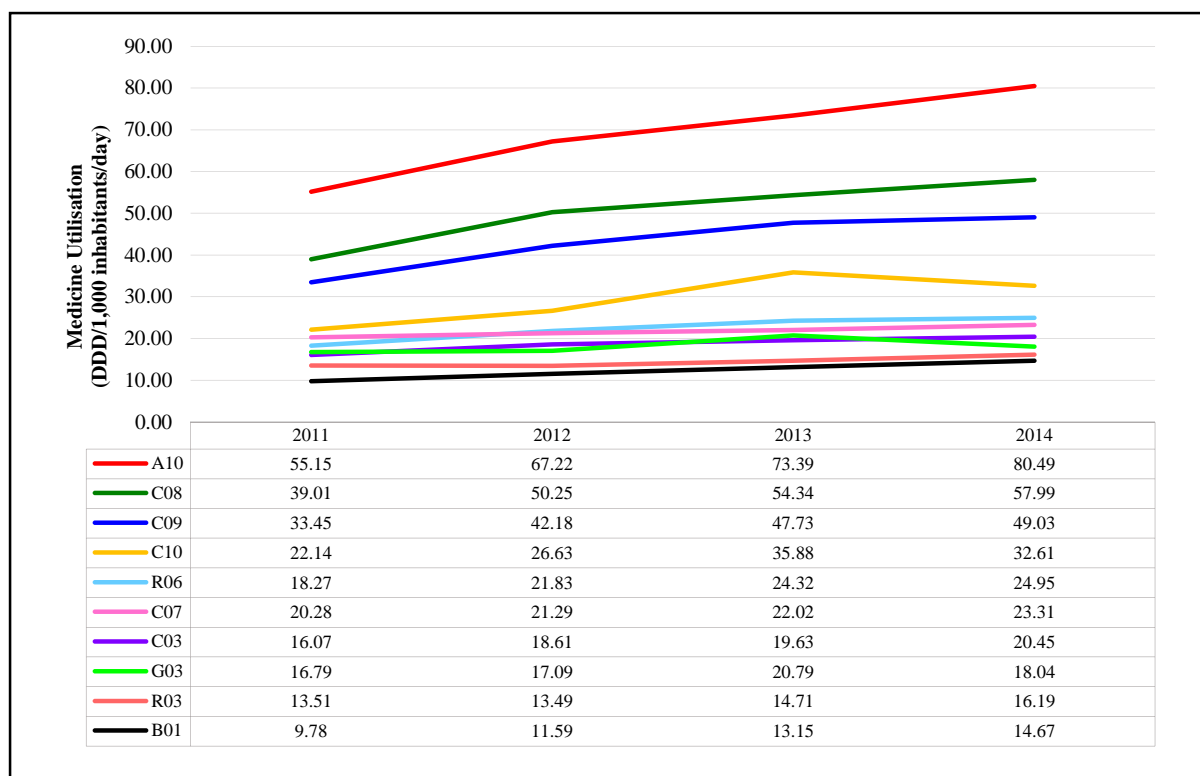


Figure 1.1: Top 10 most utilised therapeutic groups in year 2011-2014. (A10, Drugs used in diabetes; C08, Calcium channel blockers; C09, Agents acting on the renin-angiotensin system; C10, Lipid modifying agents; R06, Antihistamines for systemic use; C07, Beta blocking agents; C03, Diuretics; G03, Sex hormones and modulators of the genital system; R03, Drugs for obstructive airway diseases; B01, Antithrombotic agents)

Table 1.1: Total utilisation of medicines in DDD/1,000 inhabitants/day, 2011-2014.

Sector	2011	2012	2013	2014
Public	283.10	344.95	376.56	400.15
Private	150.37	169.13	176.95	169.40
Total	433.47	514.08	553.51	569.55

Table 1.2: Top 50 therapeutic groups, utilisation in DDD/1,000 inhabitants/day, 2014.

Rank	ATC	Therapeutic Group	Public	Private	Total
1	A10	Drugs used in diabetes	68.4853	12.0008	80.4861
2	C08	Calcium channel blockers	50.8156	7.1779	57.9936
3	C09	Agents acting on the renin-angiotensin system	38.0626	10.9658	49.0284
4	C10	Lipid modifying agents	24.4167	8.1967	32.6134
5	R06	Antihistamines for systemic use	7.2201	17.7338	24.9539
6	C07	Beta blocking agents	18.3914	4.9224	23.3138
7	C03	Diuretics	18.0767	2.3732	20.4500
8	G03	Sex hormones and modulators of the genital system	8.0562	9.9807	18.0368
9	R03	Drugs for obstructive airway diseases	10.5817	5.6064	16.1881
10	B01	Antithrombotic agents	11.2196	3.4552	14.6748
11	M01	Antiinflammatory and antirheumatic products	3.1336	9.6405	12.7741
12	D07	Corticosteroids, dermatological preparations	3.1329	7.7998	10.9327
13	J01	Antibacterials for systemic use	3.8052	7.0650	10.8702
14	A02	Drugs for acid related disorders	6.8232	3.5494	10.3726
15	N02	Analgesics	4.5198	4.4493	8.9691
16	D01	Antifungals for dermatological use	1.3250	5.8705	7.1954
17	S01	Ophthalmologicals	3.7216	2.6968	6.4184
18	H02	Corticosteroids for systemic use	2.7012	3.4932	6.1944
19	C01	Cardiac therapy	4.3420	1.3592	5.7012
20	R01	Nasal preparations	1.2839	3.7139	4.9977
21	N05	Psycholeptics	3.5112	1.2796	4.7908
22	B03	Antianaemic preparations	4.1404	0.3797	4.5201
23	R05	Cough and cold preparations	1.0727	2.2570	3.3297
24	C02	Antihypertensives	2.8712	0.2863	3.1574
25	H03	Thyroid therapy	2.0645	1.0820	3.1465
26	G04	Urologicals	2.1493	0.8467	2.9960
27	D06	Antibiotics and chemotherapeutics for dermatological use	1.5382	1.4356	2.9738
28	A03	Drugs for functional gastrointestinal disorders	0.7828	1.7223	2.5051
29	N06	Psychoanaleptics	1.6227	0.8442	2.4669
30	N07	Other nervous system drugs	1.3684	1.0679	2.4364
31	N03	Antiepileptics	1.7866	0.5276	2.3142
32	M04	Antigout preparations	1.0931	1.1432	2.2364
33	J05	Antivirals for systemic use	1.1961	0.1966	1.3927
34	S03	Ophthalmological and otological preparations	0.0683	1.2008	1.2691
35	A11	Vitamins	1.1424	0.1195	1.2619
36	J07	Vaccines	1.0131	0.2102	1.2233
37	M03	Muscle relaxants	0.1779	0.9150	1.0929
38	N04	Anti-parkinson drugs	0.8481	0.1471	0.9951
39	D10	Anti-acne preparations	0.1629	0.7794	0.9423
40	J04	Antimycobacterials	0.8375	0.0930	0.9305
41	M05	Drugs for treatment of bone diseases	0.3133	0.6097	0.9230
42	D11	Other dermatological preparations	0.0741	0.7568	0.8309
43	L04	Immunosuppressants	0.4721	0.1579	0.6300
44	A08	Antiobesity preparations, excluding diet products	< 0.0001	0.5941	0.5941
45	L02	Endocrine therapy	0.3379	0.1904	0.5283
46	P01	Antiprotozoals	0.2270	0.0886	0.3156
47	S02	Otologicals	0.2257	0.0667	0.2924
48	J02	Antimycotics for systemic use	0.0631	0.2208	0.2839
49	G01	Gynecological antiinfectives and antiseptics	0.0760	0.1652	0.2412
50	D05	Antipsoriatics	0.1358	0.0819	0.2177

Table 1.3: Top 50 therapeutic groups, utilisation in DDD/1,000 inhabitants/day, 2013.

Rank	ATC	Therapeutic Group	Public	Private	Total
1	A10	Drugs used in diabetes	62.3295	11.0561	73.3856
2	C08	Calcium channel blockers	47.2068	7.1302	54.3370
3	C09	Agents acting on the renin-angiotensin system	37.5544	10.1768	47.7312
4	C10	Lipid modifying agents	28.0783	7.8003	35.8786
5	R06	Antihistamines for systemic use	6.1154	18.2013	24.3167
6	C07	Beta blocking agents	17.1612	4.8586	22.0199
7	G03	Sex hormones and modulators of the genital system	9.6997	11.0938	20.7934
8	C03	Diuretics	17.1145	2.5200	19.6344
9	R03	Drugs for obstructive airway diseases	9.5353	5.1714	14.7067
10	B01	Antithrombotic agents	9.5891	3.5571	13.1462
11	M01	Antiinflammatory and antirheumatic products	3.0119	10.0552	13.0671
12	J01	Antibacterials for systemic use	3.7084	7.1820	10.8904
13	D07	Corticosteroids, dermatological preparations	2.7146	7.8180	10.5325
14	A02	Drugs for acid related disorders	5.8073	3.5127	9.3200
15	N02	Analgesics	3.9345	4.9540	8.8885
16	D01	Antifungals for dermatological use	1.6055	5.7695	7.3750
17	H02	Corticosteroids for systemic use	2.4353	3.7256	6.1609
18	S01	Ophthalmologicals	3.2135	2.2903	5.5038
19	C01	Cardiac therapy	3.7113	1.3710	5.0822
20	R01	Nasal preparations	1.1722	3.9081	5.0804
21	N05	Psycholeptics	3.1591	1.4250	4.5841
22	B03	Antianaemic preparations	3.9167	0.3735	4.2902
23	R05	Cough and cold preparations	1.0071	2.2931	3.3002
24	D06	Antibiotics and chemotherapeutics for dermatological use	1.1689	1.5344	2.7033
25	C02	Antihypertensives	2.4367	0.2621	2.6988
26	H03	Thyroid therapy	1.7004	0.9859	2.6863
27	G04	Urologicals	1.6817	0.7637	2.4454
28	A03	Drugs for functional gastrointestinal disorders	0.6235	1.7118	2.3352
29	N06	Psychoanaleptics	1.4740	0.8309	2.3049
30	N07	Other nervous system drugs	1.1654	1.1252	2.2906
31	N03	Antiepileptics	1.8256	0.3536	2.1792
32	M04	Antigout preparations	1.0477	0.9497	1.9973
33	D10	Anti-acne preparations	0.1743	1.3885	1.5629
34	M03	Muscle relaxants	0.1479	0.9962	1.1440
35	A11	Vitamins	1.0260	0.1003	1.1263
36	J07	Vaccines	0.8303	0.2380	1.0683
37	J05	Antivirals for systemic use	0.8101	0.1815	0.9917
38	S03	Ophthalmological and otological preparations	0.0718	0.8885	0.9603
39	M05	Drugs for treatment of bone diseases	0.2992	0.6074	0.9066
40	J04	Antimycobacterials	0.7890	0.1174	0.9064
41	N04	Anti-parkinson drugs	0.7518	0.1351	0.8869
42	D11	Other dermatological preparations	0.0425	0.7705	0.8131
43	L04	Immunosuppressants	0.4509	0.1547	0.6056
44	J02	Antimycotics for systemic use	0.0564	0.5082	0.5645
45	A08	Antiobesity preparations, excluding diet products	-	0.5525	0.5525
46	L02	Endocrine therapy	0.3381	0.1794	0.5175
47	S02	Otologicals	0.2674	0.0574	0.3248
48	P01	Antiprotozoals	0.1962	0.1141	0.3103
49	D05	Antipsoriatics	0.0983	0.1041	0.2025
50	G01	Gynecological antiinfectives and antiseptics	0.0492	0.1365	0.1856

Table 1.4: Top 50 therapeutic groups, utilisation in DDD/1,000 inhabitants/day, 2012.

Rank	ATC	Therapeutic Group	Public	Private	Total
1	A10	Drugs used in diabetes	56.5723	10.6507	67.2230
2	C08	Calcium channel blockers	43.7260	6.5248	50.2507
3	C09	Agents acting on the renin-angiotensin system	32.3847	9.7954	42.1801
4	C10	Lipid modifying agents	19.5402	7.0896	26.6297
5	R06	Antihistamines for systemic use	5.7048	16.1294	21.8342
6	C07	Beta blocking agents	16.1966	5.0940	21.2906
7	C03	Diuretics	16.0368	2.5773	18.6141
8	G03	Sex hormones and modulators of the genital system	5.4289	11.6633	17.0921
9	R03	Drugs for obstructive airway diseases	8.6524	4.8363	13.4887
10	M01	Antiinflammatory and antirheumatic products	2.8779	10.1383	13.0162
11	B01	Antithrombotic agents	8.2519	3.3386	11.5905
12	J01	Antibacterials for systemic use	3.6324	7.1103	10.7427
13	D07	Corticosteroids, dermatological preparations	2.4285	7.0580	9.4865
14	N02	Analgesics	4.1076	4.5229	8.6305
15	A02	Drugs for acid related disorders	5.0828	3.1604	8.2432
16	H02	Corticosteroids for systemic use	2.3662	5.3110	7.6772
17	D01	Antifungals for dermatological use	1.3812	5.6424	7.0237
18	N05	Psycholeptics	3.3280	1.7566	5.0847
19	R01	Nasal preparations	1.1777	3.8864	5.0641
20	C01	Cardiac therapy	3.5609	1.2493	4.8102
21	B03	Antianaemic preparations	4.1926	0.3550	4.5476
22	S01	Ophthalmologicals	2.3701	2.0432	4.4133
23	R05	Cough and cold preparations	0.7443	2.2242	2.9685
24	D06	Antibiotics and chemotherapeutics for dermatological use	1.1185	1.5706	2.6891
25	H03	Thyroid therapy	1.6192	1.0017	2.6209
26	A03	Drugs for functional gastrointestinal disorders	0.6819	1.9321	2.6140
27	C02	Antihypertensives	2.1599	0.2877	2.4476
28	N07	Other nervous system drugs	1.3673	1.0371	2.4044
29	G04	Urologicals	1.4470	0.7756	2.2226
30	N06	Psychoanaleptics	1.2077	0.7826	1.9903
31	N03	Antiepileptics	1.5104	0.3479	1.8583
32	M04	Antigout preparations	0.8398	0.9562	1.7960
33	J07	Vaccines	0.8593	0.2545	1.1138
34	J05	Antivirals for systemic use	0.9237	0.1676	1.0913
35	M03	Muscle relaxants	0.1287	0.8925	1.0211
36	D10	Anti-acne preparations	0.1569	0.8479	1.0049
37	A08	Antiobesity preparations, excluding diet products	0.0002	0.8913	0.8915
38	A11	Vitamins	0.7766	0.1124	0.8890
39	J04	Antimycobacterials	0.8127	0.0734	0.8861
40	S03	Ophthalmological and otological preparations	0.0868	0.7849	0.8718
41	D11	Other dermatological preparations	0.0590	0.7927	0.8517
42	N04	Anti-parkinson drugs	0.7081	0.1261	0.8342
43	M05	Drugs for treatment of bone diseases	0.2804	0.5056	0.7860
44	L04	Immunosuppressants	0.3845	0.1388	0.5233
45	J02	Antimycotics for systemic use	0.0583	0.4277	0.4860
46	L02	Endocrine therapy	0.2632	0.1647	0.4280
47	P01	Antiprotozoals	0.2241	0.1166	0.3407
48	G01	Gynecological antiinfectives and antiseptics	0.0606	0.1685	0.2291
49	S02	Otologicals	0.1441	0.0575	0.2016
50	D05	Antipsoriatics	0.0807	0.0953	0.1760

Table 1.5: Top 50 therapeutic groups, utilisation in DDD/1,000 inhabitants/day, 2011.

Rank	ATC	Therapeutic Group	Public	Private	Total
1	A10	Drugs used in diabetes	44.6470	10.5030	55.1500
2	C08	Calcium channel blockers	33.3980	5.6099	39.0079
3	C09	Agents acting on the renin-angiotensin system	23.9350	9.5105	33.4455
4	C10	Lipid modifying agents	15.1727	6.9663	22.1389
5	C07	Beta blocking agents	15.3301	4.9541	20.2842
6	R06	Antihistamines for systemic use	5.3622	12.9081	18.2703
7	G03	Sex hormones and modulators of the genital system	5.4836	11.3107	16.7943
8	C03	Diuretics	13.4878	2.5774	16.0652
9	R03	Drugs for obstructive airway diseases	9.3762	4.1371	13.5133
10	M01	Antiinflammatory and antirheumatic products	2.8995	8.2631	11.1626
11	B01	Antithrombotic agents	6.8598	2.9235	9.7833
12	J01	Antibacterials for systemic use	3.4935	6.0941	9.5876
13	D07	Corticosteroids, dermatological preparations	2.6257	6.1330	8.7587
14	N02	Analgesics	3.8925	4.5350	8.4275
15	A02	Drugs for acid related disorders	4.1172	2.8107	6.9278
16	D01	Antifungals for dermatological use	1.2917	4.5498	5.8415
17	H02	Corticosteroids for systemic use	2.0067	2.9852	4.9919
18	R01	Nasal preparations	0.9970	3.6741	4.6711
19	C01	Cardiac therapy	3.3280	1.2840	4.6120
20	N05	Psycholeptics	2.7776	1.4825	4.2601
21	B03	Antianaemic preparations	3.6723	0.3249	3.9972
22	S01	Ophthalmologicals	2.0611	1.9255	3.9866
23	R05	Cough and cold preparations	0.7273	2.3049	3.0323
24	C02	Antihypertensives	2.2490	0.2226	2.4716
25	H03	Thyroid therapy	1.4230	0.9581	2.3811
26	D06	Antibiotics and chemotherapeutics for dermatological use	1.0251	1.3178	2.3429
27	A03	Drugs for functional gastrointestinal disorders	0.5601	1.6629	2.2230
28	N07	Other nervous system drugs	1.2638	0.8148	2.0785
29	N06	Psychoanaleptics	1.0664	0.6824	1.7488
30	M04	Antigout preparations	0.9254	0.8085	1.7339
31	N03	Antiepileptics	1.4066	0.3009	1.7074
32	G04	Urologicals	0.9935	0.6988	1.6922
33	J07	Vaccines	0.8462	0.2657	1.1119
34	M03	Muscle relaxants	0.1086	0.7926	0.9013
35	J04	Antimycobacterials	0.8146	0.0801	0.8947
36	J05	Antivirals for systemic use	0.7009	0.1902	0.8911
37	D10	Anti-acne preparations	0.1063	0.7838	0.8900
38	D11	Other dermatological preparations	0.0358	0.8194	0.8552
39	A11	Vitamins	0.7486	0.1002	0.8488
40	A08	Antiobesity preparations, excluding diet products	0.0000	0.8439	0.8439
41	M05	Drugs for treatment of bone diseases	0.2307	0.5829	0.8136
42	N04	Anti-parkinson drugs	0.6678	0.1300	0.7978
43	S03	Ophthalmological and otological preparations	0.0739	0.5701	0.6440
44	J02	Antimycotics for systemic use	0.0501	0.4280	0.4781
45	L04	Immunosuppressants	0.3185	0.1384	0.4569
46	L02	Endocrine therapy	0.2335	0.1376	0.3710
47	P01	Antiprotozoals	0.1092	0.1099	0.2191
48	S02	Otologicals	0.1386	0.0613	0.1999
49	G01	Gynecological antiinfectives and antiseptics	0.0495	0.1107	0.1602
50	D05	Antipsoriatics	0.0569	0.0858	0.1427

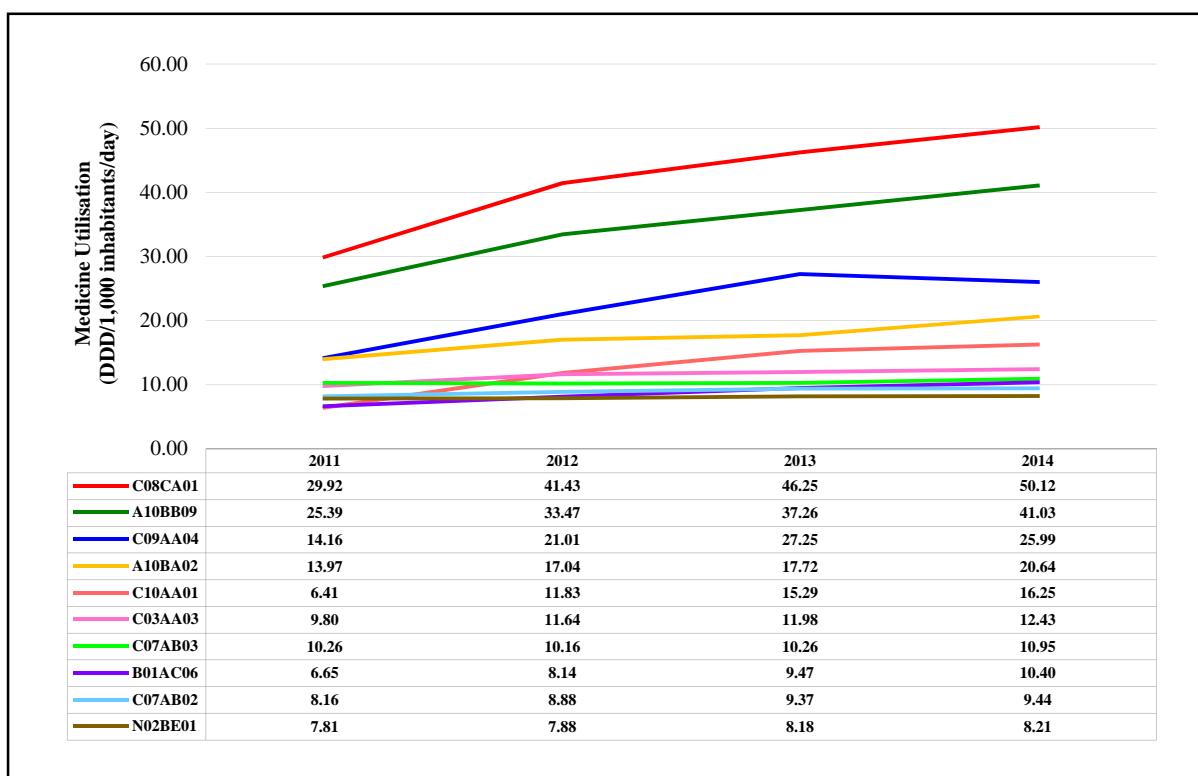


Figure 1.2: Top 10 most utilised drugs in year 2011-2014. (C08CA01, amlodipine; A10BB09, gliclazide; C09AA04, perindopril; A10BA02, metformin; C10AA01, simvastatin; C03AA03, hydrochlorothiazide; C07AB03, atenolol; B01AC06, acetylsalicylic acid; C07AB02, metoprolol; N02BE01, paracetamol)

Table 1.6: Top 50 drugs, utilisation in DDD/1,000 inhabitants/day, 2014.

Rank	ATC	Drug	Public	Private	Total
1	C08CA01	Amlodipine	44.1348	5.9863	50.1211
2	A10BB09	Gliclazide	37.0476	3.9797	41.0273
3	C09AA04	Perindopril	24.5959	1.3914	25.9873
4	A10BA02	Metformin	17.4203	3.2165	20.6369
5	C10AA01	Simvastatin	13.8644	2.3903	16.2547
6	C03AA03	Hydrochlorothiazide	11.7483	0.6850	12.4333
7	C07AB03	Atenolol	7.9727	2.9750	10.9477
8	B01AC06	Acetylsalicylic acid	8.9877	1.4101	10.3979
9	C07AB02	Metoprolol	8.9393	0.5045	9.4438
10	N02BE01	Paracetamol	4.1256	4.0813	8.2070
11	R06AE07	Cetirizine	0.4337	6.1596	6.5933
12	R03AC02	Salbutamol	3.5311	2.9587	6.4898
13	C10AA05	Atorvastatin	3.2388	2.9268	6.1656
14	C09AA02	Enalapril	5.3003	0.7172	6.0175
15	C10AA02	Lovastatin	5.8732	0.0947	5.9679
16	C03CA01	Furosemide	5.2313	0.7209	5.9522
17	R06AB04	Chlorphenamine	2.6750	2.3167	4.9917
18	A10BB01	Glibenclamide	3.4429	0.8850	4.3279
19	R06AA52	Diphenhydramine, combinations	2.0202	2.2927	4.3129
20	R06AX13	Loratadine	1.8025	2.4858	4.2883
21	C08CA02	Felodipine	3.9314	0.3455	4.2768
22	A02BA02	Ranitidine	3.6040	0.4846	4.0886
23	B03AA02	Ferrous fumarate	3.9781	-	3.9781
24	M01AB05	Diclofenac	1.2343	2.7248	3.9591
25	H02AB06	Prednisolone	1.6576	2.2679	3.9256
26	G03AA07	Levonorgestrel and ethinylestradiol	1.8987	1.9759	3.8746
27	G03AC06	Medroxyprogesterone	3.1638	0.5859	3.7497
28	A10BD02	Metformin and sulfonylureas	2.5023	1.0322	3.5345
29	G03AA09	Desogestrel and ethinylestradiol	1.0489	2.3370	3.3859
30	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	3.2932	0.0340	3.3272
31	R03BA02	Budesonide	3.0829	0.0996	3.1825
32	D01AC20	Imidazoles/triazoles in combination with corticosteroids	0.0029	3.1724	3.1752
33	J01CA04	Amoxicillin	1.2215	1.8316	3.0531
34	C08CA05	Nifedipine	2.4558	0.5472	3.0030
35	D07AC01	Betamethasone	1.5740	1.3262	2.9002
36	A02BC01	Omeprazole	2.1416	0.6787	2.8203
37	M01AG01	Mefenamic acid	0.8528	1.9263	2.7791
38	C01EB15	Trimetazidine	1.9380	0.7236	2.6615
39	C09CA07	Telmisartan	1.7260	0.9332	2.6592
40	C09CA01	Losartan	1.3564	0.9356	2.2919
41	C02CA01	Prazosin	2.1709	0.0346	2.2055
42	B01AC04	Clopidogrel	0.5844	1.5794	2.1637
43	D07AA02	Hydrocortisone	1.2019	0.9448	2.1467
44	S01AA01	Chloramphenicol	1.2363	0.8641	2.1004
45	A10AB01	Insulin (human), fast-acting	2.0335	0.0080	2.0415
46	C09CA04	Irbesartan	1.3180	0.7185	2.0365
47	C09AA01	Captopril	1.8435	0.0187	1.8622
48	A10AC01	Insulin (human), intermediate-acting	1.8559	0.0061	1.8621
49	D07AD01	Clobetasol	0.0933	1.7324	1.8257
50	C10AA07	Rosuvastatin	0.1196	1.6184	1.7380

Table 1.7: Top 50 drugs, utilisation in DDD/1,000 inhabitants/day, 2013.

Rank	ATC	Drug	Public	Private	Total
1	C08CA01	Amlodipine	40.3530	5.8941	46.2471
2	A10BB09	Gliclazide	33.3015	3.9568	37.2584
3	C09AA04	Perindopril	25.8505	1.3953	27.2459
4	A10BA02	Metformin	15.1019	2.6182	17.7201
5	C10AA01	Simvastatin	12.9611	2.3327	15.2938
6	C03AA03	Hydrochlorothiazide	11.1850	0.7981	11.9831
7	C10AA02	Lovastatin	11.7182	0.1279	11.8461
8	C07AB03	Atenolol	7.2291	3.0347	10.2637
9	B01AC06	Acetylsalicylic acid	7.7355	1.7376	9.4731
10	C07AB02	Metoprolol	8.8488	0.5239	9.3726
11	N02BE01	Paracetamol	3.5783	4.6056	8.1839
12	R06AE07	Cetirizine	0.4301	6.6352	7.0653
13	G03AA07	Levonorgestrel and ethinylestradiol	3.6724	2.0231	5.6955
14	R03AC02	Salbutamol	3.1975	2.4435	5.6410
15	C03CA01	Furosemide	4.8665	0.6748	5.5413
16	A10BB01	Glibenclamide	4.3805	0.9987	5.3792
17	C09AA02	Enalapril	4.5277	0.6210	5.1487
18	C10AA05	Atorvastatin	2.0340	2.7684	4.8024
19	R06AB04	Chlorphenamine	2.2070	2.4325	4.6395
20	G03AA09	Desogestrel and ethinylestradiol	1.6547	2.7498	4.4045
21	R06AX13	Loratadine	1.4948	2.8804	4.3752
22	H02AB06	Prednisolone	1.5120	2.6719	4.1840
23	M01AB05	Diclofenac	1.2404	2.8426	4.0830
24	B03AA02	Ferrous fumarate	3.7731	-	3.7731
25	C08CA05	Nifedipine	3.1784	0.5826	3.7611
26	C08CA02	Felodipine	3.4075	0.3470	3.7545
27	R06AA52	Diphenhydramine, combinations	1.6966	2.0535	3.7501
28	A02BA02	Ranitidine	3.0342	0.4740	3.5082
29	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	3.3528	0.0382	3.3911
30	D01AC20	Imidazoles/triazoles in combination with corticosteroids	0.0067	3.2245	3.2312
31	G03AC06	Medroxyprogesterone	2.6116	0.5594	3.1710
32	J01CA04	Amoxicillin	1.1424	1.7263	2.8687
33	R03BA02	Budesonide	2.7192	0.0805	2.7996
34	M01AG01	Mefenamic acid	0.7795	2.0062	2.7856
35	A10BD02	Metformin and sulfonylureas	1.5921	0.9963	2.5884
36	C09CA07	Telmisartan	1.6378	0.8863	2.5240
37	D07AC01	Betamethasone	1.1518	1.3554	2.5073
38	A02BC01	Omeprazole	1.8383	0.6683	2.5066
39	C01EB15	Trimetazidine	1.6207	0.7207	2.3413
40	C09AA01	Captopril	2.1054	0.0238	2.1292
41	D07AA02	Hydrocortisone	1.2582	0.8278	2.0861
42	C02CA01	Prazosin	1.9268	0.0369	1.9636
43	D07CC01	Betamethasone and antibiotics	0.0793	1.8675	1.9468
44	D07AD01	Clobetasol	0.0522	1.8874	1.9395
45	A10AB01	Insulin (human), fast-acting	1.9021	0.0089	1.9110
46	A10AC01	Insulin (human), intermediate-acting	1.8408	0.0067	1.8475
47	B01AC04	Clopidogrel	0.4464	1.4002	1.8466
48	R01BA52	Pseudoephedrine, combinations	0.2031	1.6265	1.8296
49	C09CA04	Irbesartan	1.2329	0.5495	1.7824
50	C09CA01	Losartan	0.9240	0.8547	1.7786

Table 1.8: Top 50 drugs, utilisation in DDD/1,000 inhabitants/day, 2012.

Rank	ATC	Drug	Public	Private	Total
1	C08CA01	Amlodipine	36.2704	5.1638	41.4342
2	A10BB09	Gliclazide	29.7182	3.7474	33.4657
3	C09AA04	Perindopril	19.7741	1.2395	21.0137
4	A10BA02	Metformin	14.4387	2.6040	17.0427
5	C10AA01	Simvastatin	9.8238	2.0036	11.8274
6	C03AA03	Hydrochlorothiazide	10.7599	0.8814	11.6414
7	C07AB03	Atenolol	6.9151	3.2489	10.1640
8	C07AB02	Metoprolol	8.4421	0.4379	8.8800
9	B01AC06	Acetylsalicylic acid	6.6045	1.5309	8.1354
10	N02BE01	Paracetamol	3.7714	4.1122	7.8836
11	C10AA02	Lovastatin	6.5626	0.1375	6.7001
12	R06AE07	Cetirizine	0.2443	5.8801	6.1245
13	A10BB01	Glibenclamide	5.0216	0.9882	6.0098
14	H02AB06	Prednisolone	1.4946	4.2312	5.7259
15	C09AA02	Enalapril	5.0725	0.6277	5.7002
16	C08CA05	Nifedipine	4.3549	0.7381	5.0930
17	R03AC02	Salbutamol	2.9001	2.1024	5.0026
18	C03CA01	Furosemide	4.3015	0.6397	4.9411
19	C10AA05	Atorvastatin	1.9163	2.5758	4.4920
20	R06AB04	Chlorphenamine	2.0937	2.3090	4.4027
21	G03AA09	Desogestrel and ethinylestradiol	1.5647	2.8216	4.3863
22	M01AB05	Diclofenac	1.0312	3.3514	4.3827
23	R06AX13	Loratadine	1.4214	2.6724	4.0937
24	B03AA02	Ferrous fumarate	4.0363	-	4.0363
25	G03AA07	Levonorgestrel and ethinylestradiol	0.8559	2.4519	3.3078
26	M01AG01	Mefenamic acid	0.7930	2.4657	3.2587
27	A02BA02	Ranitidine	2.6396	0.5616	3.2012
28	D01AC20	Imidazoles/triazoles in combination with corticosteroids	0.0019	3.1834	3.1853
29	C08CA02	Felodipine	2.8568	0.2846	3.1414
30	R06AA52	Diphenhydramine, combinations	1.6786	1.3482	3.0268
31	J01CA04	Amoxicillin	1.0149	1.9800	2.9949
32	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	2.4469	0.0477	2.4946
33	C09AA01	Captopril	2.4631	0.0257	2.4887
34	R03BA02	Budesonide	2.3136	0.0688	2.3824
35	D07AC01	Betamethasone	1.1552	1.1475	2.3027
36	A02BC01	Omeprazole	1.7146	0.5835	2.2981
37	C09CA07	Telmisartan	1.4260	0.8329	2.2589
38	C01EB15	Trimetazidine	1.5759	0.6518	2.2277
39	D07AA02	Hydrocortisone	1.0480	1.0288	2.0768
40	C09CA04	Irbesartan	1.3087	0.6853	1.9940
41	G03AC06	Medroxyprogesterone	1.2631	0.6935	1.9565
42	R01BA52	Pseudoephedrine, combinations	0.2281	1.6008	1.8289
43	A10BD02	Metformin and sulfonylureas	0.9231	0.8974	1.8205
44	D07CC01	Betamethasone and antibiotics	0.0358	1.7772	1.8129
45	B01AC04	Clopidogrel	0.3453	1.4030	1.7483
46	C09CA01	Losartan	0.9207	0.8209	1.7416
47	A10AB01	Insulin (human), fast-acting	1.6494	0.0117	1.6611
48	D07AD01	Clobetasol	0.0475	1.6109	1.6584
49	C02CA01	Prazosin	1.5956	0.0400	1.6355
50	A10AC01	Insulin (human), intermediate-acting	1.5235	0.0127	1.5362

Table 1.9: Top 50 drugs, utilisation in DDD/1,000 inhabitants/day, 2011.

Rank	ATC	Drug	Public	Private	Total
1	C08CA01	Amlodipine	25.6233	4.2991	29.9225
2	A10BB09	Gliclazide	21.5663	3.8249	25.3911
3	C09AA04	Perindopril	13.0810	1.0809	14.1619
4	A10BA02	Metformin	11.3591	2.6121	13.9712
5	C07AB03	Atenolol	6.7712	3.4880	10.2592
6	C03AA03	Hydrochlorothiazide	8.9165	0.8829	9.7994
7	C10AA02	Lovastatin	8.8374	0.1284	8.9658
8	C07AB02	Metoprolol	7.8296	0.3339	8.1635
9	N02BE01	Paracetamol	3.6307	4.1836	7.8144
10	A10BB01	Glibenclamide	5.8124	1.1037	6.9161
11	B01AC06	Acetylsalicylic acid	5.3205	1.3341	6.6545
12	C10AA01	Simvastatin	3.9633	2.4432	6.4065
13	C08CA05	Nifedipine	5.5537	0.7289	6.2826
14	C09AA02	Enalapril	4.8262	0.7824	5.6086
15	G03AA09	Desogestrel and ethinylestradiol	2.0605	3.0023	5.0628
16	R06AE07	Cetirizine	0.2331	4.4615	4.6947
17	R03AC02	Salbutamol	3.0730	1.4407	4.5137
18	C03CA01	Furosemide	3.6654	0.5691	4.2344
19	R06AB04	Chlorphenamine	2.0285	1.9765	4.0049
20	G03AA07	Levonorgestrel and ethinylestradiol	1.2253	2.5851	3.8104
21	H02AB06	Prednisolone	1.2885	2.3993	3.6878
22	R06AX13	Loratadine	1.2390	2.4197	3.6586
23	C10AA05	Atorvastatin	1.4378	2.1597	3.5975
24	B03AA02	Ferrous fumarate	3.5469	-	3.5469
25	M01AB05	Diclofenac	1.1511	2.3560	3.5071
26	R06AA52	Diphenhydramine, combinations	1.6464	1.3457	2.9920
27	D01AC20	Imidazoles/triazoles in combination with corticosteroids	0.0018	2.7004	2.7022
28	A02BA02	Ranitidine	2.2236	0.4170	2.6407
29	M01AG01	Mefenamic acid	0.7549	1.8615	2.6164
30	D07AC01	Betamethasone	1.4646	1.0474	2.5120
31	J01CA04	Amoxicillin	0.8925	1.6031	2.4956
32	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	2.3982	0.0787	2.4770
33	C09AA01	Captopril	2.2997	0.0225	2.3222
34	C08CA02	Felodipine	2.0301	0.2920	2.3221
35	R03BA02	Budesonide	1.9683	0.0958	2.0640
36	C01EB15	Trimetazidine	1.4096	0.6509	2.0605
37	A02BC01	Omeprazole	1.3893	0.5761	1.9654
38	C09CA07	Telmisartan	1.1593	0.7764	1.9357
39	D07CC01	Betamethasone and antibiotics	0.0329	1.7228	1.7557
40	C02CA01	Prazosin	1.6875	0.0364	1.7239
41	R01BA52	Pseudoephedrine, combinations	0.2132	1.4957	1.7089
42	D07AA02	Hydrocortisone	0.9452	0.6168	1.5620
43	D07AD01	Clobetasol	0.0368	1.4782	1.5150
44	C09CA01	Losartan	0.6419	0.8419	1.4838
45	R03AL02	Salbutamol and ipratropium bromide	1.4079	0.0655	1.4734
46	C09CA04	Irbesartan	0.8661	0.5875	1.4536
47	G03AC06	Medroxyprogesterone	0.7854	0.6137	1.3991
48	B01AC04	Clopidogrel	0.2184	1.1750	1.3934
49	M01AH05	Etoricoxib	0.1904	1.1760	1.3664
50	M04AA01	Allopurinol	0.8768	0.4806	1.3574

Table 1.10 Top 10 most utilised drugs in Malaysia versus Australia, 2014.

Rank	Malaysia				Australia			
	ATC	Drug	Utilisation (DDD/1,000 inhabitants/day)		ATC	Drug	Utilisation (DDD/1,000 inhabitants/day)	Ranking in Malaysia
			Malaysia	Australia				
1	C08CA01	Amlodipine	50.12	38.62	C10AA05	Atorvastatin	69.26	13
2	A10BB09	Gliclazide	41.03	14.48	C09AA04	Perindopril	47.92	3
3	C09AA04	Perindopril	25.99	47.92	C10AA07	Rosuvastatin	43.27	50
4	A10BA02	Metformin	20.64	19.08	C09CA04	Irbesartan	39.75	46
5	C10AA01	Simvastatin	16.25	14.22	C08CA01	Amlodipine	38.62	1
6	C03AA03	Hydrochlorothiazide	12.43	1.31	N02BE01	Paracetamol	36.63	10
7	C07AB03	Atenolol	10.95	9.64	C09CA06	Candesartan	34.37	147
8	B01AC06	Acetylsalicylic acid	10.40	0.05	C09AA05	Ramipril	31.90	138
9	C07AB02	Metoprolol	9.44	8.93	A02BC05	Esomeprazole	28.95	77
10	N02BE01	Paracetamol	8.21	36.63	C09CA07	Telmisartan	28.92	39

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CHAPTER 2: EXPENDITURE ON MEDICINES IN MALAYSIA

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Drug expenditure makes up a sizeable portion of overall healthcare expenditure. The expenditure for pharmaceuticals in the Ministry of Health (MOH) has grown almost 3-fold within 10 years i.e. the MOH annual drug spending increased from RM 808 million in the year 2004 to RM 2.38 billion in the year 2014¹. Thus, monitoring trend of drug expenditure is important to ensure long-term financial sustainability of the current health system.

This chapter assesses the trend for drug expenditure from 2011 to 2014. The trend will be discussed according to therapeutic groups as well as individual drugs. The total estimated expenditure for drugs has increased by 23% from RM 3.8 billion in 2011 to RM 4.7 billion in 2014, as shown in Figure 1. An increment of 27% was reported in the public sector whereas an increment of 20% was observed in the private sector. In 2014, the average market share by expenditure between public and private was estimated at 44% and 56%, respectively. It is important to note that the public-sector pharmaceutical expenditure here is lower than the officially reported expenditure¹ as the data were confined to drugs included in the MSOM.

Definition, data sources and limitations

The total pharmaceutical expenditure stated in this publication is an estimation and could differ from official reports. The estimates were made based on two main data sources. The public sector used procurement data, and for the private sector, the expenditure was estimated using sales data obtained from Quintiles IMS Malaysia. Pharmaceutical expenditure covers spending on prescription medicines only and exclude over the counter drugs (except paracetamol, vitamin K, acetylsalicylic acid, calcitriol and alfacalcidol), consumables and intravenous fluid preparations. The amount of spending covers drugs supplied across distribution channels (hospitals and health clinics as well as those sold to retail outlets). Total drug expenditure on pharmaceuticals in the private sector was based on medicine purchasing prices paid by hospitals, clinics and pharmacy retailers. This represents 'gross' expenditure not adjusting for possible discounts and rebates. The calculation for pharmaceutical expenditure presented here is in nominal value.

The expenditure of the top 10 therapeutic groups in 2014 amounted to RM 2.3 billion, which attributed to 50% of the total expenditure for that year. Antibacterial for systemic use (J01) was the highest ranked therapeutic group by expenditure throughout 2011 to 2014, followed by drugs used in diabetes (A10). These two therapeutic groups contributed up to 17% of the total expenditure in the same period. Throughout the four years, the expenditure for the top 10 therapeutic group remains unchanged except for minor switching of ranks as shown in Table 2.1. In general, an increasing trend in expenditure was seen for the 10 therapeutic groups. Comparing between 2011 and 2014 the highest increase in expenditure was observed in antithrombotic agents (53%), drugs used in diabetes (45%) and antineoplastic agents (38%).

In the public sector, the highest expenditure was seen in drugs used in diabetes (A10) whereas in the private sector, the antibacterials for systemic use (J01) topped the list. Overall, almost the same list of top 10 therapeutic drugs appeared in the public and private sector (refer to Table 2.1). However, anti-inflammatory and antirheumatic products (M01), drugs for acid related disorders (A02) and sex hormones and modulators of the genital system (G03) were in the private sector list of top 10 therapeutic groups but were not in the public-sector list. On the contrary, psycholeptics (N05), drugs for obstructive airway diseases (R03) and immunosuppressants (L04) were listed in top 10 therapeutic groups in the public sector. The difference in these lists may not only due to the difference in types of cases/diseases frequently treated in the two sectors but also the diseases management and the prescribing trends within the therapeutic groups.

A rising trend in expenditure for the top 10 therapeutic groups was also observed in the public sector from 2011 to 2014. The highest increase was seen in lipid modifying agents (90%) followed by antithrombotic agents (73%), antineoplastic agents (56%) and drugs used in diabetes (55%). The increase in the expenditure of lipid modifying agents may be due to the increase in utilisation of statins to treat the increasing number of diagnosed cases of hypercholesterolaemia². The increase expenditure for antithrombotic agents is likely due to the listing of newly patented drugs and addition of new strengths and indications that were listed into the MOH formulary. Example of such drugs are Alteplase (listed in MOH formulary in 2012), Ticagrelor (2012) and Prasugrel (2012). For Tinzaparin, Fondaparinux and Dabigatran, new indications and formulations were

added to the MOH formulary in 2011 and new indication for Rivaroxaban was added in 2012. Similar reason could also explain the increasing expenditure in antineoplastic agent with a number of newly targeted therapies listed in the MOH formulary during this period. Examples are tyrosine kinase inhibitors: Erlotinib (2011) and Pazopanib (2013) and HER2 inhibitor: Trastuzumab (2008).

In the private sector, between year 2011 and 2014, the highest increase was seen in antithrombotic agents (41%), drugs used in diabetes (37%) and drugs for acid related disorders (33%). The increase in expenditure is likely contributed by the steady increase in utilisation of drugs in these therapeutic groups.

For drug use in diabetes (A10), metformin (A10BA02) contributed to the highest expenditure mainly in the public sector followed by gliclazide (A10BB09) in both sectors and combination of metformin and sitagliptin (A10BD07) mainly in the private sector. For lipid modifying agents, the highest contributor is the statin group which are atorvastatin (C10AA05) in the private sector followed by simvastatin (C10AA01) in the public sector and rosuvastatin (C10AA07) in the private sector.

Table 2.2 to 2.5 present the expenditure for top 50 drugs from 2011 to 2014. The 5 drugs that had the highest expenditure throughout the years were metformin (A10BA02), erythropoietin (B03XA01), diphtheria-hemophilus influenzae b-pertussis-poliomyelitis-tetanus vaccine (J07CA06), gliclazide (A10BB09) and atorvastatin (C10AA05). In 2014, a total of RM 406 million was spent on these drugs contributing to around 9% of the total expenditure. For metformin (A10BA02), gliclazide (A10BB09) and diphtheria-hemophilus influenzae b-pertussis-poliomyelitis-tetanus vaccine (J07CA06), the expenditure was mainly contributed by the public sector. Different expenditure trend was seen in Australia in which the top 5 drugs by expenditure were reported to be rosuvastatin (C10AA07), adalimumab (L04AB04), esomeprazole (A02BC05), salmeterol and fluticasone (R03AK06) and atorvastatin (C10AA05)³.

The average public sector share of expenditure is 44%, which accounted for 66% of utilisation throughout the four years indicates that the public sector has managed to provide wider coverage of medicines at lower prices possibly due to effective procurement strategies.

Overall, there is an increasing trend of expenditure over the years contributed by the increased burden of disease particularly non-communicable diseases, increase in ageing population and emergent of newly innovative therapies. There is a need to ensure optimum use of resources to cater for the current and future needs of the population along with new approaches in funding pharmaceuticals in the country.

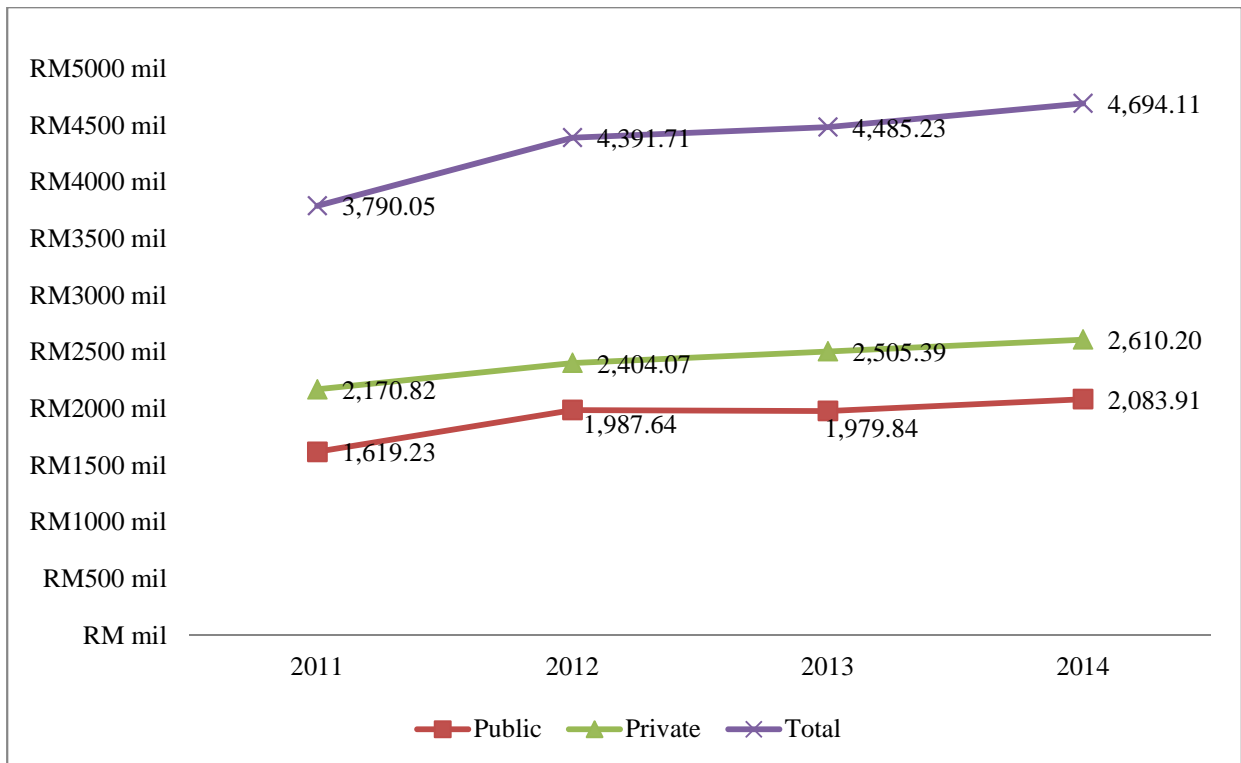


Figure 2.1: Estimated expenditure from 2011 to 2014 (Overall and between public and private).

Note: The estimated expenditure in Malaysian Statistics on Medicines (MSOM) report is lower than actual pharmaceutical expenditure reported in official documents on public and private sector pharmaceutical expenditure.

Table 2.1: Total estimated expenditure and ranking of top 10 therapeutic groups, 2011-2014.

Sector	ATC	Therapeutic Group	2011		2012		2013		2014	
			Expenditure (RM million)	Rank	Expenditure (RM million)	Rank	Expenditure (RM million)	Rank	Expenditure (RM million)	Rank
Public and private	J01	Antibacterials for systemic use	381.55	1	413.8	1	409.6	1	422.29	1
	A10	Drugs used in diabetes	268.40	2	323.6	2	352.7	2	389.89	2
	C09	Agents acting on the renin-angiotensin system	207.29	3	236.3	4	248.6	3	248.41	3
	J07	Vaccines	175.18	4	238.4	3	226.3	4	230.24	4
	C10	Lipid modifying agents	168.82	5	208.3	5	213.8	5	223.62	5
	L01	Antineoplastic agents	149.34	6	189.3	6	186.3	6	206.09	6
	B01	Antithrombotic agents	112.08	9	135.2	8	143.9	8	171.94	7
	R03	Drugs for obstructive airway diseases	141.18	7	152.4	7	165.0	7	165.30	8
	A02	Drugs for acid related disorders	105.69	11	122.2	11	132.8	9	143.52	9
	M01	Anti-inflammatory and antirheumatic products	102.57	12	120.9	12	127.0	10	134.22	10
Public	A10	Drugs used in diabetes	124.48	2	162.0	2	179.3	1	192.71	1
	J01	Antibacterials for systemic use	154.51	1	168.4	1	153.6	2	163.18	2
	J07	Vaccines	70.36	3	118.0	3	120.1	3	128.61	3
	L01	Antineoplastic agents	54.98	7	88.7	5	67.0	7	85.65	4
	N05	Psycholeptics	70.26	4	91.7	4	75.1	5	82.84	5
	B01	Antithrombotic agents	44.20	9	53.4	10	60.4	8	76.32	6
	C09	Agents acting on the renin-angiotensin system	61.47	5	79.0	6	82.8	4	73.69	7
	R03	Drugs for obstructive airway diseases	59.24	6	63.5	9	70.1	6	70.52	8
	C10	Lipid modifying agents	33.37	13	65.7	8	58.8	9	63.41	9
	L04	Immunosuppressants	35.82	12	45.0	11	52.0	10	54.26	10
Private	J01	Antibacterials for systemic use	227.04	1	245.33	1	255.98	1	259.11	1
	A10	Drugs used in diabetes	143.92	3	161.53	2	173.39	2	197.17	2
	C09	Agents acting on the renin-angiotensin system	145.82	2	157.31	3	165.86	3	174.72	3
	C10	Lipid modifying agents	135.45	4	142.69	4	155.02	4	160.21	4
	L01	Antineoplastic agents	94.36	6	100.57	6	119.25	5	120.44	5
	M01	Anti-inflammatory and antirheumatic products	84.06	8	99.28	8	106.09	7	111.23	6
	A02	Drugs for acid related disorders	80.37	10	90.61	9	101.18	9	106.59	7
	J07	Vaccines	104.82	5	120.42	5	106.16	6	101.63	8
	B01	Antithrombotic agents	67.87	12	81.87	11	83.44	11	95.62	9
	G03	Sex hormones and modulators of the genital system	91.34	7	99.78	7	102.04	8	94.97	10

Table 2.2: Top 50 drugs by expenditure for overall and in public and private sector in 2014 (RM '000).

Rank	ATC	Drug	Public	Private	Total
1	A10BA02	Metformin	65,797.73	26,173.08	91,970.81
2	B03XA01	Erythropoietin	15,245.18	71,711.28	86,956.46
3	J07CA06	Diphtheria-hemophilus influenzae B-pertussis-poliomyelitis-tetanus vaccines	75,468.83	8,441.99	83,910.82
4	A10BB09	Gliclazide	44,172.21	34,382.67	78,554.89
5	C10AA05	Atorvastatin	5,698.18	59,169.16	64,867.34
6	J01CR02	Amoxicillin and enzyme inhibitor	17,304.83	44,275.09	61,579.92
7	B01AC04	Clopidogrel	3,095.07	56,417.84	59,512.92
8	N02BE01	Paracetamol	24,343.68	35,135.45	59,479.12
9	J01DC02	Cefuroxime	20,137.54	31,312.69	51,450.23
10	C08CA01	Amlodipine	8,950.57	41,657.19	50,607.77
11	C10AA01	Simvastatin	32,934.37	15,964.09	48,898.46
12	C10AA07	Rosuvastatin	2,268.85	45,185.98	47,454.83
13	A02BC05	Esomeprazole	7,583.06	35,488.11	43,071.16
14	A02BC02	Pantoprazole	3,950.98	37,139.55	41,090.53
15	R06AA52	Diphenhydramine, combinations	24,514.05	15,027.16	39,541.21
16	M01AH01	Celecoxib	10,861.29	26,847.38	37,708.67
17	C09AA04	Perindopril	24,973.79	10,751.20	35,724.99
18	J01DD04	Ceftriaxone	9,962.36	25,139.33	35,101.68
19	M01AH05	Etoricoxib	2,842.40	31,320.24	34,162.64
20	J07BM01	Papillomavirus (human types 6, 11, 16, 18) vaccines	27,509.25	5,628.96	33,138.20
21	A10BD07	Metformin and sitagliptin	702.13	32,269.59	32,971.71
22	R03AC02	Salbutamol	12,607.10	20,309.05	32,916.15
23	R01BA52	Pseudoephedrine, combinations	1,627.21	30,300.32	31,927.52
24	L01XC03	Trastuzumab	14,245.63	15,141.84	29,387.47
25	C09CA07	Telmisartan	13,972.56	15,289.03	29,261.59
26	C07AB02	Metoprolol	26,753.67	2,458.98	29,212.65
27	J01CA04	Amoxicillin	19,046.42	9,847.30	28,893.72
28	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	27,449.93	999.02	28,448.95
29	J01CF02	Cloxacillin	24,708.62	2,604.46	27,313.09
30	C09DB01	Valsartan and amlodipine	1,350.61	24,977.49	26,328.10
31	G04BE03	Sildenafil	2,318.45	22,251.43	24,569.88
32	R03DC03	Montelukast	2,071.74	22,351.03	24,422.77
33	L01XC02	Rituximab	13,040.62	11,247.35	24,287.96
34	B03AA02	Ferrous fumarate	24,199.94	0.00	24,199.94
35	R03AK06	Salmeterol and fluticasone	9,824.27	13,732.72	23,556.99
36	N05AH04	Quetiapine	19,999.91	3,428.84	23,428.75
37	J07AL02	Pneumococcus, purified polysaccharides antigen conjugated, vaccine	42.43	22,230.15	22,272.58
38	J01DD62	Cefoperazone, combinations	1,985.51	20,246.90	22,232.41
39	R03AK07	Formoterol and budesonide	10,055.57	10,709.64	20,765.21
40	B01AB01	Heparin	17,494.73	3,181.06	20,675.79
41	N03AG01	Valproic acid	13,613.62	6,394.33	20,007.95
42	A02BA02	Ranitidine	12,796.55	7,047.45	19,844.00
43	A02BC01	Omeprazole	12,061.07	7,053.11	19,114.18
44	C07AB03	Atenolol	9,385.49	9,596.73	18,982.23
45	C09CA04	Irbesartan	8,969.45	9,975.48	18,944.94
46	J01FA10	Azithromycin	1,138.44	17,241.98	18,380.42
47	R06AE07	Cetirizine	256.51	18,055.60	18,312.11
48	G03AA12	Drospirenone and ethinylestradiol	16.20	17,881.03	17,897.22
49	J01DH02	Meropenem	4,660.28	12,816.84	17,477.12
50	N03AX16	Pregabalin	2,642.63	14,688.74	17,331.37

Table 2.3: Top 50 drugs by expenditure for overall and in public and private sector in 2013 (RM '000).

Rank	ATC	Drug	Public	Private	Total
1	B03XA01	Erythropoietin	16,654.25	70,351.13	87,005.38
2	A10BA02	Metformin	51,557.80	22,718.35	74,276.15
3	J07CA06	Diphtheria-hemophilus influenzae B-pertussis-poliomyelitis-tetanus vaccines	60,175.71	12,527.58	72,703.30
4	A10BB09	Gliclazide	37,069.60	31,520.91	68,590.51
5	C10AA05	Atorvastatin	4,939.06	58,799.83	63,738.89
6	N02BE01	Paracetamol	19,694.17	36,166.89	55,861.06
7	J01CR02	Amoxicillin and enzyme inhibitor	14,774.13	38,868.02	53,642.16
8	B01AC04	Clopidogrel	2,943.63	49,237.82	52,181.45
9	J01DC02	Cefuroxime	20,332.05	31,779.18	52,111.23
10	C08CA01	Amlodipine	8,603.54	42,119.28	50,722.82
11	C10AA01	Simvastatin	26,521.52	15,639.45	42,160.97
12	C10AA07	Rosuvastatin	1,440.94	40,141.82	41,582.77
13	C09AA04	Perindopril	30,700.27	10,423.27	41,123.54
14	J07BM01	Papillomavirus (human types 6, 11, 16, 18) vaccines	32,994.31	7,758.61	40,752.91
15	A02BC02	Pantoprazole	4,721.27	34,033.10	38,754.37
16	A02BC05	Esomeprazole	6,376.48	31,299.85	37,676.33
17	M01AH05	Etoricoxib	3,096.75	32,531.22	35,627.97
18	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	33,745.91	1,110.10	34,856.01
19	R03AC02	Salbutamol	15,517.33	19,241.66	34,759.00
20	R01BA52	Pseudoephedrine, combinations	1,899.26	31,792.57	33,691.83
21	M01AH01	Celecoxib	8,760.35	24,906.13	33,666.48
22	R06AA52	Diphenhydramine, combinations	19,048.41	13,140.15	32,188.55
23	J01DD04	Ceftriaxone	8,276.92	23,170.11	31,447.03
24	A10BD07	Metformin and sitagliptin	442.06	29,346.47	29,788.53
25	C09CA07	Telmisartan	13,093.68	14,903.89	27,997.57
26	J01CA04	Amoxicillin	18,054.55	9,613.40	27,667.95
27	C07AB02	Metoprolol	25,292.09	2,370.77	27,662.86
28	R03DC03	Montelukast	3,041.54	23,817.67	26,859.21
29	C09DB01	Valsartan and amlodipine	1,192.33	24,927.46	26,119.79
30	J01CF02	Cloxacillin	23,983.72	2,012.97	25,996.69
31	R03AK06	Salmeterol and fluticasone	9,224.72	14,981.55	24,206.27
32	J01DD62	Cefoperazone, combinations	2,434.48	21,392.85	23,827.33
33	L01XC03	Trastuzumab	9,393.98	13,133.22	22,527.20
34	G03AA12	Drospirenone and ethinylestradiol	12.73	22,091.26	22,103.99
35	C09CA01	Losartan	7,605.42	13,987.27	21,592.69
36	G04BE03	Sildenafil	892.88	20,610.63	21,503.51
37	N05AH04	Quetiapine	18,180.71	3,025.95	21,206.66
38	L01XC02	Rituximab	9,399.21	11,567.91	20,967.13
39	B03AA02	Ferrous fumarate	20,940.22	0.00	20,940.22
40	J01FA10	Azithromycin	987.84	19,722.98	20,710.83
41	J07AL02	Pneumococcus, purified polysaccharides antigen conjugated vaccines	4.39	20,498.89	20,503.27
42	R06AE07	Cetirizine	274.74	19,260.62	19,535.36
43	J01MA02	Ciprofloxacin	1,852.98	17,083.91	18,936.88
44	B01AB01	Heparin	15,782.48	2,994.94	18,777.41
45	A02BC01	Omeprazole	10,302.58	7,836.55	18,139.13
46	C09CA04	Irbesartan	9,994.49	8,076.76	18,071.25
47	R03AK07	Formoterol and budesonide	7,624.42	10,021.95	17,646.37
48	C07AB03	Atenolol	7,502.02	9,615.05	17,117.08
49	J01DH02	Meropenem	4,621.16	12,424.08	17,045.24
50	N05AH03	Olanzapine	13,782.69	3,077.75	16,860.45

Table 2.4: Top 50 drugs by expenditure for overall and in public and private sector in 2012 (RM '000).

Rank	ATC	Drug	Public	Private	Total
1	B03XA01	Erythropoietin	18,678.33	74,380.69	93,059.02
2	J07CA06	Diphtheria-hemophilus influenzae B-pertussis-poliomyelitis-tetanus vaccines	59,924.54	14,196.07	74,120.62
3	A10BA02	Metformin	49,005.41	23,883.65	72,889.06
4	C10AA05	Atorvastatin	6,398.30	55,798.61	62,196.91
5	A10BB09	Gliclazide	32,216.71	27,330.78	59,547.49
6	B01AC04	Clopidogrel	2,549.20	52,726.08	55,275.27
7	N02BE01	Paracetamol	19,037.71	35,298.11	54,335.82
8	J01CR02	Amoxicillin and enzyme inhibitor	13,760.46	38,124.13	51,884.60
9	J01DC02	Cefuroxime	21,137.89	29,760.66	50,898.55
10	C08CA01	Amlodipine	8,482.16	39,159.60	47,641.77
11	C10AA01	Simvastatin	30,307.08	14,547.31	44,854.39
12	J07BM01	Papillomavirus (human types 6, 11, 16, 18) vaccines	33,938.49	8,022.08	41,960.57
13	N05AH03	Olanzapine	34,765.03	3,252.23	38,017.26
14	A02BC02	Pantoprazole	6,040.50	30,174.37	36,214.87
15	C10AA07	Rosuvastatin	1,592.74	34,182.23	35,774.97
16	C09AA04	Perindopril	24,898.68	9,566.38	34,465.06
17	M01AH01	Celecoxib	9,987.36	23,709.88	33,697.24
18	M01AH05	Etoricoxib	3,469.74	29,308.08	32,777.82
19	A02BC05	Esomeprazole	5,748.54	25,614.92	31,363.47
20	R01BA52	Pseudoephedrine, combinations	1,588.82	28,877.67	30,466.49
21	R03AC02	Salbutamol	13,716.73	15,980.01	29,696.74
22	R06AA52	Diphenhydramine, combinations	18,581.18	10,936.17	29,517.34
23	J01CA04	Amoxicillin	19,088.87	10,325.73	29,414.60
24	R03DC03	Montelukast	4,820.25	23,131.55	27,951.79
25	J01DD04	Ceftriaxone	7,321.08	20,081.12	27,402.20
26	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	25,198.61	1,379.67	26,578.28
27	A10BD07	Metformin and sitagliptin	257.29	26,247.32	26,504.61
28	C07AB02	Metoprolol	24,041.29	2,437.32	26,478.61
29	J01CF02	Cloxacillin	24,388.85	1,951.35	26,340.19
30	C09CA07	Telmisartan	11,509.85	13,628.29	25,138.14
31	L01XE01	Imatinib	20,174.09	3,400.52	23,574.61
32	C09CA01	Losartan	8,723.58	14,428.08	23,151.66
33	R03AK06	Salmeterol and fluticasone	7,202.72	14,894.16	22,096.88
34	J01FA10	Azithromycin	2,864.00	19,020.57	21,884.57
35	J01DD62	Cefoperazone, combinations	2,327.15	19,403.29	21,730.44
36	C09DB01	Valsartan and amlodipine	679.20	21,010.03	21,689.23
37	J01DH02	Meropenem	10,581.39	10,875.19	21,456.59
38	L01XC03	Trastuzumab	11,819.47	9,204.93	21,024.40
39	J07AL02	Pneumococcus, purified polysaccharides antigen conjugated vaccines	5.87	20,722.72	20,728.60
40	C09CA04	Irbesartan	10,641.89	10,051.71	20,693.60
41	B03AA02	Ferrous fumarate	20,572.17	0.00	20,572.17
42	G04BE03	Sildenafil	602.76	19,737.52	20,340.28
43	G03AA12	Drospirenone and ethinylestradiol	17.28	19,941.53	19,958.81
44	J01MA02	Ciprofloxacin	1,862.11	17,026.78	18,888.89
45	N05AH04	Quetiapine	15,844.44	2,847.75	18,692.19
46	J05AG03	Efavirenz	17,521.22	1,040.61	18,561.83
47	L01XC02	Rituximab	9,167.87	9,330.30	18,498.17
48	A02BC01	Omeprazole	10,687.60	7,500.44	18,188.03
49	A10AB01	Insulin (human), fast-acting	17,611.69	338.76	17,950.44
50	R06AE07	Cetirizine	168.28	17,768.08	17,936.36

Table 2.5: Top 50 drugs by expenditure for overall and in public and private sector in 2011 (RM '000).

Rank	ATC	Drug	Public	Private	Total
1	B03XA01	Erythropoietin	16,870.65	69,722.52	86,593.17
2	J07CA06	Diphtheria-hemophilus influenzae B-pertussis-poliomyelitis-tetanus vaccines	50,440.10	13,793.71	64,233.81
3	C10AA05	Atorvastatin	5,562.62	49,647.18	55,209.80
4	A10BA02	Metformin	26,827.83	23,957.48	50,785.30
5	A10BB09	Gliclazide	24,118.83	25,984.21	50,103.04
6	B01AC04	Clopidogrel	2,023.39	46,215.95	48,239.34
7	J01CR02	Amoxicillin and enzyme inhibitor	11,456.16	35,930.43	47,386.59
8	N02BE01	Paracetamol	18,115.87	28,005.77	46,121.64
9	J01DC02	Cefuroxime	17,128.77	26,695.21	43,823.97
10	C08CA01	Amlodipine	6,614.88	34,293.12	40,907.99
11	N05AH03	Olanzapine	30,910.22	3,520.64	34,430.86
12	C10AA07	Rosuvastatin	1,090.95	32,305.89	33,396.85
13	A02BC02	Pantoprazole	4,212.10	27,850.56	32,062.66
14	A10AD01	Insulin (human), intermediate- or long-acting combined with fast acting	28,629.77	2,406.21	31,035.98
15	M01AH05	Etoricoxib	2,598.92	27,393.50	29,992.42
16	C10AA01	Simvastatin	11,757.03	17,571.35	29,328.38
17	M01AH01	Celecoxib	8,753.26	19,418.99	28,172.25
18	R03DC03	Montelukast	4,989.51	22,643.83	27,633.34
19	R01BA52	Pseudoephedrine, combinations	1,576.15	25,308.93	26,885.07
20	R06AA52	Diphenhydramine, combinations	17,383.68	8,998.89	26,382.58
21	J01DD04	Ceftriaxone	6,994.76	19,106.35	26,101.11
22	A02BC05	Esomeprazole	5,314.79	20,734.22	26,049.01
23	C09AA04	Perindopril	16,773.75	9,167.34	25,941.09
24	J01CA04	Amoxicillin	15,204.89	8,762.07	23,966.97
25	R03AC02	Salbutamol	11,098.26	12,097.18	23,195.44
26	J01FA10	Azithromycin	3,895.07	19,093.03	22,988.10
27	J01CF02	Cloxacillin	20,958.12	1,573.43	22,531.55
28	C09CA07	Telmisartan	9,617.49	12,379.21	21,996.70
29	C07AB02	Metoprolol	19,352.60	2,081.03	21,433.63
30	C09CA01	Losartan	6,356.69	14,536.75	20,893.44
31	J01DD62	Cefoperazone, combinations	3,640.03	17,109.71	20,749.73
32	J01DH02	Meropenem	9,815.74	9,953.85	19,769.59
33	A10BD07	Metformin and sitagliptin	123.72	19,472.27	19,595.99
34	C09DB01	Valsartan and amlodipine	336.62	18,709.66	19,046.28
35	R03AK06	Salmeterol and fluticasone	5,157.11	13,876.04	19,033.15
36	G04BE03	Sildenafil	313.97	18,175.10	18,489.08
37	L01XC02	Rituximab	9,560.97	8,798.83	18,359.81
38	B03AA02	Ferrous fumarate	18,089.27	0.00	18,089.27
39	N07BC51	Buprenorphine, combinations	22.67	17,461.39	17,484.06
40	J01MA02	Ciprofloxacin	929.83	16,531.84	17,461.68
41	G03AA12	Drospirenone and ethinylestradiol	0.79	17,173.00	17,173.79
42	C07AB03	Atenolol	6,421.84	9,990.01	16,411.85
43	A02BC01	Omeprazole	8,219.51	8,140.01	16,359.53
44	G03AA09	Desogestrel and ethinylestradiol	1,092.70	15,211.27	16,303.97
45	C09DA01	Losartan and diuretics	1,545.46	14,290.02	15,835.48
46	C09CA04	Irbesartan	6,733.91	8,749.65	15,483.56
47	M05BB03	Alendronic acid and colecalciferol	5,791.48	9,447.88	15,239.35
48	R06AE07	Cetirizine	216.43	15,010.63	15,227.06
49	G04CB01	Finasteride	7,578.79	7,086.38	14,665.17
50	A10BH01	Sitagliptin	845.04	13,663.95	14,508.99

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CHAPTER 3: USE OF DRUGS FOR ALIMENTARY DISORDERS

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Acid-related diseases involved a variety of disorders that can affect the oesophagus, stomach and duodenum. Peptic ulcer disease and gastro-oesophageal reflux disease (GORD) remain the commonest causes of acid-related gastrointestinal diseases. Prevalence of peptic ulcer disease has declined in the West for the past three to four decades^{1,2}, similar trend has been observed in the Asia-Pacific region³. At the same time, gastroesophageal reflux disease (GORD) which previously was considered as uncommon in Asia, has been acknowledged as an emerging digestive disease⁴⁻⁶. Recent data of 10 years apart have shown that the prevalence of duodenal ulcer and gastric ulcer in Malaysia has declined from 21.2% to 9.5% ($P < 0.001$) and 11.9% to 9.4% ($P < 0.001$) respectively, whereas erosive esophagitis has increased from 2.0% to 8.4% ($P < 0.001$)⁷. *Helicobacter pylori* (*H. pylori*) prevalence has decreased from 51.7% to 30.3% ($P < 0.001$).

In year 2011, the total utilisation of medications for acid related disorder was 6.9278 DDD/1,000 inhabitants/day. There was an increasing trend for the year 2011 to 2014, contributed by both H₂-receptor antagonists (H₂RA) and proton pump inhibitor (PPI). The total utilisation for year 2012, 2013 and 2014 is 8.2432, 9.3200 and 10.3726 DDD/1,000 inhabitants/day, respectively. Similar trend is seen in most of the other developed countries including European, United Kingdom, Canada and Korea⁸.

The trend of medications used for acid related disorders has changed from being a predominant to H₂RA to PPI in year 2011, 2012, 2013 and 2014, 3.1217 vs. 3.7709, 3.6584 vs. 4.5494, 4.0555 vs. 5.2253 and 4.5897 vs. 5.7541 DDD/1,000 inhabitants/day, respectively. This is similar in trend to those observed in developed countries, i.e. in Finland⁹ PPI is preferred over H₂RA in year 2011, 2012, 2013, and 2014, 53.69 vs. 2.20, 57.64 vs. 1.92, 61.10 vs. 1.52 and 63.83 vs. 1.42 DDD/1,000 inhabitants/day, respectively^{9,10}.

Within 2011-2014, the most widely H₂RA being prescribed was ranitidine (87.1%) followed by famotidine (7.3%) and cimetidine (5.6%). The trend of ranitidine is seen to be more preferred in the public sector which used 85.8% of the total ranitidine prescribed in Malaysia. Cimetidine is only available until year 2011 in public sector whereas famotidine is only being used by the private sector. In Finland, only two types of H₂RA is being prescribed and the total utilisation of ranitidine (63.4%) is higher than famotidine (36.6%) within the 4 years period^{10,11}.

Based on total utilisation, the most commonly prescribed PPI in year 2011-2014 remains omeprazole (49.7%), followed by pantoprazole (25.2%), esomeprazole (17.2%), lansoprazole (3.9%), rabeprazole (3.7%) and lastly, dexlansoprazole (0.3%). In Finland, the top three total PPI usage was similar to Malaysia i.e. omeprazole, (67.6%), pantoprazole (19.8%) and esomeprazole (9.9%).

Comparing the usage within the public and private sector, omeprazole is seen to be the preferred PPI in the public sector (73.9%) in year 2011-2014. In contrast, pantoprazole (58.2%), esomeprazole (69.6%), lansoprazole (87.9%) and rabeprazole (88.0%) are more commonly being prescribed in private sector as they tend to use newer generation of PPI and their clients are affordable. Dexlansoprazole is the newest PPI in Malaysia and only available in private sector currently.

The data collected for eradication of *H. pylori* is inadequate to do a meaningful analysis. This may be due to lack of mechanism to capture the data where the individual drugs were prescribed separately in the presence of a high number of possible combinations of PPI and antibiotics. The combination for eradication of *H. pylori* is only available in private sector and the limited data available showed a decrease in the usage from year 2013 to 2014, 0.0247 to 0.0176 DDD/1,000 inhabitants/day respectively. This trend is consistent with the decrease in the prevalence of *H. pylori* infection in Malaysia. One local study showed the prevalence of *H. pylori* associated duodenal ulcers dropped from 90.1% (1989-90) to 69.8% (1999-2000) while the prevalence of gastric ulcers dropped from 86.6% (1989-90) to 56.8% (1999-2000)¹¹. In comparison with Finland, the combination for eradication of *H. pylori* utilisation is low in year 2011, 2012, 2013 and 2014, 0.05, 0.05, 0.05 and 0.04 DDD/1,000 inhabitants/day respectively^{9,10}. This may be contributed by low prevalence of *H. pylori* infection with a low number of immigrants in the country.

For non-acid related disorders, the most widely prescribed medication within the year of 2011-2014 is the propulsives group (56.6%), followed by belladonna and derivatives (33.6%) and drugs for functional gastrointestinal disorders (9.8%).

In the treatment of functional bowel disorders, mebeverine (91.5%) is the most widely used synthetic anticholinergic for year 2011 to 2014, where 85.5% is prescribed by the private sector. This is followed by dicycloverine (6.1%), trimebutine (2.5%) and glycopyrronium bromide (0.3%). The usage of other drugs for functional bowel disorders such as silicon remained low whereas alverin showed increasing trend from year 2011 (0.0498 DDD/1,000 inhabitants/day), 2012 (0.0499 DDD/1,000 inhabitants/day), 2013 (0.0694 DDD/1,000 inhabitants/day) to 2014 (0.0697 DDD/1,000 inhabitants/day). The usage of papaverine and derivatives is low in general. Papaverine is available in public sector whereas drotaverine and pinaverium are only available in private sector.

The most common antispasmodic agents being utilised within the 4 years period is butylscopolamine (95%) and followed by atropine (5%). Butylscopolamine (68.6%) is more frequently used by private sector and the public sector tend to use atropine (83.2%)

In the management of motility disorder, metoclopramide remained the most popular drug compared to domperidone except for year 2012 where domperidone over took metoclopramide, 0.6702 vs. 0.6679 DDD/1,000 inhabitants/day. Itopride contribute only 10.3% of the total usage of propulsive agent within the 4 years, in which 77.8% was prescribed by private sector.

Conclusion

PPI remains the most widely prescribed drugs in the management of acid related disorders in Malaysia. This may be attributed by a better understanding of the acid related gastrointestinal diseases and the availability of few generic preparations. Despite the availability of newer PPI, omeprazole still remains the most commonly prescribed PPI mainly attributed by its cheaper cost with generic formulation, easily accessible and familiarity with prescription.

Even though ranitidine is considered as an old H₂RA, it is still widely being used in public and private sector. This may be attributed by the familiarity of the drugs among the prescribers, easily available, cost-effective and safe.

For non-acid related diseases, it did not show much change except that itopride has been increasingly prescribed especially in private sector.

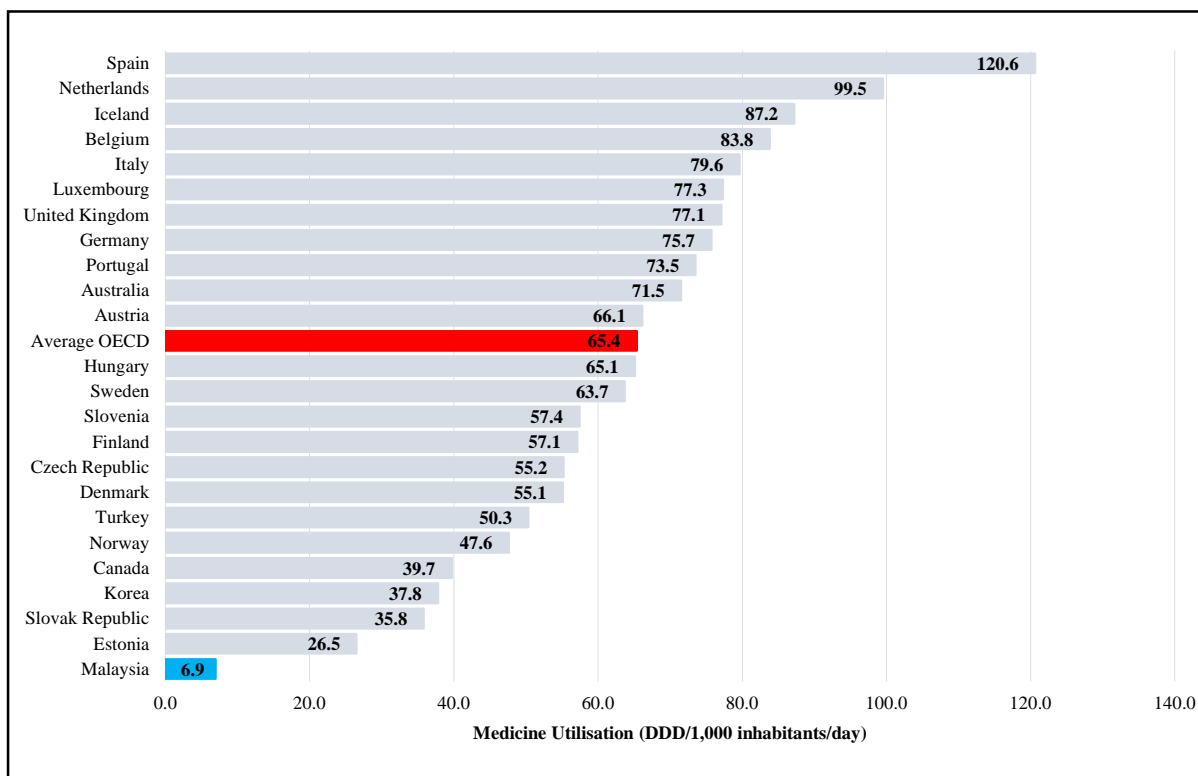


Figure 3.1: Utilisation of drugs for peptic ulcer and gastro-oesophageal reflux disease (GORD) (A02B) in Malaysia and OECD Countries, 2011.

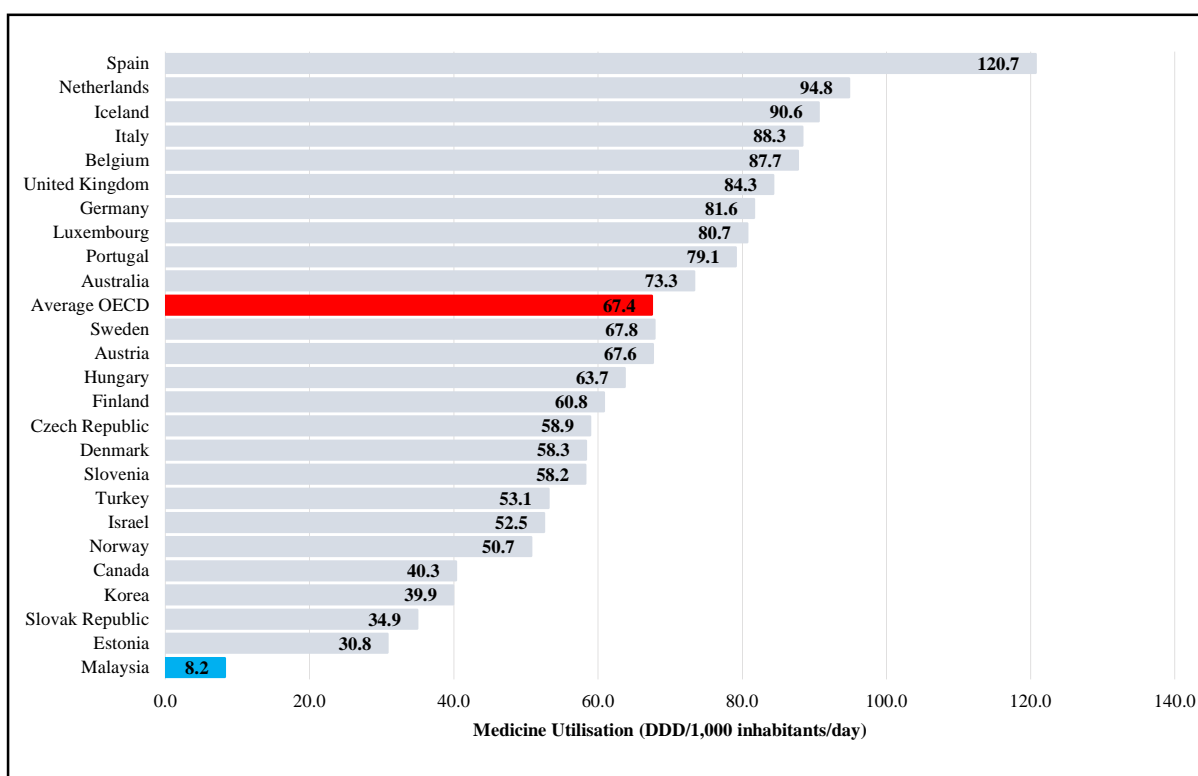


Figure 3.2: Utilisation of drugs for peptic ulcer and gastro-oesophageal reflux disease (GORD) (A02B) in Malaysia and OECD Countries, 2012.

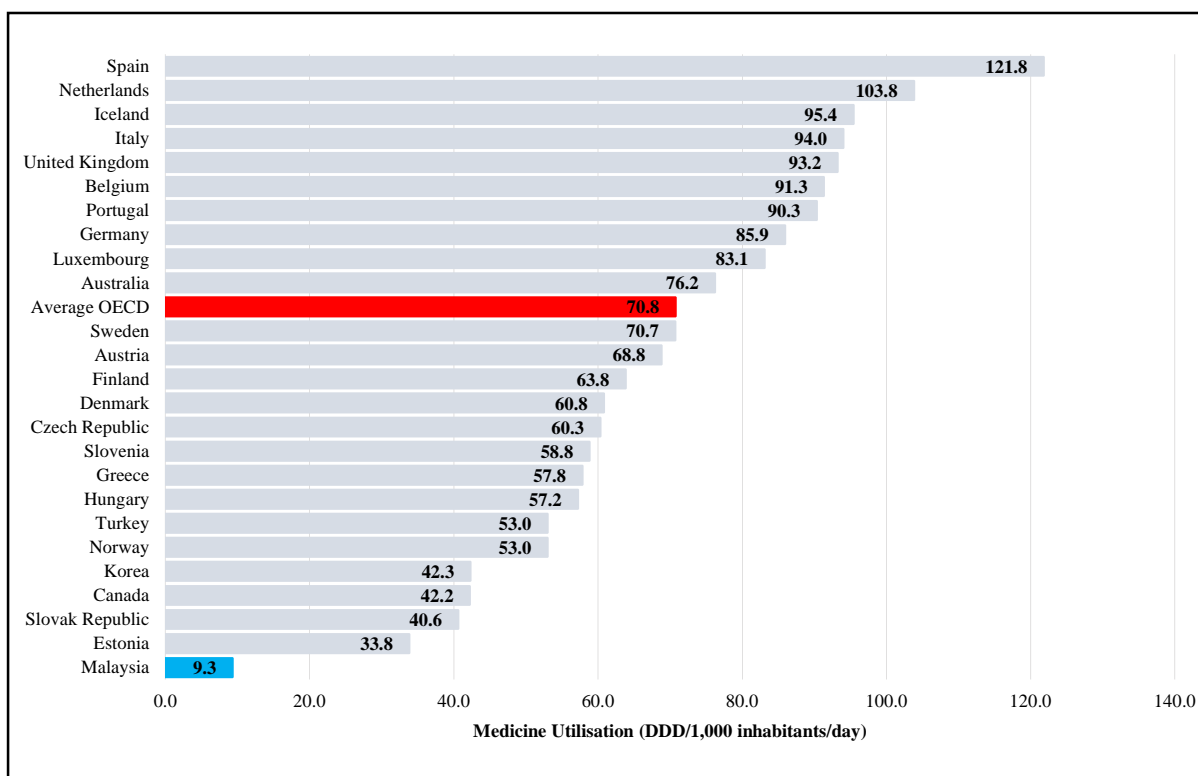


Figure 3.3: Utilisation of drugs for peptic ulcer and gastro-oesophageal reflux disease (GORD) (A02B) in Malaysia and OECD Countries, 2013.

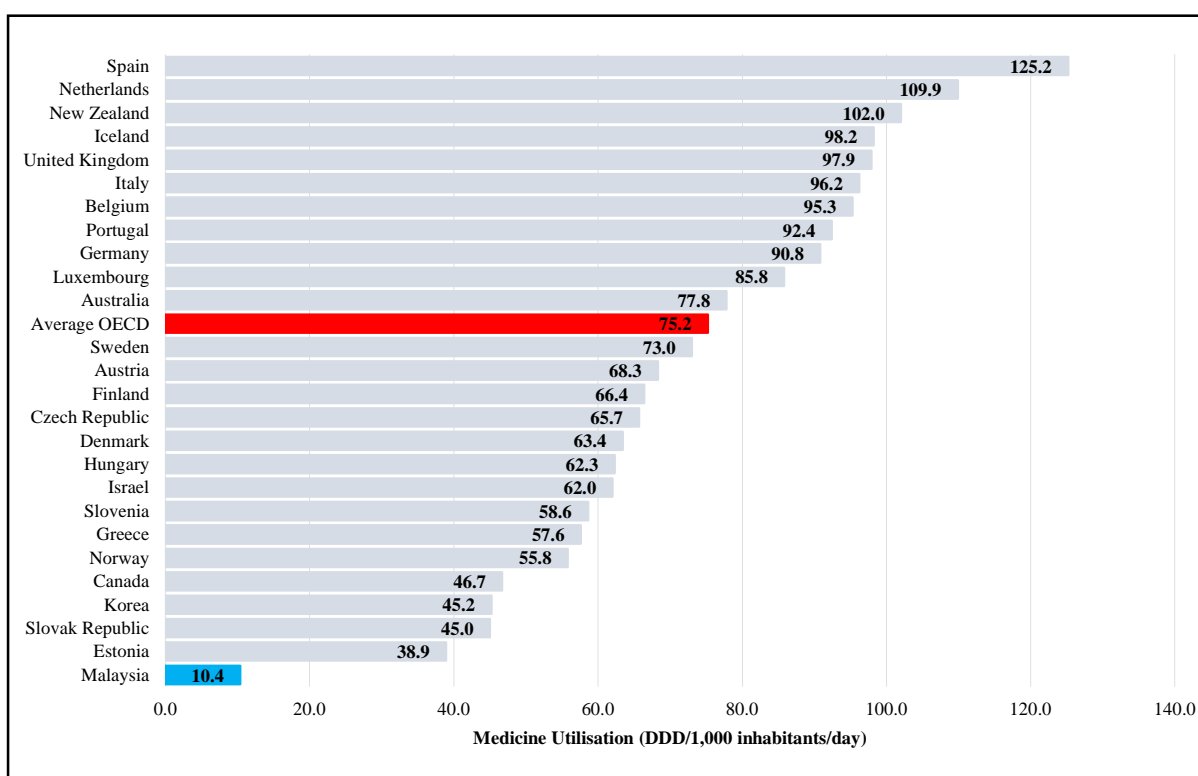


Figure 3.4: Utilisation of drugs for peptic ulcer and gastro-oesophageal reflux disease (GORD) (A02B) in Malaysia and OECD Countries, 2014.

Table 3.1: Use of agents in treating peptic ulcer and gastro-oesophageal reflux disease (GORD) from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
A02	DRUGS FOR ACID RELATED DISORDERS					
A02B	DRUGS FOR PEPTIC ULCER AND GASTRO-OESOPHAGEAL REFLUX DISEASE (GORD)	Public	4.1172	5.0828	5.8073	6.8232
		Private	2.8107	3.1604	3.5127	3.5494
		Total	6.9278	8.2432	9.3200	10.3726
A02BA	H2-receptor antagonists	Public	2.2493	2.6396	3.0342	3.6040
		Private	0.8725	1.0188	1.0213	0.9857
		Total	3.1217	3.6584	4.0555	4.5897
A02BA01	Cimetidine	Public	0.0256	-	-	-
		Private	0.1919	0.1837	0.2545	0.2012
		Total	0.2175	0.1837	0.2545	0.2012
A02BA02	Ranitidine	Public	2.2236	2.6396	3.0342	3.6040
		Private	0.4170	0.5616	0.4740	0.4846
		Total	2.6407	3.2012	3.5082	4.0886
A02BA03	Famotidine	Public	-	-	-	-
		Private	0.2635	0.2735	0.2928	0.2999
		Total	0.2635	0.2735	0.2928	0.2999
A02BB	Prostaglandins					
A02BB01	Misoprostol	Public	< 0.0001	-	< 0.0001	0.0001
		Private	0.0127	0.0130	0.0143	0.0105
		Total	0.0128	0.0130	0.0143	0.0106
A02BC	Proton pump inhibitors					
		Public	1.8676	2.4430	2.7729	3.2184
		Private	1.9033	2.1064	2.4524	2.5357
		Total	3.7709	4.5494	5.2253	5.7541
A02BC01	Omeprazole	Public	1.3893	1.7146	1.8383	2.1416
		Private	0.5761	0.5835	0.6683	0.6787
		Total	1.9654	2.2981	2.5066	2.8203
A02BC02	Pantoprazole	Public	0.2300	0.4232	0.6212	0.7582
		Private	0.5903	0.6568	0.7730	0.8036
		Total	0.8203	1.0800	1.3942	1.5619
A02BC03	Lansoprazole	Public	0.0262	0.0181	0.0229	0.0241
		Private	0.1656	0.1683	0.1863	0.1443
		Total	0.1918	0.1864	0.2092	0.1684
A02BC04	Rabeprazole	Public	0.0213	0.0318	0.0166	0.0170
		Private	0.1232	0.1520	0.1923	0.1707
		Total	0.1445	0.1838	0.2089	0.1878
A02BC05	Esomeprazole	Public	0.2008	0.2555	0.2739	0.2774
		Private	0.4480	0.5457	0.6325	0.6805
		Total	0.6488	0.8012	0.9065	0.9580
A02BC06	Dexlansoprazole	Public	-	-	-	-
		Private	-	-	-	0.0578
		Total	-	-	-	0.0578
A02BD	Combinations for eradication of <i>Helicobacter pylori</i>					
A02BD05	Omeprazole, amoxicillin and clarithromycin	Public	-	-	-	-
		Private	0.0222	0.0222	0.0247	0.0176
		Total	0.0222	0.0222	0.0247	0.0176
A02BX	Other drugs for peptic ulcer and gastro-oesophageal reflux disease (GORD)					
A02BX02	Sucralfate	Public	0.0002	0.0002	0.0002	0.0006
		Private	-	-	-	-
		Total	0.0002	0.0002	0.0002	0.0006

Table 3.2: Use of agents in treating other gastrointestinal disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
A03	DRUGS FOR FUNCTIONAL GASTROINTESTINAL DISORDERS	Public	0.5601	0.6819	0.6235	0.7828
		Private	1.6629	1.9321	1.7118	1.7223
		Total	2.2230	2.6140	2.3352	2.5051
A03A	DRUGS FOR FUNCTIONAL GASTROINTESTINAL DISORDERS	Public	0.0115	0.0169	0.0117	0.0142
		Private	0.2117	0.1870	0.2059	0.2904
		Total	0.2232	0.2039	0.2177	0.3046
A03AA	Synthetic anticholinergics, esters with tertiary amino group	Public	0.0113	0.0166	0.0114	0.0138
		Private	0.0839	0.0897	0.0835	0.0901
		Total	0.0951	0.1062	0.0948	0.1039
A03AA04	Mebeverine	Public	0.0113	0.0166	0.0114	0.0138
		Private	0.0765	0.0786	0.0780	0.0797
		Total	0.0877	0.0952	0.0894	0.0935
A03AA05	Trimebutine	Public	-	-	-	-
		Private	0.0024	0.0046	0.0012	0.0016
		Total	0.0024	0.0046	0.0012	0.0016
A03AA07	Dicycloverine	Public	-	-	-	-
		Private	0.0050	0.0065	0.0042	0.0087
		Total	0.0050	0.0065	0.0042	0.0087
A03AB	Synthetic anticholinergics, quaternary ammonium compounds					
A03AB02	Glycopyrronium bromide	Public	0.0002	0.0002	0.0003	0.0004
		Private	< 0.0001	< 0.0001	< 0.0001	0.0001
		Total	0.0002	0.0002	0.0003	0.0005
A03AD	Papaverine and derivatives	Public	< 0.0001	0.0001	-	0.0001
		Private	0.0780	0.0474	0.0469	0.1187
		Total	0.0780	0.0475	0.0469	0.1188
A03AD01	Papaverine	Public	< 0.0001	0.0001	-	0.0001
		Private	< 0.0001	-	-	-
		Total	< 0.0001	0.0001	-	0.0001
A03AD02	Drotaverine	Public	-	-	-	-
		Private	0.0780	0.0474	0.0469	0.1187
		Total	0.0780	0.0474	0.0469	0.1187
A03AX	Other drugs for functional gastrointestinal disorders	Public	< 0.0001	< 0.0001	0.0001	< 0.0001
		Private	0.0498	0.0499	0.0755	0.0814
		Total	0.0498	0.0500	0.0756	0.0814
A03AX04	Pinaverium	Public	-	-	-	-
		Private	-	-	0.0061	0.0117
		Total	-	-	0.0061	0.0117
A03AX13	Silicones	Public	< 0.0001	< 0.0001	0.0001	< 0.0001
		Private	-	-	-	-
		Total	< 0.0001	< 0.0001	0.0001	< 0.0001
A03AX58	Alverine, combinations	Public	-	-	-	-
		Private	0.0498	0.0499	0.0694	0.0697
		Total	0.0498	0.0499	0.0694	0.0697
A03B	BELLADONNA AND DERIVATIVES, PLAIN	Public	0.3023	0.2794	0.2472	0.2756
		Private	0.4778	0.6437	0.5830	0.4424
		Total	0.7801	0.9231	0.8303	0.7179

Table 3.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
A03BA	Belladonna alkaloids, tertiary amines					
A03BA01	Atropine	Public	0.0444	0.0346	0.0261	0.0304
		Private	0.0042	0.0059	0.0085	0.0088
		Total	0.0486	0.0404	0.0346	0.0392
A03BB	Belladonna alkaloids, semisynthetic, quaternary ammonium compounds	Public	0.2579	0.2449	0.2212	0.2451
		Private	0.4736	0.6378	0.5745	0.4336
		Total	0.7315	0.8827	0.7957	0.6787
A03BB01	Butylscopolamine	Public	0.2579	0.2449	0.2212	0.2451
		Private	0.4726	0.6378	0.5745	0.4336
		Total	0.7305	0.8827	0.7957	0.6787
A03BB03	Methylscopolamine	Public	-	-	-	-
		Private	0.0010	-	-	-
		Total	0.0010	-	-	-
A03F	PROPULSIVES					
A03FA	Propulsives	Public	0.2463	0.3855	0.3645	0.4930
		Private	0.9734	1.1014	0.9228	0.9896
		Total	1.2198	1.4869	1.2873	1.4826
A03FA01	Metoclopramide	Public	0.2015	0.2754	0.2990	0.3856
		Private	0.4183	0.3924	0.2953	0.2991
		Total	0.6198	0.6679	0.5943	0.6847
A03FA03	Domperidone	Public	0.0311	0.0701	0.0370	0.0645
		Private	0.4678	0.6001	0.5081	0.5682
		Total	0.4989	0.6702	0.5451	0.6328
A03FA07	Itopride	Public	0.0137	0.0399	0.0284	0.0429
		Private	0.0874	0.1089	0.1194	0.1222
		Total	0.1011	0.1488	0.1479	0.1651

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CHAPTER 4: USE OF ANTI-OBESITY AGENTS

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The total consumption of antiobesity agents in Malaysia between 2011 and 2014 were 0.8439, 0.8915, 0.5525 and 0.5941 DDD/1,000 inhabitants/day respectively. There was an increase in the use of all antiobesity drugs between 2011 and 2012 but the usage declined by almost half in 2013 and 2014.

Centrally acting antiobesity agent continued to be the most commonly prescribed within those 4 years, almost three times more than peripherally acting antiobesity product, representing 73.1%, 70.8%, 68.4% and 61.1% respectively. The use of centrally acting antiobesity drug showed a declining trend over the years. The use of centrally and peripherally acting antiobesity agents are low in public sector compared to private, less than 0.1% in public sector within those 4 years. Data usage of centrally acting antiobesity from Australia and Finland is not available for comparison except for year 2011. The usage of phentermine in Australia 2011 was 2.0051, which is much higher compared to Malaysia¹.

The use of peripherally acting antiobesity agent, orlistat in Malaysia is much higher compared to Australia but comparable to Finland from 2011 to 2014¹⁻⁶. Finland only used peripherally acting antiobesity agents which is orlistat. The usage of this agent is comparable to Malaysia, 0.19 to 0.38 vs 0.17 to 0.26³⁻⁶ consistent with the similar prevalence of obesity in Malaysia, 15.8% and 15.1% respectively⁷. Phentermine, as a centrally acting agent is not being prescribed at all in Finland.

The differing utilisation rates either centrally or peripherally acting agents could be influenced by the drug cost and availability in Malaysia. There was a reduction in the total usage of antiobesity agents compared to the previous year's even though the prevalence of overweight and obesity remained high as evidence by the National Health Morbidity Survey (47.7% in 2015 and 44.5% in 2011 compared to 43.1% in 2006)⁷⁻⁹.

The usage of antiobesity in Australia is two times higher compared to Malaysia which is consistent with the higher prevalence of obesity, almost doubled compared to Malaysia (27% vs 15.1%)¹⁰. This is likely due to the availability and Medicare coverage for antiobesity agents. A slight reduction of antiobesity usage was seen in 2011 in Australia, which could be as a result of the increased in bariatric surgery¹¹.

Table 4.1: Use of agents in treating obesity from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
A08	ANTIOBESITY PREPARATIONS, EXCLUDING DIET PRODUCTS					
A08A	ANTIOBESITY PREPARATIONS, EXCLUDING DIET PRODUCTS					
		Public	< 0.0001	0.0002	-	< 0.0001
		Private	0.8439	0.8913	0.5525	0.5941
		Total	0.8439	0.8915	0.5525	0.5941
A08AA	Centrally acting antiobesity products					
		Public	-	0.0001	-	-
		Private	0.6168	0.6314	0.3779	0.3631
		Total	0.6168	0.6315	0.3779	0.3631
A08AA01	Phentermine	Public	-	0.0001	-	-
		Private	0.6161	0.6314	0.3779	0.3631
		Total	0.6161	0.6315	0.3779	0.3631
A08AA10	Sibutramine	Public	-	-	-	-
		Private	0.0007	-	-	-
		Total	0.0007	-	-	-
A08AB	Peripherally acting antiobesity products					
A08AB01	Orlistat	Public	< 0.0001	0.0001	-	< 0.0001
		Private	0.2271	0.2600	0.1746	0.2310
		Total	0.2271	0.2600	0.1746	0.2311

Table 4.2: Use of orlistat in Malaysia, Finland and Australia from 2011 to 2014 (DDD/1,000 inhabitants/day).

Country	2011	2012	2013	2014
Malaysia	0.23	0.26	0.17	0.23
Finland	0.38	0.28	0.22	0.19
Australia	0.01	-	-	-

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CHAPTER 5: USE OF ANTI-DIABETIC DRUGS

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In Malaysia, from the years 2011-2014, there was an overall increase of total consumption of anti-diabetics by 45.9% from 55.1500 DDD/1,000 inhabitants/day to 80.4861 DDD/1,000 inhabitants/day, reflecting higher prevalence of diabetes (Table 5.1). In the National Health Morbidity Survey (NHMS), there was an increased in the overall prevalence of diabetes mellitus (known and undiagnosed) among adults 18 years and above from 15.2% (2011) to 17.5% (2015)¹. In addition, other factors contributing towards higher antidiabetics utilisation include more aggressive treatment as well as increase in the number of patients being treated.

Oral Hypoglycaemic Agents

From the years 2011-2014, there was an overall increase of consumption of blood glucose lowering drugs excluding insulins by 45.5% from 49.8487 DDD/1,000 inhabitants/day to 72.5326 DDD/1,000 inhabitants/day, which was consistent with the overall increase in consumption of antidiabetics (Table 5.1).

Among the oral hypoglycaemic agents, the most commonly procured drug class was the sulfonylureas, followed by biguanides, alpha glucosidase inhibitors, dipeptidyl peptidase 4 (DPP-4) inhibitors and thiazolidinediones. Since WHO had set the DDD² for gliclazide to be 60 mg in 2010 based on the modified release formulation, the usage for sulfonylureas seemed higher in Malaysia. This was because 83% of diabetics in the public sector in 2014³ was on immediate release gliclazide. Hence, technically there was an apparent 1.3 times higher utilisation than the actual situation in terms of drug procurement, expressed as Defined Daily Dose (DDD). In the National Medical Care Statistics for Primary Care 2014⁴ which studied prescribed medications, the rate of prescribed metformin (5.8 per 100 diagnoses) was higher compared to gliclazide (2.7 per 100 diagnoses).

The use of metformin had increased by 47.7%, over the years from 2011 (13.9712 DDD/1,000 inhabitants/day) to 2014 (20.6369 DDD/1,000 inhabitants/day) which was mainly driven by utilisation in the public sector (Table 5.2). This was in line with the recommendation of metformin as first line therapy in the Clinical Practice Guidelines on Management of Type 2 Diabetes Mellitus⁵.

The use of acarbose had slightly decreased by 8.3% over the years due to its gastrointestinal adverse events. The use of the DPP-4 inhibitors had increased by 53.5%, and this was mainly contributed by the private sector, since usage in public sector was limited due to the cost factor. Sitagliptin remained the most commonly prescribed DPP-4 inhibitor since it was the first DPP-4 inhibitor in the Malaysian market.

The overall use of thiazolidinediones decreased by 50.5% over the years because of its widely reported adverse events and availability of newer antidiabetics. There was low usage of the sodium glucose cotransporter 2 (SGLT2) inhibitor, dapagliflozin, as it was a new drug introduced in 2014. Finally, the use of repaglinide and nateglinide remained low due to its high cost, multiple dosing and no positive outcome clinical trials.

Insulin

There was an overall increase in the total consumption of insulins and analogues by 50% from 2011 to 2014 (Table 5.1). The utilisation of premixed human insulin seemed higher than non-premixed human insulins. However, when the combined DDD of fast acting and intermediate acting insulins (also known as basal bolus insulin) was compared to the DDD of premixed insulin, there was a 66.9% increase in the former compared to 34.3% increase in the latter. As of 2014, the usage of basal bolus therapy had surpassed the premixed insulin. This could reflect the more aggressive diabetes management in 2014. Furthermore, there was an overall increase in the use of insulin analogues by 49.1% from 2011 to 2014. Further analysis of the results showed that only 9.1% of diabetics were using insulin analogues compared to human insulins. This was attributed to the undeniably fact of higher cost of insulin analogues.

Other Injectable Antidiabetics

The use of GLP-1 agonists, particularly liraglutide had increased by three-fold and this was mainly prescribed by clinicians in the private sector.

Comparison with Australia's Drug Usage

The overall use of insulin in Malaysia was still much lower compared to Australia's insulin usage in 2014⁶. This could possibly be due to heavier body weight of Australian diabetics who may need higher doses of insulin. In addition, Australia utilised predominantly insulin analogues rather than human insulins.

Conclusion

In summary, the increase in utilisation of oral hypoglycaemic agents and insulins could reflect a more aggressive management of diabetes by clinicians in Malaysia. Interestingly, the increase in overall antidiabetic utilisation was more in the public health facilities in comparison to the private sector. The usage of newer antidiabetics remained relatively low due to the higher medicines price. However, the usage of basal bolus therapy had finally surpassed the usage of premixed human insulin, in accordance with the local clinical practice guidelines.

Table 5.1: Use of agents in treating diabetes by therapeutic groups from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
A10	Drugs used in diabetes	Public	44.6470	56.5723	62.3295	68.4853
		Private	10.5030	10.6507	11.0561	12.0008
		Total	55.1500	67.2230	73.3856	80.4861
A10A	Insulins and analogues	Public	4.8136	5.7734	7.2975	7.3719
		Private	0.4877	0.5116	0.5284	0.5816
		Total	5.3013	6.2850	7.8259	7.9535
A10AB	Insulins and analogues for injection, fast-acting	Public	1.1615	1.6814	1.9443	2.0737
		Private	0.0709	0.0808	0.0821	0.0938
		Total	1.2324	1.7623	2.0264	2.1675
A10AC	Insulins and analogues for injection, intermediate-acting	Public	1.1641	1.5235	1.8408	1.8559
		Private	0.0172	0.0127	0.0067	0.0061
		Total	1.1813	1.5362	1.8475	1.8621
A10AD	Insulins and analogues for injection, intermediate- or long-acting combined with fast-acting	Public	2.4300	2.4963	3.3989	3.3535
		Private	0.2970	0.2993	0.3108	0.3461
		Total	2.7269	2.7956	3.7096	3.6996
A10AE	Insulins and analogues for injection, long-acting	Public	0.0580	0.0721	0.1135	0.0888
		Private	0.1026	0.1188	0.1289	0.1355
		Total	0.1606	0.1910	0.2424	0.2243
A10B	Blood glucose lowering drugs, excluding insulins	Public	39.8334	50.7989	55.0320	61.1134
		Private	10.0153	10.1390	10.5277	11.4192
		Total	49.8487	60.9379	65.5597	72.5326
A10BA	Biguanides	Public	11.3591	14.4387	15.1019	17.4203
		Private	2.6121	2.6040	2.6182	3.2165
		Total	13.9712	17.0427	17.7201	20.6369
A10BB	Sulfonylureas	Public	27.3788	34.7399	37.6820	40.4905
		Private	5.5213	5.3455	5.3948	5.3215
		Total	32.9001	40.0854	43.0768	45.8120
A10BD	Combinations of oral blood glucose lowering drugs	Public	0.4625	0.9442	1.6272	2.5527
		Private	1.3662	1.6014	1.9155	2.1869
		Total	1.8287	2.5456	3.5427	4.7396
A10BF	Alpha glucosidase inhibitors	Public	0.5944	0.6247	0.5666	0.5607
		Private	0.0926	0.0888	0.0894	0.0695
		Total	0.6870	0.7134	0.6560	0.6302
A10BG	Thiazolidinediones	Public	0.0105	0.0090	0.0025	0.0020
		Private	0.0569	0.0427	0.0418	0.0314
		Total	0.0675	0.0518	0.0442	0.0334

Table 5.1: (continued)

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
A10BH	Dipeptidyl peptidase 4 (DPP-4) inhibitors	Public	0.0240	0.0367	0.0474	0.0813
		Private	0.3305	0.4105	0.4167	0.4628
		Total	0.3545	0.4473	0.4642	0.5441
A10BX	Other blood glucose lowering drugs, excluding insulins	Public	0.0039	0.0057	0.0045	0.0059
		Private	0.0358	0.0461	0.0513	0.1305
		Total	0.0397	0.0518	0.0558	0.1364

Table 5.2: Use of antidiabetic agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Drug	Sector	2011	2012	2013	2014
A10AB	Insulins and analogues for injection, fast-acting					
A10AB01	Insulin (human)	Public	1.1382	1.6494	1.9021	2.0335
		Private	0.0203	0.0117	0.0089	0.0080
		Total	1.1584	1.6611	1.9110	2.0415
A10AB04	Insulin lispro	Public	0.0020	0.0036	0.0055	0.0059
		Private	0.0057	0.0062	0.0061	0.0075
		Total	0.0077	0.0098	0.0116	0.0133
A10AB05	Insulin aspart	Public	0.0213	0.0285	0.0367	0.0343
		Private	0.0434	0.0606	0.0633	0.0742
		Total	0.0647	0.0890	0.1001	0.1084
A10AB06	Insulin glulisine	Public	-	-	-	-
		Private	0.0016	0.0024	0.0038	0.0042
		Total	0.0016	0.0024	0.0038	0.0042
A10AC	Insulins and analogues for injection, intermediate-acting					
A10AC01	Insulin (human)	Public	1.1641	1.5235	1.8408	1.8559
		Private	0.0172	0.0127	0.0067	0.0061
		Total	1.1813	1.5362	1.8475	1.8621
A10AD	Insulins and analogues for injection, intermediate- or long-acting combined with fast-acting					
A10AD01	Insulin (human)	Public	2.3982	2.4469	3.3528	3.2932
		Private	0.0787	0.0477	0.0382	0.0340
		Total	2.4770	2.4946	3.3911	3.3272
A10AD04	Insulin lispro	Public	0.0003	0.0042	0.0061	0.0095
		Private	0.0122	0.0192	0.0302	0.0413
		Total	0.0126	0.0233	0.0363	0.0508
A10AD05	Insulin aspart	Public	0.0314	0.0453	0.0400	0.0508
		Private	0.2060	0.2324	0.2423	0.2709
		Total	0.2374	0.2777	0.2823	0.3216
A10AE	Insulins and analogues for injection, long-acting					
A10AE04	Insulin glargine	Public	0.0533	0.0629	0.1032	0.0739
		Private	0.0640	0.0720	0.0825	0.0868
		Total	0.1172	0.1349	0.1857	0.1607
A10AE05	Insulin detemir	Public	0.0047	0.0092	0.0103	0.0149
		Private	0.0386	0.0469	0.0464	0.0487
		Total	0.0433	0.0561	0.0567	0.0636
A10BA	Biguanides					
A10BA02	Metformin	Public	11.3591	14.4387	15.1019	17.4203
		Private	2.6121	2.6040	2.6182	3.2165
		Total	13.9712	17.0427	17.7201	20.6369

Table 5.2: (continued)

ATC	Drug	Sector	2011	2012	2013	2014
A10BB	Sulfonylureas					
A10BB01	Glibenclamide	Public	5.8124	5.0216	4.3805	3.4429
		Private	1.1037	0.9882	0.9987	0.8850
		Total	6.9161	6.0098	5.3792	4.3279
A10BB07	Glipizide	Public	-	-	-	-
		Private	0.0450	0.0381	0.0327	0.0334
		Total	0.0450	0.0381	0.0327	0.0334
A10BB09	Gliclazide	Public	21.5663	29.7182	33.3015	37.0476
		Private	3.8249	3.7474	3.9568	3.9797
		Total	25.3911	33.4657	37.2584	41.0273
A10BB12	Glimepiride	Public	0.0001	-	-	-
		Private	0.5478	0.5718	0.4066	0.4234
		Total	0.5479	0.5718	0.4066	0.4234
A10BD	Combinations of oral blood glucose lowering drugs					
A10BD02	Metformin and sulfonylureas	Public	0.4554	0.9231	1.5921	2.5023
		Private	0.8545	0.8974	0.9963	1.0322
		Total	1.3099	1.8205	2.5884	3.5345
A10BD03	Metformin and rosiglitazone	Public	-	-	-	-
		Private	0.0072	0.0029	0.0015	0.0018
		Total	0.0072	0.0029	0.0015	0.0018
A10BD07	Metformin and sitagliptin	Public	0.0037	0.0076	0.0129	0.0205
		Private	0.3575	0.4843	0.5319	0.5870
		Total	0.3612	0.4919	0.5448	0.6075
A10BD08	Metformin and vildagliptin	Public	0.0034	0.0135	0.0222	0.0281
		Private	0.1471	0.2129	0.2747	0.3005
		Total	0.1505	0.2264	0.2969	0.3286
A10BD10	Metformin and saxagliptin	Public	-	-	-	0.0018
		Private	-	0.0039	0.0900	0.1708
		Total	-	0.0039	0.0900	0.1726
A10BD11	Metformin and linagliptin	Public	-	-	-	-
		Private	-	-	0.0210	0.0947
		Total	-	-	0.0210	0.0947
A10BF	Alpha glucosidase inhibitors					
A10BF01	Acarbose	Public	0.5944	0.6247	0.5666	0.5607
		Private	0.0926	0.0888	0.0894	0.0695
		Total	0.6870	0.7134	0.6560	0.6302
A10BG	Thiazolidinediones					
A10BG02	Rosiglitazone	Public	0.0105	0.0090	0.0025	0.0019
		Private	0.0078	0.0052	0.0031	0.0023
		Total	0.0184	0.0142	0.0056	0.0042
A10BG03	Pioglitazone	Public	-	-	< 0.0001	< 0.0001
		Private	0.0491	0.0375	0.0387	0.0291
		Total	0.0491	0.0375	0.0387	0.0292
A10BH	Dipeptidyl peptidase 4 (DPP-4) inhibitors					
A10BH01	Sitagliptin	Public	0.0235	0.0331	0.0359	0.0555
		Private	0.2601	0.2862	0.2447	0.2354
		Total	0.2836	0.3193	0.2806	0.2909
A10BH02	Vildagliptin	Public	0.0005	0.0018	0.0046	0.0068
		Private	0.0393	0.0501	0.0431	0.0434
		Total	0.0398	0.0519	0.0477	0.0502

Table 5.2: (continued)

ATC	Drug	Sector	2011	2012	2013	2014
A10BH03	Saxagliptin	Public	-	0.0018	0.0069	0.0095
		Private	0.0311	0.0436	0.0412	0.0350
		Total	0.0311	0.0454	0.0481	0.0444
A10BH05	Linagliptin	Public	-	-	-	0.0096
		Private	-	0.0307	0.0877	0.1490
		Total	-	0.0307	0.0877	0.1586
A10BX	Other blood glucose lowering drugs, excluding insulins					
A10BX02	Repaglinide	Public	0.0037	0.0052	0.0035	0.0037
		Private	0.0202	0.0175	0.0149	0.0130
		Total	0.0239	0.0227	0.0184	0.0168
A10BX03	Nateglinide	Public	-	-	-	-
		Private	0.0031	0.0026	0.0020	0.0013
		Total	0.0031	0.0026	0.0020	0.0013
A10BX04	Exenatide	Public	0.0001	-	-	-
		Private	0.0013	0.0008	0.0005	0.0003
		Total	0.0014	0.0008	0.0005	0.0003
A10BX07	Liraglutide	Public	0.0001	0.0005	0.0010	0.0021
		Private	0.0112	0.0251	0.0340	0.0327
		Total	0.0113	0.0257	0.0349	0.0348
A10BX09	Dapagliflozin	Public	-	-	-	0.0001
		Private	-	-	-	0.0832
		Total	-	-	-	0.0833

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CHAPTER 6: USE OF ANTIANAEMIC DRUGS

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As compared to 2011-2012, the usage of antianaemic drugs appeared to be similar in 2013-2014 (Table 6.1). The most commonly prescribed antianaemic is oral iron formulation in both 2011-2012 and 2013-2014 periods (3.5469 and 4.0363 as compared to 3.7731 and 3.9781 DDD/1,000 inhabitants/day). There is also an increase in the usage of parenteral iron preparations, albeit much lower than oral forms. However, there is no record available of their usage in private sector in the same periods. Australia has much lower usage (0.16528 DDD/1,000 inhabitants/day) as compared to Malaysia (3.9781 DDD/1,000 inhabitants/day) in 2014¹. This may reflect the differences in lifestyle, diet and socioeconomics strata.

Erythropoietin, another antianaemic drug, also known as recombinant human erythropoietin (rHuEPO), is a protein hormone, produced by specialised cells in the kidneys. Erythropoietin is released as a response to low haemoglobin to stimulate the bone marrow to produce more red blood cells². There is increasing trend of erythropoietin usage in both private and public sectors in 2011-2012 and 2013-2014 periods. It seems that the usage in private sector is higher than public sector (0.3382 compared to 0.1444 DDD/1,000 inhabitants/day in 2014). The increment may be due to an increase number of patients requiring erythropoietin namely end stage renal disease (ESRD) and haematology patients^{3,4}. As compared to darbepoetin alfa and methoxy polyethylene glycol-epoetin beta, erythropoietin is more popular.

In Malaysia, erythropoietin is the standard of care for many patients with ESRD except for those who developed antibodies to the erythropoietin and develop pure red cell aplasia or those who developed uncontrolled arterial hypertension. It is also used to treat anaemia resulting from treatment of cancer and certain diseases like myelodysplastic syndrome. When the hidden costs of the complications of blood transfusion are taken into account, erythropoietin would be a potential and cost effective alternative to transfusion. In some cases, intravenous iron without erythropoietin was just as effective in treating the anaemia related to iron deficiency.

For erythropoietin to be effective, it should be supplemented with iron. Parenteral iron was used in cases where the intake of oral iron was inadequate and absorption was not reliable². However, there was not enough data on iron usage in Malaysia as iron preparations are classified as OTC which was not included in the MSOM. The results shown in the tables below do not reflect actual total consumption of all iron preparations. It is recommended that ferrous preparations be included in this survey in the future to enable assessment of the trend of use and consumption of these drugs.

Table 6.1: Use of agents in treating anaemia from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
B03	Antianaemic preparations	Public	3.6723	4.1926	3.9167	4.1404
		Private	0.3249	0.3550	0.3735	0.3797
		Total	3.9972	4.5476	4.2902	4.5201
B03A	Iron preparations	Public	3.5564	4.0484	3.7857	3.9903
		Private	-	-	-	-
		Total	3.5564	4.0484	3.7857	3.9903
B03AA	Iron bivalent, oral preparations					
B03AA02	Ferrous fumarate	Public	3.5469	4.0363	3.7731	3.9781
		Private	-	-	-	-
		Total	3.5469	4.0363	3.7731	3.9781
B03AC	Iron, parenteral preparations	Public	0.0095	0.0121	0.0126	0.0121
		Private	-	-	-	-
		Total	0.0095	0.0121	0.0126	0.0121
B03X	Other antianaemic preparations					
B03XA	Other antianaemic preparations	Public	0.1159	0.1442	0.1311	0.1501
		Private	0.3249	0.3550	0.3735	0.3797
		Total	0.4407	0.4992	0.5045	0.5298
B03XA01	Erythropoietin	Public	0.1148	0.1421	0.1292	0.1444
		Private	0.2967	0.3264	0.3396	0.3382
		Total	0.4115	0.4684	0.4688	0.4826
B03XA02	Darbepoetin alfa	Public	-	-	-	-
		Private	-	0.0001	0.0009	0.0010
		Total	-	0.0001	0.0009	0.0010
B03XA03	Methoxy polyethylene glycol-epoetin beta	Public	0.0011	0.0021	0.0019	0.0057
		Private	0.0281	0.0285	0.0330	0.0405
		Total	0.0293	0.0306	0.0349	0.0462

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CHAPTER 7: USE OF ANTIHAEMORRHAGICS

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The usage of antihaemorrhagics had increased about 14.9% from 2011-2012 to 2013-2014. The most commonly used class of antihaemorrhagics was still the class of antifibrinolytics, namely tranexamic acid in 2011 to 2014 (0.0614 – 0.0827 DDD/1,000 inhabitants/day), owing to its safety profile, readily available forms as capsules and injection ampoules as well as cheap price (Table 7.1). Tranexamic acid was used for local fibrinolysis and menorrhagia¹.

There is an annual increment in the usage of vitamin K from 2011-2012 (0.0077-0.0084 DDD/1,000 inhabitants/day) to 2013-2014 (0.0094 – 0.0102 DDD/1,000 inhabitants/day). This might be explained by the increased usage of anticoagulant in particular warfarin among patients with heart disease as the number of patients with heart disease has increased tremendously as shown by the data from World Health Rankings Research and Features. The age adjusted death rate due to coronary heart disease for Malaysia is 138.75 per 100,000 of population and it put Malaysia at number 57 in the world rank whereby Australia's age adjusted death rate is 60.34 per 100,000 of population (number 162 in the world rank)². With the increase of anticoagulant usage, that might lead to the increase of overwarfarinization needing vitamin K as antidote.

The World Federation of Haemophilia (WFH) estimated the prevalence of haemophilia A of developing countries as a mean 6.6 SD 4.8 per 100,000 males in 2004³. For the severe forms of haemophilia, treatment was required regularly and throughout the patients' entire lifetime, to avoid target joints damage, deformity, disability or even early death. Factor concentrates are normally given as on-demand basis, as opposed to primary or secondary prophylaxis in the West. Without insurance coverage due to its nature as a congenital disease, haemophilia patients largely obtain factor concentrates from the public hospitals at no cost. It appears that the blood coagulation factors VIII and factor IX concentrates were minimally used in private while recording a low DDD in public sector for both periods (2011-2012 and 2013-2014). The main reason is due to majority of the patients obtained treatment in public sector. There is an overall increase in the usage of blood clotting factors, mainly factor VIII from 0.0013 DDD/1,000 inhabitants/day in 2011 to 0.0024 DDD/1,000 inhabitants/day in 2012 and 2013. This could be due to change of practice from on demand therapy to regular prophylaxis and immune tolerance therapy for eradication of factor VIII inhibitor in severe haemophilia A patients. However, the reason for the drop in usage to 0.0012 DDD/1,000 inhabitants/day in 2014 was unclear.

Other haemostatic agents such as Von Willebrand factor and factor VIII inhibitor bypassing activity are still low in usage from 2011 to 2014. The usage of 4-factor prothrombin complex concentrates (PCC) saw a significant reduction in 2014, indicating its limited use for warfarin overdose cases only, not for haemophiliacs. Coagulation factor XIII deficiency is a very rare disorder in our country that so far we have encountered only one case nationwide.

Recombinant factor VIIa or Eptacog Alfa (activated factor VII) is one of the few agents available for haemophiliacs with inhibitors. Recent years had seen it being used in excessive bleeding incidences unmanageable by conservative treatments or blood coagulation factors during minor or major surgical even critical neuro-surgical or obstetrics-gynaecological procedures⁴. However, its overall usage was still very minimal at <0.0001 DDD/1,000 inhabitants/day, perhaps due to its exorbitant price tag. The usage of recombinant factor VIIa or Eptacog alfa (activated factor VII) is still appropriate as the length of stay in critically ill patients that need reversal of coagulopathy can be shortened and the costs of hospitalisation can be reduced⁵.

Thrombopoietin receptor agonists such as Romiplostim and Eltrombopag are the new agents being used to treat platelet disorder such as chronic immune thrombocytopenia. Eltrombopag seems to be more popular and shows a steady increase in usage both in public and private sectors from 2011 to 2014 (0.0003 – 0.0012 DDD/1,000 inhabitants/day).

Table 7.1: Use of antihaemorrhagic agents and respective therapeutic groups from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
B02	Antihaemorrhagics	Public	0.0522	0.0640	0.0589	0.0746
		Private	0.0198	0.0222	0.0171	0.0223
		Total	0.0720	0.0862	0.0760	0.0969
B02A	Antifibrinolytics					
B02AA	Amino acids					
B02AA02	Tranexamic acid	Public	0.0435	0.0532	0.0470	0.0628
		Private	0.0179	0.0198	0.0148	0.0199
		Total	0.0614	0.0730	0.0618	0.0827
B02B	Vitamin K and other hemostatics	Public	0.0087	0.0109	0.0119	0.0118
		Private	0.0019	0.0024	0.0024	0.0024
		Total	0.0107	0.0132	0.0143	0.0142
B02BA	Vitamin K					
B02BA01	Phytomenadione	Public	0.0061	0.0064	0.0075	0.0083
		Private	0.0017	0.0020	0.0019	0.0019
		Total	0.0077	0.0084	0.0094	0.0102
B02BD	Blood coagulation factors	Public	0.0026	0.0042	0.0043	0.0028
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0027	0.0042	0.0043	0.0028
B02BD01	Coagulation factor IX, II, VII and X in combination	Public	0.0012	0.0017	0.0014	0.0005
		Private	-	-	-	-
		Total	0.0012	0.0017	0.0014	0.0005
B02BD02	Coagulation factor VIII	Public	0.0013	0.0024	0.0024	0.0012
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0013	0.0024	0.0024	0.0012
B02BD03	Factor VIII inhibitor bypassing activity	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	-	-	-	-
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
B02BD04	Coagulation factor IX	Public	0.0002	0.0001	0.0005	0.0009
		Private	-	-	< 0.0001	-
		Total	0.0002	0.0001	0.0005	0.0009
B02BD06	Von Willebrand factor and coagulation factor VIII in combination	Public	-	-	-	0.0001
		Private	-	-	-	-
		Total	-	-	-	0.0001
B02BD08	Eptacog alfa (activated)	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
B02BD09	Nonacog alfa	Public	-	-	< 0.0001	< 0.0001
		Private	-	-	< 0.0001	-
		Total	-	-	< 0.0001	< 0.0001
B02BX	Other systemic hemostatics	Public	< 0.0001	0.0002	0.0001	0.0008
		Private	0.0002	0.0004	0.0004	0.0005
		Total	0.0003	0.0006	0.0005	0.0013
B02BX04	Romiplostim	Public	-	-	-	-
		Private	-	-	< 0.0001	< 0.0001
		Total	-	-	< 0.0001	< 0.0001
B02BX05	Eltrombopag	Public	< 0.0001	0.0002	0.0001	0.0008
		Private	0.0002	0.0004	0.0004	0.0004
		Total	0.0003	0.0006	0.0005	0.0012

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CHAPTER 8: USE OF DRUGS FOR CARDIOVASCULAR DISORDERS

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This chapter presents information on the use of antithrombotic agents (B01) and drugs for cardiovascular disorders excluding antihypertensive (C02) and lipid modifying agents (C10) for the year 2011 to 2014.

Drugs used in management of cardiovascular disease (CVD) remain frequently prescribed in Malaysia. From 2011 to 2014, there was predominant usage of evidence based drugs, in part due to the rising prevalence of cardiovascular risk factors and improved access of patients with CVD to healthcare facilities^{1,2}. The value presented in this chapter is based on DDD/1,000 inhabitants/day.

Listed in Table 8.1 are the DDD for antithrombotic agents and drugs for cardiovascular disorders by therapeutic subgroups. Overall, from 2011 to 2014, there was a drastic increase in the use of antithrombotic agents (from 9.7833 to 14.6748, respectively). The use of anti-thrombotic drugs in public and private sector increase by 64% and 18% respectively.

Table 8.2 showed that of all types of antithrombotic agents by drug class and agents. More than 90% of the consumption of antithrombotic agents mainly contributed by platelet aggregation inhibitors. Within this group, aspirin (acetylsalicylic acid) remain as the commonly used, rising from 6.6545 in 2011 to 10.3979 in 2014 and the rise primarily being accounted at the public sector (5.3205 to 8.9877). Thus, aspirin remained the most widely used agent in this four-year period constituting more than 70.7% of the total use of all antithrombotic agents.

The use of clopidogrel rose slightly from 1.3934 to 2.1637 in 2011 to 2014, respectively. However, the use of ticlopidine reduced by 1.6% in 2014 compared to 2011. This is probably due to availability of newer and more effective antiplatelet agents. Although it was anticipated that the usage of prasugrel and ticagrelor will increase due to its effectiveness in reducing ischemic events³, the usage remained low in 2014 (prasugrel 0.0123 and ticagrelor 0.0692). Higher cost compared to the other older agents' limit the use of both drug in treating acute coronary syndrome (ACS) patients⁴.

Over the four-year period, the use of unfractionated heparin (UFH) remain higher in the public compared to the private sector. Similarly, the use of low molecular weight heparin (LMWH) such as enoxaparin (0.0587 to 0.1052) and fondaparinux also increased in the public sector (0.0160 to 0.0297). The usage in the private sector remained low at 0.0125 and 0.0027 for enoxaparin and fondaparinux, respectively in 2014. It is reassuring to note the overall increase in the use of LMWH, which offer several advantages over UFH in the public sector. However, this trend was not seen in the private sector (Table 8.2). The use of UFH during percutaneous coronary intervention (PCI) is limited by its unpredictable effect, risk of infection, the need for close monitoring, and the uncertainty around optimal levels of activated clotting time⁵⁻⁷.

Warfarin use from 2011 to 2014 increase slightly in public sector from 0.3425 to 0.4334 but there was slight decrease in private sector from 0.1493 to 0.0904. The use of newer oral anticoagulants (NOACs) showed slight increased in trend in both sector. Among the NOACs, dabigatran was the most commonly prescribed as it was the first agent approved to be used in Malaysia (from 0.0178 to 0.0565 in 2011 to 2014, respectively). Due to limitation use of warfarin and the reassurance of the effectiveness and safety of NOAC in everyday practice the utilisation of dabigatran and other newer agent's may increase from 2014 onwards^{8,9}.

Among thrombolytics/fibrinolytics drugs, the most commonly used was streptokinase, predominantly used in the public sector due to cost factor as compared to newer agents (0.0008 to 0.0011 in 2011 to 2014, respectively). The usage in the private sector was negligible (<0.0001). The use of other thrombolytics agents remained low over the same period (<0.0001). Primary PCI for ST-elevation myocardial infarction is preferred over thrombolytics. There are limited public sector facilities as compared to private for primary PCI. This may explain the low usage of thrombolytics in the private sector.

Table 8.3 listed the use of cardiac glycosides by drug class and agents for 2011 to 2014. Among the established cardiac glycoside, digoxin remained commonly used in Malaysia and it is indicated for heart failure and arrhythmias. However, the consumption was unchanged throughout this four-year period at approximately 0.5.

In 2014, the use of digoxin in the OECD countries ranged from 0.5 to 4.6 (Figure 8.1). In comparison, usage of digoxin in Malaysia is low. The reasons were it was mainly use in heart failure patients and it limited use as anti-arrhythmic agents. This also may be due in part to the increasing number of heart failure patients receiving evidence-based newer beta blockers and also undergoing cardiac resynchronization therapy.

Other commonly prescribed anti-arrhythmics drugs were amiodarone followed by flecainide. Amiodarone utilisation remained unchanged at 0.09 from 2011 to 2014, while the use of flecainide was increase by 72.7% from 2011 to 2014 (0.0055 versus 0.0095). The consumption of both drugs were mainly at the private compared to the public sector (Table 8.3).

Except epinephrine and norepinephrine, the spending of other adrenergic and dopaminergic agents remained low and was consistent from 2011 to 2014. The use of epinephrine increased from 0.1605 in 2011 to 0.2626 in 2014. Similarly, the use of norepinephrine also increases from 0.0298 in 2011 to 0.0687 in 2014, which may be due to its increased use during cardiac resuscitation (Table 8.3).

The use of oral nitrates revealed interesting findings, with the shorter acting isosorbide dinitrate demonstrating a higher usage compared to the longer acting isosorbide mononitrate version (Table 8.4). The usage of mononitrate had showed increase by 24% from 0.5561 to 0.6909 in 2011 to 2014. The majority of the both nitrate was prescribed in the public sector. The anti-ischaemic compound trimetazidine was commonly prescribed in Malaysia, with an increase trend from 2.0605 in 2011 to 2.6615 in 2014. The use of ivabradine also increased in use from 0.0678 to 0.1357 in 2011 and 2014, respectively (Table 8.4).

Table 8.5 listed the use of diuretics by drug class and agents for 2011 to 2014. Hydrochlorothiazide is now the most commonly prescribed thiazide diuretic, with a DDD of 9.7994 to 12.4333 in 2011 and 2014, respectively. The use was more common in public sector. The use of indapamide reduced from 0.6321 to 0.4412 in 2011 and 2014 respectively. There was a corresponding rise in the use of furosemide (4.2344 in 2011 to 5.9522 in 2014). The use of spironolactone also rose from 0.3468 in 2011 to 0.4612 in 2014. As compared to OECD countries, the local usage of diuretics was low being only higher than Korea and Austria (Figure 8.2).

The most commonly prescribed beta-blockers in 2011 to 2014 were atenolol, metoprolol, bisoprolol, propranolol and carvedilol, respectively (Table 8.7). In 2014, the highest consumption was atenolol (10.9477) and followed by metoprolol (9.4438), with greater usage in public compared to private sector. Bisoprolol scores were 1.5343 and carvedilol 0.3241, with approximately similar usage in both public and private sector. The consistently low usage in carvedilol was a bit puzzling because carvedilol has been proven to be useful as it reduces mortality in patients with heart failure and that it serves as better options compared to conventional beta-blockers¹⁰. Probably the prescribers prefer long acting bisoprolol (0.6629 in 2011 versus 1.5343 in 2014) instead of short acting carvedilol (0.3138 in 2011 and 0.3241 in 2014) for better patients compliance. As compared to OECD countries, overall usage of beta blockers was also low (Figure 8.3). This is probably due to the reluctance of prescriber to initiate it for patient following ACS and heart failure due to it side effects.

The use of calcium channel blockers (CCB) agents by drug class and agents for 2011 to 2014 is presented in Table 8.8. Among the dihydropyridine CCB, amlodipine was widely prescribed in Malaysia, with a DDD of 29.9225 in 2011, increasing substantially to 50.1211 in 2014, especially in public sector from 25.6233 to 44.1348. The utilisation of felodipine slightly increased from 2.3221 to 4.2768 mainly at public sector. However, there was a reduced trend in nifedipine use from 6.2826 to 3.0030 mainly also at public sector. The usage of two non-dihydropyridine CCB, diltiazem and verapamil increased by 27% and 3.3% from 2011 to 2014 respectively.

Thus, among the CCB, only amlodipine showed significant increase in usage from 2011 to 2014 and the utilisation has expanded almost double from 2011 to 2014, particularly in the public sector. The increased use of amlodipine could partly be explained by the introduction of generic amlodipine and the readily available in the public sector especially in health clinic. The convenience of once-a-day dosing of amlodipine compared to thrice a day dosing for nifedipine and diltiazem could also explain the rise of amlodipine use. Due to cost-effectiveness¹¹ and safety profile of amlodipine^{12,13}, it is encouraging to see that the utilisation of amlodipine showed an upward trend. The local usage of CCB was higher than half of the other OECD countries which range from 37 to 89 (Figure 8.4). The use of CCB was mainly for hypertension and coronary artery disease.

Numerous studies have confirmed that angiotensin converting enzyme inhibitors (ACEIs) are commonly used to treat cardiovascular disorders¹⁴. Thus, within the group of agents acting on the renin-angiotensin-aldosterone system (RAAS), ACEIs are the most used subgroup accounting to 70.9% of the total agents used in 2014. The

consumption of single ACEIs was increased from 23.2440 to 34.7246 during this period. Among the ACEIs utilisation, the use of captopril reduced by 19.8% in 2014 from 2.3222 to 1.8622. Study has shown that the efficacy, safety and tolerability of perindopril was well established in the treatment of hypertension and heart failure¹⁵. Parallel to this study, the consumption of perindopril increased substantially from 14.1619 in 2011 to 25.9873 in 2014 mainly in public sector. However, ramipril and enalapril used were almost similar throughout this period (Table 8.9). Although, the usage locally has increased, it is still low when compared to other OECD. This may be due to the commonly seen side effects (dry cough) in our population (Figure 8.5).

Table 8.9 shows data for both single agents within the angiotensin receptor blockers (ARBs) group or products containing their combinations. Telmisartan remains the most commonly utilised ARBs, followed closely by losartan and irbesartan at 2.6592, 2.2919 and 2.0365 in 2014, respectively.

The consumption of ARBs/diuretics remains the same from 2011 to 2014: losartan/diuretic (0.7), valsartan/diuretics (0.6), irbesartan/diuretics (0.5) and telmisartan/diuretics (0.5). Study shown that the combination amlodipine/losartan therapy provides an effective and generally well-tolerated with improved adherence¹⁶ for reducing blood pressure in stage 2 hypertensive patients¹⁷. This was portrayed in Malaysia when the combination of amlodipine and ARB show a substantial increase in use, with a DDD of amlodipine/valsartan increased from 0.7312 to 1.0438 and amlodipine/telmisartan from 0.0181 to 0.6385 in 2011 to 2014, respectively and amlodipine/losartan from 0.0249 to 0.1954 from 2012 to 2014. There is also an increase in trend of three-drug combination (amlodipine, valsartan and hychlorothizide) from 0.0647 to 0.2283 during the same period.

In summary, the most commonly prescribed antiplatelets were aspirin, clopidogrel and ticlopidine. Compared to NOACs, warfarin was still the most commonly prescribed oral anticoagulant. The most utilised cardiovascular drugs are the CCB (57.9936), followed by ACE-Is (34.7246), beta-blockers (22.8967), diuretics (20.4500) and ARBs (8.7679). While, the five most commonly used single drugs to treat CVD were amlodipine (50.1211), perindopril (25.9873), hydrochorthiazide (12.4333), metoprolol (9.4438) and furosemide (5.9522). Increase use in some of the drug classes appear to be based on trial evidence or clinical practice guidelines. In conclusion, except for minimal decrease in utilisation of digoxin, there has been significant increase in utilisation of most of the cardiovascular drug class from 2011 to 2014.

Table 8.1: Use of drugs in treating cardiovascular disorders, by therapeutic groups from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
B01	Antithrombotic agents	Public	6.8598	8.2519	9.5891	11.2196
		Private	2.9235	3.3386	3.5571	3.4552
		Total	9.7833	11.5905	13.1462	14.6748
C01	Cardiac therapy	Public	3.3280	3.5609	3.7113	4.3420
		Private	1.2840	1.2493	1.3710	1.3592
		Total	4.6120	4.8102	5.0822	5.7012
C02	Antihypertensives	Public	2.2490	2.1599	2.4367	2.8712
		Private	0.2226	0.2877	0.2621	0.2863
		Total	2.4716	2.4476	2.6988	3.1574
C03	Diuretics	Public	13.4878	16.0368	17.1145	18.0767
		Private	2.5774	2.5773	2.5200	2.3732
		Total	16.0652	18.6141	19.6344	20.4500
C04	Peripheral vasodilators	Public	0.0380	0.0340	0.0307	0.0329
		Private	0.0137	0.0127	0.0145	0.0144
		Total	0.0517	0.0466	0.0452	0.0473
C07	Beta blocking agents	Public	15.3301	16.1966	17.1612	18.3914
		Private	4.9541	5.0940	4.8586	4.9224
		Total	20.2842	21.2906	22.0199	23.3138
C08	Calcium channel blockers	Public	33.3980	43.7260	47.2068	50.8156
		Private	5.6099	6.5248	7.1302	7.1779
		Total	39.0079	50.2507	54.3370	57.9936
C09	Agents acting on the renin-angiotensin system	Public	23.9350	32.3847	37.5544	38.0626
		Private	9.4216	9.7408	10.1520	10.9486
		Total	33.3566	42.1255	47.7064	49.0112

Table 8.2: Use of antithrombotic agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
B01A	Antithrombotic agents	Public	6.8598	8.2519	9.5891	11.2196
		Private	2.9235	3.3386	3.5571	3.4552
		Total	9.7833	11.5905	13.1462	14.6748
B01AA	Vitamin K antagonists					
B01AA03	Warfarin	Public	0.3425	0.3036	0.3390	0.4334
		Private	0.1493	0.0834	0.0990	0.0904
		Total	0.4918	0.3870	0.4379	0.5239
B01AB	Heparin group	Public	0.2929	0.3218	0.3585	0.4378
		Private	0.0744	0.0795	0.0662	0.0728
		Total	0.3673	0.4012	0.4247	0.5106
B01AB01	Heparin	Public	0.2297	0.2388	0.2664	0.3191
		Private	0.0221	0.0280	0.0229	0.0293
		Total	0.2518	0.2668	0.2894	0.3484
B01AB05	Enoxaparin	Public	0.0587	0.0772	0.0766	0.1052
		Private	0.0146	0.0143	0.0130	0.0125
		Total	0.0732	0.0916	0.0896	0.1177
B01AB10	Tinzaparin	Public	0.0045	0.0057	0.0155	0.0134
		Private	0.0019	0.0024	0.0032	0.0019
		Total	0.0065	0.0081	0.0187	0.0154
B01AB11	Sulodexide	Public	-	-	-	-
		Private	0.0358	0.0347	0.0270	0.0290
		Total	0.0358	0.0347	0.0270	0.0290
B01AC	Platelet aggregation inhibitors excluding heparin	Public	6.2069	7.5982	8.8524	10.2931
		Private	2.6792	3.1180	3.3114	3.1866
		Total	8.8861	10.7163	12.1638	13.4797
B01AC04	Clopidogrel	Public	0.2184	0.3453	0.4464	0.5844
		Private	1.1750	1.4030	1.4002	1.5794
		Total	1.3934	1.7483	1.8466	2.1637
B01AC05	Ticlopidine	Public	0.6287	0.6185	0.6350	0.6698
		Private	0.1215	0.1118	0.0812	0.0681
		Total	0.7501	0.7303	0.7162	0.7379
B01AC06	Acetylsalicylic acid	Public	5.3205	6.6045	7.7355	8.9877
		Private	1.3341	1.5309	1.7376	1.4101
		Total	6.6545	8.1354	9.4731	10.3979
B01AC07	Dipyridamole	Public	0.0393	0.0298	0.0333	0.0369
		Private	0.0066	0.0048	0.0030	0.0028
		Total	0.0460	0.0347	0.0362	0.0397
B01AC11	Iloprost	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
B01AC13	Abciximab	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
B01AC17	Tirofiban	Public	< 0.0001	< 0.0001	< 0.0001	0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0001	0.0001	0.0001
B01AC18	Triflusal	Public	-	-	-	0.0001
		Private	0.0201	0.0270	0.0283	0.0269
		Total	0.0201	0.0270	0.0283	0.0270

Table 8.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
B01AC22	Prasugrel	Public	< 0.0001	-	0.0001	0.0018
		Private	0.0113	0.0107	0.0135	0.0105
		Total	0.0113	0.0107	0.0135	0.0123
B01AC23	Cilostazol	Public	-	-	-	0.0010
		Private	0.0050	0.0058	0.0063	0.0069
		Total	0.0050	0.0058	0.0063	0.0079
B01AC24	Ticagrelor	Public	-	< 0.0001	0.0020	0.0113
		Private	0.0057	0.0240	0.0384	0.0578
		Total	0.0057	0.0240	0.0405	0.0692
B01AC30	Combinations	Public	-	-	-	-
		Private	-	-	0.0030	0.0240
		Total	-	-	0.0030	0.0240
B01AD	Enzymes	Public	0.0009	0.0009	0.0010	0.0012
		Private	0.0001	0.0001	0.0001	< 0.0001
		Total	0.0010	0.0010	0.0010	0.0013
B01AD01	Streptokinase	Public	0.0008	0.0008	0.0009	0.0011
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0009	0.0009	0.0009	0.0011
B01AD02	Alteplase	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
B01AD04	Urokinase	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
B01AD10	Drotrecogin alfa (activated)	Public	-	-	-	-
		Private	< 0.0001	-	-	-
		Total	< 0.0001	-	-	-
B01AD11	Tenecteplase	Public	0.0001	0.0001	0.0001	0.0002
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0001	0.0001	0.0002
B01AE	Direct thrombin inhibitors					
B01AE07	Dabigatran etexilate	Public	0.0005	0.0039	0.0097	0.0182
		Private	0.0173	0.0384	0.0398	0.0384
		Total	0.0178	0.0422	0.0494	0.0565
B01AF	Direct factor Xa inhibitors	Public	0.0001	0.0001	0.0006	0.0062
		Private	0.0010	0.0165	0.0381	0.0642
		Total	0.0012	0.0166	0.0387	0.0705
B01AF01	Rivaroxaban	Public	0.0001	0.0001	0.0006	0.0061
		Private	0.0010	0.0165	0.0381	0.0577
		Total	0.0012	0.0166	0.0387	0.0638
B01AF02	Apixaban	Public	-	-	-	0.0002
		Private	-	-	-	0.0065
		Total	-	-	-	0.0067
B01AX	Other antithrombotic agents	Public	0.0160	0.0234	0.0280	0.0297
		Private	0.0022	0.0027	0.0026	0.0027
		Total	0.0182	0.0260	0.0306	0.0324
B01AX01	Defibrotide	Public	< 0.0001	0.0001	< 0.0001	0.0001
		Private	-	-	-	-
		Total	< 0.0001	0.0001	< 0.0001	0.0001
B01AX05	Fondaparinux	Public	0.0160	0.0233	0.0280	0.0297
		Private	0.0022	0.0027	0.0026	0.0027
		Total	0.0181	0.0260	0.0306	0.0323

Table 8.3: Use of cardiac glycosides, antiarrhythmic agents and other cardiac stimulants from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C01A	Cardiac glycosides					
C01AA	Digitalis glycosides					
C01AA05	Digoxin	Public	0.3384	0.3400	0.2874	0.3465
		Private	0.1624	0.1432	0.1427	0.1407
		Total	0.5008	0.4831	0.4302	0.4872
C01B	Antiarrhythmics, class I and III	Public	0.0237	0.0409	0.0332	0.0322
		Private	0.0824	0.0732	0.0800	0.0856
		Total	0.1062	0.1141	0.1132	0.1178
C01BB	Antiarrhythmics, class Ib					
C01BB01	Lidocaine	Public	0.0011	0.0011	0.0013	0.0013
		Private	0.0013	0.0013	0.0014	0.0014
		Total	0.0023	0.0025	0.0027	0.0028
C01BC	Antiarrhythmics, class Ic	Public	0.0006	0.0025	0.0015	0.0032
		Private	0.0083	0.0093	0.0085	0.0098
		Total	0.0089	0.0118	0.0100	0.0130
C01BC03	Propafenone	Public	-	-	-	-
		Private	0.0034	0.0043	0.0035	0.0035
		Total	0.0034	0.0043	0.0035	0.0035
C01BC04	Flecainide	Public	0.0006	0.0025	0.0015	0.0032
		Private	0.0048	0.0050	0.0050	0.0063
		Total	0.0055	0.0075	0.0065	0.0095
C01BD	Antiarrhythmics, class III	Public	0.0220	0.0373	0.0305	0.0276
		Private	0.0729	0.0626	0.0700	0.0744
		Total	0.0949	0.0998	0.1005	0.1021
C01BD01	Amiodarone	Public	0.0220	0.0372	0.0305	0.0276
		Private	0.0696	0.0594	0.0672	0.0716
		Total	0.0916	0.0966	0.0977	0.0992
C01BD07	Dronedarone	Public	< 0.0001	0.0001	< 0.0001	-
		Private	0.0033	0.0032	0.0028	0.0029
		Total	0.0033	0.0033	0.0028	0.0029
C01C	Cardiac stimulants excluding cardiac glycosides	Public	0.2154	0.2289	0.2885	0.3346
		Private	0.0187	0.0169	0.0296	0.0423
		Total	0.2341	0.2457	0.3181	0.3770
C01CA	Adrenergic and dopaminergic agents	Public	0.2154	0.2288	0.2885	0.3346
		Private	0.0187	0.0169	0.0296	0.0423
		Total	0.2341	0.2457	0.3181	0.3769
C01CA02	Isoprenaline	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
C01CA03	Norepinephrine	Public	0.0283	0.0291	0.0648	0.0675
		Private	0.0016	0.0017	0.0024	0.0012
		Total	0.0298	0.0308	0.0672	0.0687
C01CA04	Dopamine	Public	0.0191	0.0186	0.0165	0.0149
		Private	0.0023	0.0024	0.0031	0.0026
		Total	0.0214	0.0209	0.0196	0.0175
C01CA06	Phenylephrine	Public	0.0024	0.0030	0.0049	0.0045
		Private	0.0005	0.0005	0.0002	-
		Total	0.0029	0.0035	0.0052	0.0045

Table 8.3: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C01CA07	Dobutamine	Public	0.0115	0.0101	0.0102	0.0113
		Private	0.0008	0.0009	0.0007	0.0007
		Total	0.0124	0.0109	0.0109	0.0120
C01CA17	Midodrine	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001
C01CA24	Epinephrine	Public	0.1477	0.1596	0.1845	0.2257
		Private	0.0128	0.0081	0.0218	0.0369
		Total	0.1605	0.1678	0.2063	0.2626
C01CA26	Ephedrine	Public	0.0064	0.0084	0.0075	0.0107
		Private	0.0008	0.0033	0.0014	0.0009
		Total	0.0071	0.0117	0.0089	0.0116
C01CE	Phosphodiesterase inhibitors					
C01CE02	Milrinone	Public	< 0.0001	< 0.0001	< 0.0001	0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	0.0001	< 0.0001	0.0001

Table 8.4: Use of vasodilators and other agents in treating cardiac disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C01D	Vasodilators used in cardiac diseases					
C01DA	Organic nitrates	Public	1.3320	1.3586	1.4589	1.6590
		Private	0.3091	0.2872	0.3013	0.2613
		Total	1.6411	1.6458	1.7602	1.9204
C01DA02	Glyceryl trinitrate	Public	0.1160	0.1844	0.2279	0.2627
		Private	0.0306	0.0346	0.0393	0.0252
		Total	0.1466	0.2189	0.2672	0.2879
C01DA08	Isosorbide dinitrate	Public	0.9074	0.8809	0.8479	0.9186
		Private	0.0310	0.0363	0.0344	0.0230
		Total	0.9384	0.9172	0.8822	0.9416
C01DA14	Isosorbide mononitrate	Public	0.3086	0.2933	0.3831	0.4777
		Private	0.2475	0.2164	0.2277	0.2131
		Total	0.5561	0.5097	0.6108	0.6909
C01E	Other cardiac preparations	Public	1.4184	1.5926	1.6432	1.9697
		Private	0.7113	0.7288	0.8173	0.8292
		Total	2.1297	2.3214	2.4605	2.7989
C01EA	Prostaglandins					
C01EA01	Alprostadil	Public	0.0003	0.0002	0.0002	0.0002
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0003	0.0002	0.0002	0.0002
C01EB	Other cardiac preparations	Public	1.4181	1.5924	1.6431	1.9695
		Private	0.7113	0.7288	0.8173	0.8292
		Total	2.1294	2.3212	2.4603	2.7987
C01EB03	Indometacin	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001
C01EB10	Adenosine	Public	0.0010	0.0011	0.0010	0.0013
		Private	0.0001	0.0001	0.0002	0.0002
		Total	0.0011	0.0012	0.0012	0.0015

Table 8.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C01EB15	Trimetazidine	Public	1.4096	1.5759	1.6207	1.9380
		Private	0.6509	0.6518	0.7207	0.7236
		Total	2.0605	2.2277	2.3413	2.6615
C01EB17	Ivabradine	Public	0.0075	0.0153	0.0214	0.0303
		Private	0.0603	0.0769	0.0964	0.1054
		Total	0.0678	0.0922	0.1178	0.1357

Table 8.5: Use of thiazides and other diuretics from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C03A	Low-ceiling diuretics, thiazides					
C03AA	Thiazides, plain					
C03AA03	Hydrochlorothiazide	Public	8.9165	10.7599	11.1850	11.7483
		Private	0.8829	0.8814	0.7981	0.6850
		Total	9.7994	11.6414	11.9831	12.4333
C03B	Low-ceiling diuretics, excluding thiazides					
C03BA	Sulfonamides, plain	Public	0.0006	0.0028	0.0048	0.0167
		Private	0.6712	0.6065	0.5152	0.4486
		Total	0.6718	0.6093	0.5200	0.4653
C03BA04	Chlortalidone	Public	-	-	-	-
		Private	0.0391	0.0059	0.0229	0.0075
		Total	0.0391	0.0059	0.0229	0.0075
C03BA08	Metolazone	Public	0.0006	0.0028	0.0048	0.0167
		Private	-	-	-	-
		Total	0.0006	0.0028	0.0048	0.0167
C03BA11	Indapamide	Public	-	-	-	< 0.0001
		Private	0.6321	0.6006	0.4923	0.4412
		Total	0.6321	0.6006	0.4923	0.4412
C03C	High-ceiling diuretics					
C03CA	Sulfonamides, plain	Public	3.6767	4.3278	4.9019	5.2570
		Private	0.5886	0.6591	0.6852	0.7330
		Total	4.2653	4.9870	5.5871	5.9900
C03CA01	Furosemide	Public	3.6654	4.3015	4.8665	5.2313
		Private	0.5691	0.6397	0.6748	0.7209
		Total	4.2344	4.9411	5.5413	5.9522
C03CA02	Bumetanide	Public	0.0113	0.0264	0.0354	0.0257
		Private	0.0196	0.0195	0.0105	0.0121
		Total	0.0309	0.0459	0.0459	0.0378
C03D	Potassium-sparing agents	Public	0.2343	0.2674	0.3200	0.3057
		Private	0.1128	0.0905	0.1582	0.1590
		Total	0.3471	0.3579	0.4782	0.4647
C03DA	Aldosterone antagonists	Public	0.2342	0.2674	0.3200	0.3057
		Private	0.1128	0.0905	0.1582	0.1590
		Total	0.3470	0.3579	0.4782	0.4647
C03DA01	Spironolactone	Public	0.2341	0.2674	0.3195	0.3052
		Private	0.1126	0.0892	0.1561	0.1560
		Total	0.3468	0.3566	0.4756	0.4612
C03DA04	Eplerenone	Public	0.0001	< 0.0001	0.0004	0.0005
		Private	0.0002	0.0013	0.0021	0.0031
		Total	0.0002	0.0014	0.0026	0.0035

Table 8.5: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C03DB	Other potassium-sparing agents					
C03DB01	Amiloride	Public	0.0001	< 0.0001	< 0.0001	-
		Private	-	-	-	-
		Total	0.0001	< 0.0001	< 0.0001	-
C03E	Diuretics and potassium-sparing agents in combination					
C03EA	Low-ceiling diuretics and potassium-sparing agents					
C03EA01	Hydrochlorothiazide and potassium-sparing agents	Public	0.6598	0.6788	0.7028	0.7490
		Private	0.3219	0.3397	0.3632	0.3476
		Total	0.9817	1.0185	1.0660	1.0966

Table 8.6: Use of peripheral vasodilators from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C04A	Peripheral vasodilators	Public	0.0380	0.0340	0.0307	0.0329
		Private	0.0137	0.0127	0.0145	0.0144
		Total	0.0517	0.0466	0.0452	0.0473
C04AD	Purine derivatives					
C04AD03	Pentoxifylline	Public	0.0339	0.0251	0.0278	0.0312
		Private	0.0108	0.0107	0.0116	0.0122
		Total	0.0447	0.0358	0.0395	0.0434
C04AE	Ergot alkaloids					
C04AE01	Ergoloid mesylates	Public	0.0041	0.0089	0.0029	0.0017
		Private	0.0029	0.0020	0.0028	0.0021
		Total	0.0070	0.0109	0.0058	0.0039
C04AX	Other peripheral vasodilators					
C04AX02	Phenoxybenzamine	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001

Table 8.7: Use of beta blockers from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014		
C07A	Beta blocking agents	Public	15.3290	16.1965	17.1612	18.3914		
		Private	4.6605	4.6187	4.4910	4.5053		
		Total	19.9894	20.8152	21.6522	22.8967		
C07AA	Beta blocking agents, non-selective	Public	0.2507	0.2301	0.2498	0.2649		
		Private	0.1865	0.1866	0.1738	0.1785		
		Total	0.4372	0.4167	0.4235	0.4433		
C07AA05	Propranolol	Public	0.2500	0.2288	0.2483	0.2611		
		Private	0.1671	0.1608	0.1603	0.1643		
		Total	0.4171	0.3896	0.4087	0.4254		
C07AA07	Sotalol	Public	0.0006	0.0013	0.0014	0.0038		
		Private	0.0194	0.0257	0.0134	0.0142		
		Total	0.0201	0.0271	0.0149	0.0180		
C07AB	Beta blocking agents, selective	Public	14.8031	15.7251	16.6456	17.8355		
		Private	4.3495	4.2868	4.1873	4.1887		
		Total	19.1526	20.0119	20.8329	22.0242		
C07AB02	Metoprolol	Public	7.8296	8.4421	8.8488	8.9393		
		Private	0.3339	0.4379	0.5239	0.5045		
		Total	8.1635	8.8800	9.3726	9.4438		
C07AB03	Atenolol	Public	6.7712	6.9151	7.2291	7.9727		
		Private	3.4880	3.2489	3.0347	2.9750		
		Total	10.2592	10.1640	10.2637	10.9477		
C07AB05	Betaxolol	Public	-	-	-	-		
		Private	0.0625	0.0517	0.0443	0.0457		
		Total	0.0625	0.0517	0.0443	0.0457		
C07AB07	Bisoprolol	Public	0.2023	0.3678	0.5678	0.9235		
		Private	0.4605	0.5402	0.5659	0.6107		
		Total	0.6627	0.9080	1.1336	1.5343		
C07AB09	Esmolol	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001		
		Private	-	< 0.0001	< 0.0001	< 0.0001		
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001		
C07AB12	Nebivolol	Public	-	-	-	-		
		Private	0.0046	0.0082	0.0186	0.0528		
		Total	0.0046	0.0082	0.0186	0.0528		
C07AG	Alpha and beta blocking agents	Public	0.2752	0.2413	0.2658	0.2910		
		Private	0.1244	0.1453	0.1299	0.1381		
		Total	0.3996	0.3866	0.3957	0.4291		
C07AG01	Labetalol	Public	0.0765	0.0883	0.0839	0.0768		
		Private	0.0093	0.0248	0.0211	0.0282		
		Total	0.0858	0.1131	0.1050	0.1050		
C07AG02	Carvedilol	Public	0.1986	0.1531	0.1820	0.2142		
		Private	0.1152	0.1205	0.1088	0.1099		
		Total	0.3138	0.2736	0.2908	0.3241		
C07B	Beta blocking agents and thiazides							
C07BB	Beta blocking agents, selective, and thiazides							
		C07BB07	Bisoprolol and thiazides	Public	0.0011	0.0001	-	-
				Private	0.0562	0.0550	0.0602	0.0579
Total	0.0573			0.0552	0.0602	0.0579		
C07C	Beta blocking agents and other diuretics	Public	-	-	-	-		
		Private	0.2374	0.4203	0.3074	0.3593		
		Total	0.2374	0.4203	0.3074	0.3593		

Table 8.7: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C07CA	Beta blocking agents, non-selective, and other diuretics					
C07CA03	Pindolol and other diuretics	Public	-	-	-	-
		Private	0.0045	0.0037	-	-
		Total	0.0045	0.0037	-	-
C07CB	Beta blocking agents, selective, and other diuretics					
C07CB03	Atenolol and other diuretics	Public	-	-	-	-
		Private	0.2329	0.4166	0.3074	0.3593
		Total	0.2329	0.4166	0.3074	0.3593

Table 8.8: Use of calcium channel blockers from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C08C	Selective calcium channel blockers with mainly vascular effects					
C08CA	Dihydropyridine derivatives	Public	33.2078	43.4829	46.9398	50.5239
		Private	5.4764	6.3951	7.0071	7.0747
		Total	38.6843	49.8780	53.9469	57.5986
C08CA01	Amlodipine	Public	25.6233	36.2704	40.3530	44.1348
		Private	4.2991	5.1638	5.8941	5.9863
		Total	29.9225	41.4342	46.2471	50.1211
C08CA02	Felodipine	Public	2.0301	2.8568	3.4075	3.9314
		Private	0.2920	0.2846	0.3470	0.3455
		Total	2.3221	3.1414	3.7545	4.2768
C08CA03	Isradipine	Public	-	-	-	-
		Private	0.0028	0.0012	-	-
		Total	0.0028	0.0012	-	-
C08CA04	Nicardipine	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
C08CA05	Nifedipine	Public	5.5537	4.3549	3.1784	2.4558
		Private	0.7289	0.7381	0.5826	0.5472
		Total	6.2826	5.0930	3.7611	3.0030
C08CA06	Nimodipine	Public	0.0006	0.0008	0.0009	0.0019
		Private	0.0003	0.0003	0.0003	0.0003
		Total	0.0009	0.0011	0.0012	0.0022
C08CA09	Lacidipine	Public	-	-	-	-
		Private	0.0129	0.0103	0.0104	0.0088
		Total	0.0129	0.0103	0.0104	0.0088
C08CA13	Lercanidipine	Public	-	-	-	-
		Private	0.1405	0.1968	0.1726	0.1866
		Total	0.1405	0.1968	0.1726	0.1866
C08D	Selective calcium channel blockers with direct cardiac effects	Public	0.1902	0.2431	0.2669	0.2917
		Private	0.1335	0.1296	0.1232	0.1032
		Total	0.3237	0.3727	0.3901	0.3950
C08DA	Phenylalkylamine derivatives					
C08DA01	Verapamil	Public	0.0268	0.0299	0.0298	0.0415
		Private	0.0416	0.0429	0.0376	0.0292
		Total	0.0684	0.0728	0.0674	0.0707
C08DB	Benzothiazepine derivatives					
C08DB01	Diltiazem	Public	0.1634	0.2132	0.2371	0.2503
		Private	0.0919	0.0867	0.0856	0.0740
		Total	0.2553	0.2999	0.3227	0.3243

Table 8.9: Use of angiotensin enzyme converting inhibitors, angiotensin II antagonists and combinations with other agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C09A	ACE inhibitors, plain					
C09AA	ACE inhibitors, plain	Public	20.4353	27.5377	32.6740	31.9544
		Private	2.8088	2.6265	2.6416	2.7702
		Total	23.2440	30.1641	35.3156	34.7246
C09AA01	Captopril	Public	2.2997	2.4631	2.1054	1.8435
		Private	0.0225	0.0257	0.0238	0.0187
		Total	2.3222	2.4887	2.1292	1.8622
C09AA02	Enalapril	Public	4.8262	5.0725	4.5277	5.3003
		Private	0.7824	0.6277	0.6210	0.7172
		Total	5.6086	5.7002	5.1487	6.0175
C09AA03	Lisinopril	Public	-	-	-	-
		Private	0.5728	0.4237	0.3635	0.3503
		Total	0.5728	0.4237	0.3635	0.3503
C09AA04	Perindopril	Public	13.0810	19.7741	25.8505	24.5959
		Private	1.0809	1.2395	1.3953	1.3914
		Total	14.1619	21.0137	27.2459	25.9873
C09AA05	Ramipril	Public	0.2284	0.2280	0.1905	0.2147
		Private	0.3277	0.2867	0.2222	0.2652
		Total	0.5561	0.5146	0.4127	0.4799
C09AA16	Imidapril	Public	-	-	-	-
		Private	0.0225	0.0232	0.0157	0.0274
		Total	0.0225	0.0232	0.0157	0.0274
C09B	ACE inhibitors, combinations	Public	0.0388	0.0928	0.0054	0.2114
		Private	0.3721	0.4212	0.4799	0.5602
		Total	0.4109	0.5140	0.4853	0.7716
C09BA	ACE inhibitors and diuretics					
C09BA04	Perindopril and diuretics	Public	0.0388	0.0928	0.0054	0.2114
		Private	0.1691	0.1602	0.1609	0.1665
		Total	0.2079	0.2530	0.1664	0.3779
C09BB	ACE inhibitors and calcium channel blockers					
C09BB04	Perindopril and amlodipine	Public	-	-	-	-
		Private	0.2030	0.2609	0.3189	0.3937
		Total	0.2030	0.2609	0.3189	0.3937
C09C	Angiotensin II antagonists, plain					
C09CA	Angiotensin II antagonists, plain	Public	2.9914	4.1329	4.2480	4.9286
		Private	3.4110	3.6056	3.5491	3.8393
		Total	6.4023	7.7385	7.7971	8.7679
C09CA01	Losartan	Public	0.6419	0.9207	0.9240	1.3564
		Private	0.8419	0.8209	0.8547	0.9356
		Total	1.4838	1.7416	1.7786	2.2919
C09CA03	Valsartan	Public	0.3239	0.4775	0.4534	0.5281
		Private	0.4980	0.5178	0.5452	0.5526
		Total	0.8219	0.9953	0.9986	1.0808
C09CA04	Irbesartan	Public	0.8661	1.3087	1.2329	1.3180
		Private	0.5875	0.6853	0.5495	0.7185
		Total	1.4536	1.9940	1.7824	2.0365
C09CA06	Candesartan	Public	0.0002	< 0.0001	-	-
		Private	0.4118	0.4158	0.4325	0.4338
		Total	0.4120	0.4159	0.4325	0.4338

Table 8.9: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C09CA07	Telmisartan	Public	1.1593	1.4260	1.6378	1.7260
		Private	0.7764	0.8329	0.8863	0.9332
		Total	1.9357	2.2589	2.5240	2.6592
C09CA08	Olmesartan medoxomil	Public	-	-	-	-
		Private	0.2954	0.3329	0.2810	0.2656
		Total	0.2954	0.3329	0.2810	0.2656
C09D	Angiotensin II antagonists, combinations	Public	0.4696	0.6213	0.6270	0.9683
		Private	2.8298	3.0876	3.4815	3.7789
		Total	3.2994	3.7089	4.1085	4.7471
C09DA	Angiotensin II antagonists and diuretics	Public	0.4492	0.5724	0.4716	0.6198
		Private	2.0362	2.0224	1.9228	1.8936
		Total	2.4854	2.5948	2.3944	2.5134
C09DA01	Losartan and diuretics	Public	0.1427	0.1928	0.1331	0.1720
		Private	0.5813	0.5580	0.5539	0.5109
		Total	0.7241	0.7508	0.6870	0.6829
C09DA03	Valsartan and diuretics	Public	0.1075	0.1173	0.1144	0.1576
		Private	0.5120	0.5033	0.5037	0.4768
		Total	0.6195	0.6206	0.6182	0.6344
C09DA04	Irbesartan and diuretics	Public	0.0799	0.1163	0.0775	0.1227
		Private	0.3852	0.4192	0.3228	0.3969
		Total	0.4651	0.5355	0.4002	0.5196
C09DA06	Candesartan and diuretics	Public	-	-	-	-
		Private	0.1585	0.1453	0.1536	0.1481
		Total	0.1585	0.1453	0.1536	0.1481
C09DA07	Telmisartan and diuretics	Public	0.1190	0.1461	0.1467	0.1676
		Private	0.3488	0.3411	0.3287	0.3105
		Total	0.4678	0.4871	0.4753	0.4780
C09DA08	Olmesartan medoxomil and diuretics	Public	-	-	-	-
		Private	0.0504	0.0556	0.0601	0.0503
		Total	0.0504	0.0556	0.0601	0.0503
C09DB	Angiotensin II antagonists and calcium channel blockers	Public	0.0204	0.0489	0.1554	0.3417
		Private	0.7289	0.9465	1.3767	1.6638
		Total	0.7493	0.9954	1.5320	2.0055
C09DB01	Valsartan and amlodipine	Public	0.0204	0.0406	0.0719	0.1188
		Private	0.7108	0.7700	0.9096	0.9250
		Total	0.7312	0.8106	0.9815	1.0438
C09DB02	Olmesartan medoxomil and amlodipine	Public	-	-	-	-
		Private	-	0.0241	0.0787	0.1278
		Total	-	0.0241	0.0787	0.1278
C09DB04	Telmisartan and amlodipine	Public	-	0.0083	0.0778	0.2121
		Private	0.0181	0.1275	0.2726	0.4264
		Total	0.0181	0.1358	0.3503	0.6385
C09DB06	Losartan and amlodipine	Public	-	-	0.0057	0.0109
		Private	-	0.0249	0.1158	0.1846
		Total	-	0.0249	0.1215	0.1954
C09DX	Angiotensin II antagonists, other combinations					
C09DX01	Valsartan, amlodipine and hydrochlorothiazide	Public	-	-	-	0.0067
		Private	0.0647	0.1186	0.1820	0.2216
		Total	0.0647	0.1186	0.1820	0.2283

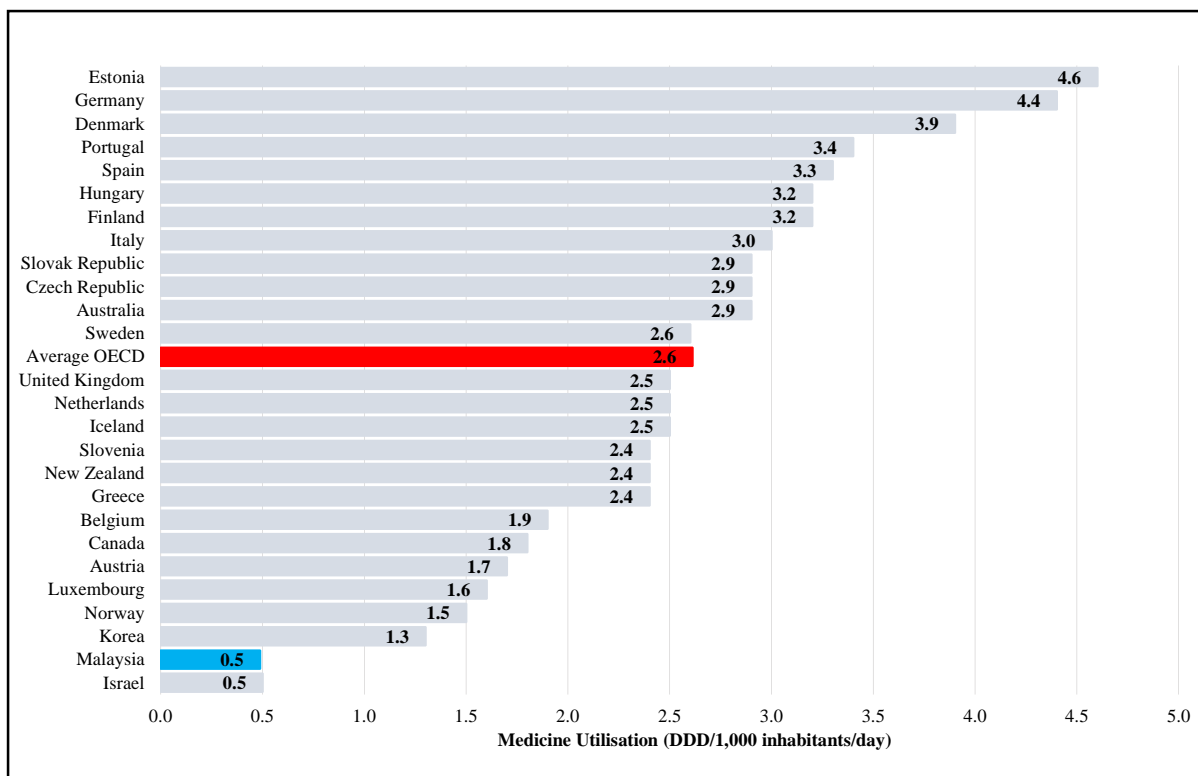


Figure 8.1: Utilisation of cardiac glycosides (C01A) in Malaysia and OECD Countries, 2014.

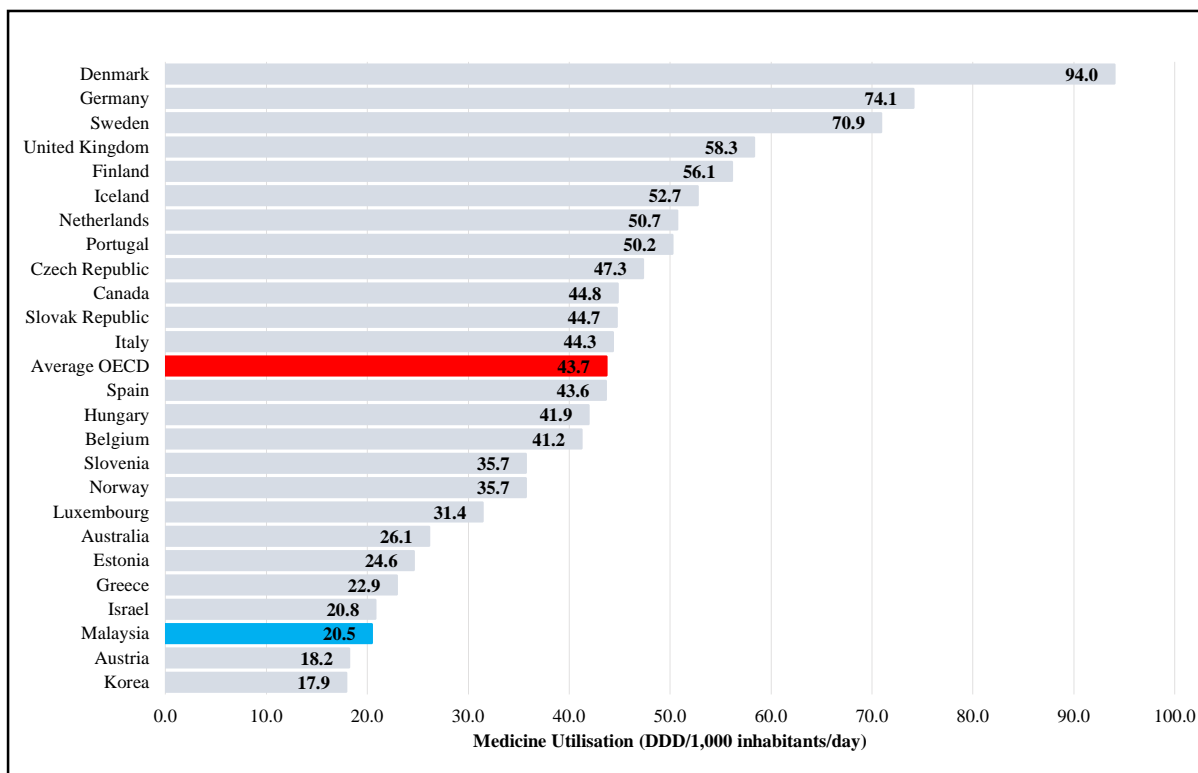


Figure 8.2: Utilisation of diuretics (C03) in Malaysia and OECD Countries, 2014.

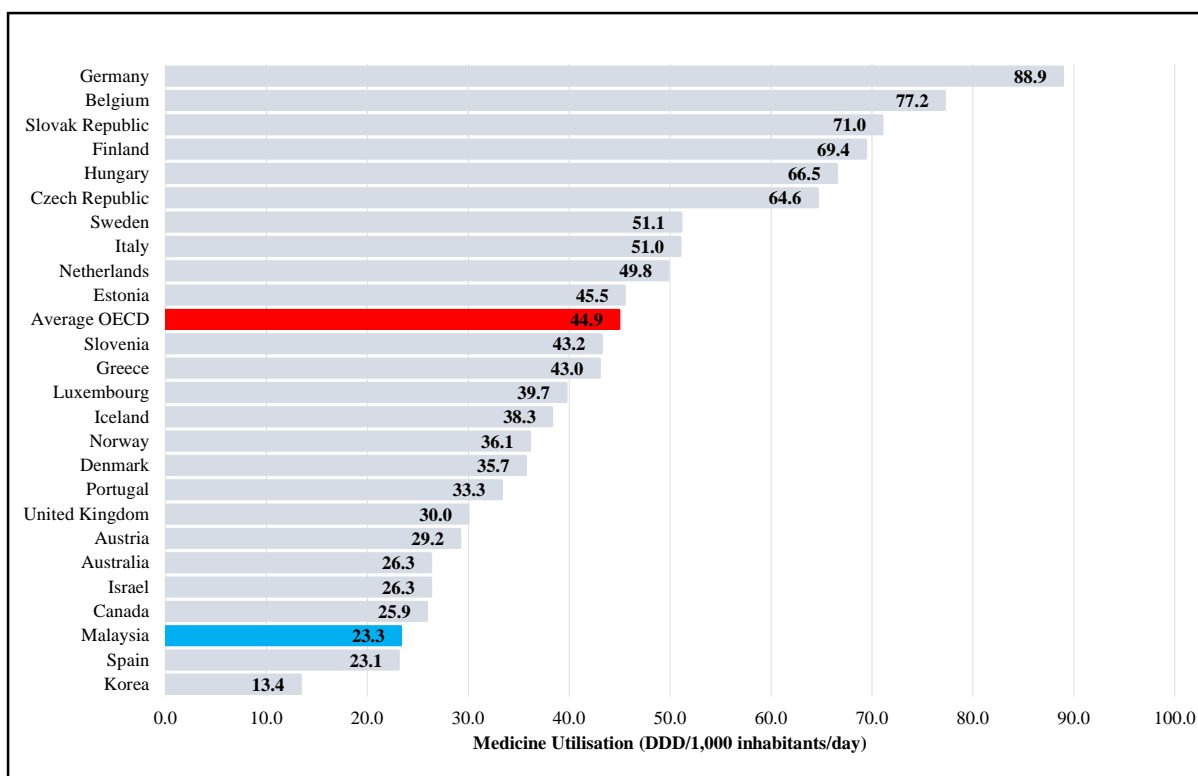


Figure 8.3: Utilisation of beta blocking agents (C07) in Malaysia and OECD Countries, 2014.

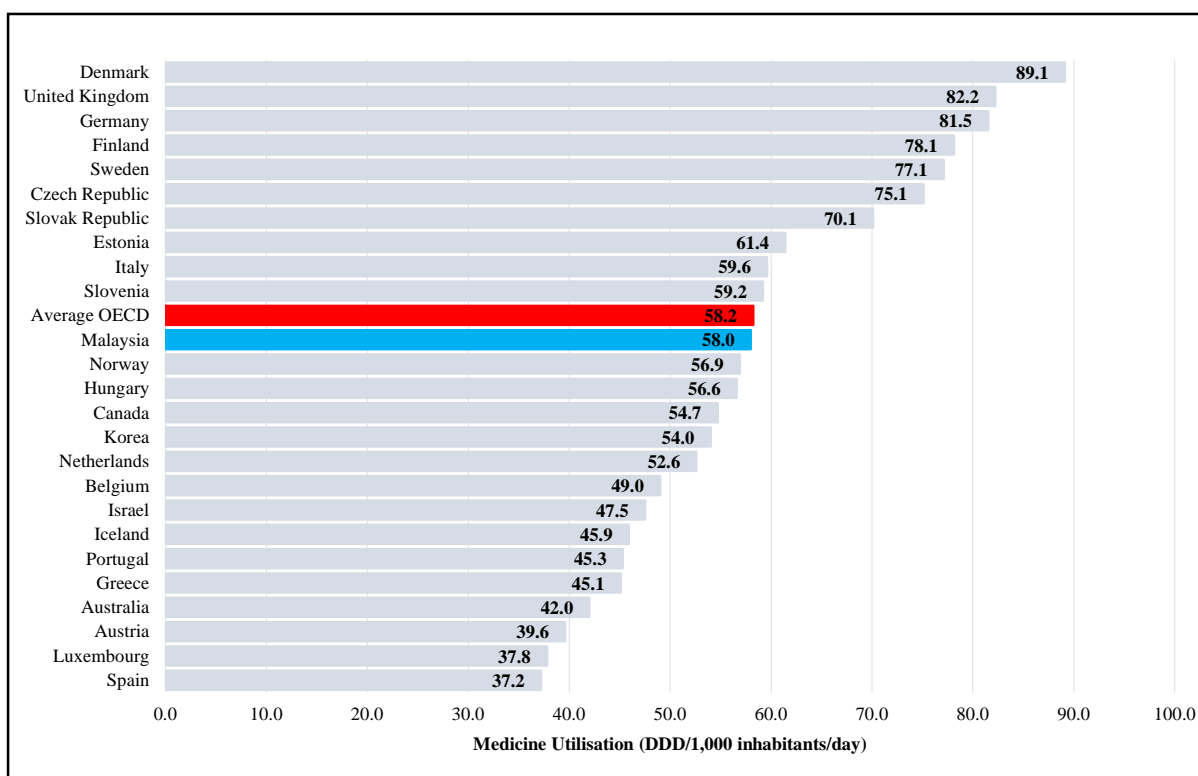


Figure 8.4: Utilisation of calcium channel blockers (C08) in Malaysia and OECD Countries, 2014.

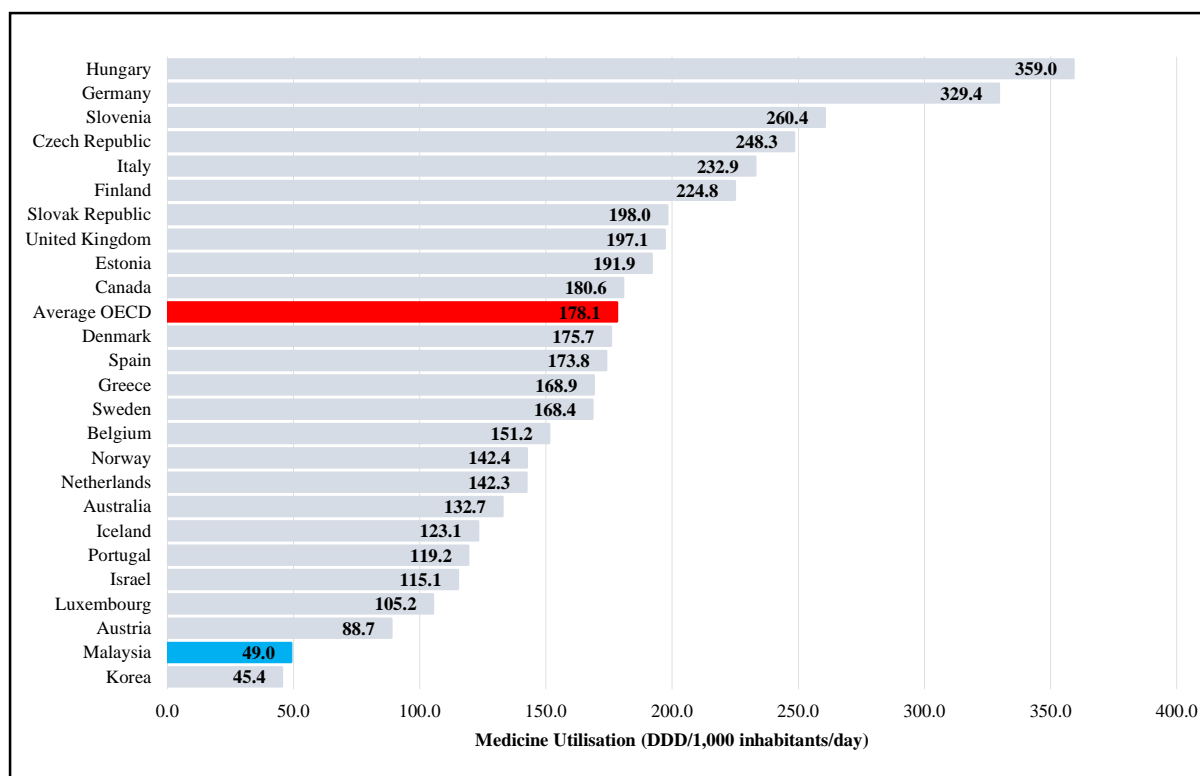


Figure 8.5: Utilisation of agents acting on the renin-angiotensin system (C09) in Malaysia and OECD Countries, 2014.

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CHAPTER 9: USE OF ANTIHYPERTENSIVES

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Malaysian Statistics on Medicines (MSOM) 2011-2014 seek to address the utilisation of drugs amongst the population. With this, the current utilisation is compared with the data from the National Health Morbidity Survey (NHMS) 2015. Of particular interest is the trend in drug usage in keeping with the high prevalence of hypertension as indicated by NHMS. NHMS 2015 showed that the prevalence of hypertension among adult of 18 years old was 30.3% and 75.5% in those above 70-74 years old¹.

The total utilisation of antihypertensives was 111.3 in 2011 and 154.0 in 2014 (Table 9.1). The total increase of antihypertensives use over the four years was 38.3% with an average increase 11.6% per year. There is no significant difference in the prevalence of hypertension from 2011 to 2014 (NHMS 2011, 32.7% and NHMS 2015, 30.3%). Thus, it may reflect better diagnosis and treatment of patients with this condition.

The highest use of single monotherapy agents were calcium channel blockers (CCB) (57.9936), renin-angiotensin-aldosterone system (RAAS) blockers (49.0284), beta-blockers (22.8967) and diuretics (20.4500). Of the RAAS blockers, the highest monotherapy agents were angiotensin-converting-enzyme inhibitors (ACEIs) (34.7246) and angiotensin II receptor blockers (ARBs) (8.7679). Over the last four years, there is an increased trend in the use of ACEI (49.4%), CCB (48.7%), ARB by 36.9%, diuretics (27.3%) and beta-blockers (14.5%). This is consistent with the current CPG on Management of Hypertension 2013 encouraging the use of RAAS blockers and CCB as first line therapy².

Because 83.3% of all antihypertensives were utilised by the public sector in 2014, little comparison is made of the data between public and private sector. In both sectors, similar usage trends in the classes of antihypertensives exist. The largest differences in public versus private sector were in the use of ACEI, diuretics and CCB, which were 12, nine and seven times more in the public sector, respectively.

The most commonly used beta blockers are still atenolol (10.9477), metoprolol (9.4438) and bisoprolol (1.5343) (Table 9.4). Among the beta-blockers, atenolol and metoprolol were still largely in use with a small percentage in growth despite its shorter duration of action and inferiority in reducing mortality and morbidity. Its continued use due to familiarity and maintenance dose in some individuals with a compelling indication, example coronary artery disease (CAD). There is a huge difference in usage between the first generation and the newer non-selective beta-blockers such as bisoprolol and carvedilol. The usage of metoprolol increased 15.7%, whereas, carvedilol use has hardly increased over the last 4 years. Bisoprolol, however, has increased growth by 131.5%. The current guidelines recommend the use of newer beta-blockers (e.g. bisoprolol, carvedilol) for the advantage of its safety profile and survival benefits.

CCBs are the most widely used antihypertensive agents over the last four years with a growth of 48.7% (Table 9.5). In 2014, amlodipine remains as the largest CCB in use (50.1211), followed by felodipine 4.2768 and nifedipine 3.0030. Nifedipine use, however has showed a gradual decrease by 52.2%.

ACEI is the second largest antihypertensives in use. The most widely used ACEI were perindopril (25.9873) and enalapril (6.0175). The first generation ACEI, captopril has decreased use by 19.8%. Enalapril, another short acting ACEI, however, increased by 7.3%. Perindopril usage increased by 48.4% between 2011 and 2012 but unfortunately its use has dropped by 4.6% in 2013-2014. Ramipril which showed strong survival benefit from landmark trials in patients at risk of having cardiovascular events unfortunately has also reduced in usage by 13.7%. Current guideline recommend longer acting ACEIs (e.g. perindopril and ramipril) for 24 hours protection and risk reduction².

In general, ARB has shown an increased utilisation. The largest use being telmisartan (2.6592), with an increase of 37.4%, followed by losartan (2.2919), with an increase of 54.5%, from 2011 to 2014 (Table 9.6). This may reflect cost consideration influencing ARB choice.

The most commonly used monotherapy diuretics were hydrochlorothiazide (12.4333) and spironolactone (0.4612). There is a vast difference in the usage between the two aforementioned agents and this maybe influenced by the antiandrogenic side effects of spironolactone. Furosemide, although can lower blood pressure,

it is not recommended as first line treatment in hypertension guidelines. Most diuretics are used as part of dual combination therapy with beta-blockers, ARB and ACEI. The largest in use is hydrochlorothiazide, in combination with losartan.

The current guidelines recommended the use of combination therapy for better adherence and control of elevated blood pressures². This practice will also reduce cost. They should be started early when indicated in preference to multiple monotherapy agents. The combination therapy recommended are RAAS blockers with CCBs, and a low dose diuretics, unless compelling indicators exists. In 2014, the most frequently use combination preparation involve ARB (4.7471). Combination involving ARB has shown an increment of 43.9% between 2011 and 2014. The second largest are combination involving ACEI (0.7716) with an increase of 87.8% from 2011 to 2014. The most prescribed combination involving ACEI was perindopril with amlodipine (0.3937) followed by perindopril with diuretics (0.3779). Although the percentage growth is large, the absolute numbers in practice are still small. This is partly attributable to poor availability due to cost. More use of combination therapy may be achieved by improving affordability to these medications and various combination of different drugs and doses.

The most common combination of ARB is with a diuretic but in general, its used has plateaued (Table 9.6): candesartan/diuretics (-6.6%), losartan/diuretics (-5.7%), olmesartan/diuretics (-0.2%), valsartan/diuretics (2.4%), irbesartan/diuretics (11.7%) and telmisartan/diuretics (2.2%). Although diuretics are popular combination, there is a marked increase in the use of ARB/CCB: valsartan/amlodipine (42.8%), telmisartan/amlodipine (3427.6%), losartan/amlodipine (684.7%) and olmesartan/amlodipine (430.3%).

This combination of RAAS and CCB is gaining more acceptances because of the longer half-life of each of this drugs and synergistic effect when given together with much lower side effects. The growth of ARB/diuretics combination, appears to be reduced or slightly increased in comparison with the ARB/CCB growth, and although an absolute number is not high, percentage of growth has been phenomenal (Table 9.7).

Compared to other OECD countries, the use of all antihypertensives in Malaysia is low (Figure 9.1). In United Kingdom and Italy, drug acting on the RAAS were the most commonly prescribed agents rather than beta-blockers or CCB (Figure 9.2 to 9.6). On the other hand, in Malaysia, CCB is the most commonly utilised as antihypertensive agents. This may be due to cost considerations.

In summary, the dual combination therapy of RAAS blocker such as ARB with a CCB is known to have better tolerability and adherence. Its synergistic action also enables better control blood pressure. These factors may have contributed to the markedly increased trend in its usage.

The newer triple drug combination antihypertensive agents as single pill combinations (SPC) are also in used. The available combination is valsartan, amlodipine and hydrochlorothiazide. Emphasis is now made not just on early use of combination therapy to better control blood pressure but also the use of SPC. These include dual combination therapy as well as triple combination therapy tablets.

Table 9.1: Use of agents in treating hypertension, by therapeutic agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
C02	Antihypertensives	Public	2.2490	2.1599	2.4367	2.8712
		Private	0.2226	0.2877	0.2621	0.2863
		Total	2.4716	2.4476	2.6988	3.1574
C03	Diuretics	Public	13.4878	16.0368	17.1145	18.0767
		Private	2.5774	2.5773	2.5200	2.3732
		Total	16.0652	18.6141	19.6344	20.4500
C04	Peripheral vasodilators	Public	0.0380	0.0340	0.0307	0.0329
		Private	0.0137	0.0127	0.0145	0.0144
		Total	0.0517	0.0466	0.0452	0.0473
C07	Beta blocking agents	Public	15.3301	16.1966	17.1612	18.3914
		Private	4.9541	5.0940	4.8586	4.9224
		Total	20.2842	21.2906	22.0199	23.3138
C08	Calcium channel blockers	Public	33.3980	43.7260	47.2068	50.8156
		Private	5.6099	6.5248	7.1302	7.1779
		Total	39.0079	50.2507	54.3370	57.9936
C09	Agents acting on the renin-angiotensin system	Public	23.9350	32.3847	37.5544	38.0626
		Private	9.5105	9.7954	10.1768	10.9658
		Total	33.4455	42.1801	47.7312	49.0284

Table 9.2: Use of antiadrenergic agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C02A	Antiadrenergic agents, centrally acting	Public	0.2504	0.2278	0.1917	0.1946
		Private	0.0935	0.1073	0.0887	0.1114
		Total	0.3439	0.3350	0.2804	0.3060
C02AB	Methyldopa					
C02AB01	Methyldopa (levorotatory)	Public	0.2504	0.2278	0.1917	0.1946
		Private	0.0180	0.0185	0.0202	0.0242
		Total	0.2684	0.2462	0.2119	0.2188
C02AC	Imidazoline receptor agonists	Public	0.0001	-	< 0.0001	< 0.0001
		Private	0.0754	0.0888	0.0685	0.0872
		Total	0.0755	0.0888	0.0686	0.0872
C02AC01	Clonidine	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001
C02AC05	Moxonidine	Public	0.0001	-	< 0.0001	-
		Private	0.0754	0.0888	0.0685	0.0872
		Total	0.0755	0.0888	0.0686	0.0872
C02C	Antiadrenergic agents, peripherally acting					
C02CA	Alpha-adrenoreceptor antagonists	Public	1.9944	1.9287	2.2380	2.6667
		Private	0.1284	0.1798	0.1730	0.1747
		Total	2.1228	2.1085	2.4110	2.8414
C02CA01	Prazosin	Public	1.6875	1.5956	1.9268	2.1709
		Private	0.0364	0.0400	0.0369	0.0346
		Total	1.7239	1.6355	1.9636	2.2055
C02CA04	Doxazosin	Public	0.3069	0.3331	0.3112	0.4958
		Private	0.0921	0.1398	0.1362	0.1401
		Total	0.3990	0.4730	0.4474	0.6359

Table 9.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C02D	Arteriolar smooth muscle, agents acting on	Public	0.0041	0.0033	0.0068	0.0096
		Private	0.0006	0.0002	0.0002	-
		Total	0.0048	0.0035	0.0070	0.0096
C02DB	Hydrazinophthalazine derivatives					
C02DB02	Hydralazine	Public	0.0005	0.0007	0.0024	0.0029
		Private	-	-	-	-
		Total	0.0005	0.0007	0.0024	0.0029
C02DC	Pyrimidine derivatives					
C02DC01	Minoxidil	Public	0.0023	0.0026	0.0043	0.0066
		Private	0.0006	0.0001	0.0002	-
		Total	0.0028	0.0027	0.0045	0.0066
C02DD	Nitroferricyanide derivatives					
C02DD01	Nitroprusside	Public	0.0014	< 0.0001	< 0.0001	0.0001
		Private	0.0001	0.0001	< 0.0001	-
		Total	0.0015	0.0001	0.0001	0.0001
C02K	Other antihypertensives					
C02KX	Antihypertensives for pulmonary arterial hypertension	Public	< 0.0001	0.0001	0.0002	0.0003
		Private	0.0001	0.0004	0.0002	0.0001
		Total	0.0001	0.0005	0.0003	0.0004
C02KX01	Bosentan	Public	< 0.0001	0.0001	0.0002	0.0003
		Private	0.0001	0.0004	0.0002	0.0001
		Total	0.0001	0.0005	0.0003	0.0004
C02KX02	Ambrisentan	Public	-	< 0.0001	< 0.0001	< 0.0001
		Private	-	-	< 0.0001	-
		Total	-	< 0.0001	< 0.0001	< 0.0001

Table 9.3: Use of diuretics from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C03A	Low-ceiling diuretics, thiazides					
C03AA	Thiazides, plain					
C03AA03	Hydrochlorothiazide	Public	8.9165	10.7599	11.1850	11.7483
		Private	0.8829	0.8814	0.7981	0.6850
		Total	9.7994	11.6414	11.9831	12.4333
C03B	Low-ceiling diuretics, excluding thiazides					
C03BA	Sulfonamides, plain	Public	0.0006	0.0028	0.0048	0.0167
		Private	0.6712	0.6065	0.5152	0.4486
		Total	0.6718	0.6093	0.5200	0.4653
C03BA04	Chlortalidone	Public	-	-	-	-
		Private	0.0391	0.0059	0.0229	0.0075
		Total	0.0391	0.0059	0.0229	0.0075
C03BA08	Metolazone	Public	0.0006	0.0028	0.0048	0.0167
		Private	-	-	-	-
		Total	0.0006	0.0028	0.0048	0.0167
C03BA11	Indapamide	Public	-	-	-	< 0.0001
		Private	0.6321	0.6006	0.4923	0.4412
		Total	0.6321	0.6006	0.4923	0.4412

Table 9.3: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C03C	High-ceiling diuretics					
C03CA	Sulfonamides, plain	Public	3.6767	4.3278	4.9019	5.2570
		Private	0.5886	0.6591	0.6852	0.7330
		Total	4.2653	4.9870	5.5871	5.9900
C03CA01	Furosemide	Public	3.6654	4.3015	4.8665	5.2313
		Private	0.5691	0.6397	0.6748	0.7209
		Total	4.2344	4.9411	5.5413	5.9522
C03CA02	Bumetanide	Public	0.0113	0.0264	0.0354	0.0257
		Private	0.0196	0.0195	0.0105	0.0121
		Total	0.0309	0.0459	0.0459	0.0378
C03D	Potassium-sparing agents	Public	0.2343	0.2674	0.3200	0.3057
		Private	0.1128	0.0905	0.1582	0.1590
		Total	0.3471	0.3579	0.4782	0.4647
C03DA	Aldosterone antagonists	Public	0.2342	0.2674	0.3200	0.3057
		Private	0.1128	0.0905	0.1582	0.1590
		Total	0.3470	0.3579	0.4782	0.4647
C03DA01	Spironolactone	Public	0.2341	0.2674	0.3195	0.3052
		Private	0.1126	0.0892	0.1561	0.1560
		Total	0.3468	0.3566	0.4756	0.4612
C03DA04	Eplerenone	Public	0.0001	< 0.0001	0.0004	0.0005
		Private	0.0002	0.0013	0.0021	0.0031
		Total	0.0002	0.0014	0.0026	0.0035
C03DB	Other potassium-sparing agents					
C03DB01	Amiloride	Public	0.0001	< 0.0001	< 0.0001	-
		Private	-	-	-	-
		Total	0.0001	< 0.0001	< 0.0001	-
C03E	Diuretics and potassium-sparing agents in combination					
C03EA	Low-ceiling diuretics and potassium-sparing agents					
C03EA01	Hydrochlorothiazide and potassium-sparing agents	Public	0.6598	0.6788	0.7028	0.7490
		Private	0.3219	0.3397	0.3632	0.3476
		Total	0.9817	1.0185	1.0660	1.0966

Table 9.4: Use of beta blockers from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C07A	Beta blocking agents	Public	15.3290	16.1965	17.1612	18.3914
		Private	4.6605	4.6187	4.4910	4.5053
		Total	19.9894	20.8152	21.6522	22.8967
C07AA	Beta blocking agents, non-selective	Public	0.2507	0.2301	0.2498	0.2649
		Private	0.1865	0.1866	0.1738	0.1785
		Total	0.4372	0.4167	0.4235	0.4433
C07AA05	Propranolol	Public	0.2500	0.2288	0.2483	0.2611
		Private	0.1671	0.1608	0.1603	0.1643
		Total	0.4171	0.3896	0.4087	0.4254
C07AA07	Sotalol	Public	0.0006	0.0013	0.0014	0.0038
		Private	0.0194	0.0257	0.0134	0.0142
		Total	0.0201	0.0271	0.0149	0.0180

Table 9.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C07AB	Beta blocking agents, selective	Public	14.8031	15.7251	16.6456	17.8355
		Private	4.3495	4.2868	4.1873	4.1887
		Total	19.1526	20.0119	20.8329	22.0242
C07AB02	Metoprolol	Public	7.8296	8.4421	8.8488	8.9393
		Private	0.3339	0.4379	0.5239	0.5045
		Total	8.1635	8.8800	9.3726	9.4438
C07AB03	Atenolol	Public	6.7712	6.9151	7.2291	7.9727
		Private	3.4880	3.2489	3.0347	2.9750
		Total	10.2592	10.1640	10.2637	10.9477
C07AB05	Betaxolol	Public	-	-	-	-
		Private	0.0625	0.0517	0.0443	0.0457
		Total	0.0625	0.0517	0.0443	0.0457
C07AB07	Bisoprolol	Public	0.2023	0.3678	0.5678	0.9235
		Private	0.4605	0.5402	0.5659	0.6107
		Total	0.6627	0.9080	1.1336	1.5343
C07AB09	Esmolol	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	-	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
C07AB12	Nebivolol	Public	-	-	-	-
		Private	0.0046	0.0082	0.0186	0.0528
		Total	0.0046	0.0082	0.0186	0.0528
C07AG	Alpha and beta blocking agents	Public	0.2752	0.2413	0.2658	0.2910
		Private	0.1244	0.1453	0.1299	0.1381
		Total	0.3996	0.3866	0.3957	0.4291
C07AG01	Labetalol	Public	0.0765	0.0883	0.0839	0.0768
		Private	0.0093	0.0248	0.0211	0.0282
		Total	0.0858	0.1131	0.1050	0.1050
C07AG02	Carvedilol	Public	0.1986	0.1531	0.1820	0.2142
		Private	0.1152	0.1205	0.1088	0.1099
		Total	0.3138	0.2736	0.2908	0.3241
C07B	Beta blocking agents and thiazides					
C07BB	Beta blocking agents, selective, and thiazides					
C07BB07	Bisoprolol and thiazides	Public	0.0011	0.0001	-	-
		Private	0.0562	0.0550	0.0602	0.0579
		Total	0.0573	0.0552	0.0602	0.0579
C07C	Beta blocking agents and other diuretics	Public	-	-	-	-
		Private	0.2374	0.4203	0.3074	0.3593
		Total	0.2374	0.4203	0.3074	0.3593
C07CA	Beta blocking agents, non-selective, and other diuretics					
C07CA03	Pindolol and other diuretics	Public	-	-	-	-
		Private	0.0045	0.0037	-	-
		Total	0.0045	0.0037	-	-
C07CB	Beta blocking agents, selective, and other diuretics					
C07CB03	Atenolol and other diuretics	Public	-	-	-	-
		Private	0.2329	0.4166	0.3074	0.3593
		Total	0.2329	0.4166	0.3074	0.3593

Table 9.5: Use of calcium channel blockers from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C08C	Selective calcium channel blockers with mainly vascular effects					
C08CA	Dihydropyridine derivatives	Public	33.2078	43.4829	46.9398	50.5239
		Private	5.4764	6.3951	7.0071	7.0747
		Total	38.6843	49.8780	53.9469	57.5986
C08CA01	Amlodipine	Public	25.6233	36.2704	40.3530	44.1348
		Private	4.2991	5.1638	5.8941	5.9863
		Total	29.9225	41.4342	46.2471	50.1211
C08CA02	Felodipine	Public	2.0301	2.8568	3.4075	3.9314
		Private	0.2920	0.2846	0.3470	0.3455
		Total	2.3221	3.1414	3.7545	4.2768
C08CA03	Isradipine	Public	-	-	-	-
		Private	0.0028	0.0012	-	-
		Total	0.0028	0.0012	-	-
C08CA04	Nifedipine	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
C08CA05	Nifedipine	Public	5.5537	4.3549	3.1784	2.4558
		Private	0.7289	0.7381	0.5826	0.5472
		Total	6.2826	5.0930	3.7611	3.0030
C08CA06	Nimodipine	Public	0.0006	0.0008	0.0009	0.0019
		Private	0.0003	0.0003	0.0003	0.0003
		Total	0.0009	0.0011	0.0012	0.0022
C08CA09	Lacidipine	Public	-	-	-	-
		Private	0.0129	0.0103	0.0104	0.0088
		Total	0.0129	0.0103	0.0104	0.0088
C08CA13	Lercanidipine	Public	-	-	-	-
		Private	0.1405	0.1968	0.1726	0.1866
		Total	0.1405	0.1968	0.1726	0.1866
C08D	Selective calcium channel blockers with direct cardiac effects	Public	0.1902	0.2431	0.2669	0.2917
		Private	0.1335	0.1296	0.1232	0.1032
		Total	0.3237	0.3727	0.3901	0.3950
C08DA	Phenylalkylamine derivatives					
C08DA01	Verapamil	Public	0.0268	0.0299	0.0298	0.0415
		Private	0.0416	0.0429	0.0376	0.0292
		Total	0.0684	0.0728	0.0674	0.0707
C08DB	Benzothiazepine derivatives					
C08DB01	Diltiazem	Public	0.1634	0.2132	0.2371	0.2503
		Private	0.0919	0.0867	0.0856	0.0740
		Total	0.2553	0.2999	0.3227	0.3243

Table 9.6: Use of angiotensin converting enzyme inhibitors, angiotension II antagonists and combinations with other agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C09A	ACE inhibitors, plain					
C09AA	ACE inhibitors, plain	Public	20.4353	27.5377	32.6740	31.9544
		Private	2.8088	2.6265	2.6416	2.7702
		Total	23.2440	30.1641	35.3156	34.7246
C09AA01	Captopril	Public	2.2997	2.4631	2.1054	1.8435
		Private	0.0225	0.0257	0.0238	0.0187
		Total	2.3222	2.4887	2.1292	1.8622
C09AA02	Enalapril	Public	4.8262	5.0725	4.5277	5.3003
		Private	0.7824	0.6277	0.6210	0.7172
		Total	5.6086	5.7002	5.1487	6.0175
C09AA03	Lisinopril	Public	-	-	-	-
		Private	0.5728	0.4237	0.3635	0.3503
		Total	0.5728	0.4237	0.3635	0.3503
C09AA04	Perindopril	Public	13.0810	19.7741	25.8505	24.5959
		Private	1.0809	1.2395	1.3953	1.3914
		Total	14.1619	21.0137	27.2459	25.9873
C09AA05	Ramipril	Public	0.2284	0.2280	0.1905	0.2147
		Private	0.3277	0.2867	0.2222	0.2652
		Total	0.5561	0.5146	0.4127	0.4799
C09AA16	Imidapril	Public	-	-	-	-
		Private	0.0225	0.0232	0.0157	0.0274
		Total	0.0225	0.0232	0.0157	0.0274
C09B	ACE inhibitors, combinations	Public	0.0388	0.0928	0.0054	0.2114
		Private	0.3721	0.4212	0.4799	0.5602
		Total	0.4109	0.5140	0.4853	0.7716
C09BA	ACE inhibitors and diuretics					
C09BA04	Perindopril and diuretics	Public	0.0388	0.0928	0.0054	0.2114
		Private	0.1691	0.1602	0.1609	0.1665
		Total	0.2079	0.2530	0.1664	0.3779
C09BB	ACE inhibitors and calcium channel blockers					
C09BB04	Perindopril and amlodipine	Public	-	-	-	-
		Private	0.2030	0.2609	0.3189	0.3937
		Total	0.2030	0.2609	0.3189	0.3937
C09C	Angiotensin II antagonists, plain					
C09CA	Angiotensin II antagonists, plain	Public	2.9914	4.1329	4.2480	4.9286
		Private	3.4110	3.6056	3.5491	3.8393
		Total	6.4023	7.7385	7.7971	8.7679
C09CA01	Losartan	Public	0.6419	0.9207	0.9240	1.3564
		Private	0.8419	0.8209	0.8547	0.9356
		Total	1.4838	1.7416	1.7786	2.2919
C09CA03	Valsartan	Public	0.3239	0.4775	0.4534	0.5281
		Private	0.4980	0.5178	0.5452	0.5526
		Total	0.8219	0.9953	0.9986	1.0808
C09CA04	Irbesartan	Public	0.8661	1.3087	1.2329	1.3180
		Private	0.5875	0.6853	0.5495	0.7185
		Total	1.4536	1.9940	1.7824	2.0365
C09CA06	Candesartan	Public	0.0002	< 0.0001	-	-
		Private	0.4118	0.4158	0.4325	0.4338
		Total	0.4120	0.4159	0.4325	0.4338

Table 9.6: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C09CA07	Telmisartan	Public	1.1593	1.4260	1.6378	1.7260
		Private	0.7764	0.8329	0.8863	0.9332
		Total	1.9357	2.2589	2.5240	2.6592
C09CA08	Olmesartan medoxomil	Public	-	-	-	-
		Private	0.2954	0.3329	0.2810	0.2656
		Total	0.2954	0.3329	0.2810	0.2656
C09D	Angiotensin II antagonists, combinations	Public	0.4696	0.6213	0.6270	0.9683
		Private	2.8298	3.0876	3.4815	3.7789
		Total	3.2994	3.7089	4.1085	4.7471
C09DA	Angiotensin II antagonists and diuretics	Public	0.4492	0.5724	0.4716	0.6198
		Private	2.0362	2.0224	1.9228	1.8936
		Total	2.4854	2.5948	2.3944	2.5134
C09DA01	Losartan and diuretics	Public	0.1427	0.1928	0.1331	0.1720
		Private	0.5813	0.5580	0.5539	0.5109
		Total	0.7241	0.7508	0.6870	0.6829
C09DA03	Valsartan and diuretics	Public	0.1075	0.1173	0.1144	0.1576
		Private	0.5120	0.5033	0.5037	0.4768
		Total	0.6195	0.6206	0.6182	0.6344
C09DA04	Irbesartan and diuretics	Public	0.0799	0.1163	0.0775	0.1227
		Private	0.3852	0.4192	0.3228	0.3969
		Total	0.4651	0.5355	0.4002	0.5196
C09DA06	Candesartan and diuretics	Public	-	-	-	-
		Private	0.1585	0.1453	0.1536	0.1481
		Total	0.1585	0.1453	0.1536	0.1481
C09DA07	Telmisartan and diuretics	Public	0.1190	0.1461	0.1467	0.1676
		Private	0.3488	0.3411	0.3287	0.3105
		Total	0.4678	0.4871	0.4753	0.4780
C09DA08	Olmesartan medoxomil and diuretics	Public	-	-	-	-
		Private	0.0504	0.0556	0.0601	0.0503
		Total	0.0504	0.0556	0.0601	0.0503
C09DB	Angiotensin II antagonists and calcium channel blockers	Public	0.0204	0.0489	0.1554	0.3417
		Private	0.7289	0.9465	1.3767	1.6638
		Total	0.7493	0.9954	1.5320	2.0055
C09DB01	Valsartan and amlodipine	Public	0.0204	0.0406	0.0719	0.1188
		Private	0.7108	0.7700	0.9096	0.9250
		Total	0.7312	0.8106	0.9815	1.0438
C09DB02	Olmesartan medoxomil and amlodipine	Public	-	-	-	-
		Private	-	0.0241	0.0787	0.1278
		Total	-	0.0241	0.0787	0.1278
C09DB04	Telmisartan and amlodipine	Public	-	0.0083	0.0778	0.2121
		Private	0.0181	0.1275	0.2726	0.4264
		Total	0.0181	0.1358	0.3503	0.6385
C09DB06	Losartan and amlodipine	Public	-	-	0.0057	0.0109
		Private	-	0.0249	0.1158	0.1846
		Total	-	0.0249	0.1215	0.1954
C09DX	Angiotensin II antagonists, other combinations					
C09DX01	Valsartan, amlodipine and hydrochlorothiazide	Public	-	-	-	0.0067
		Private	0.0647	0.1186	0.1820	0.2216
		Total	0.0647	0.1186	0.1820	0.2283

Table 9.6: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
C09X	Other agents acting on the renin-angiotensin system					
C09XA	Renin-inhibitors	Public	-	< 0.0001	-	-
		Private	0.0889	0.0546	0.0248	0.0173
		Total	0.0889	0.0546	0.0248	0.0173
C09XA02	Aliskiren	Public	-	< 0.0001	-	-
		Private	0.0784	0.0490	0.0228	0.0172
		Total	0.0784	0.0490	0.0228	0.0172
C09XA52	Aliskiren and hydrochlorothiazide	Public	-	-	-	-
		Private	0.0105	0.0056	0.0020	0.0001
		Total	0.0105	0.0056	0.0020	0.0001

Table 9.7: Growth pattern of combined ARB/CCB versus ARB/diuretics.

Combination drugs	Percentage of Growth between years (%)			
	2012 vs 2011	2013 vs 2012	2014 vs 2013	2014 vs 2011
ARB-diuretics				
Irbesartan and diuretics	15.1	-25.3	29.8	11.7
Valsartan and diuretics	0.2	-0.4	2.6	2.4
Telmisartan and diuretics	4.1	-2.4	0.6	2.2
Olmesartan medoxomil and diuretics	10.4	8.1	-16.4	-0.2
Losartan and diuretics	3.7	-8.5	-0.6	-5.7
Candesartan and diuretics	-8.4	5.8	-3.6	-6.6
ARB-CCB				
Telmisartan and amlodipine	649.8	158.0	82.3	3,425.3
Losartan and amlodipine	NA	387.7	60.9	NA
Olmesartan medoxomil and amlodipine	NA	226.2	62.3	NA
Valsartan and amlodipine	10.9	21.1	6.3	42.8
ARB-CCB-diuretics				
Valsartan, amlodipine and hydrochlorothiazide	83.4	53.4	25.5	252.9

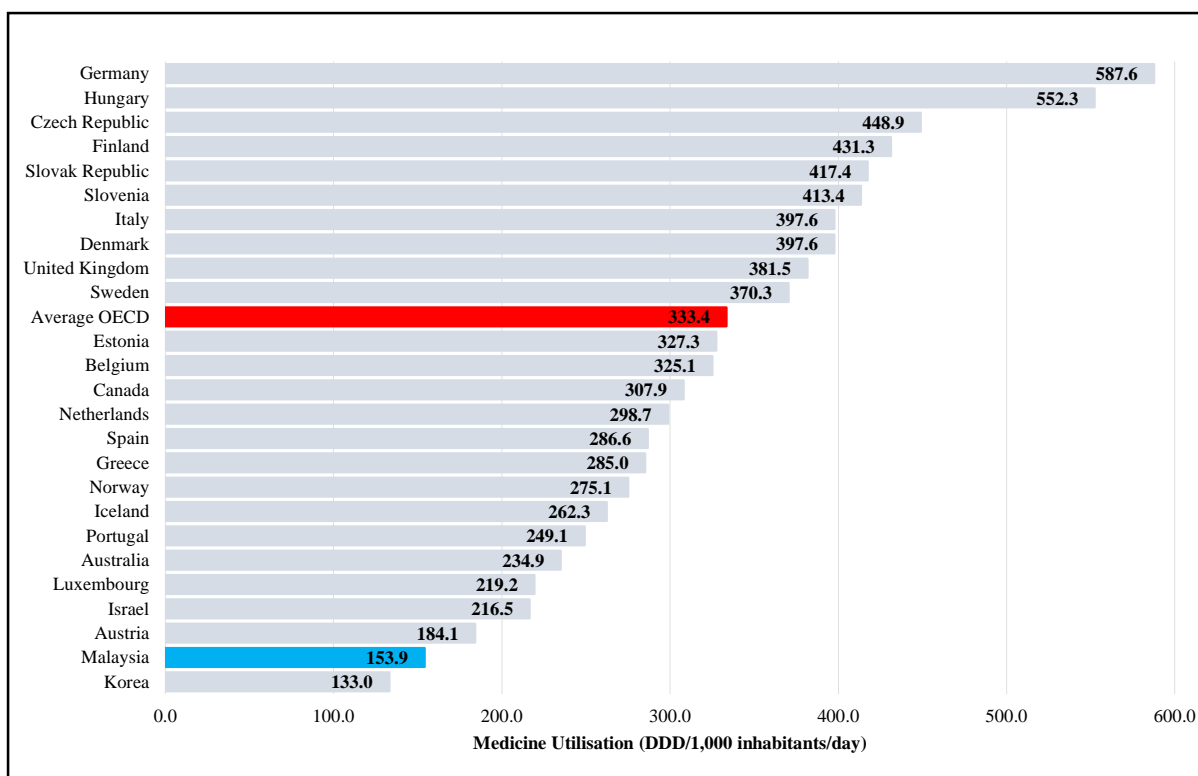


Figure 9.1: Utilisation of all antihypertensives in Malaysia and OECD Countries, 2014.

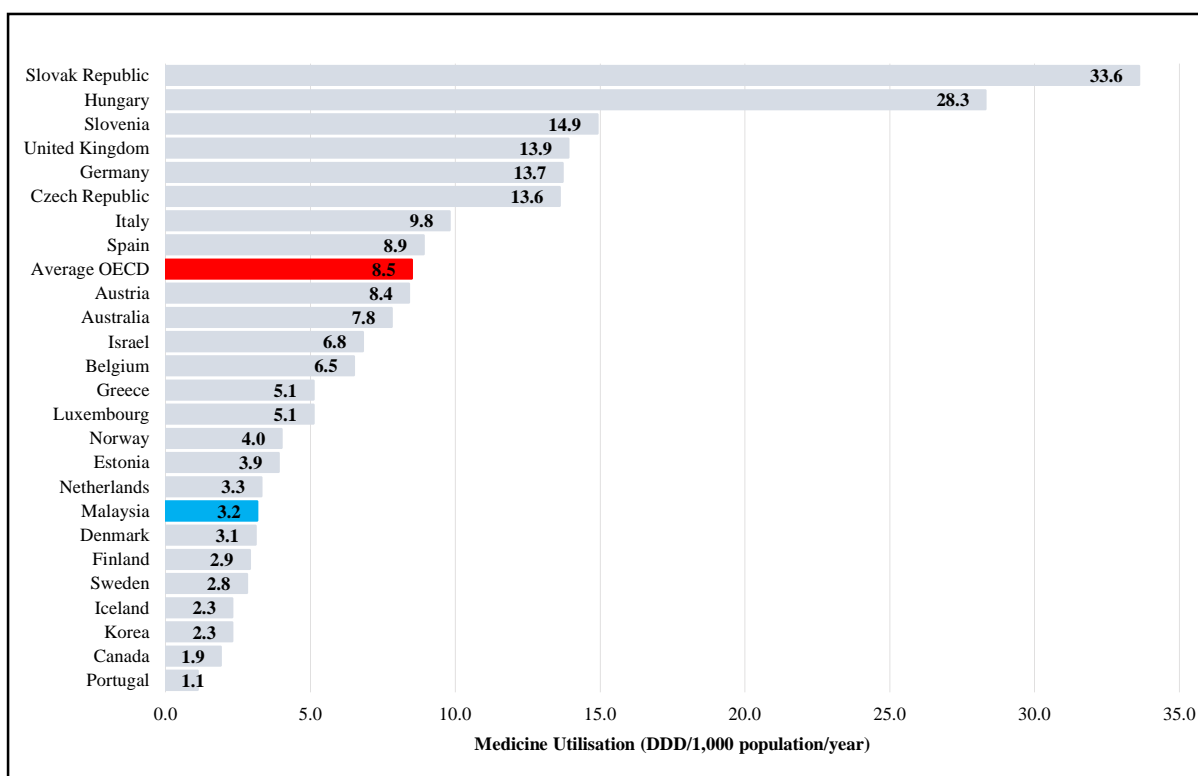


Figure 9.2: Utilisation of antihypertensives (C02) in Malaysia and OECD Countries, 2014.

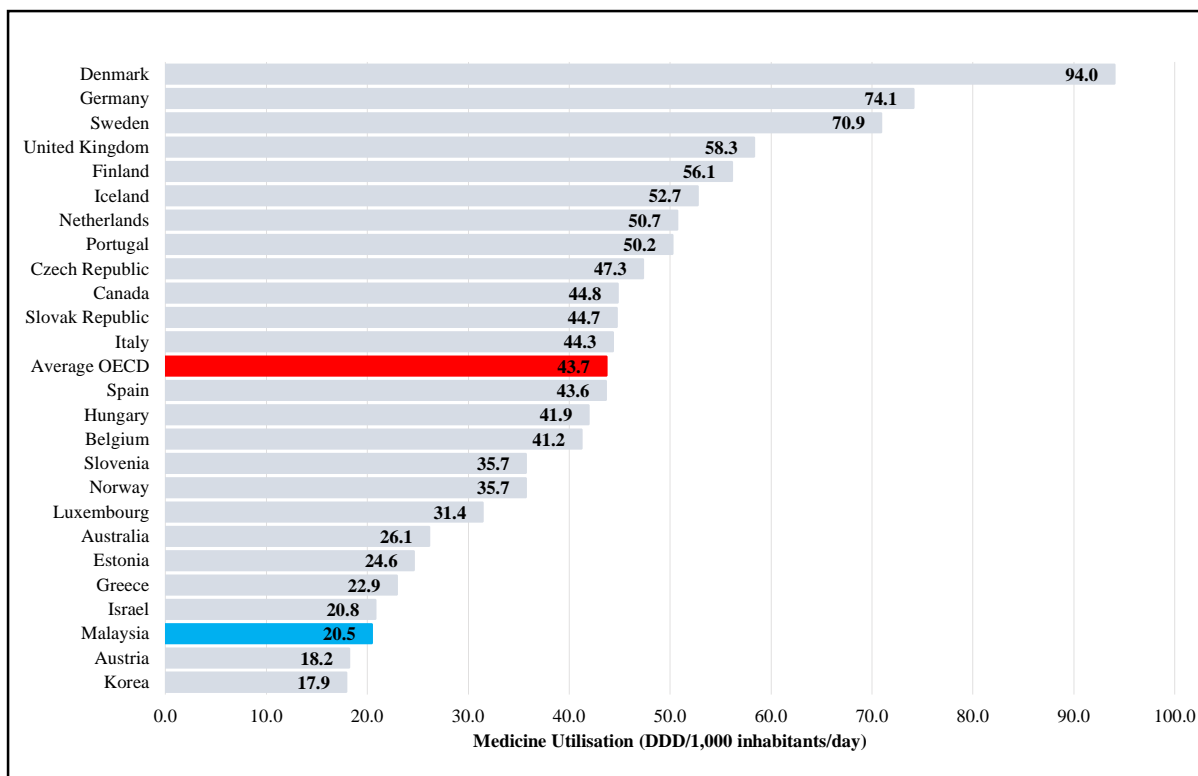


Figure 9.3: Utilisation of diuretics (C03) in Malaysia and OECD Countries, 2014.

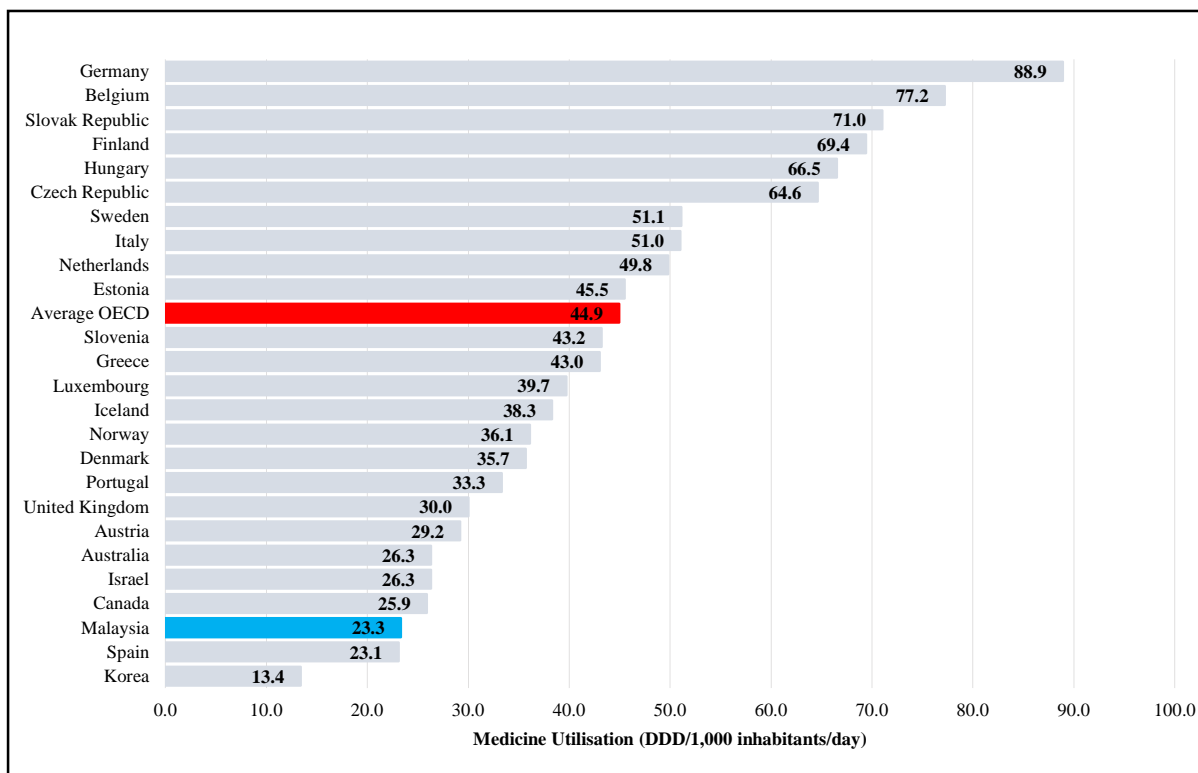


Figure 9.4: Utilisation of beta blocking agents (C07) in Malaysia and OECD Countries, 2014.

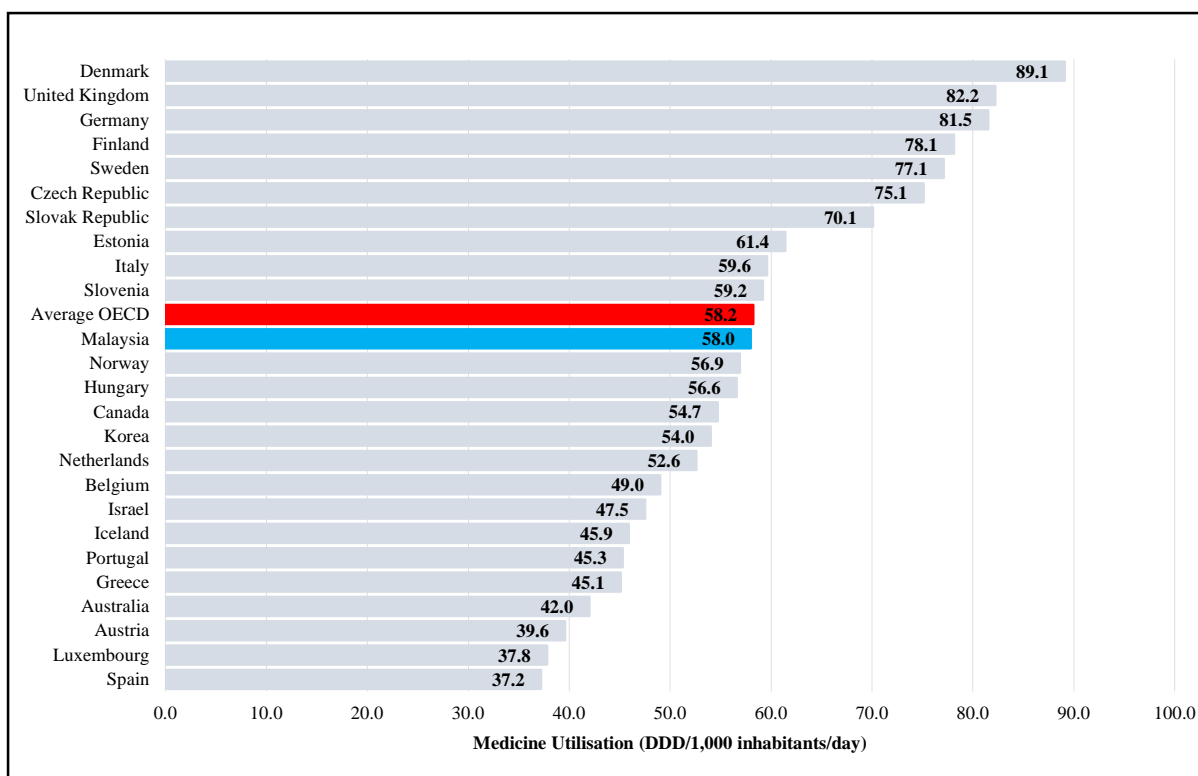


Figure 9.5: Utilisation of calcium channel blockers (C08) in Malaysia and OECD Countries, 2014.

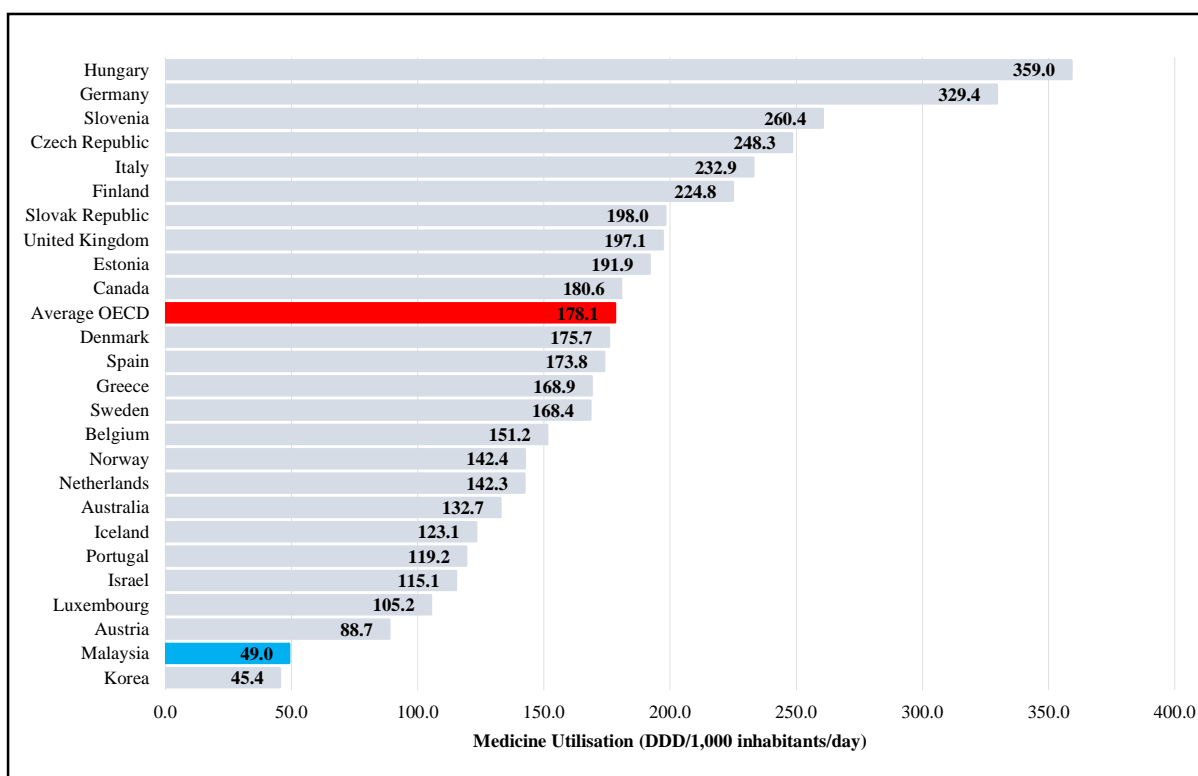


Figure 9.6: Utilisation of agents acting on the renin-angiotensin system (C09) in Malaysia and OECD Countries, 2014.

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1. *National Health and Morbidity Survey: Non Communicable Diseases 2015 Vol II*; Institute for Public Health (IPH), Ministry of Health Malaysia Printing Office: Kuala Lumpur 2015.
2. *Clinical Practice Guideline on Management of Hypertension (4th Edition)2013*. Hypertension Guideline Working Group, Ministry of Health Malaysia Printing Office: Kuala Lumpur 2013.

CHAPTER 10: USE OF LIPID MODIFYING DRUGS

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Cardiovascular disease (CVD) has been the leading cause of mortality in both Malaysian men and women for more than a decade^{1,2}. Ministry of Health (MOH) Health Facts showed that 'diseases of the circulatory system' which includes CVD were responsible for 24.7% of the total deaths in Malaysia's public and private hospitals, placing it at the top of the list³.

The prevalence of hypercholesterolemia in Malaysia was reported by the National Health and Morbidity Survey (NHMS) to be 47.7% in 2015, an increase from 32.6% in 2011⁴. Only 9.1% of Malaysian adults were categorised as 'known hypercholesterolemia', defined as either self-reported or being told to have hypercholesterolemia by a doctor or assistant medical officer. The remaining 38.6% were classified as 'undiagnosed hypercholesterolemia'. These were patients who had total blood cholesterol of 5.2mmol/L or more and were not known to have hypercholesterolemia⁴.

The latest annual report of the National Cardiovascular Disease Database-Percutaneous Coronary Intervention (NCVD-PCI) Registry 2013-2014 showed that 59.4% of patients who had PCI had dyslipidemia⁵.

Despite treatment options are available for hypercholesterolemia in Malaysia, a large proportion of patients still do not achieve their low density lipoprotein cholesterol (LDL-C) targets. Studies among Asian population reported that less than 50% of patients attained their recommended LDL-C targets with statins and other lipid lowering therapy^{6,7}. In the Malaysian subset of the REALITY-ASIA study, fewer than four out of 10 patients with coronary heart disease and/or diabetes were able to attain the defined LDL-C goal of 2.56mmol/L⁷.

In comparison to 2010, lovastatin was still the most prescribed statin in Malaysia with 43.4% in 2011 (Figure 10.1). Simvastatin was second with 32.5%. This trend changed in the following years (2012-2014) where simvastatin predominate the market with increasing usage in the public facilities (Table 10.2). The percentage use of simvastatin rose from 48.8% to 53.9% during this period. After 2011, lovastatin was removed from the Drug Formulary of Ministry of Health Malaysia, making it less used in primary care services, hence its use declined significantly⁸.

Atorvastatin and rosuvastatin usage doubled from 2011 to 2014. The use of atorvastatin has seen a shift from a predominant private sector to now being mostly used in the public facilities (52.5% in 2014 versus 40.0% in 2011). Rosuvastatin repeated a steady increase in usage in both public and private sector although the rate is slower compared to atorvastatin. This trend may be due to the release of the lipid lowering guidelines from ACC/AHA recommending the use of moderate to high intensity statins⁹. Pravastatin was mainly used in the public sector. Its use has dropped from 0.5% in 2011 to 0.4% in 2014.

The fibrate group remains the second most commonly used lipid modifying agent (Table 10.1). Its usage has showed an increasing trend from year 2011 to 2014. Two main fibrates used in Malaysia are gemfibrozil and fenofibrate. The use of ciprofibrate is minimal (1-2% of the total fibrates usage). Gemfibrozil is still the most commonly used fibrates (55.3% in 2011 to 61.6% in 2014). As for fenofibrate, its use has declined from 42.4% (2011) to 36.7% (2014). Compared to the private sector, there was a significant increased in fenofibrate use in public sector from 0.1% (2011) to 4.1% (2014). This could be due to the availability of the generic formulation.

Ezetimibe, a cholesterol absorption inhibitor, usage has increased by 27.8% from 2011 to 2014. Its use in the public sector has more than doubled, with an absolute increase of 110.5%. There was also 24.0% increase in its use in private sector.

Overall, the use of combination therapy of ezetimibe and simvastatin has decreased from 1.4% (2011) to 1.1% (2014). The use of this combination in the private sector has been consistent however there was an increase of 54.3% in the public sector. The combination drug of atorvastatin and amlodipine has had a reduction in trend, accounting for 0.8% of the total lipid modifying agents used in 2011 to 0.6% in 2014. This combination was primarily used in private sector.

The use of statin therapy in Malaysia was comparable to countries like Finland, the statin usage in 2014 in Finland was 96% versus 94% in Malaysia¹⁰.

In Australia, the overall usage of lipid modifying therapy for 2014 was 131.6. Atorvastatin was the most used statin in 2014 (69.26) versus rosuvastatin (43.27), however these figures include the contribution of co-payment scheme for statin¹¹. Amongst OECD countries, country with the highest usage for lipid modifying agents was the Republic of Slovakia at 152.2. Indeed, the last time this country had a similar usage compared to Malaysia for lipid modifying agents was in 2003-2004¹².

Compared to the previous report there was an increasing trend of prescribing more potent statins. There was also significant increased in the use of fenofibrate and ezetimibe in the public sector. With this change in the prescription pattern we hope more patients are able to achieve the LDL-cholesterol target goal particularly those in the very high and high risk group.

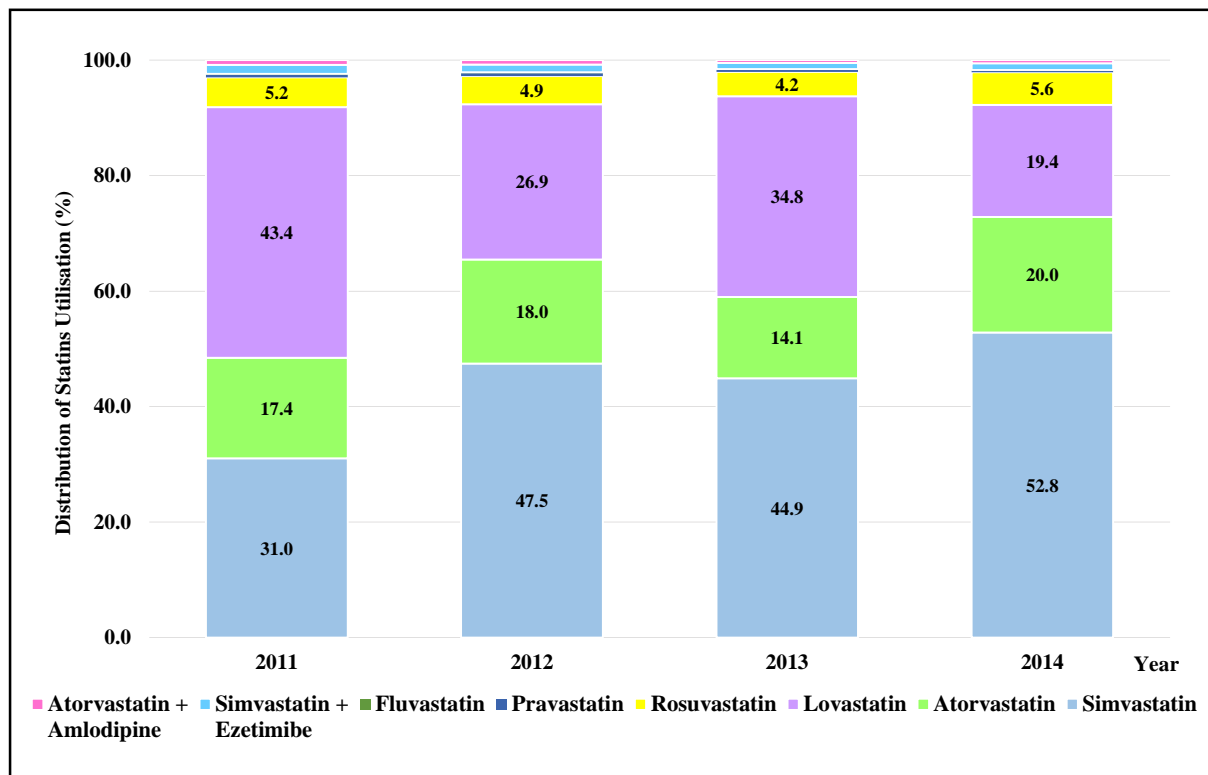


Figure 10.1: Distribution of statins usage in year 2011 to 2014. (Distribution of usage from 2011 to 2014 in sequence for other statins and their combination are: pravastatin, 0.5%, 0.5%, 0.4%, 0.4%; fluvastatin, 0.2%, 0.1%, 0.1%, 0.1%, 0.1%; simvastatin and ezetimibe, 1.5%, 1.3%, 1.0%, 1.1%; atorvastatin and amlodipine, 0.8%, 0.8%, 0.5%, 0.6%)

Table 10.1: Use of lipid modifying agents, by therapeutics groups from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
C10	Lipid modifying agents	Public	15.1727	19.5402	28.0783	24.4167
		Private	6.9663	7.0896	7.8003	8.1967
		Total	22.1389	26.6297	35.8786	32.6134
C10A	Lipid modifying agents, plain	Public	15.1374	19.4871	28.0310	24.3624
		Private	6.5132	6.6142	7.3131	7.7276
		Total	21.6506	26.1014	35.3441	32.0900
C10AA	HMG CoA reductase inhibitors	Public	14.3546	18.4593	26.8898	23.1815
		Private	5.8164	5.9376	6.6568	7.0738
		Total	20.1710	24.3969	33.5466	30.2553
C10AB	Fibrates	Public	0.7009	0.8828	0.9745	1.0078
		Private	0.6071	0.5761	0.5586	0.5426
		Total	1.3080	1.4589	1.5331	1.5505
C10AC	Bile acid sequestrants	Public	0.0002	0.0001	0.0014	0.0009
		Private	-	-	-	< 0.0001
		Total	0.0002	0.0001	0.0014	0.0009
C10AD	Nicotinic acid and derivatives	Public	-	-	-	-
		Private	0.0001	-	-	-
		Total	0.0001	-	-	-
C10AX	Other lipid modifying agents	Public	0.0818	0.1449	0.1653	0.1722
		Private	0.0896	0.1006	0.0977	0.1111
		Total	0.1713	0.2455	0.2630	0.2833
C10B	Lipid modifying agents, combinations	Public	0.0352	0.0530	0.0472	0.0543
		Private	0.4531	0.4753	0.4872	0.4691
		Total	0.4883	0.5284	0.5344	0.5234
C10BA	HMG CoA reductase inhibitors in combination with other lipid modifying agents	Public	0.0352	0.0530	0.0472	0.0543
		Private	0.2838	0.2825	0.3074	0.2891
		Total	0.3190	0.3356	0.3546	0.3435
C10BX	HMG CoA reductase inhibitors, other combinations	Public	-	-	-	-
		Private	0.1693	0.1928	0.1798	0.1799
		Total	0.1693	0.1928	0.1798	0.1799

Table 10.2: Use of lipid modifying agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Drug	Sector	2011	2012	2013	2014
C10AA	HMG CoA reductase inhibitors					
C10AA01	Simvastatin	Public	3.9633	9.8238	12.9611	13.8644
		Private	2.4432	2.0036	2.3327	2.3903
		Total	6.4065	11.8274	15.2938	16.2547
C10AA02	Lovastatin	Public	8.8374	6.5626	11.7182	5.8732
		Private	0.1284	0.1375	0.1279	0.0947
		Total	8.9658	6.7001	11.8461	5.9679
C10AA03	Pravastatin	Public	0.0727	0.0886	0.0832	0.0856
		Private	0.0220	0.0446	0.0500	0.0237
		Total	0.0946	0.1332	0.1332	0.1093
C10AA04	Fluvastatin	Public	-	-	-	-
		Private	0.0382	0.0337	0.0322	0.0198
		Total	0.0382	0.0337	0.0322	0.0198
C10AA05	Atorvastatin	Public	1.4378	1.9163	2.0340	3.2388
		Private	2.1597	2.5758	2.7684	2.9268
		Total	3.5975	4.4920	4.8024	6.1656
C10AA07	Rosuvastatin	Public	0.0434	0.0680	0.0933	0.1196
		Private	1.0250	1.1424	1.3456	1.6184
		Total	1.0684	1.2104	1.4389	1.7380
C10AB	Fibrates					
C10AB04	Gemfibrozil	Public	0.7001	0.8718	0.9550	0.9446
		Private	0.0233	0.0239	0.0196	0.0110
		Total	0.7234	0.8957	0.9746	0.9555
C10AB05	Fenofibrate	Public	0.0008	0.0110	0.0195	0.0633
		Private	0.5541	0.5286	0.5207	0.5060
		Total	0.5549	0.5396	0.5402	0.5693
C10AB08	Ciprofibrate	Public	-	-	-	-
		Private	0.0297	0.0236	0.0184	0.0256
		Total	0.0297	0.0236	0.0184	0.0256
C10AC	Bile acid sequestrants					
C10AC01	Colestyramine	Public	0.0002	0.0001	0.0014	0.0009
		Private	-	-	-	< 0.0001
		Total	0.0002	0.0001	0.0014	0.0009
C10AD	Nicotinic acid and derivatives					
C10AD02	Nicotinic acid	Public	-	-	-	-
		Private	0.0001	-	-	-
		Total	0.0001	-	-	-
C10AX	Other lipid modifying agents					
C10AX09	Ezetimibe	Public	0.0818	0.1449	0.1653	0.1722
		Private	0.0896	0.1006	0.0977	0.1111
		Total	0.1713	0.2455	0.2630	0.2833
C10BA	HMG CoA reductase inhibitors in combination with other lipid modifying agents					
C10BA02	Simvastatin and ezetimibe	Public	0.0352	0.0530	0.0472	0.0543
		Private	0.2838	0.2825	0.3074	0.2891
		Total	0.3190	0.3356	0.3546	0.3435
C10BX	HMG CoA reductase inhibitors, other combinations					
C10BX03	Atorvastatin and amlodipine	Public	-	-	-	-
		Private	0.1693	0.1928	0.1798	0.1799
		Total	0.1693	0.1928	0.1798	0.1799

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CHAPTER 11: USE OF DERMATOLOGICALS

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Most dermatological conditions can be treated with topical or systemic therapy. The medications include antifungals, anti-psoriatics, antibiotics, antivirals, corticosteroids, anti-acne agents and calcineurin inhibitors. This study analyzed all the medications used in the treatment of dermatological conditions from the year 2011 to 2014. Data collected were analysed to determine the trend of utilisation in both the public and private sectors. Topical medications remain the mainstay treatment¹⁻³.

The utilisation of antifungals had increased by 23% from 2011 to 2014 mainly due to the increased usage in the private sector. Topical azoles like clotrimazole and miconazole were the two most commonly prescribed topical antifungal. Fixed dose combinations of azole with corticosteroids were favoured mainly by the private sector whereas the public sector contributed to only less than 0.2% of the total usage⁴. The use of selenium sulfide in private sector remained low but the usage in public sector has increased six folds from 2011 to 2014.

The most commonly prescribed systemic antifungal was griseofulvin followed by terbinafine. The overall usage of griseofulvin has increased by 80% mainly contributed by the increased usage in the private sector. Oral ketoconazole usage has declined by 50% possibly due to heightened awareness of its potential hepatotoxicity⁵.

In term anti-psoriatics, it was noted that the total utilisation of calcipotriol had remain static from 2011 to 2014. However, there was a twofold increased in the total usage of fixed dose calcipotriol combination due to increased in usage in the public sector. There was no data available on the usage of tar-based preparation, despite its wide usage in the public sector. It was also not possible to analyze the use of topical corticosteroids for psoriasis, as the information on its use for individual dermatological conditions was unavailable. These finding were also observed in the previous reports. Utilisation pattern of systemic anti-psoriatic agents was not able to be determined, as this study did not document the indications for each treatment. Methotrexate and cyclosporin, the two conventional systemic anti-psoriatic agents, were also used in other non-dermatological conditions. Overall usage of acitretin has remained low in the public sector with no documentation of usage in the private sector since 2012.

Topical methoxsalen had very low usage in the public sector and it was not used with at all in the private sector. The overall usage of oral methoxsalen has decreased by 60% from 2011 to 2014. PUVA therapy as a treatment option for psoriasis had gone out of favour in the both public and private sector in Malaysia⁶. This is mainly because NBUVB has been found to be efficacious in the treatment of psoriasis. PUVA is used mainly in cases that had failed NBUVB treatment.

There was a slight increased (17%) in the usage of topical antibiotics from 2011 to 2014. The most commonly used topical antibiotics were neomycin, followed by fusidic acid and mupirocin. There was also a marked increased (80%) in the usage of topical acyclovir over the four years. The usage of imiquimod, an effective treatment for genital wart⁷, remained low, probably due to its high cost. Topical metronidazole is not available in the public sector.

There was an overall increased (25%) in the usage of topical corticosteroids and its combination from 2011 to 2014. The two most frequently prescribed topical corticosteroids were betamethasone and hydrocortisone. Fixed dose combination topical corticosteroid preparations (with antibiotics or other combinations) are used mainly in the private sector reaching more than 95%. The overall usage of very potent topical corticosteroid, such as clobetasol has increase slightly (20%) from 2011 to 2014 with the private sector accounted more than 95% of the usage.

Topical treatments for acne vulgaris include benzoyl peroxide, retinoids, topical antibiotic and azelaic acid^{8,9}. The preference of topical anti-acne medications differed between the public and private sectors. Topical antibiotics preparations, both in single and combined agents were not used in the public sector due to non-availability. The most common anti-acne preparation in the public sector was benzoyl peroxide (65%) followed by tretinoin (28%), adapalene (6%) and azelaic acid (1%). In contrast, topical antibiotic especially clindamycin (82%) was the most popular anti-acne preparation in the private sector, followed by erythromycin (11%), clindamycin combination (4%), azelaic acid (1.7%) and erythromycin combination (1.3%). There was no

documentation of benzoyl peroxide usage in the private sector. Adapalene was the topical retinoid of choice in the private. However in the public sector, more tretinoin was prescribed as compared to adapalene due to its relatively lower cost.

There was an overall increased in the use of oral isotretinoin (70%) both in the private and public sector from 2011 to 2014. This is possibly due to the availability of generic preparations that has brought the cost down. Private sector contributed about 90% of the total usage in the four years.

Data on wart and anti-corn preparations use in the private sector were not captured however their usage in the public sector was low. Most of the cases were treated with physical modalities. The utilisation of topical calcineurin inhibitors such as tacrolimus and pimecrolimus were higher in the private sector due to its high cost.

Topical minoxidil (hair growth stimulant) is not available in the public sector and its documented usage in private sector was low. The actual number of usage might be higher as it can be purchased over the counter. Low usage of hydroquinone in the public sector was also due to non-availability.

In conclusion, we noticed a different in prescribing pattern among the public and the private sector. The fixed dose combinations corticosteroids and fixed dose antifungal were mainly prescribed by the private sector. Among the topical corticosteroids, the very potent class of topical steroid was the preferred choice in the private sector.

Table 11.1: Use of dermatological agents, by therapeutic groups from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
D01	Antifungals for dermatological use	Public	1.2917	1.3812	1.6055	1.3250
		Private	4.5498	5.6424	5.7695	5.8705
		Total	5.8415	7.0237	7.3750	7.1954
D05	Antipsoriatics	Public	0.0569	0.0807	0.0983	0.1358
		Private	0.0858	0.0953	0.1041	0.0819
		Total	0.1427	0.1760	0.2025	0.2177
D06	Antibiotics and chemotherapeutics for dermatological use	Public	1.0251	1.1185	1.1689	1.5382
		Private	1.3178	1.5706	1.5344	1.4356
		Total	2.3429	2.6891	2.7033	2.9738
D07	Corticosteroids, dermatological preparations	Public	2.6257	2.4285	2.7146	3.1329
		Private	6.1330	7.0580	7.8180	7.7998
		Total	8.7587	9.4865	10.5325	10.9327
D09	Medicated dressings	Public	0.0001	< 0.0001	-	-
		Private	0.0332	0.0328	0.0311	0.0263
		Total	0.0333	0.0328	0.0311	0.0263
D10	Anti-acne preparations	Public	0.1063	0.1569	0.1743	0.1629
		Private	0.7838	0.8479	1.3885	0.7794
		Total	0.8900	1.0049	1.5629	0.9423
D11	Other dermatological preparations	Public	0.0358	0.0590	0.0425	0.0741
		Private	0.8194	0.7927	0.7705	0.7568
		Total	0.8552	0.8517	0.8131	0.8309
J02	Antimycotics for systemic use	Public	0.0474	0.0550	0.0531	0.0584
		Private	0.4278	0.4276	0.5080	0.2205
		Total	0.4752	0.4825	0.5611	0.2789

Table 11.2: Use of topical antifungal agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D01A	Antifungals for topical use	Public	1.2014	1.3018	1.5442	1.2523
		Private	4.4011	5.3887	5.5036	5.5235
		Total	5.6025	6.6905	7.0478	6.7757
D01AA	Antibiotics					
D01AA01	Nystatin	Public	0.0978	0.0919	0.0930	0.0725
		Private	-	0.0034	0.0021	0.0028
		Total	0.0978	0.0953	0.0951	0.0753
D01AC	Imidazole and triazole derivatives	Public	0.9101	1.0407	1.2215	0.8771
		Private	4.3714	5.3605	5.4887	5.4909
		Total	5.2815	6.4012	6.7102	6.3680
D01AC01	Clotrimazole	Public	0.0998	0.1146	0.1428	0.2945
		Private	0.3543	0.4473	0.5114	0.5330
		Total	0.4540	0.5619	0.6542	0.8275
D01AC02	Miconazole	Public	0.7177	0.8259	0.9239	0.4146
		Private	0.4085	0.5608	0.5426	0.4302
		Total	1.1263	1.3867	1.4665	0.8448
D01AC03	Econazole	Public	-	-	-	-
		Private	-	-	-	0.0011
		Total	-	-	-	0.0011
D01AC05	Isoconazole	Public	-	-	-	-
		Private	0.0073	0.0089	0.0046	0.0026
		Total	0.0073	0.0089	0.0046	0.0026
D01AC07	Tioconazole	Public	0.0014	0.0005	-	-
		Private	0.0076	-	-	-
		Total	0.0090	0.0005	-	-
D01AC08	Ketoconazole	Public	0.0894	0.0978	0.1482	0.1651
		Private	0.8933	1.1600	1.2056	1.2574
		Total	0.9827	1.2578	1.3538	1.4225
D01AC14	Sertaconazole	Public	-	-	-	-
		Private	-	-	-	0.0943
		Total	-	-	-	0.0943
D01AC20	Imidazoles/triazoles in combination with corticosteroids	Public	0.0018	0.0019	0.0067	0.0029
		Private	2.7004	3.1834	3.2245	3.1724
		Total	2.7022	3.1853	3.2312	3.1752
D01AE	Other antifungals for topical use	Public	0.1936	0.1692	0.2297	0.3026
		Private	0.0297	0.0248	0.0128	0.0298
		Total	0.2233	0.1940	0.2425	0.3324
D01AE12	Salicylic acid	Public	0.1773	0.1393	0.1858	0.1858
		Private	-	-	-	-
		Total	0.1773	0.1393	0.1858	0.1858
D01AE13	Selenium sulfide	Public	0.0159	0.0276	0.0430	0.1154
		Private	0.0292	0.0242	0.0119	0.0279
		Total	0.0451	0.0517	0.0550	0.1434
D01AE15	Terbinafine	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001
D01AE16	Amorolfine	Public	0.0003	0.0005	0.0008	0.0012
		Private	0.0005	0.0006	0.0009	0.0018
		Total	0.0008	0.0012	0.0017	0.0030

Table 11.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D01AE18	Tolnaftate	Public	-	0.0017	-	0.0003
		Private	-	-	-	-
		Total	-	0.0017	-	0.0003
D01B	Antifungals for systemic use					
D01BA	Antifungals for systemic use	Public	0.0903	0.0794	0.0613	0.0727
		Private	0.1487	0.2538	0.2659	0.3470
		Total	0.2389	0.3332	0.3272	0.4197
D01BA01	Griseofulvin	Public	0.0858	0.0746	0.0585	0.0676
		Private	0.1363	0.2401	0.2529	0.3380
		Total	0.2221	0.3147	0.3113	0.4056
D01BA02	Terbinafine	Public	0.0045	0.0048	0.0028	0.0051
		Private	0.0123	0.0137	0.0130	0.0090
		Total	0.0168	0.0185	0.0158	0.0141

Table 11.3: Use of topical antipsoriatic agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D05A	Antipsoriatics for topical use	Public	0.0448	0.0692	0.0832	0.1258
		Private	0.0840	0.0949	0.1039	0.0817
		Total	0.1288	0.1641	0.1871	0.2075
D05AD	Psoralens for topical use					
D05AD02	Methoxsalen	Public	-	-	0.0003	0.0071
		Private	-	-	-	-
		Total	-	-	0.0003	0.0071
D05AX	Other antipsoriatics for topical use	Public	0.0448	0.0692	0.0830	0.1186
		Private	0.0840	0.0949	0.1039	0.0817
		Total	0.1288	0.1641	0.1869	0.2003
D05AX02	Calcipotriol	Public	0.0239	0.0309	0.0287	0.0203
		Private	0.0156	0.0093	0.0078	0.0046
		Total	0.0395	0.0401	0.0365	0.0248
D05AX52	Calcipotriol, combinations	Public	0.0209	0.0383	0.0543	0.0984
		Private	0.0684	0.0856	0.0961	0.0771
		Total	0.0893	0.1239	0.1503	0.1755
D05B	Antipsoriatics for systemic use	Public	0.0121	0.0115	0.0151	0.0101
		Private	0.0018	0.0004	0.0002	0.0002
		Total	0.0139	0.0119	0.0153	0.0102
D05BA	Psoralens for systemic use					
D05BA02	Methoxsalen	Public	0.0017	0.0016	0.0003	0.0005
		Private	0.0002	0.0004	0.0002	0.0002
		Total	0.0018	0.0019	0.0006	0.0007
D05BB	Retinoids for treatment of psoriasis					
D05BB02	Acitretin	Public	0.0105	0.0100	0.0148	0.0096
		Private	0.0016	-	-	-
		Total	0.0120	0.0100	0.0148	0.0096

Table 11.4: Use of topical antibiotics from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D06A	Antibiotics for topical use	Public	0.6867	0.7591	0.8124	0.9306
		Private	1.1171	1.3278	1.2447	1.1823
		Total	1.8038	2.0869	2.0571	2.1129
D06AA	Tetracycline and derivatives					
D06AA04	Tetracycline	Public	-	-	-	-
		Private	0.0765	-	-	-
		Total	0.0765	-	-	-
D06AX	Other antibiotics for topical use	Public	0.6867	0.7591	0.8124	0.9306
		Private	1.0406	1.3278	1.2447	1.1823
		Total	1.7273	2.0869	2.0571	2.1129
D06AX01	Fusidic acid	Public	0.0399	0.0549	0.0790	0.0777
		Private	0.4602	0.6603	0.5964	0.5549
		Total	0.5001	0.7152	0.6754	0.6325
D06AX04	Neomycin	Public	0.6063	0.6344	0.6722	0.7972
		Private	0.1844	0.2475	0.2294	0.2292
		Total	0.7907	0.8818	0.9015	1.0264
D06AX05	Bacitracin	Public	-	-	-	-
		Private	0.0865	0.1053	0.0770	0.0769
		Total	0.0865	0.1053	0.0770	0.0769
D06AX07	Gentamicin	Public	0.0201	0.0423	0.0272	0.0279
		Private	0.1243	0.0969	0.1045	0.0962
		Total	0.1444	0.1392	0.1317	0.1241
D06AX09	Mupirocin	Public	0.0205	0.0275	0.0340	0.0277
		Private	0.1845	0.2151	0.2356	0.2239
		Total	0.2050	0.2426	0.2696	0.2517
D06AX13	Retapamulin	Public	-	-	-	-
		Private	0.0007	0.0028	0.0019	0.0012
		Total	0.0007	0.0028	0.0019	0.0012
D06B	Chemotherapeutics for topical use	Public	0.3384	0.3594	0.3566	0.6076
		Private	0.2008	0.2428	0.2896	0.2533
		Total	0.5391	0.6023	0.6462	0.8610
D06BA	Sulfonamides					
D06BA01	Silver sulfadiazine	Public	0.3370	0.3568	0.3547	0.5676
		Private	0.1169	0.1511	0.2039	0.1524
		Total	0.4539	0.5080	0.5586	0.7200
D06BB	Antivirals	Public	0.0014	0.0026	0.0019	0.0400
		Private	0.0585	0.0641	0.0530	0.0635
		Total	0.0599	0.0667	0.0549	0.1035
D06BB02	Tromantadine	Public	-	-	-	-
		Private	0.0015	-	-	-
		Total	0.0015	-	-	-
D06BB03	Aciclovir	Public	0.0013	0.0025	0.0018	0.0399
		Private	0.0562	0.0634	0.0523	0.0626
		Total	0.0575	0.0659	0.0541	0.1025
D06BB04	Podophyllotoxin	Public	-	-	-	-
		Private	0.0001	-	-	0.0001
		Total	0.0001	-	-	0.0001
D06BB10	Imiquimod	Public	0.0001	0.0001	0.0001	0.0001
		Private	0.0007	0.0007	0.0007	0.0008
		Total	0.0007	0.0008	0.0008	0.0010

Table 11.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D06BX	Other chemotherapeutics					
D06BX01	Metronidazole	Public	-	-	-	-
		Private	0.0253	0.0276	0.0327	0.0375
		Total	0.0253	0.0276	0.0327	0.0375

Table 11.5: Use of topical corticosteroids from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D07A	Corticosteroids, plain	Public	2.5584	2.3579	2.6041	3.0328
		Private	3.7673	4.5362	4.8393	4.8086
		Total	6.3258	6.8941	7.4434	7.8414
D07AA	Corticosteroids, weak (group I)					
D07AA02	Hydrocortisone	Public	0.9452	1.0480	1.2582	1.2019
		Private	0.6168	1.0288	0.8278	0.9448
		Total	1.5620	2.0768	2.0861	2.1467
D07AB	Corticosteroids, moderately potent (group II)	Public	0.0870	0.0716	0.0928	0.0985
		Private	0.0621	0.0902	0.0793	0.0689
		Total	0.1491	0.1618	0.1721	0.1674
D07AB01	Clobetasone	Public	0.0870	0.0716	0.0928	0.0985
		Private	0.0532	0.0664	0.0521	0.0394
		Total	0.1402	0.1380	0.1449	0.1379
D07AB08	Desonide	Public	-	-	-	-
		Private	-	0.0174	0.0265	0.0280
		Total	-	0.0174	0.0265	0.0280
D07AB09	Triamcinolone	Public	-	-	-	-
		Private	0.0089	0.0064	0.0006	0.0015
		Total	0.0089	0.0064	0.0006	0.0015
D07AC	Corticosteroids, potent (group III)	Public	1.4894	1.1908	1.2009	1.6391
		Private	1.6103	1.8063	2.0448	2.0624
		Total	3.0997	2.9971	3.2457	3.7015
D07AC01	Betamethasone	Public	1.4646	1.1552	1.1518	1.5740
		Private	1.0474	1.1475	1.3554	1.3262
		Total	2.5120	2.3027	2.5073	2.9002
D07AC04	Fluocinolone acetonide	Public	-	-	-	-
		Private	0.0074	0.0090	0.0076	0.0106
		Total	0.0074	0.0090	0.0076	0.0106
D07AC13	Mometasone	Public	0.0248	0.0356	0.0490	0.0651
		Private	0.5089	0.5844	0.6112	0.6450
		Total	0.5337	0.6201	0.6602	0.7101
D07AC17	Fluticasone	Public	-	-	0.0001	-
		Private	0.0466	0.0653	0.0706	0.0806
		Total	0.0466	0.0653	0.0707	0.0806
D07AD	Corticosteroids, very potent (group IV)					
D07AD01	Clobetasol	Public	0.0368	0.0475	0.0522	0.0933
		Private	1.4782	1.6109	1.8874	1.7324
		Total	1.5150	1.6584	1.9395	1.8257
D07C	Corticosteroids, combinations with antibiotics	Public	0.0619	0.0641	0.1022	0.1000
		Private	1.8947	1.9483	2.0773	1.7873
		Total	1.9566	2.0124	2.1795	1.8873

Table 11.5: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D07CA	Corticosteroids, weak, combinations with antibiotics					
D07CA01	Hydrocortisone and antibiotics	Public	0.0290	0.0283	0.0229	0.0220
		Private	0.1470	0.1604	0.2045	0.1350
		Total	0.1760	0.1887	0.2274	0.1570
D07CC	Corticosteroids, potent, combinations with antibiotics					
D07CC01	Betamethasone and antibiotics	Public	0.0329	0.0358	0.0793	0.0780
		Private	1.7228	1.7772	1.8675	1.6495
		Total	1.7557	1.8129	1.9468	1.7275
D07CC02	Fluocinolone acetonide and antibiotics	Public	-	-	-	-
		Private	0.0249	0.0108	0.0052	0.0028
		Total	0.0249	0.0108	0.0052	0.0028
D07X	Corticosteroids, other combinations					
D07XA01	Hydrocortisone	Public	0.0053	0.0065	-	-
		Private	-	0.0012	0.0056	0.0053
		Total	0.0053	0.0077	0.0056	0.0053
D07XC	Corticosteroids, potent, other combinations					
D07XC01	Betamethasone	Public	0.0002	-	0.0082	-
		Private	0.4709	0.5723	0.8958	1.1987
		Total	0.4711	0.5723	0.9040	1.1987

Table 11.6: Use of medicated dressing from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D09A	Medicated dressings					
D09AA	Medicated dressings with antiinfectives					
D09AA02	Fusidic acid	Public	0.0001	< 0.0001	-	-
		Private	0.0332	0.0328	0.0311	0.0263
		Total	0.0333	0.0328	0.0311	0.0263

Table 11.7: Use of systemic and topical anti-acne preparations from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D10A	Anti-acne preparations for topical use	Public	0.1002	0.1503	0.1643	0.1517
		Private	0.7385	0.7695	1.3073	0.7025
		Total	0.8387	0.9198	1.4716	0.8542
D10AD	Retinoids for topical use in acne	Public	0.0243	0.0460	0.0793	0.0427
		Private	0.2465	0.2703	0.3135	0.2565
		Total	0.2708	0.3162	0.3928	0.2992
D10AD01	Tretinoin	Public	0.0214	0.0394	0.0687	0.0302
		Private	0.1227	0.1300	0.1294	0.0869
		Total	0.1441	0.1693	0.1981	0.1171
D10AD03	Adapalene	Public	0.0029	0.0066	0.0106	0.0125
		Private	0.1238	0.1403	0.1841	0.1696
		Total	0.1267	0.1469	0.1947	0.1821
D10AE	Peroxides					
D10AE01	Benzoyl peroxide	Public	0.0747	0.1029	0.0831	0.1067
		Private	-	-	-	-
		Total	0.0747	0.1029	0.0831	0.1067
D10AF	Antiinfectives for treatment of acne	Public	-	-	-	-
		Private	0.4764	0.4801	0.9902	0.4417
		Total	0.4764	0.4801	0.9902	0.4417
D10AF01	Clindamycin	Public	-	-	-	-
		Private	0.3347	0.3481	0.9348	0.3850
		Total	0.3347	0.3481	0.9348	0.3850
D10AF02	Erythromycin	Public	-	-	-	-
		Private	0.1188	0.0998	0.0199	0.0190
		Total	0.1188	0.0998	0.0199	0.0190
D10AF51	Clindamycin, combinations	Public	-	-	-	-
		Private	0.0167	0.0241	0.0266	0.0306
		Total	0.0167	0.0241	0.0266	0.0306
D10AF52	Erythromycin, combinations	Public	-	-	-	-
		Private	0.0063	0.0080	0.0089	0.0071
		Total	0.0063	0.0080	0.0089	0.0071
D10AX	Other anti-acne preparations for topical use					
D10AX03	Azelaic acid	Public	0.0012	0.0015	0.0018	0.0023
		Private	0.0156	0.0191	0.0036	0.0044
		Total	0.0168	0.0206	0.0054	0.0067
D10B	Anti-acne preparations for systemic use					
D10BA	Retinoids for treatment of acne					
D10BA01	Isotretinoin	Public	0.0061	0.0066	0.0100	0.0111
		Private	0.0453	0.0784	0.0813	0.0769
		Total	0.0513	0.0850	0.0913	0.0880

Table 11.8: Use of other topical and systemic dermatological agents from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
D11A	Other dermatological preparations	Public	0.0358	0.0590	0.0425	0.0741
		Private	0.8194	0.7927	0.7705	0.7568
		Total	0.8552	0.8517	0.8131	0.8309
D11AC	Medicated shampoos					
D11AC03	Selenium compounds	Public	0.0334	0.0310	0.0391	0.0566
		Private	0.6199	0.6076	0.6045	0.5672
		Total	0.6533	0.6386	0.6435	0.6237
D11AF	Wart and anti-corn preparations					
D11AF	Wart and anti-corn preparations	Public	0.0018	0.0012	0.0012	0.0015
		Private	-	-	-	-
		Total	0.0018	0.0012	0.0012	0.0015
D11AH	Agents for dermatitis, excluding corticosteroids	Public	0.0006	0.0016	0.0022	0.0025
D11AH01	Tacrolimus	Private	0.0268	0.0276	0.0265	0.0277
		Total	0.0274	0.0291	0.0287	0.0302
		Public	0.0006	0.0016	0.0022	0.0025
D11AH02	Pimecrolimus	Private	0.0237	0.0245	0.0236	0.0250
		Total	0.0243	0.0261	0.0258	0.0275
		Public	-	-	-	-
D11AX	Other dermatologicals	Private	0.0031	0.0030	0.0029	0.0027
		Total	0.0031	0.0030	0.0029	0.0027
		Public	< 0.0001	0.0251	< 0.0001	0.0135
D11AX01	Minoxidil	Private	0.1726	0.1575	0.1396	0.1619
		Total	0.1726	0.1826	0.1396	0.1754
		Public	-	-	-	-
D11AX05	Magnesium sulfate	Private	0.1200	0.1126	0.1102	0.1370
		Total	0.1200	0.1126	0.1102	0.1370
		Public	-	0.0251	-	0.0135
D11AX11	Hydroquinone	Private	-	-	-	-
		Total	-	0.0251	-	0.0135
		Public	< 0.0001	0.0001	< 0.0001	< 0.0001
		Private	0.0526	0.0449	0.0295	0.0249
		Total	0.0526	0.0450	0.0295	0.0249
		Private	0.0526	0.0449	0.0295	0.0249

Table 11.9: Use of systemic antimycotics from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
J02A	Antimycotics for systemic use	Public	0.0474	0.0550	0.0531	0.0584
		Private	0.4278	0.4276	0.5080	0.2205
		Total	0.4752	0.4825	0.5611	0.2789
J02AB	Imidazole derivatives					
J02AB02	Ketoconazole	Public	0.0110	0.0130	0.0091	0.0101
		Private	0.3708	0.3708	0.4454	0.1604
		Total	0.3818	0.3838	0.4545	0.1705
J02AC	Triazole derivatives					
		Public	0.0364	0.0420	0.0439	0.0482
		Private	0.0570	0.0567	0.0626	0.0601
		Total	0.0934	0.0987	0.1065	0.1083
J02AC01	Fluconazole	Public	0.0162	0.0194	0.0225	0.0218
		Private	0.0331	0.0343	0.0398	0.0379
		Total	0.0494	0.0537	0.0623	0.0597
J02AC02	Itraconazole	Public	0.0196	0.0220	0.0210	0.0258
		Private	0.0236	0.0221	0.0225	0.0219
		Total	0.0431	0.0441	0.0435	0.0476
J02AC03	Voriconazole	Public	0.0005	0.0005	0.0004	0.0006
		Private	0.0002	0.0002	0.0002	0.0002
		Total	0.0008	0.0007	0.0006	0.0008
J02AC04	Posaconazole	Public	< 0.0001	< 0.0001	< 0.0001	0.0001
		Private	0.0001	0.0001	< 0.0001	0.0001
		Total	0.0001	0.0001	0.0001	0.0001

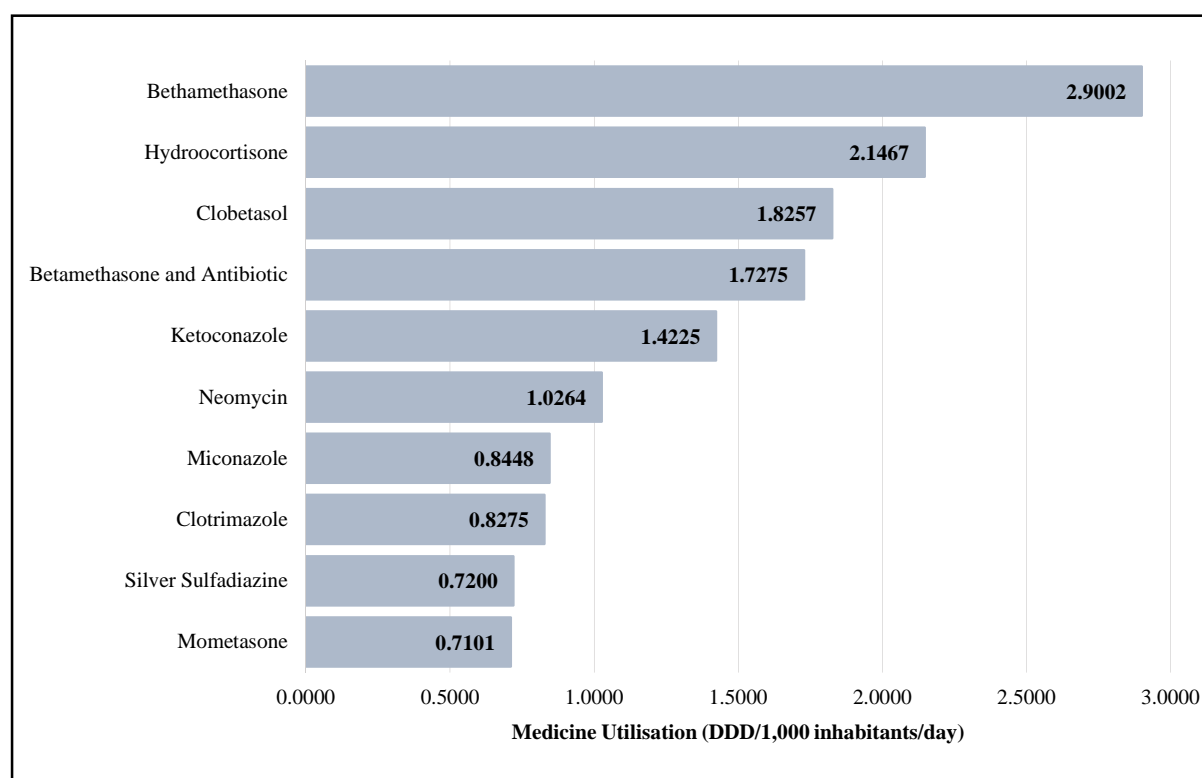


Figure 11.1: Ten commonest topical dermatological preparations used 2014 (DDD/1,000 inhabitants/day).

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CHAPTER 12: USE OF GYNAECOLOGICALS, SEX HORMONES AND HORMONAL CONTRACEPTION

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This chapter reviews the trends in drug usage in Obstetrics and Gynaecology for the years 2011 to 2014.

The use of gynaecological anti-infectives particularly clotrimazole and miconazole, has shown an increase in usage from 2011 to 2014 whilst nystatin usage has been on a decreasing trend from 2011 to 2013 and completely discontinued in 2014. Imidazole derivatives are shown to have higher cure rates and only require a shorter duration of treatment compared to nystatin and hence, more favoured. Amongst the imidazole derivatives, clotrimazole had the highest usage.

Overall the usage of dinoprostone and gemeprost showed an increasing trend from 2011 to 2014. Methylergometrine is not used in public hospitals. In private sectors there was a decreasing trend of usage for this agent during this study period. This can be attributed to the availability of other safer alternatives such as oxytocin and syntometrine^{1,2}.

Postpartum haemorrhage (PPH) is one of the causes of maternal death in Malaysia. From the Confidential Enquiry Maternal Report 2009 to 2011 there was an increase in the incidence of PPH however there was a reduction in maternal mortality due to PPH. During the study period there was no increase in the use of carboprost despite the increased incidence of PPH. It is postulated that this is due to the introduction of Obstetrics Life Savings Skills courses that have been ongoing since 2009. This has allowed the use of better surgical techniques as well as mechanical interventions³.

Both dinoprostone and gemeprost are shown to be used more in the public sector compared to private sector during this study period.

Pertaining to the use of prolactin inhibitors, bromocriptine usage is four to six folds higher compared to cabergoline. This may be attributed to the higher cost of cabergoline. A recent meta-analysis done in 2011 favour the use of cabergoline to bromocriptine due to concerns of adverse effects⁴. This survey however doesn't differentiate the indications where these drugs have been used.

The usage of levonogestrel as an emergency contraceptive was much higher in the private sectors as compared to the public sector where its usage is restricted solely in the one stop crisis centers for alleged rape victims. Overall, there was also a downward trend in the usage of hormonal contraceptives and this was reflected in the last survey on contraceptive prevalence rate in 2014 by the National Population and Family Development Board. However there was an increasing trend for the usage of medroxyprogesterone which could be due to its ease of administration, requiring a three monthly depot injection.

The usage of hormone replacement therapy has been reducing in trend possibly due to concerns on breast cancer and cardiovascular complications although current guidelines recommend that HRT should be individualized and used for short term (up to five years)^{5,6}.

In general, the use of progestogens for menstrual disorders is comparable among the different agents. However the use of medroxyprogesterone was five folds higher in the public sector possibly due to the lower cost compared to other agents.

Clomiphene citrate is a non-steroidal fertility drug which is the first line in the management of subfertility. The usage was three to four folds higher in private sectors. This trend was also reflected in the usage of gonadotrophins possibly due to more fertility centers in private sectors as compared to public hospitals.

Table 12.1: Use of gynaecologicals, sex hormones and hormonal contraception from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G01	Gynecological antiinfectives and antiseptics	Public	0.0495	0.0606	0.0492	0.0760
		Private	0.1107	0.1685	0.1365	0.1652
		Total	0.1602	0.2291	0.1856	0.2412
G02	Other gynecologicals	Public	0.0575	0.0637	0.0586	0.0677
		Private	0.0413	0.0483	0.0431	0.0332
		Total	0.0988	0.1120	0.1017	0.1009
G03	Sex hormones and modulators of the genital system	Public	5.4836	5.4289	9.6997	8.0562
		Private	11.3107	11.6633	11.0938	9.9807
		Total	16.7943	17.0921	20.7934	18.0368

Table 12.2: Use of antiinfectives and antiseptics on gynaecological system from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G01A	Antiinfectives and antiseptics, excluding combinations with corticosteroids	Public	0.0495	0.0606	0.0492	0.0760
		Private	0.1107	0.1685	0.1365	0.1652
		Total	0.1602	0.2291	0.1856	0.2412
G01AA	Antibiotics					
G01AA01	Nystatin	Public	0.0001	-	0.0004	-
		Private	0.0030	0.0009	0.0003	-
		Total	0.0031	0.0009	0.0007	-
G01AF	Imidazole derivatives	Public	0.0494	0.0606	0.0488	0.0760
		Private	0.1077	0.1675	0.1362	0.1652
		Total	0.1571	0.2281	0.1850	0.2412
G01AF01	Metronidazole	Public	-	-	-	-
		Private	0.0119	0.0076	0.0010	0.0003
		Total	0.0119	0.0076	0.0010	0.0003
G01AF02	Clotrimazole	Public	0.0494	0.0606	0.0488	0.0760
		Private	0.0898	0.1545	0.1298	0.1590
		Total	0.1392	0.2151	0.1786	0.2350
G01AF04	Miconazole	Public	-	-	-	-
		Private	0.0012	0.0015	0.0009	0.0022
		Total	0.0012	0.0015	0.0009	0.0022
G01AF05	Econazole	Public	-	-	-	-
		Private	0.0029	0.0019	0.0026	0.0020
		Total	0.0029	0.0019	0.0026	0.0020
G01AF08	Tioconazole	Public	-	-	-	< 0.0001
		Private	0.0019	0.0021	0.0019	0.0016
		Total	0.0019	0.0021	0.0019	0.0017
G01AF15	Butoconazole	Public	-	-	-	-
		Private	-	< 0.0001	-	-
		Total	-	< 0.0001	-	-

Table 12.3: Use of other agents on gynaecological system from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G02A	Uterotonics	Public	0.0406	0.0427	0.0437	0.0492
		Private	0.0129	0.0119	0.0075	0.0080
		Total	0.0535	0.0546	0.0512	0.0572
G02AB	Ergot alkaloids	Public	0.0004	0.0005	0.0001	-
		Private	0.0070	0.0052	0.0004	< 0.0001
		Total	0.0074	0.0057	0.0004	< 0.0001
G02AB01	Methylergometrine	Public	-	-	-	-
		Private	0.0067	0.0051	0.0003	-
		Total	0.0067	0.0051	0.0003	-
G02AB03	Ergometrine	Public	0.0004	0.0005	0.0001	-
		Private	0.0003	0.0001	0.0001	< 0.0001
		Total	0.0007	0.0006	0.0001	< 0.0001
G02AD	Prostaglandins	Public	0.0402	0.0421	0.0436	0.0492
		Private	0.0059	0.0067	0.0071	0.0080
		Total	0.0461	0.0489	0.0507	0.0572
G02AD02	Dinoprostone	Public	0.0389	0.0408	0.0424	0.0478
		Private	0.0058	0.0066	0.0070	0.0079
		Total	0.0447	0.0474	0.0494	0.0557
G02AD03	Gemeprost	Public	0.0012	0.0012	0.0011	0.0013
		Private	0.0001	0.0001	0.0001	0.0001
		Total	0.0013	0.0013	0.0012	0.0014
G02AD04	Carboprost	Public	0.0001	0.0001	0.0001	0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0002	0.0002	0.0002
G02C	Other gynecologicals					
G02CB	Prolactine inhibitors	Public	0.0169	0.0210	0.0149	0.0185
		Private	0.0284	0.0364	0.0356	0.0252
		Total	0.0453	0.0574	0.0505	0.0436
G02CB01	Bromocriptine	Public	0.0140	0.0175	0.0107	0.0134
		Private	0.0250	0.0324	0.0316	0.0215
		Total	0.0390	0.0499	0.0423	0.0349
G02CB03	Cabergoline	Public	0.0029	0.0036	0.0042	0.0051
		Private	0.0035	0.0039	0.0040	0.0037
		Total	0.0064	0.0075	0.0082	0.0088

Table 12.4: Use of systemic hormonal contraceptives from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G03A	Hormonal contraceptives for systemic use	Public	4.7202	4.6158	8.9252	7.1571
		Private	8.8856	9.0002	8.4665	7.4554
		Total	13.6058	13.6161	17.3917	14.6125
G03AA	Progestogens and estrogens, fixed combinations	Public	3.2859	2.4217	5.3287	2.9486
		Private	7.2427	7.1854	6.7856	5.9581
		Total	10.5286	9.6070	12.1143	8.9067
G03AA07	Levonorgestrel and ethinylestradiol	Public	1.2253	0.8559	3.6724	1.8987
		Private	2.5851	2.4519	2.0231	1.9759
		Total	3.8104	3.3078	5.6955	3.8746
G03AA09	Desogestrel and ethinylestradiol	Public	2.0605	1.5647	1.6547	1.0489
		Private	3.0023	2.8216	2.7498	2.3370
		Total	5.0628	4.3863	4.4045	3.3859
G03AA10	Gestodene and ethinylestradiol	Public	-	-	0.0008	-
		Private	0.4951	0.4968	0.3856	0.3470
		Total	0.4951	0.4968	0.3863	0.3470
G03AA12	Drospirenone and ethinylestradiol	Public	0.0001	0.0011	0.0008	0.0010
		Private	1.1030	1.3524	1.5562	1.2166
		Total	1.1030	1.3535	1.5570	1.2176
G03AA13	Norelgestromin and ethinylestradiol	Public	-	-	-	-
		Private	0.0573	0.0626	0.0655	0.0694
		Total	0.0573	0.0626	0.0655	0.0694
G03AA14	Nomegestrol and estradiol	Public	-	-	-	-
		Private	-	-	0.0054	0.0123
		Total	-	-	0.0054	0.0123
G03AB	Progestogens and estrogens, sequential preparations					
G03AB03	Levonorgestrel and ethinylestradiol	Public	0.0102	0.0042	-	-
		Private	0.1473	0.1252	0.0337	-
		Total	0.1575	0.1294	0.0337	-
G03AC	Progestogens	Public	1.4239	2.1852	3.5964	4.2084
		Private	1.4480	1.6421	1.5999	1.4456
		Total	2.8719	3.8273	5.1963	5.6540
G03AC01	Norethisterone	Public	0.6371	0.9044	0.9325	0.9316
		Private	0.3889	0.4368	0.4974	0.3891
		Total	1.0260	1.3413	1.4300	1.3207
G03AC06	Medroxyprogesterone	Public	0.7854	1.2631	2.6116	3.1638
		Private	0.6137	0.6935	0.5594	0.5859
		Total	1.3991	1.9565	3.1710	3.7497
G03AC08	Etonogestrel	Public	0.0013	0.0177	0.0518	0.1119
		Private	0.4454	0.4864	0.5000	0.4257
		Total	0.4468	0.5041	0.5519	0.5376
G03AC09	Desogestrel	Public	-	-	0.0004	0.0012
		Private	-	0.0253	0.0431	0.0449
		Total	-	0.0253	0.0434	0.0460
G03AD	Emergency contraceptives	Public	0.0003	0.0048	0.0001	0.0001
		Private	0.0475	0.0476	0.0474	0.0517
		Total	0.0479	0.0524	0.0475	0.0518
G03AD01	Levonorgestrel	Public	0.0003	0.0048	0.0001	0.0001
		Private	0.0475	0.0474	0.0471	0.0513
		Total	0.0479	0.0522	0.0472	0.0514

Table 12.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G03AD02	Ulipristal	Public	-	-	-	-
		Private	-	0.0002	0.0003	0.0004
		Total	-	0.0002	0.0003	0.0004
G03B	Androgens	Public	0.0128	0.0095	0.0112	0.0162
		Private	0.0690	0.0800	0.0786	0.0712
		Total	0.0819	0.0895	0.0898	0.0875
G03BA	3-oxoandrogen (4) derivatives					
G03BA03	Testosterone	Public	0.0128	0.0095	0.0112	0.0162
		Private	0.0628	0.0708	0.0694	0.0648
		Total	0.0756	0.0804	0.0807	0.0810
G03BB	5-androstanon (3) derivatives					
G03BB01	Mesterolone	Public	-	-	-	-
		Private	0.0062	0.0092	0.0091	0.0064
		Total	0.0062	0.0092	0.0091	0.0064
G03C	Estrogens	Public	0.1368	0.1372	0.0924	0.1115
		Private	0.4318	0.4510	0.4210	0.3976
		Total	0.5686	0.5882	0.5134	0.5091
G03CA	Natural and semisynthetic estrogens, plain	Public	0.1110	0.1079	0.0679	0.0870
		Private	0.2907	0.3252	0.2794	0.2631
		Total	0.4017	0.4331	0.3474	0.3501
G03CA03	Estradiol	Public	0.0162	0.0158	0.0107	0.0188
		Private	0.1167	0.1205	0.1168	0.1172
		Total	0.1329	0.1363	0.1275	0.1360
G03CA53	Estradiol, combinations	Public	-	-	-	< 0.0001
		Private	-	0.0149	0.0178	0.0173
		Total	-	0.0149	0.0178	0.0173
G03CA57	Conjugated estrogens	Public	0.0948	0.0921	0.0573	0.0682
		Private	0.1740	0.1899	0.1448	0.1286
		Total	0.2688	0.2820	0.2021	0.1968
G03CX	Other estrogens					
G03CX01	Tibolone	Public	0.0258	0.0293	0.0244	0.0245
		Private	0.1411	0.1258	0.1415	0.1345
		Total	0.1668	0.1551	0.1660	0.1590
G03D	Progestogens	Public	0.3876	0.4269	0.4680	0.5238
		Private	0.9208	0.9581	1.1541	1.1299
		Total	1.3083	1.3850	1.6221	1.6538
G03DA	Pregnen (4) derivatives	Public	0.2359	0.2757	0.2963	0.3254
		Private	0.1756	0.2609	0.2361	0.2421
		Total	0.4116	0.5366	0.5324	0.5676
G03DA02	Medroxyprogesterone	Public	0.2335	0.2714	0.2931	0.3162
		Private	0.0471	0.0695	0.0633	0.0593
		Total	0.2806	0.3410	0.3565	0.3755
G03DA03	Hydroxyprogesterone	Public	0.0012	0.0014	0.0013	0.0033
		Private	0.0863	0.1289	0.0963	0.0965
		Total	0.0876	0.1304	0.0976	0.0998
G03DA04	Progesterone	Public	0.0012	0.0028	0.0019	0.0060
		Private	0.0422	0.0624	0.0765	0.0863
		Total	0.0433	0.0652	0.0784	0.0923

Table 12.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G03DB	Pregnadien derivatives	Public	0.0977	0.1066	0.1169	0.1382
		Private	0.2061	0.2297	0.2624	0.2604
		Total	0.3037	0.3363	0.3794	0.3986
G03DB01	Dydrogesterone	Public	0.0977	0.1066	0.1169	0.1357
		Private	0.2061	0.2297	0.2519	0.2346
		Total	0.3037	0.3363	0.3689	0.3703
G03DB08	Dienogest	Public	-	-	-	0.0025
		Private	-	-	0.0105	0.0258
		Total	-	-	0.0105	0.0283
G03DC	Estren derivatives	Public	0.0540	0.0446	0.0548	0.0602
		Private	0.5391	0.4675	0.6555	0.6274
		Total	0.5931	0.5121	0.7103	0.6876
G03DC01	Allylestrenol	Public	-	-	-	-
		Private	0.0020	0.0132	0.0127	0.0103
		Total	0.0020	0.0132	0.0127	0.0103
G03DC02	Norethisterone	Public	0.0540	0.0446	0.0548	0.0602
		Private	0.5371	0.4544	0.6428	0.6171
		Total	0.5911	0.4989	0.6976	0.6773
G03F	Progestogens and estrogens in combination	Public	0.0653	0.0548	0.0676	0.0574
		Private	0.1666	0.1569	0.1321	0.1350
		Total	0.2318	0.2116	0.1997	0.1925
G03FA	Progestogens and estrogens, fixed combinations	Public	0.0155	0.0192	0.0229	0.0182
		Private	0.0697	0.0640	0.0533	0.0569
		Total	0.0852	0.0832	0.0762	0.0750
G03FA01	Norethisterone and estrogen	Public	0.0004	-	-	0.0002
		Private	0.0043	0.0001	-	-
		Total	0.0047	0.0001	-	0.0002
G03FA11	Levonorgestrel and estrogen	Public	0.0001	-	-	-
		Private	-	-	-	-
		Total	0.0001	-	-	-
G03FA14	Dydrogesterone and estrogen	Public	0.0150	0.0192	0.0220	0.0180
		Private	0.0517	0.0533	0.0447	0.0497
		Total	0.0667	0.0725	0.0667	0.0677
G03FA17	Drospirenone and estrogen	Public	-	-	0.0009	-
		Private	0.0137	0.0106	0.0086	0.0072
		Total	0.0137	0.0106	0.0095	0.0072
G03FB	Progestogens and estrogens, sequential preparations	Public	0.0498	0.0356	0.0447	0.0393
		Private	0.0969	0.0928	0.0788	0.0782
		Total	0.1467	0.1284	0.1235	0.1174
G03FB01	Norgestrel and estrogen	Public	0.0413	0.0278	0.0356	0.0352
		Private	0.0914	0.0864	0.0748	0.0747
		Total	0.1327	0.1142	0.1105	0.1099
G03FB06	Medroxyprogesterone and estrogen	Public	0.0084	0.0078	0.0091	0.0041
		Private	0.0055	0.0064	0.0040	0.0034
		Total	0.0139	0.0142	0.0130	0.0075
G03G	Gonadotropins and other ovulation stimulants	Public	0.0813	0.1098	0.0741	0.1234
		Private	0.3680	0.4800	0.4007	0.3993
		Total	0.4492	0.5897	0.4748	0.5227

Table 12.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G03GA	Gonadotropins	Public	0.0138	0.0161	0.0139	0.0173
		Private	0.0423	0.0341	0.0365	0.0385
		Total	0.0561	0.0502	0.0505	0.0558
G03GA01	Chorionic gonadotrophin	Public	0.0110	0.0124	0.0117	0.0135
		Private	0.0316	0.0203	0.0237	0.0258
		Total	0.0426	0.0327	0.0354	0.0394
G03GA02	Human menopausal gonadotrophin	Public	0.0003	0.0004	0.0002	0.0004
		Private	-	< 0.0001	0.0001	0.0003
		Total	0.0003	0.0004	0.0003	0.0007
G03GA04	Urofollitropin	Public	0.0004	0.0008	0.0004	0.0016
		Private	-	0.0001	0.0002	0.0003
		Total	0.0004	0.0008	0.0006	0.0020
G03GA05	Follitropin alfa	Public	0.0011	0.0016	0.0015	0.0010
		Private	0.0062	0.0092	0.0077	0.0069
		Total	0.0073	0.0107	0.0092	0.0079
G03GA06	Follitropin beta	Public	0.0009	0.0009	0.0001	0.0006
		Private	0.0039	0.0035	0.0038	0.0039
		Total	0.0047	0.0043	0.0038	0.0045
G03GA07	Lutropin alfa	Public	-	-	-	-
		Private	0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	< 0.0001	< 0.0001	< 0.0001
G03GA08	Choriogonadotropin alfa	Public	< 0.0001	0.0001	0.0001	0.0001
		Private	0.0005	0.0008	0.0008	0.0007
		Total	0.0005	0.0009	0.0009	0.0008
G03GA09	Corifollitropin alfa	Public	-	-	-	-
		Private	-	-	< 0.0001	< 0.0001
		Total	-	-	< 0.0001	< 0.0001
G03GA30	Combinations	Public	-	-	-	-
		Private	0.0001	0.0002	0.0003	0.0005
		Total	0.0001	0.0002	0.0003	0.0005
G03GB	Ovulation stimulants, synthetic					
G03GB02	Clomifene	Public	0.0675	0.0937	0.0602	0.1061
		Private	0.3257	0.4458	0.3642	0.3608
		Total	0.3931	0.5395	0.4244	0.4669
G03H	Antiandrogens	Public	0.0177	0.0202	0.0199	0.0187
		Private	0.3996	0.4741	0.3773	0.3367
		Total	0.4172	0.4943	0.3971	0.3554
G03HA	Antiandrogens, plain					
G03HA01	Cyproterone	Public	0.0032	0.0021	0.0011	0.0020
		Private	0.0035	0.0033	0.0043	0.0034
		Total	0.0067	0.0054	0.0054	0.0054
G03HB	Antiandrogens and estrogens					
G03HB01	Cyproterone and estrogen	Public	0.0145	0.0181	0.0188	0.0168
		Private	0.3961	0.4708	0.3730	0.3333
		Total	0.4106	0.4889	0.3917	0.3501
G03X	Other sex hormones and modulators of the genital system	Public	0.0620	0.0547	0.0413	0.0479
		Private	0.0694	0.0630	0.0635	0.0555
		Total	0.1314	0.1177	0.1049	0.1034

Table 12.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G03XA	Antigonadotropins and similar agents	Public	0.0075	0.0068	0.0079	0.0076
		Private	0.0041	0.0035	0.0028	0.0037
		Total	0.0116	0.0102	0.0107	0.0113
G03XA01	Danazol	Public	0.0073	0.0065	0.0079	0.0076
		Private	0.0035	0.0034	0.0028	0.0037
		Total	0.0108	0.0099	0.0107	0.0113
G03XA02	Gestrinone	Public	0.0002	0.0003	-	-
		Private	0.0007	< 0.0001	-	-
		Total	0.0008	0.0003	-	-
G03XC	Selective estrogen receptor modulators					
G03XC01	Raloxifene	Public	0.0545	0.0479	0.0334	0.0404
		Private	0.0653	0.0596	0.0607	0.0517
		Total	0.1198	0.1075	0.0942	0.0921

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CHAPTER 13: USE OF UROLOGICALS

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Drugs used in urology can be divided into the following categories:

Drugs used in overactive bladder

Tolterodine, solifenacin, propiverine, fesoterodine, trospium and oxybutynin (listed in descending frequency of usage) are drugs used in overactive bladder¹ (Table 13.2).

Flavoxate (Urispas) is an old antimuscarinic agent and is usually not available and not used in most public urological centres. It is the oldest drug in the group and has questionable efficacy as it has only level 2 evidence for its use in the treatment of overactive bladder². It has been removed from the Guidelines from the European Association of Urology (EAU) Working Panel on Urinary Incontinence¹. However, it is still available in the private sector. Therefore, its usage was higher in the private than the public sector. The consistent usage of Flavoxate in the private sector from year 2011 to 2014 could be due to its prescription by non-urologists.

Oxybutynin is still available in the public centres due to lower cost and it's indicated usage for paediatric patients. However, its use has been consistently low from year 2011 to 2014 (0.0020 DDD/1,000 inhabitants/day to 0.0026 DDD/1,000 inhabitants/day) because it has worse side effects compared to the other drugs. This may also be due to the availability of other antimuscarinic agents with fewer side effects in the public sector.

Tolterodine extended-release as a single dose therapy (4mg daily) was introduced in the public and private sector in 2009. There was a continuous increasing trend in its usage from year 2011 to 2014 especially in the public sector (0.0494 DDD/1,000 inhabitants/day to 0.0836 DDD/1,000 inhabitants/day).

Solifenacin usage has overtaken tolterodine in the private sector. Solifenacin was introduced to the private sector in 2010 and public sector in 2013. The higher usage of solifenacin in private sector compare to public sector may be explained by this. There is however, an increasing trend in the usage of solifenacin in public sector from 2013 (0.0037 DDD/1,000 inhabitants/day) to 2014 (0.0074 DDD/1,000 inhabitants/day) and this might be due to the introduction of solifenacin into the MOH formulary in 2013.

Propeverine usage is steady in private sector but increasing in the public sector (from 0.0053 DDD/1,000 inhabitants/day in 2013 to 0.0073 DDD/1,000 inhabitants/day in 2014). This may be due to its indicated usage in paediatric patients. Since propiverine is given in multiple and titratable dosages, it is less popular than single dose antimuscarinic agents in both public and private sectors.

Fesoterodine is not used in public sector since it's not available in the MOH formulary. Its usage is increasing in the private sector from 0.0008 DDD/1,000 inhabitants/day in 2011 to 0.0092 DDD/1,000 inhabitants/day in 2014. It is the third most commonly used antimuscarinic in the private sector.

Trospium was available in the public sector in year 2014. However, it has been used in the private sector since 2010. It is twice daily dosing and is more commonly used in the geriatric population due to its reduced cognitive side effects. However, its usage in private sector has declined from 0.0054 DDD/1,000 inhabitants/day in 2013 to 0.0037 DDD/1,000 inhabitants/day in 2014.

Drugs used in erectile dysfunction and premature ejaculation

Sildenafil, tadalafil and vardenafil are the three selective phosphodiesterase type-5 (PDE5) inhibitors used in the treatment of erectile dysfunction (Table 13.2). PDE5 inhibitors were more commonly prescribed in the private sector because the drugs were still not available in the public sector.

Sildenafil remains the most popular among the three PDE5 inhibitors. It was far more commonly prescribed in the private sectors (0.1376 DDD/1,000 inhabitants/day in 2014) compared to the public sector (0.0058

DDD/1,000 inhabitants/day in 2014). This is probably because it is the first and the most recognised PDE5 inhibitor by the public in Malaysia.

Tadalafil was the second most frequently prescribed PDE5 inhibitors because it is a longer acting drug (duration is 36 hours) compared to vardenafil (duration is five hours). There has been a slow increase in its usage of tadalafil from 0.0614 DDD/1,000 inhabitants/day in 2011 to 0.0721 DDD/1,000 inhabitants/day in 2014. Vardenafil usage has been steady from 2011 to 2014 (0.0251 DDD/1,000 inhabitants/day to 0.0260 DDD/1,000 inhabitants/day). In comparison to Australia, the ranking of PDE5 inhibitors usage is similar. However, the usage of all these three drugs in Australia is lower compared to Malaysia³. Udenafil has recently been introduced in Malaysia in 2011 and its usage has remained low.

Interestingly, there has been no change in the use of alprostadil from 2011 to 2014 and it is only been utilised in the private sector (0.0002 DDD/1,000 inhabitants/day).

Dapoxetine has been used in Malaysia since 2010 in the treatment of premature ejaculation. It is a Selective Serotonin Reuptake Inhibitor (SSRI) agent with fewer side effects. It is not available in public sector and the usage in the private sector has been fluctuating (0.0032 DDD/1,000 inhabitants/day in 2011, 0.0019 DDD/1,000 inhabitants/day in 2012, 0.0023 DDD/1,000 inhabitants/day in 2013 and 0.0044 DDD/1,000 inhabitants/day in 2014)

Alpha-adrenoceptor antagonists

α_1 -blockers are often considered the first-line drug treatment of moderate-to-severe male lower urinary tract symptoms. All α_1 -blockers have similar efficacy and only vary in their side effect profile. The most frequent side effects of α_1 -blockers are asthenia, dizziness and (orthostatic) hypotension⁴.

The most commonly used α_1 -blockers are terazosin, doxazosin, alfuzosin and tamsulosin in descending order of usage (Table 13.2 and Table 13.3). There is a consistently increasing trend of usage of all the α_1 -blockers in both public and private sectors. This may reflect the increasing diagnosis and treatment for benign prostatic hyperplasia (BPH) in Malaysia.

The usage of terazosin is significantly higher in the public sector (0.6918 DDD/1,000 inhabitants/day in 2014) compared to private sector (0.0598 DDD/1,000 inhabitants/day in 2014). This also applies to doxazosin but the difference in usage between the public and private sector is smaller (0.4958 DDD/1,000 inhabitants/day in public sector compared to 0.1401 DDD/1,000 inhabitants/day in private sector in 2014) (Table 13.3). Similar trend was seen for alfuzosin usage which was higher (0.3346 DDD/1,000 inhabitants/day) in public sector compared to private sector (0.1441 DDD/1,000 inhabitants/day in 2014).

Tamsulosin was the latest α_1 -blockers to be introduced in 2010 and its usage has increased 325.9% and 28.8% both in public and private sectors respectively (Public 0.0767 DDD/1,000 inhabitants/day to 0.3267 DDD/1,000 inhabitants/day from 2011 to 2014, Private 0.1039 DDD/1,000 inhabitants/day to 0.1338 DDD/1,000 inhabitants/day from 2011 to 2014).

Overall, there is higher usage of α_1 -blockers in the public sector compared to the private sector and this reflected the higher number of patients treated for BPH in the public sector.

However, in Australia, tamsulosin was the preferred drug³ due to better prostate selectivity and its usage is much higher compared to Malaysia. Thus, the usage of alfuzosin and terazosin remains very low in Australia compared to Malaysia. Doxazosin is still not available in Australia³.

5-alpha reductase inhibitors

The two 5-alpha reductase inhibitors used were finasteride (5 α -reductase type 2 inhibitor) and dutasteride (5 α -reductase types 1 and 2 inhibitor) (Table 13.2). The usage of both these drugs is higher in public sector compared to private sector and finasteride remained as the more popular choice of the two. However, the overall trend shows increasing usage of 5-alpha reductase inhibitors in the treatment of BPH patients.

The use of finasteride has been steadily increasing in the private sector from 0.0654 DDD/1,000 inhabitants/day in 2011 to 0.0867 DDD/1,000 inhabitants/day in 2014 and in the public sector from 0.2022 DDD/1,000 inhabitants/day in 2011 to 0.3464 DDD/1,000 inhabitants/day in 2014.

Dutasteride usage has also been steadily increasing in the public sector from 0.1320 DDD/1,000 inhabitants/day in 2011 to 0.2624 DDD/1,000 inhabitants/day in 2014 but decreasing in the private sector from 0.0675 DDD/1,000 inhabitants/day in 2011 to 0.0527 DDD/1,000 inhabitants/day in 2014. The decrease in the private sector may reflect the increasing use of the combination drug treatment (tamsulosin and dutasteride).

Finasteride was the more preferred option in the public hospitals in Malaysia due to its lower cost. However, dutasteride was the more preferred option in Australia³.

Combination Therapy (alpha blockers and 5-alpha reductase inhibitors)

Tamsulosin and dutasteride combination (Duodart) is the only one available in Malaysia. It was available in the private sector in 2011 and public sector in 2012. There is a consistently marked increasing trend in its usage in both public (0.0007 DDD/1,000 inhabitants/day in 2011 to 0.0795 DDD/1,000 inhabitants/day in 2014) and private (0.0027 DDD/1,000 inhabitants/day in 2011 to 0.0710 DDD/1,000 inhabitants/day in 2014). The convenience of having two drugs in one tablet has made this a popular choice of BPH treatment in Malaysia (total usage 0.1506 DDD/1,000 inhabitants/day in 2014).

Gonadotropin releasing hormone analogues

Long-acting luteinising hormone releasing hormone (LHRH) agonists have been used in the treatment of advanced prostate cancer⁵ and are currently the main forms of androgen deprivation treatment in the public and private sectors. Leuprorelin and goserelin are the two most commonly used LHRH agonists in the treatment of metastatic prostate cancer in Malaysia (Table 13.3).

The use of buserelin has remained low in the public and private sectors because it is not commonly used in the treatment of metastatic prostate cancer.

In 2014, the most commonly used LHRH analogue in the public and private sectors was leuprorelin (0.0981 DDD/1,000 inhabitants/day), followed by goserelin (0.0289 DDD/1,000 inhabitants/day) and triptorelin (0.0096 DDD/1,000 inhabitants/day).

All these three medications are available as three-monthly injections. Leuprorelin is the first to introduce the three-monthly injection to Malaysia in 2010 and this may explain why it is the most commonly used drug.

Overall, the use of LHRH analogues were higher in the public sector and this may be because more prostate cancer patients are seen in the public sector. Although early detection of prostate cancer has improved in Malaysia, there is still a high number of patients presenting with metastatic disease. The use of LHRH analogues in Australia was very much higher for leuprorelin (0.7658 DDD/1,000 inhabitants/day) and goserelin (0.5930 DDD/1,000 inhabitants/day) because of the higher incidence of prostate cancer there⁶ and also because these drugs were reimbursed through the Pharmaceutical Benefit Scheme³.

Anti-androgens

The anti-androgens are indicated for metastatic prostate cancer. It is used during the initiation of LHRH analogue to prevent the 'flare phenomenon' or added to either surgical or pharmacological castration for complete androgen blockade.

Cyproterone acetate is the oldest drug available⁵. Overall, cyproterone acetate usage has reduced in both public and private sector (0.0067 DDD/1,000 inhabitants/day in 2011 to 0.0054 DDD/1,000 inhabitants/day in 2014) and this could be because it's a steroid based anti-androgen with potentially higher side effects and it's administered as multiple titratable daily dosing (Table 13.1).

The most popular anti-androgen in 2014 in both public and private sectors was bicalutamide (0.0235 DDD/1,000 inhabitants/day) (Table 13.3). Bicalutamide is the preferred anti-androgen because it is non-steroidal, has less side effects and available as single daily dosing⁵.

The other non-steroidal anti-androgen, flutamide is available but its usage has remained consistently low in both public and private sector (0.0015 DDD/1,000 inhabitants/day in 2014).

The use of bicalutamide in Australia in 2014 was much higher (0.1391 DDD/1,000 inhabitants/day)³ than in Malaysia (0.0235 DDD/1,000 inhabitants/day). Bicalutamide was still the most popular anti-androgen in Australia followed by nilutamide and flutamide³.

Testosterone

Testosterone replacement therapy is recommended in male hypogonadism for patients with a decline in muscle mass and strength, reduced bone mineral density at the lumbar spine, and decreased libido and erection⁷. The use of testosterone supplement is higher in the private sector (0.0648 DDD/1,000 inhabitants/day in 2014) compared to public sector (0.0162 DDD/1,000 inhabitants/day in 2014). This could be due to the increasing number of specialised men's health clinics as well as better awareness among patients who visit the private sectors. The cost of testosterone treatment is high and this may be a limiting factor to the availability of various testosterone replacement preparations in the public sector.

However, there is an increasing trend of usage of testosterone in the public sector from 2012 (0.0095 DDD/1,000 inhabitants/day) to 2014 (0.0162 DDD/1,000 inhabitants/day). This is due to increasing awareness of testosterone replacement therapy in the public sector with the increase use of the available testosterone formulation.

The use of testosterone in Australia in 2014 was much higher (1.0888 DDD/1,000 inhabitants/day) and this drug was reimbursed through the Pharmaceutical Benefit Scheme³.

BCG Vaccine

Intravesical BCG is given as maintenance therapy for at least two years after giving an induction therapy of six weekly installations. There is a decreasing trend in the usage of intravesical BCG from 0.0022 DDD/1,000 inhabitants/day in 2011 to 0.0001 DDD/1,000 inhabitants/day in 2014 (Table 13.3). This is because of the worldwide shortage of BCG vaccine due to the closure of the main manufacturing plant of the most commonly used BCG strain (Connaught Strain-Immucyst).

Table 13.1: Use of sex hormones and modulators of the genital system from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G03	Sex hormones and modulators of the genital system	Public	0.0160	0.0116	0.0123	0.0182
		Private	0.0663	0.0741	0.0738	0.0682
		Total	0.0823	0.0857	0.0861	0.0864
G03B	Androgens					
G03BA	3-oxoandrosten (4) derivatives					
G03BA03	Testosterone	Public	0.0128	0.0095	0.0112	0.0162
		Private	0.0628	0.0708	0.0694	0.0648
		Total	0.0756	0.0804	0.0807	0.0810
G03H	Antiandrogens					
G03HA	Antiandrogens, plain					
G03HA01	Cyproterone	Public	0.0032	0.0021	0.0011	0.0020
		Private	0.0035	0.0033	0.0043	0.0034
		Total	0.0067	0.0054	0.0054	0.0054

Table 13.2: Use of agents act on urological system from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G04	Urologicals	Public	0.9935	1.4470	1.6817	2.1493
		Private	0.6988	0.7756	0.7637	0.8467
		Total	1.6922	2.2226	2.4454	2.9960
G04B	Urologicals	Public	0.0553	0.0839	0.0905	0.1079
		Private	0.2671	0.2839	0.2864	0.2986
		Total	0.3224	0.3678	0.3769	0.4065
G04BD	Drugs for urinary frequency and incontinence	Public	0.0546	0.0824	0.0884	0.1021
		Private	0.0418	0.0493	0.0501	0.0524
		Total	0.0964	0.1317	0.1385	0.1545
G04BD02	Flavoxate	Public	0.0004	0.0002	0.0001	0.0003
		Private	0.0097	0.0084	0.0083	0.0095
		Total	0.0101	0.0087	0.0085	0.0098
G04BD04	Oxybutynin	Public	0.0020	0.0022	0.0026	0.0026
		Private	0.0001	0.0001	0.0001	0.0001
		Total	0.0021	0.0023	0.0026	0.0027
G04BD06	Propiverine	Public	0.0025	0.0047	0.0053	0.0073
		Private	0.0022	0.0036	0.0032	0.0036
		Total	0.0047	0.0083	0.0085	0.0109
G04BD07	Tolterodine	Public	0.0494	0.0737	0.0767	0.0836
		Private	0.0142	0.0113	0.0103	0.0109
		Total	0.0636	0.0850	0.0870	0.0945
G04BD08	Solifenacin	Public	0.0003	0.0016	0.0037	0.0074
		Private	0.0136	0.0159	0.0156	0.0153
		Total	0.0139	0.0174	0.0193	0.0227
G04BD09	Trospium	Public	-	-	-	0.0008
		Private	0.0012	0.0031	0.0054	0.0037
		Total	0.0012	0.0031	0.0054	0.0045
G04BD11	Fesoterodine	Public	-	-	-	< 0.0001
		Private	0.0008	0.0070	0.0072	0.0092
		Total	0.0008	0.0070	0.0072	0.0093
G04BE	Drugs used in erectile dysfunction	Public	0.0007	0.0014	0.0021	0.0058
		Private	0.2220	0.2327	0.2339	0.2418
		Total	0.2227	0.2342	0.2361	0.2476
G04BE01	Alprostadil	Public	-	-	-	-
		Private	0.0002	0.0002	0.0002	0.0002
		Total	0.0002	0.0002	0.0002	0.0002
G04BE03	Sildenafil	Public	0.0007	0.0014	0.0021	0.0058
		Private	0.1295	0.1346	0.1314	0.1376
		Total	0.1302	0.1361	0.1336	0.1435
G04BE08	Tadalafil	Public	-	-	< 0.0001	-
		Private	0.0614	0.0634	0.0692	0.0721
		Total	0.0614	0.0634	0.0692	0.0721
G04BE09	Vardenafil	Public	-	-	-	-
		Private	0.0251	0.0277	0.0263	0.0260
		Total	0.0251	0.0277	0.0263	0.0260
G04BE11	Udenafil	Public	-	-	-	-
		Private	0.0058	0.0068	0.0068	0.0058
		Total	0.0058	0.0068	0.0068	0.0058

Table 13.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
G04BX	Other urologicals					
G04BX14	Dapoxetine	Public	-	-	-	-
		Private	0.0032	0.0019	0.0023	0.0044
		Total	0.0032	0.0019	0.0023	0.0044
G04C	Drugs used in benign prostatic hypertrophy	Public	0.9382	1.3631	1.5912	2.0413
		Private	0.4317	0.4917	0.4773	0.5481
		Total	1.3699	1.8548	2.0685	2.5895
G04CA	Alpha-adrenoreceptor antagonists	Public	0.6040	0.8778	1.0463	1.4326
		Private	0.2988	0.3671	0.3558	0.4088
		Total	0.9028	1.2449	1.4021	1.8414
G04CA01	Alfuzosin	Public	0.1945	0.2972	0.3721	0.3346
		Private	0.1252	0.1266	0.1114	0.1441
		Total	0.3197	0.4239	0.4835	0.4787
G04CA02	Tamsulosin	Public	0.0767	0.1771	0.2335	0.3267
		Private	0.1039	0.1257	0.1361	0.1338
		Total	0.1806	0.3028	0.3696	0.4605
G04CA03	Terazosin	Public	0.3328	0.4027	0.4049	0.6918
		Private	0.0671	0.0858	0.0553	0.0598
		Total	0.3998	0.4886	0.4601	0.7515
G04CA52	Tamsulosin and dutasteride	Public	-	0.0007	0.0358	0.0795
		Private	0.0027	0.0289	0.0530	0.0710
		Total	0.0027	0.0296	0.0888	0.1506
G04CB	Testosterone-5-alpha reductase inhibitors	Public	0.3342	0.4853	0.5449	0.6087
		Private	0.1329	0.1246	0.1215	0.1394
		Total	0.4671	0.6099	0.6664	0.7481
G04CB01	Finasteride	Public	0.2022	0.2569	0.3062	0.3464
		Private	0.0654	0.0602	0.0623	0.0867
		Total	0.2676	0.3171	0.3686	0.4331
G04CB02	Dutasteride	Public	0.1320	0.2284	0.2387	0.2624
		Private	0.0675	0.0644	0.0592	0.0527
		Total	0.1995	0.2928	0.2978	0.3151

Table 13.3: Use of other agents for treatment of urological disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
L02	Endocrine therapy	Public	0.0605	0.0671	0.0804	0.0933
		Private	0.0602	0.0635	0.0717	0.0700
		Total	0.1207	0.1306	0.1521	0.1633
L02A	Hormones and related agents	Public	0.0470	0.0518	0.0618	0.0774
		Private	0.0512	0.0533	0.0632	0.0608
		Total	0.0983	0.1051	0.1250	0.1382
L02AE	Gonadotropin releasing hormone analogues	Public	0.0470	0.0518	0.0618	0.0774
		Private	0.0512	0.0533	0.0632	0.0608
		Total	0.0983	0.1051	0.1250	0.1382
L02AE01	Buserelin	Public	-	-	-	-
		Private	0.0016	0.0017	0.0016	0.0016
		Total	0.0016	0.0017	0.0016	0.0016
L02AE02	Leuprorelin	Public	0.0314	0.0400	0.0464	0.0603
		Private	0.0350	0.0353	0.0429	0.0379
		Total	0.0664	0.0753	0.0893	0.0981
L02AE03	Goserelin	Public	0.0149	0.0109	0.0142	0.0150
		Private	0.0132	0.0125	0.0133	0.0140
		Total	0.0281	0.0234	0.0275	0.0289
L02AE04	Triptorelin	Public	0.0008	0.0008	0.0012	0.0022
		Private	0.0014	0.0038	0.0055	0.0074
		Total	0.0022	0.0046	0.0066	0.0096
L02B	Hormone antagonists and related agents					
L02BB	Anti-androgens	Public	0.0134	0.0153	0.0186	0.0158
		Private	0.0090	0.0102	0.0085	0.0092
		Total	0.0224	0.0255	0.0271	0.0251
L02BB01	Flutamide	Public	0.0005	0.0006	0.0006	0.0007
		Private	0.0007	0.0014	0.0017	0.0008
		Total	0.0012	0.0019	0.0022	0.0015
L02BB03	Bicalutamide	Public	0.0129	0.0147	0.0181	0.0151
		Private	0.0082	0.0088	0.0068	0.0084
		Total	0.0211	0.0235	0.0249	0.0235
L03	Immunostimulants					
L03A	Immunostimulants					
L03AX	Other immunostimulants					
L03AX03	BCG vaccine	Public	0.0010	0.0002	-	0.0001
		Private	0.0012	0.0005	-	-
		Total	0.0022	0.0007	-	0.0001
C02	Antihypertensives					
C02C	Antiadrenergic agents, peripherally acting					
C02CA	Alpha-adrenoreceptor antagonists					
C02CA04	Doxazosin	Public	0.3069	0.3331	0.3112	0.4958
		Private	0.0921	0.1398	0.1362	0.1401
		Total	0.3990	0.4730	0.4474	0.6359

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CHAPTER 14: USE OF DRUGS FOR ENDOCRINE DISORDERS

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In Malaysia, the total consumption for endocrine-related drugs showed a steady rise annually from 2011 (2.4311 DDD/1,000 inhabitants/day) to 2014 (3.2107 DDD/1,000 inhabitants/day) representing a cumulative increase of 32.1% (Table 14.1 to 14.3). This consisted of mainly thyroid-related drugs (98%) with very low utilisation of pituitary-hypothalamic hormones and analogues (1.1%), and drugs for calcium homeostasis (0.9%).

Drugs for thyroid disorders comprise of thyroid hormones and anti-thyroid drugs. Levothyroxine (T4) was the mainstay for the treatment of hypothyroidism at 1.1981 DDD/1,000 inhabitants/day in 2011 and increased by 28.5% in 2014 (Table 14.2). Levothyroxine utilisation was 12-fold higher in Australia (19.9413 DDD/1,000 inhabitants/day) in 2014. The large difference is likely due to the different methods of data collection and possibly not due to under diagnosis. In Malaysia, neonatal screening of congenital hypothyroidism is a standard practice since year 2000. Currently, there is no recommendation for active screening of hypothyroidism among adults in Malaysia. Liothyronine (T3) sodium was rarely utilised throughout 2011 to 2014.

In 2014, there was an increase of 35.8% in anti-thyroid drug utilisation (1.6069 DDD/1,000 inhabitants/day) compared to 2011. This was higher than Australia (1.0814 DDD/1,000 inhabitants/day) for the same year. This may be due to better acceptance and accessibility for radio-iodine therapy in Australia. Among the anti-thyroid drugs in Malaysia, carbimazole (53.9%) was the most utilised, followed by thiamazole (38.3%) also known as methimazole, the active metabolite of carbimazole (Table 14.2). Thiamazole is not listed in Ministry of Health drug formulary. Carbimazole is the drug of choice in paediatric and adolescent patients. The use of prophythiouracil has decreased with a reduction of 15.3% in 2014 compared to year 2011. This is consistent with the prescribing restrictions both in adults and paediatric patients.

Drug utilisation of pituitary-hypothalamic hormones and analogues in Malaysia were generally low with an increment of 34.9% from the year 2011 to 2014 (0.0348 DDD/1,000 inhabitants/day in 2014) (Table 14.1). The difference may be suggested by an increase in awareness and diagnosis of pituitary-hypothalamic endocrine disorders. The utilisation of somatropin and somatropin agonists increased by 15.7% when compared to year 2011 which may likely be contributed by the expansion of endocrine services in Malaysia with better accessibility to these therapies. Utilisation of vasopressin and analogues increased by 36.3% (0.0218 DDD/1,000 inhabitants/day) in 2014 compared to 2011. This was 10-folds lower when compared to Australia data (0.2899 DDD/1,000 inhabitants/day) possibly due to different data collection methods and different therapeutic approach to hypothalamic pituitary diseases.

There was an increment of 21.2% (0.0292 DDD/1,000 inhabitants/day) in the utilisation of drugs for calcium homeostasis in 2014 as compared to year 2011 (Table 14.3). The total utilisation of teriparatide, used for osteoporosis, in 2014 was 0.0153 DDD/1,000 inhabitants/day which increased by 50% compared to year 2011. This rise may possibly be due to the increasing number of geriatric patients with severe osteoporosis. The available anti-parathyroid agents include calcitonin, cinacalcet and paricalcitol. The utilisation of anti-parathyroid agents remained low at 0.0139 DDD/1,000 inhabitants/day in 2014 mainly due to a reduction in usage in public hospitals. The utilisation of calcitonin (salmon synthetic) was 0.0048 DDD/1,000 inhabitants/day which was 34.3% lower than 2011. This reduction was evident in both public and private sector. There was a similar reduction in usage of calcitonin in Australia in 2014. Cinacalcet was recently introduced in 2013 with utilisation of 0.0001 DDD/1,000 inhabitants/day in that year and increased by almost 5-fold in 2014 (0.0007 DDD/1,000 inhabitants/day).

Glucagon utilisation in Malaysia was extremely low (0.0001 DDD/1,000 inhabitants/day) which was 39-fold lower as compared to Australian data (0.0075 DDD/1,000 inhabitants/day) in 2014 (Table 14.3). This was possibly contributed by the difference in type 1 diabetes self-care practice where glucagon injection devices were not given to patients for emergency treatment of hypoglycaemia at home in Malaysia.

In conclusion, the overall consumption of endocrine related drugs has increased as expected with the expansion of both paediatric and adult endocrine services in Malaysia. However, these figures may still not accurately reflect the actual usage of drugs as these data rely heavily on public and private sectors purchasing reports.

Table 14.1: Use of drugs for endocrine disorders, by therapeutic group from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
H01	Pituitary and hypothalamic hormones and analogues	Public	0.0208	0.0239	0.0245	0.0277
		Private	0.0051	0.0060	0.0068	0.0071
		Total	0.0258	0.0300	0.0313	0.0348
H01A	Anterior pituitary lobe hormones and analogues	Public	0.0048	0.0048	0.0050	0.0049
		Private	0.0025	0.0029	0.0035	0.0035
		Total	0.0072	0.0078	0.0086	0.0084
H01AA	ACTH	Public	0.0002	0.0002	0.0001	0.0002
		Private	-	-	-	-
		Total	0.0002	0.0002	0.0001	0.0002
H01AB	Thyrotropin	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
H01AC	Somatropin and somatropin agonists	Public	0.0046	0.0046	0.0049	0.0047
		Private	0.0025	0.0029	0.0035	0.0035
		Total	0.0070	0.0075	0.0084	0.0081
H01B	Posterior pituitary lobe hormones					
H01BA	Vasopressin and analogues	Public	0.0146	0.0172	0.0177	0.0203
		Private	0.0014	0.0018	0.0015	0.0015
		Total	0.0160	0.0190	0.0192	0.0218
H01C	Hypothalamic hormones	Public	0.0014	0.0019	0.0017	0.0025
		Private	0.0011	0.0013	0.0018	0.0021
		Total	0.0025	0.0032	0.0035	0.0046
H01CB	Somatostatin and analogues	Public	0.0013	0.0017	0.0016	0.0024
		Private	0.0004	0.0004	0.0006	0.0006
		Total	0.0017	0.0022	0.0022	0.0029
H01CC	Anti-gonadotropin-releasing hormones	Public	0.0001	0.0002	0.0001	0.0002
		Private	0.0007	0.0009	0.0012	0.0015
		Total	0.0009	0.0011	0.0013	0.0017

Table 14.2: Use of agents for thyroid disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
H03	Thyroid therapy	Public	1.4230	1.6192	1.7004	2.0645
		Private	0.9581	1.0017	0.9859	1.0820
		Total	2.3811	2.6209	2.6863	3.1465
H03A	Thyroid preparations					
H03AA	Thyroid hormones	Public	0.7502	0.8702	0.8982	1.0169
		Private	0.4479	0.4833	0.5099	0.5227
		Total	1.1981	1.3535	1.4082	1.5396
H03AA01	Levothyroxine sodium	Public	0.7502	0.8702	0.8982	1.0169
		Private	0.4479	0.4833	0.5099	0.5227
		Total	1.1981	1.3535	1.4082	1.5396
H03AA02	Liothyronine sodium	Public	< 0.0001	< 0.0001	-	< 0.0001
		Private	-	-	-	-
		Total	< 0.0001	< 0.0001	-	< 0.0001
H03B	Antithyroid preparations	Public	0.6729	0.7490	0.8022	1.0476
		Private	0.5101	0.5184	0.4759	0.5593
		Total	1.1830	1.2673	1.2781	1.6069
H03BA	Thiouracils					
H03BA02	Propylthiouracil	Public	0.0885	0.0791	0.0598	0.0742
		Private	0.0588	0.0454	0.0377	0.0506
		Total	0.1474	0.1245	0.0974	0.1249
H03BB	Sulfur-containing imidazole derivatives	Public	0.5843	0.6699	0.7424	0.9734
		Private	0.4513	0.4730	0.4383	0.5087
		Total	1.0356	1.1429	1.1807	1.4820
H03BB01	Carbimazole	Public	0.5843	0.6699	0.7422	0.3654
		Private	0.4188	0.4178	0.4301	0.5008
		Total	1.0031	1.0877	1.1724	0.8661
H03BB02	Thiamazole	Public	-	-	0.0002	0.6080
		Private	0.0325	0.0552	0.0082	0.0079
		Total	0.0325	0.0552	0.0083	0.6159

Table 14.3: Use of otheragents for endocrine disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
H04	Pancreatic hormones					
H04A	Glycogenolytic hormones					
H04AA	Glycogenolytic hormones					
H04AA01	Glucagon	Public	0.0001	0.0001	0.0003	0.0002
		Private	0.0001	0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0002	0.0004	0.0002
H05	Calcium homeostasis	Public	0.0053	0.0074	0.0030	0.0034
		Private	0.0188	0.0195	0.0238	0.0258
		Total	0.0241	0.0269	0.0268	0.0292
H05A	Parathyroid hormones and analogues					
H05AA	Parathyroid hormones and analogues					
H05AA02	Teriparatide	Public	-	0.0001	0.0001	0.0001
		Private	0.0102	0.0113	0.0139	0.0152
		Total	0.0102	0.0114	0.0140	0.0153
H05B	Anti-parathyroid agents	Public	0.0053	0.0073	0.0030	0.0033
		Private	0.0086	0.0082	0.0099	0.0106
		Total	0.0139	0.0155	0.0128	0.0139
H05BA	Calcitonin preparations					
H05BA01	Calcitonin (salmon synthetic)	Public	0.0041	0.0060	0.0026	0.0027
		Private	0.0031	0.0031	0.0030	0.0020
		Total	0.0073	0.0091	0.0056	0.0048
H05BX	Other anti-parathyroid agents	Public	0.0011	0.0013	0.0003	0.0006
		Private	0.0055	0.0051	0.0069	0.0086
		Total	0.0066	0.0064	0.0072	0.0092
H05BX01	Cinacalcet	Public	-	-	< 0.0001	0.0001
		Private	-	-	0.0001	0.0006
		Total	-	-	0.0001	0.0007
H05BX02	Paricalcitol	Public	0.0011	0.0013	0.0003	0.0005
		Private	0.0055	0.0051	0.0068	0.0080
		Total	0.0066	0.0064	0.0071	0.0085

CHAPTER 15 : USE OF ANTI-INFECTIVES

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Antibiotics are an essential part of modern medicine. With the advent of more invasive procedures and immunomodulatory therapy, infections have become a major cause of morbidity and mortality. To compound the problem, antibiotic resistance is increasing, limiting the options available to doctors to treat their patients. In recent times antibiotic research and development has also seen a decline with very few new agents in the pipelines. In this setting, it is imperative for doctors and pharmacists to preserve the current agents that we have and to use them appropriately.

Antibacterials

Cephalosporins is a big group of antibiotics commonly used in health care facilities throughout Malaysia. For these anti-infectives, the largest increase in prescription in both public and private sectors was for cefepime. This agent saw a 164.6% increase (Table 15.2). Piperacillin/tazobactam usage also increased by 66.6%. These two agents are potent anti-pseudomonal agents. Based on national surveillance data, pseudomonas is not as commonly isolated as other gram negative organisms¹. Health care practitioners should be made aware and reassess their choice of empirical antibiotics.

The carbapenem group saw a 29.5% increase in usage between 2011 and 2014 (Table 15.2). Ertapenem showed a significant increase of 165.5% in the public sector. This may be due to empirical usage while awaiting culture results and the lack of de-escalation to more targeted or narrow spectrum antibiotics. Meropenem also increased by 40.1% due to the introduction of the generic formulation and rising incidence of ESBL-producing organisms. Imipenem and doripenem usage are not common compared to other carbapenems (Figure 15.1).

Levofloxacin saw a five-fold increase in the public hospitals (Table 15.2). This may be due to increasing usage as a second line agent against TB infections either due to intolerance to first line agents or resistance to the latter.

Usage of colistin increased by 228.5% (Table 15.2). This is consistent with the increase in numbers of multi-drug resistant acinetobacter infections. With the advent of carbapenem-resistant enterobacteriaceae (CRE) we would expect an even more obvious increment in the prescription of this agent in the coming years (Figure 15.2).

Anti-Methicillin resistant *Staphylococcus aureus* (MRSA)

Methicillin resistant *Staphylococcus aureus* remains a problem pathogen in the public and private hospitals. Vancomycin has been the mainstay of treatment and saw an increase of 30.7% in the public sector. Over the years, there has been alternative agents to treat this infection i.e. teicoplanin, linezolid and daptomycin. Linezolid increased by 27.7% overall but this was seen mainly in the private sector (81.2%).

Antifungals

Amphotericin B has seen an increase in usage of 74.0% in both in public and private sectors. This may reflect an increase in the number of immunocompromised patients either due to underlying disease, invasive procedures, immune-modulatory therapy or inappropriate usage of anti-bacterials.

Unlike amphotericin B, the azole group of anti-fungals did not show any significant increase. Amphotericin B is a broad spectrum antifungal and is effective against azole-resistant species. Speciation and sensitivity is not available in all facilities hence the attending physician will have to administer amphotericin B to cover for the possibility of azole resistant species.

There is an increase in the usage of the echinocandins although it remains low probably due to cost issues.

Anti-Tuberculosis

Usage of individual drugs i.e. ethambutol and pyrazinamide have seen a decline in favor of fixed dose combinations (FDCs). Isoniazid and rifampicin usage remains static. There is an increase in the usage of ethambutol/isoniazid/rifampicin/pyrazinamide (EHRZ) FDC by 223.0% and isoniazid/rifampicin (HR) FDC by 156.5% in line with WHO recommendation² (Table 15.4). The overall usage of these anti-tuberculosis drugs also reflects a worrying trend in the increase of number of tuberculosis infection in our population. Ethionamide which is a second line agent has seen a four-fold rise from 2011 to 2014. This is a concern as it may reflect rising resistance to the first line agents.

Antivirals

Both zanamivir and oseltamivir saw an increase in usage. Zanamivir was only used in the private sector as it is not in the Drug formulary of Ministry of Health Malaysia (Table 15.5). In tandem with the increasing availability of diagnostic kits for influenza, it is not surprising that neuraminidase inhibitors are being prescribed more.

Tenofovir/emtricitabine FDC increased by nearly 800% as part of combination anti-retroviral therapy. This follows the WHO guidelines where this FDC is the preferred choice for treating naïve patients³. Lopinavir/ritonavir which is mainly used as a second line agent increased by 144.2%. HIV infection is now a chronic manageable disease and patients have an almost normal life expectancy. Not surprisingly the number of patients who fail their first line regime will also increase. Lopinavir/ritonavir is a common agent used as part of the second line regime for those who experience first line failure.

Anti-Malarials

Amongst all the drugs used to treat malaria, artemether/lumefantrine FDC saw the highest increment (Table 15.6). Vivax malaria is the most common plasmodium causing disease followed by falciparum malaria. Knowlesi malaria is now increasingly being diagnosed especially in Sabah and Sarawak. The advantage of artemisinin-based combination therapy is that it is efficacious against all types of plasmodium.

Quinine usage increased whereas chloroquine declined. This is consistent with the trend towards chloroquine-resistant amongst vivax malaria⁴.

Table 15.1: Use of antimicrobial agents, by therapeutic group from 2011 to 2014.

ATC	Therapeutic Group	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01	Antibacterials for systemic use	Public	3.4935	3.6324	3.7084	3.8052	1.2751	1.3258	1.3536	1.3889
		Private	6.0941	7.1103	7.1820	7.0650	2.2243	2.5953	2.6214	2.5787
		Total	9.5876	10.7427	10.8904	10.8702	3.4995	3.9211	3.9750	3.9676
J02	Antimycotics for systemic use	Public	0.0501	0.0583	0.0564	0.0631	0.0183	0.0213	0.0206	0.0230
		Private	0.4280	0.4277	0.5082	0.2208	0.1562	0.1561	0.1855	0.0806
		Total	0.4781	0.4860	0.5645	0.2839	0.1745	0.1774	0.2061	0.1036
J04	Antimycobacterials	Public	0.8146	0.8127	0.7890	0.8375	0.2973	0.2966	0.2880	0.3057
		Private	0.0801	0.0734	0.1174	0.0930	0.0292	0.0268	0.0428	0.0339
		Total	0.8947	0.8861	0.9064	0.9305	0.3266	0.3234	0.3308	0.3396
J05	Antivirals for systemic use	Public	0.7009	0.9237	0.8101	1.1961	0.2558	0.3371	0.2957	0.4366
		Private	0.1902	0.1676	0.1815	0.1966	0.0694	0.0612	0.0663	0.0717
		Total	0.8911	1.0913	0.9917	1.3927	0.3253	0.3983	0.3620	0.5083
J06	Immune sera and immunoglobulins	Public	0.0023	0.0038	0.0019	0.0029	0.0009	0.0014	0.0007	0.0011
		Private	0.0001	0.0001	0.0001	0.0002	< 0.0001	< 0.0001	< 0.0001	0.0001
		Total	0.0024	0.0039	0.0020	0.0031	0.0009	0.0014	0.0007	0.0011
P01	Antiprotozoals	Public	0.0645	0.1375	0.1071	0.1192	0.0235	0.0502	0.0391	0.0435
		Private	0.0961	0.1008	0.0959	0.0693	0.0351	0.0368	0.0350	0.0253
		Total	0.1606	0.2383	0.2030	0.1885	0.0586	0.0870	0.0741	0.0688

Table 15.2: Use of antibacterials for systemic use from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01A	Tetracyclines									
J01AA	Tetracyclines	Public	0.2408	0.2188	0.2186	0.2231	0.0879	0.0799	0.0798	0.0814
		Private	0.5071	0.5307	0.6651	0.7420	0.1851	0.1937	0.2428	0.2708
		Total	0.7479	0.7495	0.8837	0.9651	0.2730	0.2736	0.3226	0.3523
J01AA02	Doxycycline	Public	0.2223	0.2088	0.2104	0.2153	0.0812	0.0762	0.0768	0.0786
		Private	0.4442	0.4593	0.5918	0.6315	0.1621	0.1676	0.2160	0.2305
		Total	0.6665	0.6681	0.8022	0.8469	0.2433	0.2439	0.2928	0.3091
J01AA06	Oxytetracycline	Public	-	-	-	-	-	-	-	-
		Private	0.0001	< 0.0001	< 0.0001	-	< 0.0001	< 0.0001	< 0.0001	-
		Total	0.0001	< 0.0001	< 0.0001	-	< 0.0001	< 0.0001	< 0.0001	-
J01AA07	Tetracycline	Public	0.0179	0.0097	0.0079	0.0074	0.0066	0.0035	0.0029	0.0027
		Private	0.0595	0.0681	0.0700	0.1084	0.0217	0.0249	0.0256	0.0396
		Total	0.0775	0.0778	0.0779	0.1157	0.0283	0.0284	0.0284	0.0422
J01AA08	Minocycline	Public	0.0004	0.0002	0.0003	0.0003	0.0001	0.0001	0.0001	0.0001
		Private	0.0031	0.0031	0.0030	0.0019	0.0011	0.0011	0.0011	0.0007
		Total	0.0035	0.0033	0.0032	0.0022	0.0013	0.0012	0.0012	0.0008
J01AA12	Tigecycline	Public	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	0.0002	0.0002	0.0002	0.0002	0.0001	0.0001	0.0001	0.0001
		Total	0.0003	0.0003	0.0003	0.0004	0.0001	0.0001	0.0001	0.0001
J01B	Amphenicols									
J01BA	Amphenicols									
J01BA01	Chloramphenicol	Public	0.0004	0.0004	0.0001	< 0.0001	0.0002	0.0001	< 0.0001	< 0.0001
		Private	0.0011	-	-	-	0.0004	-	-	-
		Total	0.0015	0.0004	0.0001	< 0.0001	0.0006	0.0001	< 0.0001	< 0.0001
J01C	Beta-lactam antibacterials, penicillins	Public	2.0845	2.2566	2.3467	2.4591	0.7609	0.8236	0.8566	0.8976
		Private	2.6902	3.3833	3.2234	3.3911	0.9819	1.2349	1.1766	1.2377
		Total	4.7747	5.6398	5.5702	5.8502	1.7428	2.0585	2.0331	2.1353

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01CA	Penicillins with extended spectrum	Public	1.0691	1.1404	1.2403	1.3129	0.3902	0.4162	0.4527	0.4792
		Private	1.6651	2.1981	1.9370	1.9847	0.6077	0.8023	0.7070	0.7244
		Total	2.7341	3.3385	3.1774	3.2975	0.9980	1.2185	1.1597	1.2036
J01CA01	Ampicillin	Public	0.0655	0.0530	0.0475	0.0426	0.0239	0.0193	0.0173	0.0156
		Private	0.0284	0.0415	0.0396	0.0325	0.0104	0.0151	0.0145	0.0119
		Total	0.0939	0.0944	0.0871	0.0751	0.0343	0.0345	0.0318	0.0274
J01CA04	Amoxicillin	Public	0.8925	1.0149	1.1424	1.2215	0.3258	0.3704	0.4170	0.4459
		Private	1.6031	1.9800	1.7263	1.8316	0.5851	0.7227	0.6301	0.6685
		Total	2.4956	2.9949	2.8687	3.0531	0.9109	1.0931	1.0471	1.1144
J01CA06	Bacampicillin	Public	0.1110	0.0725	0.0504	0.0487	0.0405	0.0265	0.0184	0.0178
		Private	0.0336	0.1766	0.1711	0.1206	0.0123	0.0645	0.0624	0.0440
		Total	0.1446	0.2492	0.2215	0.1693	0.0528	0.0909	0.0808	0.0618
J01CA12	Piperacillin	Public	-	-	-	-	-	-	-	-
		Private	-	-	< 0.0001	-	-	-	< 0.0001	-
		Total	-	-	< 0.0001	-	-	-	< 0.0001	-
J01CE	Beta-lactamase sensitive penicillins	Public	0.1424	0.1533	0.1189	0.1172	0.0520	0.0560	0.0434	0.0428
		Private	0.0431	0.0298	0.0354	0.0260	0.0157	0.0109	0.0129	0.0095
		Total	0.1855	0.1832	0.1543	0.1432	0.0677	0.0669	0.0563	0.0523
J01CE01	Benzylpenicillin	Public	0.0166	0.0191	0.0195	0.0229	0.0060	0.0070	0.0071	0.0084
		Private	0.0015	0.0011	0.0015	0.0018	0.0005	0.0004	0.0005	0.0007
		Total	0.0180	0.0202	0.0210	0.0247	0.0066	0.0074	0.0077	0.0090
J01CE02	Phenoxyethylpenicillin	Public	0.1119	0.1075	0.0857	0.0929	0.0408	0.0393	0.0313	0.0339
		Private	0.0416	0.0287	0.0340	0.0242	0.0152	0.0105	0.0124	0.0088
		Total	0.1535	0.1362	0.1197	0.1171	0.0560	0.0497	0.0437	0.0427
J01CE09	Procaine benzylpenicillin	Public	0.0139	0.0267	0.0137	0.0014	0.0051	0.0098	0.0050	0.0005
		Private	-	-	-	-	-	-	-	-
		Total	0.0139	0.0267	0.0137	0.0014	0.0051	0.0098	0.0050	0.0005
J01CF	Beta-lactamase resistant penicillins									
J01CF02	Cloxacillin	Public	0.6263	0.6748	0.6748	0.6671	0.2286	0.2463	0.2463	0.2435
		Private	0.1256	0.1353	0.1460	0.1968	0.0459	0.0494	0.0533	0.0718
		Total	0.7520	0.8102	0.8208	0.8639	0.2745	0.2957	0.2996	0.3153

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01CR	Combinations of penicillins, including beta-lactamase inhibitors	Public	0.2468	0.2880	0.3127	0.3620	0.0901	0.1051	0.1141	0.1321
		Private	0.8564	1.0201	1.1050	1.1836	0.3126	0.3723	0.4033	0.4320
		Total	1.1032	1.3081	1.4176	1.5456	0.4027	0.4774	0.5174	0.5641
J01CR01	Ampicillin and enzyme inhibitor	Public	0.0273	0.0406	0.0336	0.0474	0.0100	0.0148	0.0123	0.0173
		Private	0.0092	0.0109	0.0120	0.0113	0.0034	0.0040	0.0044	0.0041
		Total	0.0365	0.0515	0.0456	0.0587	0.0133	0.0188	0.0166	0.0214
J01CR02	Amoxicillin and enzyme inhibitor	Public	0.1865	0.1978	0.2333	0.2544	0.0681	0.0722	0.0852	0.0928
		Private	0.7983	0.9563	1.0404	1.1208	0.2914	0.3490	0.3798	0.4091
		Total	0.9849	1.1541	1.2738	1.3751	0.3595	0.4212	0.4649	0.5019
J01CR04	Sultamicillin	Public	0.0257	0.0383	0.0350	0.0478	0.0094	0.0140	0.0128	0.0174
		Private	0.0473	0.0509	0.0506	0.0493	0.0173	0.0186	0.0185	0.0180
		Total	0.0730	0.0892	0.0856	0.0971	0.0266	0.0326	0.0312	0.0354
J01CR05	Piperacillin and enzyme inhibitor	Public	0.0073	0.0113	0.0107	0.0125	0.0027	0.0041	0.0039	0.0046
		Private	0.0015	0.0020	0.0020	0.0022	0.0006	0.0007	0.0007	0.0008
		Total	0.0088	0.0133	0.0127	0.0147	0.0032	0.0048	0.0046	0.0054
J01D	Other beta-lactam antibacterials	Public	0.3734	0.4453	0.4670	0.5154	0.1363	0.1625	0.1705	0.1881
		Private	0.9512	1.1700	1.2538	1.1421	0.3472	0.4270	0.4576	0.4169
		Total	1.3246	1.6153	1.7208	1.6575	0.4835	0.5896	0.6281	0.6050
J01DB	First-generation cephalosporins	Public	0.0765	0.0817	0.0864	0.0996	0.0279	0.0298	0.0315	0.0363
		Private	0.4342	0.5701	0.5809	0.4635	0.1585	0.2081	0.2120	0.1692
		Total	0.5108	0.6519	0.6673	0.5631	0.1864	0.2379	0.2436	0.2055
J01DB01	Cefalexin	Public	0.0759	0.0807	0.0846	0.0976	0.0277	0.0295	0.0309	0.0356
		Private	0.3643	0.4671	0.5339	0.3965	0.1330	0.1705	0.1949	0.1447
		Total	0.4402	0.5478	0.6185	0.4941	0.1607	0.2000	0.2257	0.1803
J01DB04	Cefazolin	Public	0.0007	0.0010	0.0018	0.0020	0.0002	0.0004	0.0007	0.0007
		Private	0.0007	0.0008	0.0009	0.0009	0.0003	0.0003	0.0003	0.0003
		Total	0.0014	0.0018	0.0027	0.0028	0.0005	0.0007	0.0010	0.0010
J01DB05	Cefadroxil	Public	-	-	-	-	-	-	-	-
		Private	0.0692	0.1022	0.0461	0.0662	0.0253	0.0373	0.0168	0.0242
		Total	0.0692	0.1022	0.0461	0.0662	0.0253	0.0373	0.0168	0.0242

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01DC	Second-generation cephalosporins	Public	0.2183	0.2775	0.2874	0.3021	0.0797	0.1013	0.1049	0.1103
		Private	0.4563	0.5235	0.5889	0.5932	0.1665	0.1911	0.2149	0.2165
		Total	0.6745	0.8010	0.8763	0.8953	0.2462	0.2924	0.3198	0.3268
J01DC02	Cefuroxime	Public	0.2182	0.2775	0.2874	0.3021	0.0797	0.1013	0.1049	0.1103
		Private	0.4137	0.4810	0.5545	0.5571	0.1510	0.1755	0.2024	0.2033
		Total	0.6320	0.7585	0.8419	0.8591	0.2307	0.2768	0.3073	0.3136
J01DC04	Cefaclor	Public	< 0.0001	-	-	-	< 0.0001	-	-	-
		Private	0.0425	0.0426	0.0344	0.0362	0.0155	0.0155	0.0126	0.0132
		Total	0.0426	0.0426	0.0344	0.0362	0.0155	0.0155	0.0126	0.0132
J01DD	Third-generation cephalosporins	Public	0.0557	0.0585	0.0639	0.0718	0.0203	0.0214	0.0233	0.0262
		Private	0.0517	0.0672	0.0742	0.0751	0.0189	0.0245	0.0271	0.0274
		Total	0.1075	0.1257	0.1381	0.1469	0.0392	0.0459	0.0504	0.0536
J01DD01	Cefotaxime	Public	0.0029	0.0028	0.0031	0.0030	0.0011	0.0010	0.0011	0.0011
		Private	0.0005	0.0005	0.0004	0.0003	0.0002	0.0002	0.0001	0.0001
		Total	0.0034	0.0033	0.0035	0.0033	0.0013	0.0012	0.0013	0.0012
J01DD02	Ceftazidime	Public	0.0088	0.0093	0.0101	0.0121	0.0032	0.0034	0.0037	0.0044
		Private	0.0016	0.0017	0.0016	0.0013	0.0006	0.0006	0.0006	0.0005
		Total	0.0104	0.0110	0.0118	0.0133	0.0038	0.0040	0.0043	0.0049
J01DD04	Ceftriaxone	Public	0.0353	0.0374	0.0418	0.0478	0.0129	0.0137	0.0153	0.0175
		Private	0.0231	0.0253	0.0290	0.0302	0.0084	0.0092	0.0106	0.0110
		Total	0.0584	0.0627	0.0708	0.0780	0.0213	0.0229	0.0258	0.0285
J01DD08	Cefixime	Public	-	-	-	< 0.0001	-	-	-	< 0.0001
		Private	0.0064	0.0127	0.0133	0.0122	0.0023	0.0046	0.0049	0.0045
		Total	0.0064	0.0127	0.0133	0.0122	0.0023	0.0046	0.0049	0.0045
J01DD12	Cefoperazone	Public	0.0069	0.0073	0.0071	0.0074	0.0025	0.0027	0.0026	0.0027
		Private	0.0002	0.0003	0.0003	0.0003	0.0001	0.0001	0.0001	0.0001
		Total	0.0071	0.0075	0.0074	0.0077	0.0026	0.0028	0.0027	0.0028
J01DD14	Ceftibuten	Public	-	-	-	-	-	-	-	-
		Private	0.0117	0.0149	0.0165	0.0158	0.0043	0.0054	0.0060	0.0058
		Total	0.0117	0.0149	0.0165	0.0158	0.0043	0.0054	0.0060	0.0058

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01DD15	Cefdinir	Public	-	-	-	-	-	-	-	-
		Private	0.0040	0.0073	0.0081	0.0103	0.0015	0.0027	0.0029	0.0038
		Total	0.0040	0.0073	0.0081	0.0103	0.0015	0.0027	0.0029	0.0038
J01DD62	Cefoperazone, combinations	Public	0.0018	0.0017	0.0018	0.0015	0.0007	0.0006	0.0006	0.0006
		Private	0.0041	0.0045	0.0049	0.0047	0.0015	0.0017	0.0018	0.0017
		Total	0.0059	0.0062	0.0067	0.0063	0.0022	0.0023	0.0024	0.0023
J01DE	Fourth-generation cephalosporins									
J01DE01	Cefepime	Public	0.0083	0.0113	0.0096	0.0219	0.0030	0.0041	0.0035	0.0080
		Private	0.0008	0.0007	0.0005	0.0006	0.0003	0.0002	0.0002	0.0002
		Total	0.0091	0.0120	0.0100	0.0225	0.0033	0.0044	0.0037	0.0082
J01DH	Carbapenems									
J01DH02	Meropenem	Public	0.0094	0.0107	0.0139	0.0135	0.0034	0.0039	0.0051	0.0049
		Private	0.0048	0.0053	0.0060	0.0064	0.0018	0.0019	0.0022	0.0023
		Total	0.0142	0.0160	0.0199	0.0199	0.0052	0.0059	0.0073	0.0073
J01DH03	Ertapenem	Public	0.0007	0.0009	0.0014	0.0019	0.0003	0.0003	0.0005	0.0007
		Private	0.0019	0.0017	0.0019	0.0019	0.0007	0.0006	0.0007	0.0007
		Total	0.0026	0.0026	0.0033	0.0038	0.0009	0.0009	0.0012	0.0014
J01DH04	Doripenem	Public	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	0.0002	0.0003	0.0003	0.0001	0.0001	0.0001	0.0001	< 0.0001
		Total	0.0003	0.0004	0.0003	0.0001	0.0001	0.0001	0.0001	0.0001
J01DH51	Imipenem and enzyme inhibitor	Public	0.0044	0.0046	0.0044	0.0045	0.0016	0.0017	0.0016	0.0017
		Private	0.0012	0.0012	0.0012	0.0011	0.0004	0.0004	0.0004	0.0004
		Total	0.0056	0.0057	0.0055	0.0056	0.0020	0.0021	0.0020	0.0020
J01DI	Other cephalosporins and penems									
J01DI02	Ceftaroline fosamil	Public	-	-	-	< 0.0001	-	-	-	< 0.0001
		Private	-	-	0.0001	0.0002	-	-	< 0.0001	0.0001
		Total	-	-	0.0001	0.0002	-	-	< 0.0001	0.0001

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01E	Sulfonamides and trimethoprim	Public	0.1479	0.1137	0.1608	0.1181	0.0540	0.0415	0.0587	0.0431
		Private	0.1922	0.1436	0.1503	0.1511	0.0701	0.0524	0.0549	0.0551
		Total	0.3400	0.2573	0.3112	0.2692	0.1241	0.0939	0.1136	0.0982
J01EA	Trimethoprim and derivatives									
J01EA01	Trimethoprim	Public	0.0009	0.0011	0.0010	0.0012	0.0003	0.0004	0.0004	0.0004
		Private	-	-	-	-	-	-	-	-
		Total	0.0009	0.0011	0.0010	0.0012	0.0003	0.0004	0.0004	0.0004
J01EE	Combinations of sulfonamides and trimethoprim, including derivatives	Public	0.1469	0.1126	0.1598	0.1169	0.0536	0.0411	0.0583	0.0427
		Private	0.1922	0.1436	0.1503	0.1511	0.0701	0.0524	0.0549	0.0551
		Total	0.3391	0.2562	0.3102	0.2680	0.1238	0.0935	0.1132	0.0978
J01EE01	Sulfamethoxazole and trimethoprim	Public	0.1469	0.1126	0.1598	0.1169	0.0536	0.0411	0.0583	0.0427
		Private	0.1921	0.1434	0.1494	0.1511	0.0701	0.0523	0.0545	0.0551
		Total	0.3390	0.2559	0.3093	0.2680	0.1237	0.0934	0.1129	0.0978
J01EE02	Sulfadiazine and trimethoprim	Public	-	-	-	-	-	-	-	-
		Private	0.0001	0.0003	0.0009	-	< 0.0001	0.0001	0.0003	-
		Total	0.0001	0.0003	0.0009	-	< 0.0001	0.0001	0.0003	-
J01F	Macrolides, lincosamides and streptogramins	Public	0.4608	0.4758	0.3900	0.3818	0.1682	0.1737	0.1424	0.1394
		Private	1.1418	1.2056	1.2005	1.0644	0.4167	0.4400	0.4382	0.3885
		Total	1.6026	1.6814	1.5905	1.4462	0.5850	0.6137	0.5805	0.5279
J01FA	Macrolides	Public	0.4554	0.4682	0.3802	0.3715	0.1662	0.1709	0.1388	0.1356
		Private	1.1236	1.1894	1.1874	1.0525	0.4101	0.4341	0.4334	0.3842
		Total	1.5791	1.6576	1.5676	1.4241	0.5764	0.6050	0.5722	0.5198
J01FA01	Erythromycin	Public	0.4021	0.3959	0.3186	0.2881	0.1468	0.1445	0.1163	0.1052
		Private	0.3427	0.3175	0.1876	0.1979	0.1251	0.1159	0.0685	0.0722
		Total	0.7448	0.7135	0.5063	0.4860	0.2718	0.2604	0.1848	0.1774
J01FA02	Spiramycin	Public	-	-	-	-	-	-	-	-
		Private	0.0008	-	-	-	0.0003	-	-	-
		Total	0.0008	-	-	-	0.0003	-	-	-

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01FA06	Roxithromycin	Public	-	-	-	-	-	-	-	-
		Private	0.0620	0.0389	0.0370	0.0377	0.0226	0.0142	0.0135	0.0138
		Total	0.0620	0.0389	0.0370	0.0377	0.0226	0.0142	0.0135	0.0138
J01FA09	Clarithromycin	Public	0.0182	0.0250	0.0243	0.0258	0.0066	0.0091	0.0089	0.0094
		Private	0.4003	0.4751	0.5016	0.4065	0.1461	0.1734	0.1831	0.1484
		Total	0.4185	0.5000	0.5259	0.4322	0.1527	0.1825	0.1920	0.1578
J01FA10	Azithromycin	Public	0.0352	0.0473	0.0373	0.0576	0.0128	0.0173	0.0136	0.0210
		Private	0.3179	0.3579	0.4611	0.4105	0.1160	0.1306	0.1683	0.1498
		Total	0.3531	0.4052	0.4984	0.4682	0.1289	0.1479	0.1819	0.1709
J01FF	Lincosamides	Public	0.0054	0.0076	0.0098	0.0103	0.0020	0.0028	0.0036	0.0038
		Private	0.0181	0.0162	0.0131	0.0118	0.0066	0.0059	0.0048	0.0043
		Total	0.0235	0.0238	0.0230	0.0221	0.0086	0.0087	0.0084	0.0081
J01FF01	Clindamycin	Public	0.0054	0.0076	0.0098	0.0103	0.0020	0.0028	0.0036	0.0038
		Private	0.0123	0.0124	0.0099	0.0083	0.0045	0.0045	0.0036	0.0030
		Total	0.0177	0.0200	0.0197	0.0186	0.0065	0.0073	0.0072	0.0068
J01FF02	Lincomycin	Public	-	-	-	-	-	-	-	-
		Private	0.0058	0.0037	0.0032	0.0035	0.0021	0.0014	0.0012	0.0013
		Total	0.0058	0.0037	0.0032	0.0035	0.0021	0.0014	0.0012	0.0013
J01G	Aminoglycoside antibacterials	Public	0.0192	0.0190	0.0195	0.0212	0.0070	0.0069	0.0071	0.0077
		Private	0.0077	0.0078	0.0066	0.0062	0.0028	0.0028	0.0024	0.0022
		Total	0.0268	0.0268	0.0261	0.0274	0.0098	0.0098	0.0095	0.0100
J01GA	Streptomycins	Public	0.0070	0.0062	0.0061	0.0077	0.0025	0.0023	0.0022	0.0028
		Private	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0071	0.0063	0.0062	0.0078	0.0026	0.0023	0.0023	0.0028
J01GB	Other aminoglycosides	Public	0.0122	0.0128	0.0134	0.0135	0.0045	0.0047	0.0049	0.0049
		Private	0.0075	0.0077	0.0065	0.0060	0.0027	0.0028	0.0024	0.0022
		Total	0.0197	0.0205	0.0199	0.0196	0.0072	0.0075	0.0073	0.0071
J01GB03	Gentamicin	Public	0.0090	0.0095	0.0092	0.0104	0.0033	0.0035	0.0034	0.0038
		Private	0.0050	0.0051	0.0045	0.0040	0.0018	0.0018	0.0016	0.0015
		Total	0.0140	0.0146	0.0137	0.0145	0.0051	0.0053	0.0050	0.0053

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01GB04	Kanamycin	Public	0.0009	0.0014	0.0023	0.0009	0.0003	0.0005	0.0008	0.0003
		Private	0.0015	0.0017	0.0010	0.0012	0.0006	0.0006	0.0004	0.0005
		Total	0.0024	0.0031	0.0033	0.0021	0.0009	0.0011	0.0012	0.0008
J01GB06	Amikacin	Public	0.0022	0.0018	0.0018	0.0022	0.0008	0.0006	0.0007	0.0008
		Private	0.0006	0.0006	0.0007	0.0006	0.0002	0.0002	0.0003	0.0002
		Total	0.0028	0.0024	0.0025	0.0027	0.0010	0.0009	0.0009	0.0010
J01GB07	Netilmicin	Public	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	0.0001	< 0.0001
		Private	0.0004	0.0002	0.0002	0.0002	0.0001	0.0001	0.0001	0.0001
		Total	0.0005	0.0004	0.0004	0.0002	0.0002	0.0001	0.0001	0.0001
J01M	Quinolone antibacterials	Public	0.0391	0.0479	0.0532	0.0569	0.0143	0.0175	0.0194	0.0208
		Private	0.5396	0.5943	0.6150	0.5052	0.1970	0.2169	0.2245	0.1844
		Total	0.5787	0.6422	0.6682	0.5621	0.2112	0.2344	0.2439	0.2052
J01MA	Fluoroquinolones	Public	0.0391	0.0479	0.0532	0.0569	0.0143	0.0175	0.0194	0.0208
		Private	0.5287	0.5860	0.6060	0.4972	0.1930	0.2139	0.2212	0.1815
		Total	0.5678	0.6339	0.6592	0.5541	0.2072	0.2314	0.2406	0.2022
J01MA01	Ofloxacin	Public	0.0102	0.0131	0.0177	0.0154	0.0037	0.0048	0.0065	0.0056
		Private	0.0358	0.0417	0.0272	0.0270	0.0131	0.0152	0.0099	0.0099
		Total	0.0460	0.0548	0.0449	0.0424	0.0168	0.0200	0.0164	0.0155
J01MA02	Ciprofloxacin	Public	0.0273	0.0309	0.0316	0.0331	0.0100	0.0113	0.0115	0.0121
		Private	0.3800	0.4137	0.4298	0.3319	0.1387	0.1510	0.1569	0.1212
		Total	0.4073	0.4446	0.4613	0.3651	0.1487	0.1623	0.1684	0.1333
J01MA03	Pefloxacin	Public	0.0002	0.0002	-	-	0.0001	0.0001	-	-
		Private	0.0002	-	-	-	0.0001	-	-	-
		Total	0.0004	0.0002	-	-	0.0002	0.0001	-	-
J01MA06	Norfloxacin	Public	-	-	0.0002	0.0001	-	-	0.0001	< 0.0001
		Private	0.0355	0.0385	0.0430	0.0239	0.0129	0.0141	0.0157	0.0087
		Total	0.0355	0.0385	0.0432	0.0240	0.0129	0.0141	0.0158	0.0088
J01MA07	Lomefloxacin	Public	-	-	-	-	-	-	-	-
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01MA12	Levofloxacin	Public	0.0012	0.0034	0.0032	0.0077	0.0004	0.0012	0.0012	0.0028
		Private	0.0483	0.0631	0.0756	0.0835	0.0176	0.0230	0.0276	0.0305
		Total	0.0495	0.0665	0.0788	0.0912	0.0181	0.0243	0.0288	0.0333
J01MA14	Moxifloxacin	Public	0.0001	0.0003	0.0006	0.0005	< 0.0001	0.0001	0.0002	0.0002
		Private	0.0289	0.0289	0.0304	0.0308	0.0106	0.0106	0.0111	0.0113
		Total	0.0290	0.0293	0.0309	0.0314	0.0106	0.0107	0.0113	0.0115
J01MB	Other quinolones									
J01MB04	Pipemidic acid	Public	-	-	-	-	-	-	-	-
		Private	0.0109	0.0083	0.0090	0.0080	0.0040	0.0030	0.0033	0.0029
		Total	0.0109	0.0083	0.0090	0.0080	0.0040	0.0030	0.0033	0.0029
J01X	Other antibacterials	Public	0.1274	0.0549	0.0524	0.0296	0.0465	0.0200	0.0191	0.0108
		Private	0.0633	0.0751	0.0672	0.0630	0.0231	0.0274	0.0245	0.0230
		Total	0.1907	0.1300	0.1196	0.0926	0.0696	0.0474	0.0437	0.0338
J01XA	Glycopeptide antibacterials	Public	0.0038	0.0040	0.0043	0.0049	0.0014	0.0015	0.0016	0.0018
		Private	0.0004	0.0003	0.0003	0.0003	0.0002	0.0001	0.0001	0.0001
		Total	0.0042	0.0042	0.0046	0.0052	0.0015	0.0015	0.0017	0.0019
J01XA01	Vancomycin	Public	0.0038	0.0040	0.0043	0.0049	0.0014	0.0015	0.0016	0.0018
		Private	0.0002	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0040	0.0041	0.0044	0.0050	0.0015	0.0015	0.0016	0.0018
J01XA02	Teicoplanin	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	0.0002	0.0002	0.0002	0.0002	0.0001	0.0001	0.0001	0.0001
		Total	0.0002	0.0002	0.0002	0.0002	0.0001	0.0001	0.0001	0.0001
J01XB	Polymyxins	Public	0.0012	0.0018	0.0013	0.0030	0.0004	0.0006	0.0005	0.0011
		Private	-	-	-	0.0001	-	-	-	< 0.0001
		Total	0.0012	0.0018	0.0013	0.0031	0.0004	0.0006	0.0005	0.0011
J01XB01	Colistin	Public	0.0009	0.0016	0.0013	0.0029	0.0003	0.0006	0.0005	0.0011
		Private	-	-	-	0.0001	-	-	-	< 0.0001
		Total	0.0009	0.0016	0.0013	0.0030	0.0003	0.0006	0.0005	0.0011
J01XB02	Polymyxin B	Public	0.0003	0.0002	< 0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001
		Private	-	-	-	< 0.0001	-	-	-	< 0.0001
		Total	0.0003	0.0002	< 0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001

Table 15.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J01XC	Steroid antibacterials									
J01XC01	Fusidic acid	Public	0.0103	0.0116	0.0088	0.0122	0.0037	0.0042	0.0032	0.0044
		Private	0.0009	0.0011	0.0011	0.0010	0.0003	0.0004	0.0004	0.0004
		Total	0.0112	0.0127	0.0099	0.0132	0.0041	0.0046	0.0036	0.0048
J01XD	Imidazole derivatives	Public	0.1079	0.0327	0.0349	0.0073	0.0394	0.0119	0.0127	0.0027
		Private	0.0561	0.0662	0.0594	0.0530	0.0205	0.0242	0.0217	0.0193
		Total	0.1639	0.0989	0.0943	0.0603	0.0598	0.0361	0.0344	0.0220
J01XD01	Metronidazole	Public	0.1079	0.0327	0.0349	0.0073	0.0394	0.0119	0.0127	0.0027
		Private	0.0538	0.0644	0.0581	0.0523	0.0196	0.0235	0.0212	0.0191
		Total	0.1617	0.0971	0.0930	0.0597	0.0590	0.0355	0.0339	0.0218
J01XD02	Tinidazole	Public	-	-	-	-	-	-	-	-
		Private	0.0022	0.0018	0.0013	0.0007	0.0008	0.0007	0.0005	0.0002
		Total	0.0022	0.0018	0.0013	0.0007	0.0008	0.0007	0.0005	0.0002
J01XE	Nitrofurantoin derivatives									
J01XE01	Nitrofurantoin	Public	0.0039	0.0045	0.0028	0.0018	0.0014	0.0016	0.0010	0.0007
		Private	0.0021	0.0035	0.0023	0.0040	0.0008	0.0013	0.0008	0.0014
		Total	0.0060	0.0080	0.0051	0.0058	0.0022	0.0029	0.0019	0.0021
J01XX	Other antibacterials	Public	0.0005	0.0003	0.0004	0.0004	0.0002	0.0001	0.0001	0.0001
		Private	0.0038	0.0040	0.0042	0.0046	0.0014	0.0015	0.0015	0.0017
		Total	0.0042	0.0043	0.0045	0.0050	0.0016	0.0016	0.0016	0.0018
J01XX01	Fosfomycin	Public	-	-	< 0.0001	-	-	-	< 0.0001	-
		Private	0.0033	0.0034	0.0035	0.0038	0.0012	0.0013	0.0013	0.0014
		Total	0.0033	0.0034	0.0035	0.0038	0.0012	0.0013	0.0013	0.0014
J01XX04	Spectinomycin	Public	-	-	-	-	-	-	-	-
		Private	-	< 0.0001	-	-	-	< 0.0001	-	-
		Total	-	< 0.0001	-	-	-	< 0.0001	-	-
J01XX08	Linezolid	Public	0.0004	0.0003	0.0003	0.0003	0.0002	0.0001	0.0001	0.0001
		Private	0.0004	0.0005	0.0006	0.0007	0.0002	0.0002	0.0002	0.0003
		Total	0.0009	0.0008	0.0009	0.0011	0.0003	0.0003	0.0003	0.0004
J01XX09	Daptomycin	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	< 0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001

Table 15.3: Use of antimycotics from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J02A	Antimycotics for systemic use	Public	0.0501	0.0583	0.0564	0.0631	0.0183	0.0213	0.0206	0.0230
		Private	0.4280	0.4277	0.5082	0.2208	0.1562	0.1561	0.1855	0.0806
		Total	0.4781	0.4860	0.5645	0.2839	0.1745	0.1774	0.2061	0.1036
J02AA	Antibiotics									
J02AA01	Amphotericin B	Public	0.0023	0.0028	0.0028	0.0040	0.0008	0.0010	0.0010	0.0014
		Private	0.0001	0.0001	< 0.0001	0.0002	< 0.0001	< 0.0001	< 0.0001	0.0001
		Total	0.0024	0.0029	0.0028	0.0041	0.0009	0.0010	0.0010	0.0015
J02AB	Imidazole derivatives									
J02AB02	Ketoconazole	Public	0.0110	0.0130	0.0091	0.0101	0.0040	0.0047	0.0033	0.0037
		Private	0.3708	0.3708	0.4454	0.1604	0.1354	0.1353	0.1626	0.0585
		Total	0.3818	0.3838	0.4545	0.1705	0.1394	0.1401	0.1659	0.0622
J02AC	Triazole derivatives	Public	0.0364	0.0420	0.0439	0.0482	0.0133	0.0153	0.0160	0.0176
		Private	0.0570	0.0567	0.0626	0.0601	0.0208	0.0207	0.0228	0.0219
		Total	0.0934	0.0987	0.1065	0.1083	0.0341	0.0360	0.0389	0.0395
J02AC01	Fluconazole	Public	0.0162	0.0194	0.0225	0.0218	0.0059	0.0071	0.0082	0.0080
		Private	0.0331	0.0343	0.0398	0.0379	0.0121	0.0125	0.0145	0.0138
		Total	0.0494	0.0537	0.0623	0.0597	0.0180	0.0196	0.0228	0.0218
J02AC02	Itraconazole	Public	0.0196	0.0220	0.0210	0.0258	0.0071	0.0080	0.0077	0.0094
		Private	0.0236	0.0221	0.0225	0.0219	0.0086	0.0081	0.0082	0.0080
		Total	0.0431	0.0441	0.0435	0.0476	0.0157	0.0161	0.0159	0.0174
J02AC03	Voriconazole	Public	0.0005	0.0005	0.0004	0.0006	0.0002	0.0002	0.0002	0.0002
		Private	0.0002	0.0002	0.0002	0.0002	0.0001	0.0001	0.0001	0.0001
		Total	0.0008	0.0007	0.0006	0.0008	0.0003	0.0003	0.0002	0.0003
J02AC04	Posaconazole	Public	< 0.0001	< 0.0001	< 0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	0.0001	0.0001	< 0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	0.0001
J02AX	Other antimycotics for systemic use	Public	0.0004	0.0005	0.0006	0.0008	0.0001	0.0002	0.0002	0.0003
		Private	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0005	0.0006	0.0007	0.0009	0.0002	0.0002	0.0002	0.0003

Table 15.3: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J02AX01	Flucytosine	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	-	-	-	-	-	-	-	-
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
J02AX04	Caspofungin	Public	0.0003	0.0003	0.0003	0.0004	0.0001	0.0001	0.0001	0.0002
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0003	0.0003	0.0004	0.0005	0.0001	0.0001	0.0001	0.0002
J02AX06	Anidulafungin	Public	0.0001	0.0002	0.0002	0.0003	0.0001	0.0001	0.0001	0.0001
		Private	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0002	0.0003	0.0003	0.0003	0.0001	0.0001	0.0001	0.0001

Table 15.4: Use of drugs for treatment of tuberculosis from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J04A	Drugs for treatment of tuberculosis	Public	0.7471	0.7655	0.7309	0.7560	0.2727	0.2794	0.2668	0.2759
		Private	0.0775	0.0701	0.1121	0.0856	0.0283	0.0256	0.0409	0.0312
		Total	0.8245	0.8356	0.8430	0.8416	0.3010	0.3050	0.3077	0.3072
J04AB	Antibiotics	Public	0.2062	0.2461	0.2572	0.2577	0.0753	0.0898	0.0939	0.0940
		Private	0.0187	0.0157	0.0194	0.0047	0.0068	0.0057	0.0071	0.0017
		Total	0.2248	0.2618	0.2766	0.2624	0.0821	0.0955	0.1009	0.0958
J04AB01	Cycloserine	Public	0.0020	0.0019	0.0024	0.0026	0.0007	0.0007	0.0009	0.0009
		Private	-	-	-	-	-	-	-	-
		Total	0.0020	0.0019	0.0024	0.0026	0.0007	0.0007	0.0009	0.0009
J04AB02	Rifampicin	Public	0.2042	0.2442	0.2548	0.2550	0.0745	0.0891	0.0930	0.0931
		Private	0.0187	0.0157	0.0194	0.0047	0.0068	0.0057	0.0071	0.0017
		Total	0.2229	0.2599	0.2742	0.2597	0.0813	0.0948	0.1001	0.0948
J04AB04	Rifabutin	Public	-	-	-	0.0001	-	-	-	< 0.0001
		Private	< 0.0001	-	-	-	< 0.0001	-	-	-
		Total	< 0.0001	-	-	0.0001	< 0.0001	-	-	< 0.0001

Table 15.4: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J04AC	Hydrazides									
J04AC01	Isoniazid	Public	0.3418	0.2965	0.2966	0.3163	0.1248	0.1082	0.1083	0.1155
		Private	0.0033	0.0090	0.0349	0.0330	0.0012	0.0033	0.0127	0.0121
		Total	0.3452	0.3055	0.3315	0.3494	0.1260	0.1115	0.1210	0.1275
J04AD	Thiocarbamide derivatives									
J04AD03	Ethionamide	Public	0.0010	0.0025	0.0028	0.0044	0.0004	0.0009	0.0010	0.0016
		Private	-	-	-	< 0.0001	-	-	-	< 0.0001
		Total	0.0010	0.0025	0.0028	0.0044	0.0004	0.0009	0.0010	0.0016
J04AK	Other drugs for treatment of tuberculosis	Public	0.1681	0.1535	0.1013	0.0750	0.0613	0.0560	0.0370	0.0274
		Private	0.0331	0.0204	0.0237	0.0207	0.0121	0.0074	0.0087	0.0076
		Total	0.2011	0.1739	0.1250	0.0957	0.0734	0.0635	0.0456	0.0349
J04AK01	Pyrazinamide	Public	0.0885	0.0800	0.0592	0.0347	0.0323	0.0292	0.0216	0.0127
		Private	0.0181	0.0076	0.0113	0.0106	0.0066	0.0028	0.0041	0.0039
		Total	0.1066	0.0876	0.0705	0.0453	0.0389	0.0320	0.0258	0.0165
J04AK02	Ethambutol	Public	0.0795	0.0734	0.0420	0.0403	0.0290	0.0268	0.0153	0.0147
		Private	0.0150	0.0128	0.0124	0.0100	0.0055	0.0047	0.0045	0.0037
		Total	0.0945	0.0863	0.0544	0.0504	0.0345	0.0315	0.0199	0.0184
J04AM	Combinations of drugs for treatment of tuberculosis	Public	0.0300	0.0670	0.0731	0.1027	0.0109	0.0245	0.0267	0.0375
		Private	0.0224	0.0250	0.0341	0.0271	0.0082	0.0091	0.0124	0.0099
		Total	0.0524	0.0920	0.1072	0.1297	0.0191	0.0336	0.0391	0.0474
J04AM02	Rifampicin and isoniazid	Public	0.0010	0.0001	0.0001	0.0141	0.0004	0.0001	< 0.0001	0.0051
		Private	0.0090	0.0080	0.0188	0.0117	0.0033	0.0029	0.0069	0.0043
		Total	0.0101	0.0081	0.0189	0.0258	0.0037	0.0030	0.0069	0.0094
J04AM05	Rifampicin, pyrazinamide and isoniazid	Public	0.0013	0.0013	0.0025	0.0012	0.0005	0.0005	0.0009	0.0004
		Private	0.0103	0.0112	0.0084	0.0037	0.0038	0.0041	0.0031	0.0013
		Total	0.0117	0.0125	0.0109	0.0049	0.0043	0.0046	0.0040	0.0018
J04AM06	Rifampicin, pyrazinamide, ethambutol and isoniazid	Public	0.0276	0.0656	0.0705	0.0874	0.0101	0.0239	0.0257	0.0319
		Private	0.0031	0.0058	0.0069	0.0117	0.0011	0.0021	0.0025	0.0043
		Total	0.0307	0.0714	0.0774	0.0990	0.0112	0.0260	0.0282	0.0361

Table 15.4: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J04B	Drugs for treatment of lepra									
J04BA	Drugs for treatment of lepra	Public	0.0675	0.0472	0.0581	0.0815	0.0246	0.0172	0.0212	0.0297
		Private	0.0026	0.0033	0.0053	0.0074	0.0010	0.0012	0.0019	0.0027
		Total	0.0701	0.0505	0.0634	0.0889	0.0256	0.0184	0.0231	0.0324
J04BA01	Clofazimine	Public	0.0015	0.0022	0.0024	0.0023	0.0006	0.0008	0.0009	0.0009
		Private	-	-	-	-	-	-	-	-
		Total	0.0015	0.0022	0.0024	0.0023	0.0006	0.0008	0.0009	0.0009
J04BA02	Dapsone	Public	0.0660	0.0449	0.0557	0.0791	0.0241	0.0164	0.0203	0.0289
		Private	0.0026	0.0033	0.0053	0.0074	0.0010	0.0012	0.0019	0.0027
		Total	0.0686	0.0483	0.0610	0.0866	0.0250	0.0176	0.0223	0.0316

Table 15.5: Use of antivirals from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J05A	Direct acting antivirals	Public	0.7009	0.9237	0.8101	1.1961	0.2558	0.3371	0.2957	0.4366
		Private	0.1902	0.1676	0.1815	0.1966	0.0694	0.0612	0.0663	0.0717
		Total	0.8911	1.0913	0.9917	1.3927	0.3253	0.3983	0.3620	0.5083
J05AB	Nucleosides and nucleotides excluding reverse transcriptase inhibitors	Public	0.0099	0.0116	0.0136	0.0186	0.0036	0.0042	0.0049	0.0068
		Private	0.0605	0.0493	0.0528	0.0508	0.0221	0.0180	0.0193	0.0185
		Total	0.0704	0.0608	0.0663	0.0694	0.0257	0.0222	0.0242	0.0253
J05AB01	Aciclovir	Public	0.0089	0.0110	0.0129	0.0179	0.0033	0.0040	0.0047	0.0065
		Private	0.0527	0.0422	0.0456	0.0453	0.0193	0.0154	0.0167	0.0165
		Total	0.0617	0.0532	0.0585	0.0632	0.0225	0.0194	0.0214	0.0231
J05AB04	Ribavirin	Public	0.0005	0.0001	0.0001	< 0.0001	0.0002	< 0.0001	< 0.0001	< 0.0001
		Private	0.0049	0.0042	0.0039	0.0033	0.0018	0.0015	0.0014	0.0012
		Total	0.0054	0.0043	0.0040	0.0033	0.0020	0.0016	0.0015	0.0012
J05AB06	Ganciclovir	Public	0.0003	0.0003	0.0003	0.0003	0.0001	0.0001	0.0001	0.0001
		Private	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0004	0.0004	0.0004	0.0004	0.0001	0.0001	0.0001	0.0001

Table 15.5: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J05AB11	Valaciclovir	Public	-	-	< 0.0001	-	-	-	< 0.0001	-
		Private	0.0026	0.0027	0.0030	0.0020	0.0010	0.0010	0.0011	0.0007
		Total	0.0026	0.0027	0.0031	0.0020	0.0010	0.0010	0.0011	0.0007
J05AB14	Valganciclovir	Public	0.0002	0.0002	0.0002	0.0004	0.0001	0.0001	0.0001	0.0001
		Private	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	0.0001
		Total	0.0003	0.0003	0.0003	0.0005	0.0001	0.0001	0.0001	0.0002
J05AD	Phosphonic acid derivatives									
J05AD01	Foscarnet	Public	0.0001	0.0002	-	< 0.0001	< 0.0001	0.0001	-	< 0.0001
		Private	-	< 0.0001	< 0.0001	-	-	< 0.0001	< 0.0001	-
		Total	0.0001	0.0002	< 0.0001	< 0.0001	< 0.0001	0.0001	< 0.0001	< 0.0001
J05AE	Protease inhibitors									
		Public	0.0069	0.0063	0.0033	0.0039	0.0025	0.0023	0.0012	0.0014
		Private	0.0014	0.0013	0.0014	0.0008	0.0005	0.0005	0.0005	0.0003
		Total	0.0082	0.0077	0.0048	0.0048	0.0030	0.0028	0.0017	0.0017
J05AE01	Saquinavir	Public	-	-	-	-	-	-	-	-
		Private	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
J05AE02	Indinavir	Public	0.0040	0.0048	0.0012	0.0002	0.0015	0.0017	0.0004	0.0001
		Private	0.0012	0.0010	0.0007	0.0003	0.0004	0.0004	0.0003	0.0001
		Total	0.0052	0.0057	0.0019	0.0004	0.0019	0.0021	0.0007	0.0002
J05AE03	Ritonavir	Public	0.0009	0.0011	0.0011	0.0004	0.0003	0.0004	0.0004	0.0001
		Private	0.0001	0.0001	0.0002	0.0001	< 0.0001	< 0.0001	0.0001	0.0001
		Total	0.0010	0.0011	0.0013	0.0005	0.0004	0.0004	0.0005	0.0002
J05AE08	Atazanavir	Public	0.0018	0.0002	0.0006	0.0024	0.0007	0.0001	0.0002	0.0009
		Private	-	-	-	-	-	-	-	-
		Total	0.0018	0.0002	0.0006	0.0024	0.0007	0.0001	0.0002	0.0009
J05AE10	Darunavir	Public	0.0001	0.0002	0.0004	0.0009	< 0.0001	0.0001	0.0001	0.0003
		Private	< 0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0002	0.0003	0.0005	0.0010	0.0001	0.0001	0.0002	0.0004
J05AE12	Boceprevir	Public	-	< 0.0001	< 0.0001	0.0001	-	< 0.0001	< 0.0001	< 0.0001
		Private	-	0.0001	0.0004	0.0003	-	< 0.0001	0.0001	0.0001
		Total	-	0.0001	0.0004	0.0003	-	0.0001	0.0001	0.0001

Table 15.5: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J05AF	Nucleoside and nucleotide reverse transcriptase inhibitors	Public	0.1728	0.2307	0.3325	0.4455	0.0631	0.0842	0.1213	0.1626
		Private	0.0961	0.0790	0.0808	0.0993	0.0351	0.0288	0.0295	0.0362
		Total	0.2689	0.3096	0.4132	0.5448	0.0982	0.1130	0.1508	0.1989
J05AF01	Zidovudine	Public	0.0074	0.0123	0.1681	0.2714	0.0027	0.0045	0.0613	0.0991
		Private	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0074	0.0123	0.1681	0.2714	0.0027	0.0045	0.0613	0.0991
J05AF02	Didanosine	Public	0.0068	0.0080	0.0051	0.0027	0.0025	0.0029	0.0019	0.0010
		Private	-	-	-	-	-	-	-	-
		Total	0.0068	0.0080	0.0051	0.0027	0.0025	0.0029	0.0019	0.0010
J05AF04	Stavudine	Public	0.0356	0.0294	0.0179	0.0001	0.0130	0.0107	0.0065	< 0.0001
		Private	-	-	-	-	-	-	-	-
		Total	0.0356	0.0294	0.0179	0.0001	0.0130	0.0107	0.0065	< 0.0001
J05AF05	Lamivudine	Public	0.0743	0.0949	0.0570	0.0316	0.0271	0.0346	0.0208	0.0116
		Private	0.0054	0.0042	0.0035	0.0031	0.0020	0.0015	0.0013	0.0011
		Total	0.0797	0.0991	0.0605	0.0348	0.0291	0.0362	0.0221	0.0127
J05AF06	Abacavir	Public	0.0011	0.0018	0.0023	0.0045	0.0004	0.0006	0.0008	0.0017
		Private	0.0001	0.0001	0.0002	0.0002	< 0.0001	0.0001	0.0001	0.0001
		Total	0.0012	0.0019	0.0025	0.0047	0.0004	0.0007	0.0009	0.0017
J05AF07	Tenofovir disoproxil	Public	0.0143	0.0319	0.0373	0.0777	0.0052	0.0117	0.0136	0.0284
		Private	0.0073	0.0111	0.0105	0.0121	0.0027	0.0041	0.0038	0.0044
		Total	0.0216	0.0431	0.0479	0.0898	0.0079	0.0157	0.0175	0.0328
J05AF08	Adefovir dipivoxil	Public	0.0140	0.0162	0.0097	0.0080	0.0051	0.0059	0.0035	0.0029
		Private	0.0110	0.0075	0.0064	0.0063	0.0040	0.0027	0.0023	0.0023
		Total	0.0249	0.0237	0.0161	0.0143	0.0091	0.0086	0.0059	0.0052
J05AF10	Entecavir	Public	0.0171	0.0317	0.0290	0.0400	0.0063	0.0116	0.0106	0.0146
		Private	0.0640	0.0487	0.0533	0.0692	0.0234	0.0178	0.0194	0.0253
		Total	0.0811	0.0804	0.0823	0.1092	0.0296	0.0294	0.0300	0.0399
J05AF11	Telbivudine	Public	0.0021	0.0044	0.0061	0.0094	0.0008	0.0016	0.0022	0.0034
		Private	0.0083	0.0073	0.0069	0.0084	0.0030	0.0027	0.0025	0.0031
		Total	0.0105	0.0117	0.0130	0.0178	0.0038	0.0043	0.0047	0.0065

Table 15.5: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J05AG	Non-nucleoside reverse transcriptase inhibitors	Public	0.2493	0.3384	0.3184	0.4455	0.0910	0.1235	0.1162	0.1626
		Private	0.0128	0.0153	0.0167	0.0177	0.0047	0.0056	0.0061	0.0065
		Total	0.2621	0.3537	0.3350	0.4632	0.0957	0.1291	0.1223	0.1691
J05AG01	Nevirapine	Public	0.0621	0.0903	0.0942	0.1060	0.0227	0.0330	0.0344	0.0387
		Private	0.0001	0.0002	< 0.0001	0.0001	< 0.0001	0.0001	< 0.0001	< 0.0001
		Total	0.0622	0.0905	0.0943	0.1061	0.0227	0.0330	0.0344	0.0387
J05AG03	Efavirenz	Public	0.1872	0.2481	0.2241	0.3394	0.0683	0.0906	0.0818	0.1239
		Private	0.0127	0.0151	0.0166	0.0176	0.0046	0.0055	0.0061	0.0064
		Total	0.2000	0.2632	0.2407	0.3570	0.0730	0.0961	0.0879	0.1303
J05AG04	Etravirine	Public	-	-	-	< 0.0001	-	-	-	< 0.0001
		Private	-	-	-	< 0.0001	-	-	-	< 0.0001
		Total	-	-	-	< 0.0001	-	-	-	< 0.0001
J05AH	Neuraminidase inhibitors	Public	0.0001	0.0001	0.0010	0.0096	< 0.0001	< 0.0001	0.0004	0.0035
		Private	0.0071	0.0089	0.0132	0.0105	0.0026	0.0032	0.0048	0.0038
		Total	0.0073	0.0089	0.0142	0.0201	0.0026	0.0033	0.0052	0.0073
J05AH01	Zanamivir	Public	-	-	-	-	-	-	-	-
		Private	0.0001	< 0.0001	0.0001	0.0002	< 0.0001	< 0.0001	< 0.0001	0.0001
		Total	0.0001	< 0.0001	0.0001	0.0002	< 0.0001	< 0.0001	< 0.0001	0.0001
J05AH02	Oseltamivir	Public	0.0001	0.0001	0.0010	0.0096	< 0.0001	< 0.0001	0.0004	0.0035
		Private	0.0070	0.0088	0.0131	0.0104	0.0026	0.0032	0.0048	0.0038
		Total	0.0072	0.0089	0.0141	0.0200	0.0026	0.0033	0.0052	0.0073
J05AR	Antivirals for treatment of HIV infections, combinations	Public	0.2615	0.3363	0.1387	0.2688	0.0955	0.1227	0.0506	0.0981
		Private	0.0122	0.0137	0.0164	0.0168	0.0045	0.0050	0.0060	0.0061
		Total	0.2737	0.3499	0.1551	0.2857	0.0999	0.1277	0.0566	0.1043
J05AR01	Zidovudine and lamivudine	Public	0.1878	0.2063	0.0074	0.0324	0.0686	0.0753	0.0027	0.0118
		Private	0.0066	0.0060	0.0043	0.0041	0.0024	0.0022	0.0016	0.0015
		Total	0.1944	0.2123	0.0117	0.0365	0.0710	0.0775	0.0043	0.0133
J05AR02	Lamivudine and abacavir	Public	-	0.0012	0.0084	0.0221	-	0.0004	0.0031	0.0081
		Private	-	0.0005	0.0015	0.0011	-	0.0002	0.0005	0.0004
		Total	-	0.0018	0.0099	0.0232	-	0.0006	0.0036	0.0085

Table 15.5: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
J05AR03	Tenofovir disoproxil and emtricitabine	Public	0.0156	0.0737	0.0843	0.1650	0.0057	0.0269	0.0308	0.0602
		Private	0.0030	0.0039	0.0055	0.0064	0.0011	0.0014	0.0020	0.0023
		Total	0.0186	0.0776	0.0898	0.1714	0.0068	0.0283	0.0328	0.0626
J05AR06	Emtricitabine, tenofovir disoproxil and efavirenz	Public	-	-	-	0.0016	-	-	-	0.0006
		Private	-	-	-	-	-	-	-	-
		Total	-	-	-	0.0016	-	-	-	0.0006
J05AR07	Stavudine, lamivudine and nevirapine	Public	0.0413	0.0329	0.0174	0.0091	0.0151	0.0120	0.0064	0.0033
		Private	-	-	-	-	-	-	-	-
		Total	0.0413	0.0329	0.0174	0.0091	0.0151	0.0120	0.0064	0.0033
J05AR10	Lopinavir and ritonavir	Public	0.0143	0.0180	0.0212	0.0361	0.0052	0.0066	0.0077	0.0132
		Private	0.0026	0.0032	0.0051	0.0053	0.0010	0.0012	0.0019	0.0019
		Total	0.0169	0.0212	0.0263	0.0414	0.0062	0.0077	0.0096	0.0151
J05AR12	Lamivudine and tenofovir disoproxil	Public	0.0024	0.0042	-	0.0024	0.0009	0.0015	-	0.0009
		Private	-	-	-	-	-	-	-	-
		Total	0.0024	0.0042	-	0.0024	0.0009	0.0015	-	0.0009
J05AX	Other antivirals									
J05AX08	Raltegravir	Public	0.0003	0.0001	0.0026	0.0041	0.0001	< 0.0001	0.0010	0.0015
		Private	0.0001	0.0002	0.0003	0.0005	< 0.0001	0.0001	0.0001	0.0002
		Total	0.0004	0.0003	0.0030	0.0046	0.0001	0.0001	0.0011	0.0017

Table 15.6: Use of antiprotozoal agents from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
P01A	Agents against amoebiasis and other protozoal diseases	Public	0.0318	0.0935	0.0916	0.1021	0.0116	0.0341	0.0334	0.0373
		Private	0.0787	0.0904	0.0826	0.0654	0.0287	0.0330	0.0302	0.0239
		Total	0.1105	0.1838	0.1742	0.1675	0.0403	0.0671	0.0636	0.0611
P01AB	Nitroimidazole derivatives									
P01AB01	Metronidazole	Public	0.0318	0.0935	0.0916	0.1021	0.0116	0.0341	0.0334	0.0373
		Private	0.0787	0.0904	0.0826	0.0654	0.0287	0.0330	0.0302	0.0239
		Total	0.1105	0.1838	0.1742	0.1675	0.0403	0.0671	0.0636	0.0611
P01AX	Other agents against amoebiasis and other protozoal diseases									
P01AX06	Atovaquone	Public	-	-	-	< 0.0001	-	-	-	< 0.0001
		Private	-	-	-	-	-	-	-	-
		Total	-	-	-	< 0.0001	-	-	-	< 0.0001
P01B	Antimalarials	Public	0.0325	0.0439	0.0153	0.0170	0.0119	0.0160	0.0056	0.0062
		Private	0.0174	0.0104	0.0133	0.0039	0.0064	0.0038	0.0049	0.0014
		Total	0.0500	0.0543	0.0286	0.0209	0.0182	0.0198	0.0104	0.0076
P01BA	Aminoquinolines	Public	0.0293	0.0386	0.0108	0.0102	0.0107	0.0141	0.0039	0.0037
		Private	0.0143	0.0038	0.0020	0.0007	0.0052	0.0014	0.0007	0.0003
		Total	0.0436	0.0424	0.0128	0.0109	0.0159	0.0155	0.0047	0.0040
P01BA01	Chloroquine	Public	0.0103	0.0232	0.0009	0.0024	0.0038	0.0085	0.0003	0.0009
		Private	0.0002	0.0006	-	-	0.0001	0.0002	-	-
		Total	0.0105	0.0238	0.0009	0.0024	0.0038	0.0087	0.0003	0.0009
P01BA03	Primaquine	Public	0.0190	0.0154	0.0099	0.0078	0.0069	0.0056	0.0036	0.0028
		Private	0.0141	0.0033	0.0020	0.0007	0.0052	0.0012	0.0007	0.0003
		Total	0.0331	0.0187	0.0119	0.0085	0.0121	0.0068	0.0043	0.0031
P01BB	Biguanides									
P01BB51	Proguanil, combinations	Public	< 0.0001	-	-	-	< 0.0001	-	-	-
		Private	0.0011	0.0015	0.0014	0.0014	0.0004	0.0005	0.0005	0.0005
		Total	0.0011	0.0015	0.0014	0.0014	0.0004	0.0005	0.0005	0.0005
P01BC	Methanolquinolines	Public	0.0001	0.0005	0.0001	0.0002	< 0.0001	0.0002	< 0.0001	0.0001
		Private	0.0001	0.0003	0.0002	< 0.0001	< 0.0001	0.0001	0.0001	< 0.0001
		Total	0.0001	0.0009	0.0003	0.0003	< 0.0001	0.0003	0.0001	0.0001

Table 15.6: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
P01BC01	Quinine	Public	0.0001	0.0005	0.0001	0.0002	< 0.0001	0.0002	< 0.0001	0.0001
		Private	< 0.0001	0.0002	0.0001	< 0.0001	< 0.0001	0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0007	0.0002	0.0002	< 0.0001	0.0003	0.0001	0.0001
P01BC02	Mefloquine	Public	< 0.0001	< 0.0001	-	< 0.0001	< 0.0001	< 0.0001	-	< 0.0001
		Private	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
P01BD	Diaminopyrimidines	Public	0.0024	0.0030	0.0038	0.0055	0.0009	0.0011	0.0014	0.0020
		Private	0.0019	0.0047	0.0097	0.0016	0.0007	0.0017	0.0035	0.0006
		Total	0.0043	0.0077	0.0135	0.0071	0.0016	0.0028	0.0049	0.0026
P01BD01	Pyrimethamine	Public	0.0005	0.0011	0.0004	0.0022	0.0002	0.0004	0.0001	0.0008
		Private	-	-	-	-	-	-	-	-
		Total	0.0005	0.0011	0.0004	0.0022	0.0002	0.0004	0.0001	0.0008
P01BD51	Pyrimethamine, combinations	Public	0.0018	0.0020	0.0035	0.0033	0.0007	0.0007	0.0013	0.0012
		Private	0.0019	0.0047	0.0097	0.0016	0.0007	0.0017	0.0035	0.0006
		Total	0.0038	0.0067	0.0131	0.0049	0.0014	0.0024	0.0048	0.0018
P01BE	Artemisinin and derivatives, plain									
P01BE03	Artesunate	Public	0.0001	0.0003	0.0001	0.0004	< 0.0001	0.0001	< 0.0001	0.0001
		Private	-	-	-	-	-	-	-	-
		Total	0.0001	0.0003	0.0001	0.0004	< 0.0001	0.0001	< 0.0001	0.0001
P01BF	Artemisinin and derivatives, combinations	Public	0.0007	0.0015	0.0006	0.0008	0.0002	0.0005	0.0002	0.0003
		Private	< 0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0007	0.0016	0.0007	0.0009	0.0003	0.0006	0.0002	0.0003
P01BF01	Artemether and lumefantrine	Public	0.0003	0.0006	0.0006	0.0005	0.0001	0.0002	0.0002	0.0002
		Private	< 0.0001	0.0001	0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0004	0.0007	0.0007	0.0006	0.0001	0.0002	0.0002	0.0002
P01BF02	Artesunate and mefloquine	Public	0.0004	0.0009	-	0.0003	0.0001	0.0003	-	0.0001
		Private	-	-	-	-	-	-	-	-
		Total	0.0004	0.0009	-	0.0003	0.0001	0.0003	-	0.0001
P01C	Agents against leishmaniasis and trypanosomiasis									
P01CX	Other agents against leishmaniasis and trypanosomiasis									
P01CX01	Pentamidine isethionate	Public	0.0002	0.0001	0.0002	0.0002	0.0001	< 0.0001	0.0001	0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0002	0.0001	0.0002	0.0002	0.0001	< 0.0001	0.0001	0.0001

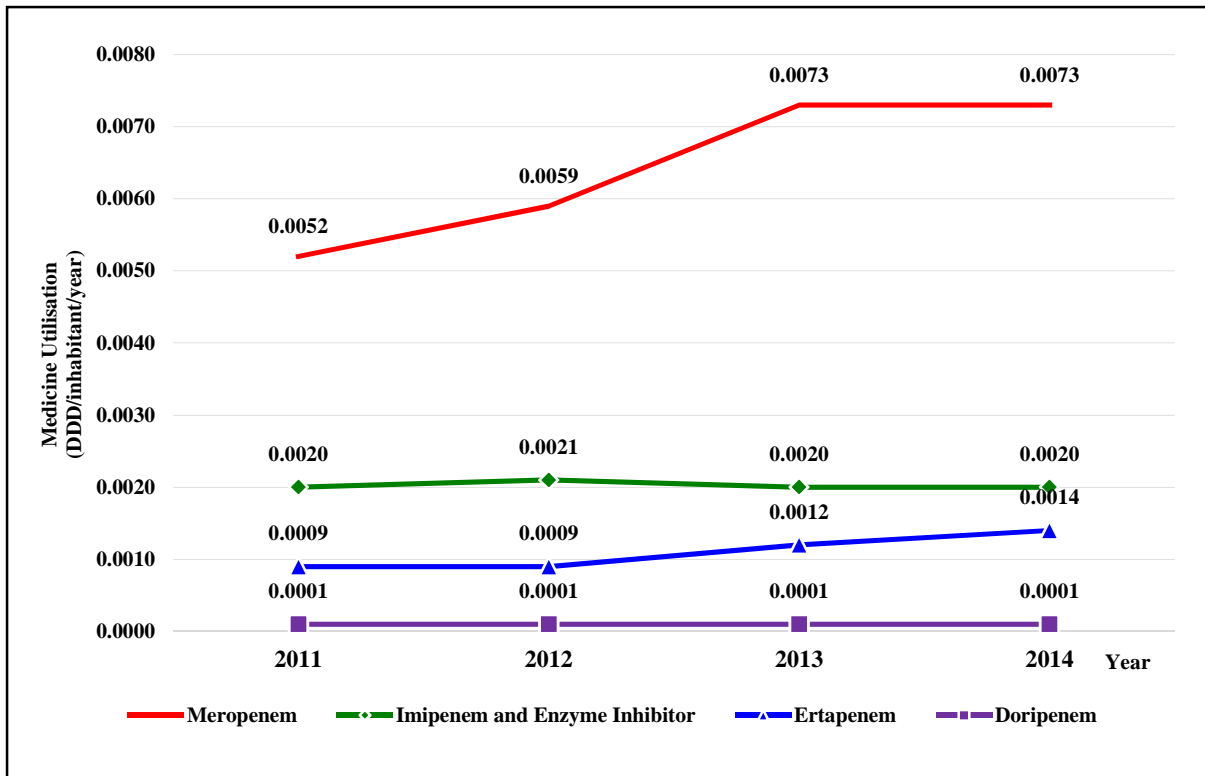


Figure 15.1: Carapenems usage in DDD/inhabitant/year from year 2011 to 2014.

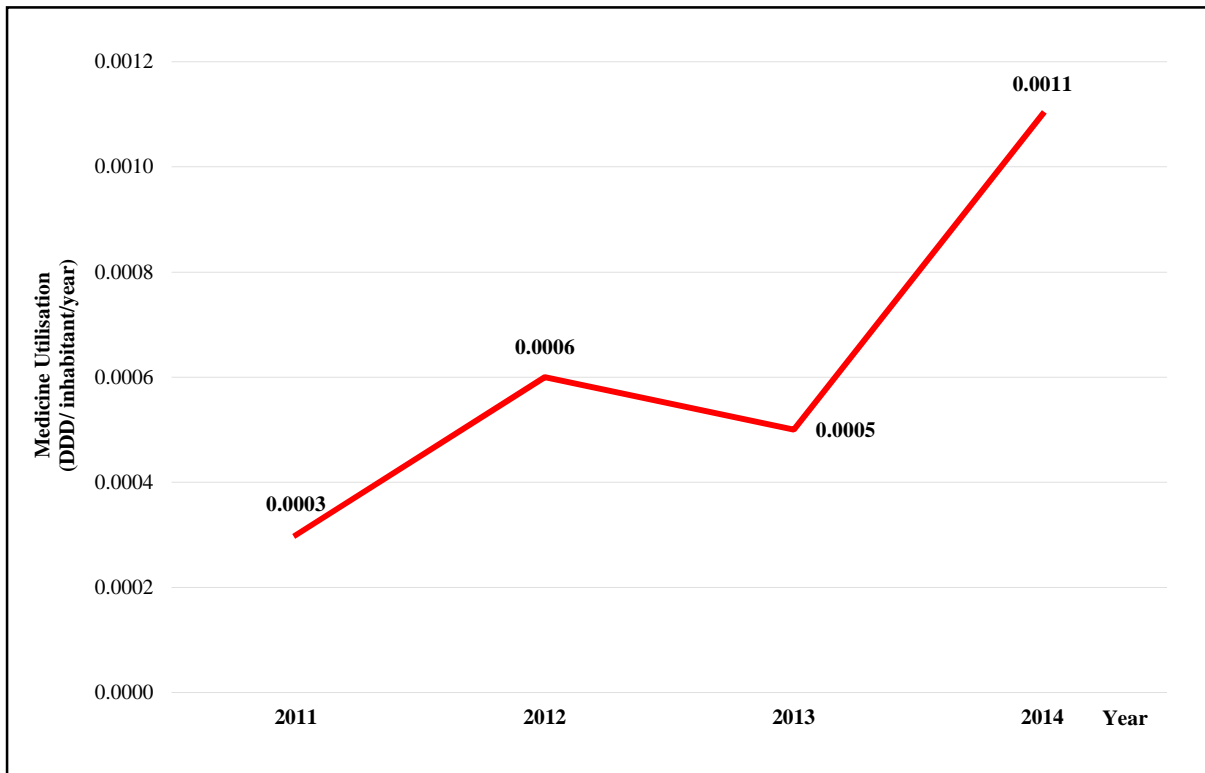


Figure 15.2: Colistin usage in DDD/inhabitant/year from year 2011 to 2014.

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CHAPTER 16: USE OF ANTINEOPLASTIC AGENTS, TARGETTED THERAPY AND ENDOCRINE THERAPY

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GLOBOCAN 2012 reported 14.1 million new cancer cases, 8.2 million cancer deaths and 32.6 million people living with cancer (within 5 years of diagnosis) in 2012 worldwide¹. In Malaysia, a total number of 103,507 new cancer cases were diagnosed during the period of 2007 to 2011². The five commonest cancer were breast (17.7%), colorectal (13.2%), lung (10.2%), lymphoma (5.2%) and nasopharynx (4.9%). Cancer was the fourth (13%) common cause of death in Ministry of Health facilities and second (25.5%) most common cause of death in private hospital.

The top 10 antineoplastic and targeted therapy being used in Malaysia were cyclophosphamide, 5-Fluorouracil, carboplatin, cisplatin, epirubicin, oxaliplatin, paclitaxel, doxorubicin, docetaxel and vincristine. From 2011 to 2014, the most astounding increment in usage was docetaxel, 147% in public hospitals. The introduction of docetaxel in adjuvant setting of node positive breast cancer patient may partly explained this³. Improvement of 5% in five year disease free survival and 4% in overall survival rate when sequential 3 cycles FEC (5-Fluorouracil, Epirubicin, Cyclophosphamide) and 3 cycles docetaxel was compared to 6 cycles FEC only for node positive breast cancer patients. Moreover, introduction of generic docetaxel since 2013 also contributed to this increment (Table 16.1).

Carboplatin usage surged by 34.3% in public facilities. This is not surprising as it is commonly used in breast, lung, nasopharynx and gynecological malignancies. Similarly, oxaliplatin usage also increased by 42.7% as it is being used both in the adjuvant and metastatic setting of colorectal cancer.

There is an increment of 50.3% in private hospital and 9.7% in public hospital in term of 5-Flourouracil usage. It is commonly used in breast, colorectal and head and neck cancer.

A reduction of 38.3% in public and 5% in private hospitals were recorded for cyclophosphamide.

Targeted Therapy

The top five targeted therapy being used in Malaysia during 2011-2014 were trastuzumab, bevacizumab, erlotinib, gefitinib and imatinib.

Trastuzumab usage jumped by more than 200% in public hospital compared to 71.7% in private hospitals. For 2014 alone, the total cost incurred by trastuzumab to public hospital was RM 14 million.

Private hospital has increased usage of bevacizumab by 59.9% from 2014 as compared to 4 years earlier, while public hospital usage remained stable. The current indications for bevacizumab are metastatic colorectal cancer and ovarian cancer, in combination with chemotherapy, although current evidence showed no overall survival advantage.

There were increased in usage of erlotinib (609% in public and 60% in private) and gefitinib (524% in public and 42% in private) since the introduction of these Tyrosine Kinase Inhibitor in 2011 and 2012 in Ministry of Health drug formulary. Incidence of lung cancer has also increased. Furthermore, the frequency of EGFR mutations was reported as 30% in Asian population. It is higher among female and never smokers compared to male and occasional or previous smokers.

Imatinib is currently being prescribed for both Gastrointestinal Stromal Tumour and Chronic Myeloid Leukemia and its usage is higher in public hospital compared to private hospital. The number of patient being treated in public has increased to 88% within 4 years duration⁴.

Endocrine Therapy

Endocrine therapy is divided into hormones, hormone antagonists and gonadotropin releasing hormone analogues (Table 16.2).

Tamoxifen is at top of the list and is indicated as first line endocrine therapy in breast cancer patients.

Leuprorelin use increased by 92% in public hospital. Its usage in prostate cancer is three times higher compared to goserelin although its mechanism of action is similar which is to reduce the testosterone levels in prostate cancer patients. Other endocrine therapy that is commonly used includes anastrozole and letrozole.

Immunostimulants

Colony stimulating factors usage has increased by more than 60% in both public and private hospital. This important agent is indicated for both bone marrow stimulation in post chemotherapy neutropenic patient and for stem cell mobilization in transplant patient. The commonest agent used was filgrastim (Table 16.3).

Antiemetics

Various types of antiemetics are used regularly in chemotherapy premedication and treatment of chemotherapy induced nausea and vomiting.

There is an increased in serotonin antagonist usage by more than 60% in both public and private hospitals. The commonest were granisetron and ondansetron (Table 16.4).

Though there was huge increment in usage of aprepitant in public hospitals, it is still half of the usage compared to private hospitals.

Table 16.1: Use of antineoplastic agents from 2011 to 2014.

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01	Antineoplastic agents				Public	57.6780	74.4432	70.3666	78.3924	701,579	1,109,061	653,552	740,467
					Private	37.0706	43.7462	47.3913	38.8237	87,475	165,727	99,164	77,978
					Total	94.7486	118.1895	117.7579	117.2161	789,055	1,274,788	752,715	818,445
L01A	Alkylating agents				Public	2.9612	2.1487	1.8552	1.8061	26,175	19,896	17,357	18,821
					Private	0.6523	0.5779	0.6256	0.6073	5,720	5,173	5,682	5,291
					Total	3.6135	2.7266	2.4808	2.4134	31,895	25,069	23,039	24,112
L01AA	Nitrogen mustard analogues				Public	2.7608	2.0377	1.6885	1.6506	24,300	18,778	15,938	17,538
					Private	0.6039	0.5249	0.5602	0.5454	5,462	4,890	5,325	4,958
					Total	3.3646	2.5626	2.2487	2.1960	29,762	23,668	21,263	22,496
L01AA01	Cyclophosphamide	750mg/m ²	1,300	mg	Public	2.7516	2.0275	1.6788	1.6306	22,452	16,799	14,101	13,854
					Private	0.6000	0.5215	0.5567	0.5444	4,896	4,321	4,676	4,625
					Total	3.3516	2.5490	2.2355	2.1750	27,348	21,120	18,777	18,480
L01AA02	Chlorambucil	10mg d1- d14	140	mg	Public	0.0042	0.0051	0.0065	0.0074	319	389	506	584
					Private	0.0025	0.0020	0.0018	-	193	153	142	-
					Total	0.0067	0.0071	0.0083	0.0074	511	543	648	584
L01AA03	Melphalan	30mg/m ²	50	mg	Public	0.0039	0.0037	0.0016	0.0097	825	796	342	2,144
					Private	0.0012	0.0012	0.0014	0.0009	247	261	314	197
					Total	0.0051	0.0049	0.0030	0.0106	1,072	1,057	656	2,341
L01AA06	Ifosfamide	1,500mg/m ² x 5/7	12.9	g	Public	0.0009	0.0010	0.0012	0.0011	704	794	990	955
					Private	0.0002	0.0002	0.0002	0.0002	126	155	192	136
					Total	0.0010	0.0011	0.0014	0.0013	831	949	1,182	1,091
L01AA09	Bendamustine				Public	0.0002	0.0005	0.0005	0.0018	-	-	-	-
					Private	-	-	-	-	-	-	-	-
					Total	0.0002	0.0005	0.0005	0.0018	-	-	-	-
L01AB	Alkyl sulfonates												
L01AB01	Busulfan	0.8mg/kg QID x 4/7	800	mg	Public	0.0067	0.0046	0.0057	0.0091	89	62	78	126
					Private	0.0017	0.0013	0.0017	0.0008	22	18	23	11
					Total	0.0083	0.0059	0.0074	0.0099	111	80	101	137

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01AC	Ethylene imines												
L01AC01	Thiotepa	45mg/m ² weekly	80	mg	Public	0.0008	0.0015	0.0010	-	103	208	135	-
					Private	-	-	-	< 0.0001	-	-	-	4
					Total	0.0008	0.0015	0.0010	< 0.0001	103	208	135	4
L01AD	Nitrosoureas				Public	0.0062	0.0046	0.0046	0.0054	215	135	121	159
					Private	-	-	0.0001	-	-	-	2	-
					Total	0.0062	0.0046	0.0047	0.0054	215	135	123	159
L01AD01	Carmustine	300mg/m ² x 1/7	500	mg	Public	0.0038	0.0035	0.0040	0.0043	80	76	87	96
					Private	-	-	0.0001	-	-	-	2	-
					Total	0.0038	0.0035	0.0041	0.0043	80	76	89	96
L01AD02	Lomustine	110mg/m ² d1	190	mg	Public	0.0024	0.0010	0.0006	0.0011	135	59	34	63
					Private	-	-	-	-	-	-	-	-
					Total	0.0024	0.0010	0.0006	0.0011	135	59	34	63
L01AX	Other alkylating agents				Public	0.1868	0.1003	0.1555	0.1410	1,469	714	1,085	999
					Private	0.0468	0.0516	0.0636	0.0610	236	265	332	318
					Total	0.2335	0.1519	0.2190	0.2020	1,705	978	1,417	1,316
L01AX03	Temozolomide	75mg/m ² d1-d5 x 6 weeks	3,600	mg	Public	0.0106	0.0222	0.0411	0.0368	31	66	125	113
					Private	0.0279	0.0307	0.0376	0.0370	82	92	114	113
					Total	0.0385	0.0529	0.0787	0.0737	113	158	239	226
L01AX04	Dacarbazine	375mg/m ² d1+d15	1,300	mg	Public	0.1762	0.0781	0.1144	0.1043	1,437	647	961	886
					Private	0.0189	0.0209	0.0259	0.0240	154	173	218	204
					Total	0.1950	0.0990	0.1403	0.1283	1,592	820	1,179	1,090
L01B	Antimetabolites				Public	18.3603	23.1468	27.9590	26.9642	25,024	28,036	25,348	29,435
					Private	19.3345	23.5012	24.2471	22.3973	8,084	9,694	11,705	11,244
					Total	37.6947	46.6479	52.2061	49.3615	33,108	37,730	37,053	40,679
L01BA	Folic acid analogues				Public	0.3970	0.4426	0.7428	0.4852	1,296	1,608	2,569	1,863
					Private	0.1133	0.1896	0.1530	0.1169	767	1,077	1,059	900
					Total	0.5103	0.6322	0.8958	0.6021	2,063	2,684	3,628	2,763
L01BA01	Methotrexate	2,000mg/m ²	3,500	mg	Public	0.3870	0.4166	0.7165	0.4510	1,173	1,282	2,235	1,423
					Private	0.0677	0.1374	0.0922	0.0621	205	423	288	196
					Total	0.4548	0.5540	0.8087	0.5131	1,378	1,705	2,523	1,619

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01BA04	Pemetrexed	500mg/m ²	860	mg	Public	0.0100	0.0260	0.0263	0.0342	123	326	334	440
					Private	0.0455	0.0522	0.0607	0.0548	562	654	771	704
					Total	0.0555	0.0782	0.0870	0.0890	685	979	1,105	1,143
L01BB	Purine analogues				Public	0.5942	0.5156	0.2949	0.5012	7,655	6,620	4,013	6,905
					Private	0.0167	0.0027	0.0252	0.0987	247	73	374	1,320
					Total	0.6109	0.5182	0.3201	0.5999	7,902	6,693	4,387	8,225
L01BB02	Mercaptopurine	100mg/m ² d1-d5	860	mg	Public	0.5543	0.4736	0.2734	0.4663	6,837	5,932	3,471	5,988
					Private	0.0141	-	0.0218	0.0973	174	-	276	1,250
					Total	0.5685	0.4736	0.2951	0.5636	7,012	5,932	3,747	7,238
L01BB03	Tioguanine	100mg/m ² d1-d5	860	mg	Public	0.0311	0.0377	0.0147	0.0233	384	472	186	299
					Private	0.0014	0.0016	0.0020	-	17	20	26	-
					Total	0.0325	0.0393	0.0167	0.0233	401	492	212	299
L01BB04	Cladribine	0.2mg/kg d1-d5	60	mg	Public	< 0.0001	< 0.0001	0.0001	0.0001	4	4	12	22
					Private	-	-	< 0.0001	< 0.0001	-	-	4	2
					Total	< 0.0001	< 0.0001	0.0001	0.0001	4	4	17	24
L01BB05	Fludarabine	25mg/m ² d1-d5	215	mg	Public	0.0087	0.0042	0.0068	0.0116	430	212	344	596
					Private	0.0011	0.0011	0.0013	0.0013	55	53	68	68
					Total	0.0098	0.0053	0.0081	0.0129	485	265	412	664
L01BB06	Clofarabine				Public	-	< 0.0001	< 0.0001	-	-	-	-	-
					Private	< 0.0001	< 0.0001	0.0001	< 0.0001	-	-	-	-
					Total	< 0.0001	< 0.0001	0.0001	< 0.0001	-	-	-	-
L01BC	Pyrimidine analogues				Public	17.3691	22.1886	26.9213	25.9778	16,073	19,809	18,765	20,667
					Private	19.2045	23.3089	24.0689	22.1818	7,071	8,544	10,273	9,024
					Total	36.5736	45.4975	50.9902	48.1595	23,143	28,353	29,038	29,691
L01BC01	Cytarabine	1,500mg/m ² b BD x 4/7	20,640	mg	Public	1.2278	1.3884	1.9364	2.0719	631	725	1,024	1,109
					Private	0.1887	0.2267	0.2349	0.2784	97	118	124	149
					Total	1.4165	1.6151	2.1713	2.3503	728	843	1,149	1,258
L01BC02	Fluorouracil	1,000mg/m ² d1-d2	3,400	mg	Public	3.8425	4.2048	3.5948	4.0487	11,988	13,321	11,545	13,153
					Private	0.6418	0.7548	1.0363	0.9263	2,002	2,391	3,328	3,009
					Total	4.4843	4.9596	4.6311	4.9750	13,991	15,712	14,873	16,162

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01BC05	Gemcitabine	1,000mg/m ² d1+d8	3,440	mg	Public	0.4317	0.9275	0.7358	0.8967	1,331	2,904	2,335	2,879
					Private	0.5164	0.5887	0.7442	0.4988	1,592	1,843	2,362	1,602
					Total	0.9481	1.5162	1.4800	1.3955	2,924	4,748	4,698	4,481
L01BC06	Capecitabine	1,250mg/m ² BD d1-d4	60,200	mg	Public	11.8655	15.6669	20.6531	18.9604	2,091	2,803	3,746	3,479
					Private	17.8533	21.7314	22.0447	20.4691	3,146	3,888	3,998	3,756
					Total	29.7188	37.3982	42.6978	39.4295	5,237	6,691	7,745	7,235
L01BC07	Azacitidine				Public	0.0011	0.0002	-	-	-	-	-	-
					Private	0.0032	0.0055	0.0058	0.0048	-	-	-	-
					Total	0.0043	0.0057	0.0058	0.0048	-	-	-	-
L01BC08	Decitabine	20mg/m ² /d x 5 days	172	mg	Public	0.0004	0.0009	0.0010	-	23	56	60	-
					Private	0.0004	0.0007	0.0005	0.0010	25	45	32	63
					Total	0.0008	0.0016	0.0015	0.0010	48	101	92	63
L01BC53	Tegafur, combinations	100mg tds x 28 days	8,400	mg	Public	< 0.0001	-	0.0002	0.0002	8	-	54	48
					Private	0.0007	0.0010	0.0025	0.0033	208	258	428	445
					Total	0.0007	0.0010	0.0027	0.0035	217	258	482	493
L01C	Plant alkaloids and other natural products				Public	0.2046	0.2384	0.2580	0.3193	10,153	11,192	13,507	16,130
					Private	0.1372	0.1585	0.2224	0.1774	7,750	8,575	10,589	9,405
					Total	0.3418	0.3969	0.4805	0.4967	17,903	19,767	24,096	25,535
L01CA	Vinca alkaloids and analogues				Public	0.0059	0.0093	0.0122	0.0144	4,853	4,881	6,250	6,839
					Private	0.0118	0.0126	0.0140	0.0097	2,403	2,621	3,004	2,574
					Total	0.0177	0.0220	0.0262	0.0240	7,256	7,502	9,254	9,413
L01CA01	Vinblastine	10mg d1+d15	20	mg	Public	0.0022	0.0016	0.0023	0.0026	1,168	878	1,273	1,433
					Private	0.0005	0.0006	0.0007	0.0006	290	315	370	313
					Total	0.0027	0.0022	0.0030	0.0032	1,458	1,193	1,643	1,745
L01CA02	Vincristine	2mg d1+d8	4	mg	Public	0.0013	0.0012	0.0015	0.0015	3,428	3,313	4,064	4,280
					Private	0.0004	0.0004	0.0005	0.0005	959	1,049	1,229	1,306
					Total	0.0017	0.0016	0.0019	0.0020	4,386	4,361	5,293	5,586
L01CA03	Vindesine				Public	< 0.0001	< 0.0001	-	< 0.0001	-	-	-	-
					Private	-	-	-	-	-	-	-	-
					Total	< 0.0001	< 0.0001	-	< 0.0001	-	-	-	-

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01CA04	Vinorelbine	30mg/m ² d1+d8	100	mg	Public	0.0024	0.0064	0.0084	0.0102	258	691	913	1,126
					Private	0.0109	0.0117	0.0129	0.0087	1,154	1,257	1,406	955
					Total	0.0133	0.0181	0.0212	0.0188	1,413	1,948	2,319	2,082
L01CB	Podophyllotoxin derivatives												
L01CB01	Etoposide	100mg/m ² d1-d5	860	mg	Public	0.1125	0.1260	0.1370	0.1700	1,388	1,579	1,739	2,184
					Private	0.0296	0.0332	0.0718	0.0368	365	416	911	473
					Total	0.1421	0.1592	0.2087	0.2069	1,753	1,994	2,650	2,657
L01CD	Taxanes												
L01CD01	Paclitaxel	175mg/m ²	300	mg	Public	0.0674	0.0810	0.0762	0.0905	2,383	2,908	2,773	3,331
					Private	0.0613	0.0809	0.1010	0.0990	2,169	2,903	3,676	3,645
					Total	0.1288	0.1619	0.1772	0.1895	4,552	5,812	6,449	6,976
L01CD02	Docetaxel	75mg/m ²	130	mg	Public	0.0187	0.0220	0.0326	0.0444	1,529	1,824	2,740	3,776
					Private	0.0345	0.0318	0.0357	0.0319	2,812	2,635	2,997	2,713
					Total	0.0532	0.0538	0.0683	0.0764	4,341	4,459	5,737	6,489
L01CD04	Cabazitaxel	25mg/m ²	40	mg	Public	-	-	< 0.0001	-	-	-	5	-
					Private	-	-	-	-	-	-	-	-
					Total	-	-	< 0.0001	-	-	-	5	-
L01CX	Other plant alkaloids and natural products												
L01CX01	Trabectedin				Public	-	-	-	-	-	-	-	-
					Private	< 0.0001	< 0.0001	-	-	-	-	-	-
					Total	< 0.0001	< 0.0001	-	-	-	-	-	-
L01D	Cytotoxic antibiotics and related substances												
L01DA01	Dactinomycin	15mcg/kg	1	mcg	Public	0.0001	0.0001	< 0.0001	0.0001	592,500	993,000	536,000	597,500
					Private	< 0.0001	< 0.0001	< 0.0001	-	32,500	100,000	20,500	-
					Total	0.0001	0.0001	0.0001	0.0001	625,000	1,093,000	556,500	597,500

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01DB	Anthracyclines and related substances				Public	0.1291	0.1195	0.1639	0.1558	11,656	10,882	15,099	14,414
					Private	0.0360	0.0434	0.0532	0.0402	3,469	4,136	5,060	4,020
					Total	0.1651	0.1629	0.2171	0.1961	15,125	15,018	20,159	18,434
L01DB01	Doxorubicin	50mg/m ²	90	mg	Public	0.0351	0.0336	0.0403	0.0397	4,142	4,018	4,887	4,872
					Private	0.0140	0.0151	0.0161	0.0165	1,647	1,812	1,953	2,022
					Total	0.0491	0.0487	0.0564	0.0562	5,789	5,830	6,840	6,894
L01DB02	Daunorubicin	45mg/m ² d1-d3	230	mg	Public	0.0080	0.0095	0.0076	0.0127	371	447	360	608
					Private	0.0010	0.0017	0.0013	0.0011	45	78	64	55
					Total	0.0090	0.0112	0.0089	0.0138	415	525	424	663
L01DB03	Epirubicin	75mg/m ²	130	mg	Public	0.0837	0.0749	0.1141	0.1017	6,831	6,207	9,581	8,637
					Private	0.0204	0.0260	0.0351	0.0222	1,661	2,155	2,950	1,882
					Total	0.1041	0.1009	0.1492	0.1238	8,492	8,361	12,530	10,520
L01DB06	Idarubicin	12mg/m ² d1-d3	105	mg	Public	0.0009	0.0007	0.0011	0.0005	95	69	111	50
					Private	0.0002	0.0003	0.0003	0.0003	22	27	27	30
					Total	0.0012	0.0009	0.0013	0.0008	116	96	138	80
L01DB07	Mitoxantrone	12mg/m ² d1-d3	60	mg	Public	0.0012	0.0008	0.0009	0.0013	217	141	160	247
					Private	0.0005	0.0004	0.0004	0.0002	96	64	66	31
					Total	0.0018	0.0011	0.0012	0.0015	312	205	226	278
L01DC	Other cytotoxic antibiotics				Public	0.0088	0.0088	0.0117	0.0109	2,801	2,898	3,200	4,109
					Private	0.0042	0.0036	0.0051	0.0033	1,099	1,146	1,166	407
					Total	0.0130	0.0124	0.0168	0.0142	3,900	4,044	4,366	4,517
L01DC01	Bleomycin	30mg/m ² d1, d8 & d15	90	mg	Public	0.0065	0.0065	0.0094	0.0074	761	772	1,143	909
					Private	0.0035	0.0026	0.0044	0.0033	409	314	539	402
					Total	0.0099	0.0091	0.0139	0.0107	1,170	1,087	1,682	1,311
L01DC03	Mitomycin		12	mg	Public	0.0023	0.0024	0.0023	0.0035	2,040	2,126	2,057	3,201
					Private	0.0008	0.0009	0.0007	< 0.0001	690	832	627	5
					Total	0.0031	0.0033	0.0029	0.0035	2,731	2,958	2,684	3,206
L01X	Other antineoplastic agents				Public	36.0141	48.7810	40.1188	49.1360	33,271	43,156	43,041	60,058
					Private	16.9063	19.4617	22.2379	15.5982	28,853	37,003	44,462	47,611
					Total	52.9204	68.2427	62.3567	64.7342	62,124	80,159	87,503	107,669

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01XA	Platinum compounds				Public	0.4437	0.3663	0.4737	0.5739	16,657	15,912	19,097	22,238
					Private	0.2660	0.2951	0.3163	0.2888	10,188	11,199	12,909	11,648
					Total	0.7097	0.6615	0.7900	0.8626	26,845	27,111	32,006	33,886
L01XA01	Cisplatin	75mg/m ²	130	mg	Public	0.0849	0.0783	0.0881	0.0882	6,931	6,488	7,397	7,492
					Private	0.0339	0.0358	0.0407	0.0431	2,770	2,969	3,417	3,658
					Total	0.1189	0.1141	0.1288	0.1312	9,701	9,457	10,815	11,150
L01XA02	Carboplatin		500	mg	Public	0.3160	0.2240	0.3214	0.4078	6,705	4,825	7,018	9,008
					Private	0.1816	0.2067	0.2075	0.1960	3,853	4,453	4,531	4,330
					Total	0.4977	0.4307	0.5288	0.6038	10,558	9,278	11,549	13,338
L01XA03	Oxaliplatin	85mg/m ²	150	mg	Public	0.0427	0.0640	0.0643	0.0779	3,022	4,599	4,681	5,737
					Private	0.0504	0.0526	0.0682	0.0497	3,564	3,778	4,961	3,661
					Total	0.0931	0.1166	0.1325	0.1276	6,586	8,376	9,643	9,398
L01XB	Methylhydrazines												
L01XB01	Procarbazine	100mg/m ² d1-d14 [max 150mg]	2,100	mg	Public	0.0252	0.0023	0.0300	0.0349	127	12	156	183
					Private	0.0238	0.0046	0.0014	0.0195	120	24	7	102
					Total	0.0490	0.0070	0.0314	0.0543	248	36	163	286
L01XC	Monoclonal antibodies				Public	0.1424	0.1873	0.1702	0.2648	3,165	4,386	3,965	6,077
					Private	0.2244	0.2280	0.2908	0.2837	5,234	5,531	7,500	7,503
					Total	0.3668	0.4153	0.4610	0.5485	8,399	9,917	11,465	13,580
L01XC02	Rituximab	375mg/m ²	500	mg	Public	0.1037	0.0980	0.0990	0.1365	2,201	2,110	2,162	3,015
					Private	0.0725	0.0765	0.0938	0.0899	1,538	1,648	2,049	1,986
					Total	0.1762	0.1745	0.1928	0.2264	3,739	3,758	4,210	5,001
L01XC03	Trastuzumab	6mg/kg	400	mg	Public	0.0308	0.0767	0.0597	0.0903	816	2,065	1,629	2,493
					Private	0.0511	0.0527	0.0743	0.0843	1,355	1,418	2,027	2,327
					Total	0.0819	0.1293	0.1339	0.1745	2,171	3,483	3,656	4,819
L01XC06	Cetuximab	500mg/m ² d1	800	mg	Public	0.0059	0.0109	0.0108	0.0361	78	147	148	499
					Private	0.0553	0.0482	0.0457	0.0367	734	649	624	507
					Total	0.0612	0.0591	0.0566	0.0728	812	796	772	1,006
L01XC07	Bevacizumab	5mg/kg	300	mg	Public	0.0020	0.0018	0.0007	0.0019	69	64	27	70
					Private	0.0455	0.0506	0.0769	0.0698	1,608	1,816	2,800	2,571
					Total	0.0474	0.0524	0.0777	0.0717	1,677	1,881	2,827	2,641

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01XC08	Panitumumab	6mg/kg	300	mg	Public	-	-	-	-	-	-	-	-
					Private	-	-	-	0.0031	-	-	-	113
					Total	-	-	-	0.0031	-	-	-	113
L01XD	Sensitizers used in photodynamic/ radiation therapy												
L01XD04	Aminolevulinic acid				Public	0.0007	0.0022	-	0.0027	-	-	-	-
					Private	-	-	-	-	-	-	-	-
					Total	0.0007	0.0022	-	0.0027	-	-	-	-
L01XE	Protein kinase inhibitors				Public	0.8991	4.5838	1.8952	2.4873	1,081	7,382	5,374	12,986
					Private	3.0310	3.3241	3.3095	3.9917	7,533	13,216	16,154	22,609
					Total	3.9301	7.9080	5.2047	6.4790	8,614	20,598	21,529	35,594
L01XE01	Imatinib	400mg od x 28 days	11,200	mg	Public	0.5396	2.6476	0.7539	0.9723	511	2,546	735	959
					Private	0.5209	0.4506	0.4852	0.5655	493	433	473	558
					Total	1.0606	3.0983	1.2391	1.5378	1,004	2,980	1,208	1,517
L01XE02	Gefitinib	250mg od x 28 days	7,000	mg	Public	0.0573	0.1776	0.3077	0.3443	87	273	480	543
					Private	0.6561	0.7806	0.7487	0.8936	994	1,201	1,168	1,410
					Total	0.7134	0.9581	1.0564	1.2378	1,081	1,474	1,648	1,953
L01XE03	Erlotinib	100mg od x 28 days	2,800	mg	Public	0.0420	0.1148	0.1455	0.2860	159	441	567	1,128
					Private	0.2284	0.2181	0.2914	0.3513	865	839	1,136	1,386
					Total	0.2704	0.3328	0.4368	0.6373	1,024	1,280	1,704	2,514
L01XE04	Sunitinib	37.5mg x 4/52, rest 2/52	1,050	mg	Public	0.0056	0.0015	0.0038	0.0088	57	15	40	92
					Private	0.0166	0.0067	0.0082	0.0081	167	69	86	85
					Total	0.0222	0.0082	0.0121	0.0169	224	84	125	177
L01XE05	Sorafenib	400mg bd x 28 days	22,400	mg	Public	0.0045	0.0267	-	0.0239	2	13	-	12
					Private	0.2930	0.2963	0.2594	0.3227	139	143	126	159
					Total	0.2975	0.3231	0.2594	0.3466	141	155	126	171
L01XE06	Dasatinib	70mg bd x 28 days	3,920	mg	Public	0.0031	0.0110	0.0008	-	8	30	2	-
					Private	-	-	-	-	-	-	-	-
					Total	0.0031	0.0110	0.0008	-	8	30	2	-
L01XE07	Lapatinib	1,250mg od x 21 days	2,650	mg	Public	0.0412	0.3607	0.4215	0.1980	17	148	175	83
					Private	0.8777	0.9066	0.7661	0.8350	355	372	319	351
					Total	0.9189	1.2673	1.1876	1.0330	371	520	494	435

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01XE08	Nilotinib	400mg bd x 28 days	38,528	mg	Public	0.1922	0.9915	0.0262	0.0454	53	277	7	13
					Private	0.2143	0.2284	0.2422	0.2979	59	64	69	85
					Total	0.4065	1.2198	0.2684	0.3432	112	341	76	98
L01XE09	Temsirrolimus	25mg per week x 4	100	mg	Public	0.0001	-	-	-	7	-	-	-
					Private	0.0003	0.0001	0.0001	0.0003	28	8	13	31
					Total	0.0003	0.0001	0.0001	0.0003	35	8	13	31
L01XE10	Everolimus		10	mg	Public	-	0.0002	0.0001	0.0016	-	240	150	1,800
					Private	0.0014	0.0040	0.0054	0.0063	1,485	4,260	5,903	6,975
					Total	0.0014	0.0042	0.0055	0.0079	1,485	4,500	6,053	8,775
L01XE11	Pazopanib		800	mg	Public	0.0136	0.2523	0.2357	0.6051	180	3,398	3,218	8,355
					Private	0.2223	0.4328	0.5028	0.7045	2,948	5,828	6,863	9,728
					Total	0.2359	0.6852	0.7385	1.3097	3,128	9,225	10,080	18,083
L01XE13	Afatinib		40	mg	Public	-	-	-	-	-	-	-	-
					Private	-	-	-	0.0067	-	-	-	1,841
					Total	-	-	-	0.0067	-	-	-	1,841
L01XE18	Ruxolitinib				Public	-	-	-	0.0018	-	-	-	-
					Private	-	-	-	-	-	-	-	-
					Total	-	-	-	0.0018	-	-	-	-
L01XX	Other antineoplastic agents				Public	34.5030	43.6389	37.5496	45.7725	12,241	15,465	14,449	18,574
					Private	13.3612	15.6098	18.3200	11.0145	5,777	7,032	7,890	5,749
					Total	47.8641	59.2488	55.8696	56.7870	18,018	22,497	22,340	24,323
L01XX01	Amsacrine				Public	0.0006	0.0009	0.0008	0.0005	-	-	-	-
					Private	-	-	-	-	-	-	-	-
					Total	0.0006	0.0009	0.0008	0.0005	-	-	-	-
L01XX02	Asparaginase	10,000iu/m ²	20,000	mg	Public	2.2625	2.9978	3.3840	3.4675	1,200	1,615	1,848	1,915
					Private	0.7909	1.3313	0.9680	-	420	717	529	-
					Total	3.0535	4.3292	4.3520	3.4675	1,620	2,332	2,376	1,915
L01XX05	Hydroxycarbamide	500mg tds x 28 days	42,000	mg	Public	31.8874	39.8193	33.9772	42.0804	8,054	10,212	8,833	11,067
					Private	12.4627	14.1535	17.3091	10.9592	3,148	3,630	4,500	2,882
					Total	44.3502	53.9729	51.2864	53.0396	11,201	13,842	13,333	13,949

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01XX09	Miltefosine				Public	-	-	-	-	-	-	-	-
					Private	0.0002	-	-	-	-	-	-	-
					Total	0.0002	-	-	-	-	-	-	-
L01XX11	Estramustine	280mg tds d1-d5	4,200	mg	Public	-	-	-	-	-	-	-	-
					Private	0.0739	0.0858	0.0064	0.0266	187	220	17	70
					Total	0.0739	0.0858	0.0064	0.0266	187	220	17	70
L01XX14	Tretinoin	45mg/m ² d1-d15 q12 weeks	1,160	mg	Public	0.0287	0.0287	0.0380	0.0326	262	266	358	310
					Private	0.0071	0.0082	0.0065	-	65	76	61	-
					Total	0.0357	0.0369	0.0445	0.0326	327	342	419	310
L01XX17	Topotecan	1.25mg/m ² d2-d6	10	mg	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001	30	26	6	47
					Private	0.0001	0.0002	0.0002	0.0001	121	166	172	116
					Total	0.0001	0.0002	0.0002	0.0001	151	193	178	162
L01XX19	Irinotecan	180mg/m ²	310	mg	Public	0.0267	0.0356	0.0340	0.0607	913	1,237	1,198	2,164
					Private	0.0235	0.0267	0.0247	0.0247	805	928	868	882
					Total	0.0502	0.0623	0.0587	0.0855	1,718	2,165	2,067	3,045
L01XX23	Mitotane	10g per day x 28 days	280,000	mg	Public	0.2922	0.7520	0.1099	0.1222	111	289	43	48
					Private	-	-	-	-	-	-	-	-
					Total	0.2922	0.7520	0.1099	0.1222	111	289	43	48
L01XX24	Pegaspargase				Public	-	-	-	0.0010	-	-	-	-
					Private	-	-	-	-	-	-	-	-
					Total	-	-	-	0.0010	-	-	-	-
L01XX27	Arsenic trioxide	10mg od x 42 days	420	mg	Public	0.0010	0.0004	0.0010	0.0007	25	11	25	19
					Private	0.0001	-	0.0001	0.0002	3	-	3	5
					Total	0.0011	0.0004	0.0011	0.0009	28	11	28	24
L01XX32	Bortezomib	1.3mg/m ² d1, d4, d8, d11 q21 days	9	mg	Public	0.0003	0.0003	0.0003	0.0004	305	314	421	519
					Private	0.0001	0.0002	0.0002	0.0003	96	184	275	341
					Total	0.0003	0.0004	0.0006	0.0007	401	498	696	860
L01XX35	Anagrelide	0.5mg bd x 28 days	28	mg	Public	0.0035	0.0039	0.0044	0.0063	1,341	1,495	1,718	2,486
					Private	0.0025	0.0029	0.0036	0.0034	930	1,096	1,398	1,325
					Total	0.0060	0.0067	0.0080	0.0097	2,271	2,591	3,116	3,811

Table 16.1: (continued)

ATC	Therapeutic Group/ Drug	Dose and Duration	Average Dose per Treatment Cycle	Unit	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (Number of cycles/year)			
						2011	2012	2013	2014	2011	2012	2013	2014
L01XX38	Vorinostat				Public	-	-	-	-	-	-	-	-
					Private	-	0.0011	0.0011	-	-	-	-	-
					Total	-	0.0011	0.0011	-	-	-	-	-
L01XX41	Eribulin	1.4mg/m ² d1, d8	4	mg	Public	-	-	-	-	-	-	-	-
					Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001	4	14	66	129
					Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001	4	14	66	129

Table 16.2: Use of agents for endocrine therapy from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
L02	Endocrine therapy		Public	0.2335	0.2632	0.3381	0.3379
			Private	0.1376	0.1647	0.1794	0.1904
			Total	0.3710	0.4280	0.5175	0.5283
L02A	Hormones and related agents		Public	0.0475	0.0526	0.0621	0.0779
			Private	0.0566	0.0604	0.0694	0.0689
			Total	0.1041	0.1129	0.1316	0.1468
L02AB	Progestogens		Public	0.0005	0.0008	0.0003	0.0005
			Private	0.0054	0.0070	0.0062	0.0081
			Total	0.0059	0.0078	0.0066	0.0086
L02AB01	Megestrol	g	Public	< 0.0001	0.0005	0.0002	0.0004
			Private	0.0054	0.0070	0.0062	0.0081
			Total	0.0054	0.0075	0.0064	0.0084
L02AB02	Medroxyprogesterone	g	Public	0.0004	0.0003	0.0002	0.0001
			Private	< 0.0001	< 0.0001	< 0.0001	-
			Total	0.0004	0.0003	0.0002	0.0001
L02AE	Gonadotropin releasing hormone analogues		Public	0.0470	0.0518	0.0618	0.0774
			Private	0.0512	0.0533	0.0632	0.0608
			Total	0.0983	0.1051	0.1250	0.1382
L02AE01	Buserelin	mg	Public	-	-	-	-
			Private	0.0016	0.0017	0.0016	0.0016
			Total	0.0016	0.0017	0.0016	0.0016
L02AE02	Leuprorelin	mg	Public	0.0314	0.0400	0.0464	0.0603
			Private	0.0350	0.0353	0.0429	0.0379
			Total	0.0664	0.0753	0.0893	0.0981
L02AE03	Goserelin	mg	Public	0.0149	0.0109	0.0142	0.0150
			Private	0.0132	0.0125	0.0133	0.0140
			Total	0.0281	0.0234	0.0275	0.0289
L02AE04	Triptorelin	mg	Public	0.0008	0.0008	0.0012	0.0022
			Private	0.0014	0.0038	0.0055	0.0074
			Total	0.0022	0.0046	0.0066	0.0096
L02B	Hormone antagonists and related agents		Public	0.1860	0.2107	0.2759	0.2600
			Private	0.0809	0.1044	0.1100	0.1215
			Total	0.2669	0.3151	0.3859	0.3815
L02BA	Anti-estrogens		Public	0.1390	0.1550	0.2093	0.2050
			Private	0.0490	0.0710	0.0735	0.0794
			Total	0.1880	0.2260	0.2828	0.2844
L02BA01	Tamoxifen	mg	Public	0.1390	0.1550	0.2093	0.2050
			Private	0.0489	0.0709	0.0732	0.0790
			Total	0.1879	0.2259	0.2824	0.2839
L02BA03	Fulvestrant	mg	Public	-	< 0.0001	-	-
			Private	0.0001	0.0001	0.0003	0.0004
			Total	0.0001	0.0001	0.0003	0.0004
L02BB	Anti-androgens		Public	0.0134	0.0153	0.0186	0.0158
			Private	0.0090	0.0102	0.0085	0.0092
			Total	0.0224	0.0255	0.0271	0.0251
L02BB01	Flutamide	g	Public	0.0005	0.0006	0.0006	0.0007
			Private	0.0007	0.0014	0.0017	0.0008
			Total	0.0012	0.0019	0.0022	0.0015

Table 16.2: (continued)

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
L02BB03	Bicalutamide	mg	Public	0.0129	0.0147	0.0181	0.0151
			Private	0.0082	0.0088	0.0068	0.0084
			Total	0.0211	0.0235	0.0249	0.0235
L02BG	Aromatase inhibitors		Public	0.0335	0.0404	0.0480	0.0391
			Private	0.0230	0.0231	0.0272	0.0315
			Total	0.0565	0.0635	0.0752	0.0706
L02BG03	Anastrozole	mg	Public	0.0098	0.0162	0.0088	0.0112
			Private	0.0105	0.0105	0.0121	0.0140
			Total	0.0203	0.0267	0.0209	0.0252
L02BG04	Letrozole	mg	Public	0.0212	0.0207	0.0356	0.0246
			Private	0.0095	0.0099	0.0121	0.0143
			Total	0.0307	0.0306	0.0477	0.0388
L02BG06	Exemestane	mg	Public	0.0025	0.0035	0.0035	0.0033
			Private	0.0029	0.0027	0.0030	0.0032
			Total	0.0055	0.0061	0.0065	0.0065
L02BX	Other Hormone Antagonists And Related Agents		Public	-	-	< 0.0001	0.0001
			Private	-	0.0001	0.0008	0.0014
			Total	-	0.0001	0.0008	0.0014
L02BX02	Degarelix	mg	Public	-	-	-	-
			Private	-	-	-	0.0002
			Total	-	-	-	0.0002
L02BX03	Abiraterone	g	Public	-	-	< 0.0001	0.0001
			Private	-	0.0001	0.0008	0.0012
			Total	-	0.0001	0.0008	0.0013

Table 16.3: Use of immunostimulants (L03) from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
L03A	Immunostimulants		Public	0.0141	0.0147	0.0227	0.0194
			Private	0.0141	0.0111	0.0104	0.0109
			Total	0.0282	0.0257	0.0331	0.0303
L03AA	Colony stimulating factors		Public	0.0035	0.0039	0.0046	0.0058
			Private	0.0030	0.0038	0.0045	0.0050
			Total	0.0065	0.0076	0.0091	0.0108
L03AA02	Filgrastim	mg	Public	0.0031	0.0037	0.0045	0.0056
			Private	0.0008	0.0008	0.0008	0.0015
			Total	0.0039	0.0045	0.0053	0.0071
L03AA10	Lenograstim	mg	Public	< 0.0001	-	-	-
			Private	0.0003	0.0004	0.0005	0.0003
			Total	0.0004	0.0004	0.0005	0.0003
L03AA13	Pegfilgrastim	mg	Public	0.0003	0.0002	0.0001	0.0002
			Private	0.0019	0.0025	0.0032	0.0033
			Total	0.0022	0.0027	0.0033	0.0035
L03AB	Interferons		Public	0.0107	0.0108	0.0181	0.0136
			Private	0.0111	0.0073	0.0059	0.0059
			Total	0.0218	0.0181	0.0240	0.0195
L03AB04	Interferon alfa-2a	MU	Public	0.0001	0.0001	0.0073	0.0002
			Private	< 0.0001	< 0.0001	< 0.0001	0.0001
			Total	0.0001	0.0001	0.0073	0.0002

Table 16.3: (continued)

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
L03AB05	Interferon alfa-2b	MU	Public	0.0017	0.0013	0.0020	0.0013
			Private	0.0001	0.0001	0.0001	0.0001
			Total	0.0017	0.0014	0.0021	0.0014
L03AB07	Interferon beta-1a	mcg	Public	0.0035	0.0033	0.0034	0.0047
			Private	0.0031	0.0014	0.0006	0.0010
			Total	0.0066	0.0047	0.0041	0.0057
L03AB08	Interferon beta-1b	MU	Public	0.0001	0.0003	0.0004	0.0007
			Private	0.0006	0.0003	0.0002	0.0001
			Total	0.0007	0.0006	0.0005	0.0008
L03AB10	Peginterferon alfa-2b	mcg	Public	0.0019	0.0024	0.0031	0.0031
			Private	0.0036	0.0028	0.0022	0.0023
			Total	0.0055	0.0052	0.0053	0.0053
L03AB11	Peginterferon alfa-2a	mcg	Public	0.0034	0.0034	0.0019	0.0036
			Private	0.0037	0.0028	0.0028	0.0025
			Total	0.0071	0.0062	0.0047	0.0061
L03AX	Other immunostimulants						
L03AX16	Plerixafor	mg	Public	-	< 0.0001	-	-
			Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
			Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001

Table 16.4: Use of antiemetics and antinauseants for chemotherapy (A04) from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
A04A	Antiemetics and antinauseants		Public	0.0069	0.0105	0.0104	0.0122
			Private	0.0077	0.0098	0.0091	0.0119
			Total	0.0146	0.0203	0.0194	0.0240
A04AA	Serotonin (5HT3) antagonists		Public	0.0066	0.0098	0.0094	0.0110
			Private	0.0059	0.0077	0.0068	0.0098
			Total	0.0124	0.0175	0.0162	0.0207
A04AA01	Ondansetron	mg	Public	0.0007	0.0009	0.0007	0.0010
			Private	0.0030	0.0047	0.0039	0.0036
			Total	0.0037	0.0056	0.0046	0.0046
A04AA02	Granisetron	mg	Public	0.0058	0.0089	0.0087	0.0100
			Private	0.0024	0.0025	0.0022	0.0053
			Total	0.0083	0.0114	0.0109	0.0153
A04AA03	Tropisetron	mg	Public	-	-	-	-
			Private	0.0004	0.0004	0.0003	-
			Total	0.0004	0.0004	0.0003	-
A04AA05	Palonosetron	mg	Public	-	< 0.0001	< 0.0001	< 0.0001
			Private	-	0.0002	0.0004	0.0009
			Total	-	0.0002	0.0004	0.0009
A04AD	Other antiemetics						
A04AD12	Aprepitant	mg	Public	0.0003	0.0007	0.0009	0.0012
			Private	0.0018	0.0020	0.0022	0.0021
			Total	0.0022	0.0027	0.0032	0.0033

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CHAPTER 17: USE OF SYSTEMIC CORTICOSTEROIDS AND IMMUNOSUPPRESSIVE AGENTS

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The list of drugs in this chapter includes mineralocorticoids, glucocorticoids and immunosuppressants such as selective immunosuppressants, tumor necrosis factor- inhibitors, interleukin inhibitors, calcineurin inhibitors, antimetabolites and other immunosuppressants.

Systemic Corticosteroids

Systemic corticosteroids usage in Malaysia for 2011 was 4.9919 DDD/1,000 inhabitants/day (Table 17.1). However, there was an increase of 53.8% to 7.6772 DDD/1,000 inhabitants/day in 2012. In 2013, there was a reduction in the usage by 19.8 % to 6.1609 DDD/1,000 inhabitants/day which subsequently remained stable in 2014. The increased usage of systemic corticosteroids in 2012 was largely contributed by the private sector with a steep rise of 77.9%. However, the usage showed a decline in 2013 and 2014 to 3.7256 DDD/1,000 inhabitants/day and 3.4932 DDD/1,000 inhabitants/day respectively. With regards to the public sector, there was a gradual rise in systemic corticosteroids usage from 2011 to 2014 from 2.0067 DDD/1,000 inhabitants/day to 2.7012 DDD/1,000 inhabitants/day which constituted a 34.6% rise. Despite the increased usage of systemic corticosteroids over the last four years, it is still much lower than that reported in Finland¹ where the DDD/1,000 inhabitants/day for systemic corticosteroids ranged from 18.87 to 19.28.

Glucocorticoids remained the most commonly used corticosteroids from 2011 to 2014 accounted for more than 99% of all systemic corticosteroids used in this country. Prednisolone was the most frequently used glucocorticoids and contributed to more than 60% of the total glucocorticoids usage from 2011 to 2014 with DDD/1,000 inhabitants/day ranging from 3.6878 to 5.7259. However, there was an overall reduction in the use of prednisolone from 74.7% in 2012 to 68.1% in 2013 and reduced further to 63.5% in 2014 (Figure 17.1). This is predominantly contributed by the reduction of prednisolone usage in the private sector. In the public sector, the use of prednisolone gradually increased during the same period (Table 17.1). Dexamethasone remained the second most commonly used glucocorticoids from 2011 to 2014 with an increase from 11.1% in 2011 to 19.5% in 2014. Hydrocortisone is the third most commonly used glucocorticoids and the usage has remain stable from 2011 to 2014 with levels ranging from 7.2% to 10.3%. The usage of bethamethasone, methylprednisolone and triamcinolone remained low accounting for less than 10% of the total glucocorticoid used.

The use of mineralocorticoids remained extremely low.

Immunosuppressive Agents

The immunosuppressive agents commonly used in Malaysia include calcineurin inhibitors (Tacrolimus and Cyclosporin), anti-metabolites (Azathioprine, Mycophenolic Acid and Leflunomide) and Proliferator Signaling Inhibitors (Sirolimus and Everolimus).

The use of immunosuppressive agents in Malaysia has remained low in comparison to Finland¹.

This vast difference in the usage of immunosuppressive agents is partly contributed by the very low usage of calcineurin inhibitors (CNI), especially cyclosporine A and tacrolimus, as the number of solid organ transplant recipients were less than 1900 in the Malaysia during that period. In 2014, the usage of CNI in Finland is 11 fold higher than in Malaysia¹.

Nevertheless, the usage of immunosuppressants from 2011 to 2014 has shown an increasing trend from 0.4569 DDD/1,000 inhabitants/day to 0.6300 DDD/1,000 inhabitants/day, indicating a 37.9% rise (Table 17.2).

For calcineurin inhibitors, there was no increase in the usage of tacrolimus despite being the preferred choice of CNI for solid organ transplantation. This may be due to the low number of new cases of solid organ transplant².

The usage of mycophenolic acid has shown an increase by 26.4% from 2011 to 2014. As the number of transplant recipients remained relatively unchanged² during this period, this increase is most likely due to the usage of mycophenolic acid for non transplant indications especially lupus nephritis³, extra-renal lupus involvement and other autoimmune diseases.

There has also been a rise in the usage of azathioprine, methotrexate and leflunomide from 2011 to 2014 by 41.6%, 35.6% and 66% respectively. The use of methotrexate is 2 fold higher in the public sector in comparison to the private sector, while the use of leflunomide was 4 to 6 fold higher.

In regards to proliferator signalling inhibitors, the use of sirolimus has remained low and unchanged over the four year period. However, the use of everolimus has shown a dramatic increase from 0.0010 to 0.0033 DDD/1,000 inhabitants/day. In 2014, the use of everolimus is 9 fold higher than sirolimus.

Due to the high cost, the overall usage of tumor necrosis factor- inhibitors, interleukin inhibitors and rabbit anti-human thymocyte immunoglobulin remained low and relatively unchanged over the last 4 years.

The usage of biologic agents has dramatically increased from 2011 to 2014, recording a rise of 106%. The most frequently used biologic agents are ustekinumab, adalimumab, etanercept and infliximab.

Table 17.1: Use of corticosteroids for systemic use (H02) from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
H02A	Corticosteroids for systemic use, plain	Public	2.0067	2.3662	2.4353	2.7012
		Private	2.9852	5.3110	3.7256	3.4932
		Total	4.9919	7.6772	6.1609	6.1944
H02AA	Mineralocorticoids					
H02AA02	Fludrocortisone	Public	0.0069	0.0101	0.0166	0.0108
		Private	-	-	-	-
		Total	0.0069	0.0101	0.0166	0.0108
H02AB	Glucocorticoids	Public	1.9998	2.3561	2.4187	2.6904
		Private	2.9852	5.3110	3.7256	3.4932
		Total	4.9850	7.6671	6.1442	6.1836
H02AB01	Betamethasone	Public	< 0.0001	-	-	-
		Private	0.0283	0.0899	0.0799	0.1253
		Total	0.0283	0.0899	0.0799	0.1253
H02AB02	Dexamethasone	Public	0.2791	0.3863	0.3615	0.4547
		Private	0.2716	0.6983	0.6683	0.7493
		Total	0.5507	1.0846	1.0299	1.2040
H02AB04	Methylprednisolone	Public	0.0463	0.0706	0.0900	0.0684
		Private	0.0328	0.0357	0.0351	0.0372
		Total	0.0791	0.1063	0.1251	0.1056
H02AB06	Prednisolone	Public	1.2885	1.4946	1.5120	1.6576
		Private	2.3993	4.2312	2.6719	2.2679
		Total	3.6878	5.7259	4.1840	3.9256
H02AB08	Triamcinolone	Public	0.0085	0.0061	0.0066	0.0142
		Private	0.1162	0.1041	0.1166	0.1633
		Total	0.1247	0.1102	0.1231	0.1775
H02AB09	Hydrocortisone	Public	0.3773	0.3985	0.4485	0.4955
		Private	0.1370	0.1518	0.1538	0.1503
		Total	0.5143	0.5503	0.6023	0.6458

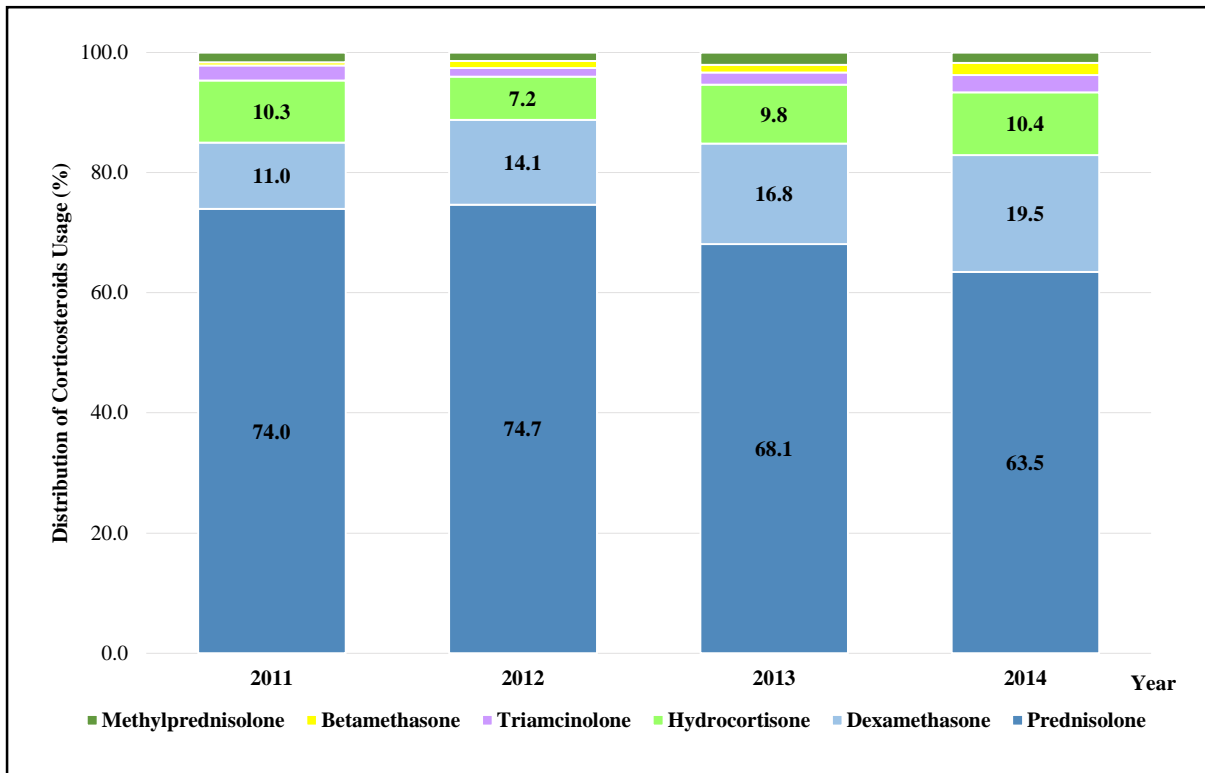


Figure 17.1: Proportion of corticosteroid usage, 2011-2014. Distribution of usage for triamcinolone, betamethasone and methylprednisolone in the same years in sequence are: Triamcinolone: 2.5%, 1.4%, 2.0%, 2.9%; Betamethasone: 0.6%, 1.2%, 1.3%, 2.0%; Methylprednisolone: 1.6%, 1.4%, 2.0%, 1.7%.

Table 17.2: Use of immunosuppressants (L04) from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
L04A	Immunosuppressants	Public	0.3185	0.3845	0.4509	0.4721
		Private	0.1384	0.1388	0.1547	0.1579
		Total	0.4569	0.5233	0.6056	0.6300
L04AA	Selective immunosuppressants	Public	0.0477	0.0681	0.0939	0.0775
		Private	0.0267	0.0281	0.0291	0.0294
		Total	0.0743	0.0962	0.1229	0.1069
L04AA03	Antilymphocyte immunoglobulin (horse)	Public	0.0001	0.0001	0.0002	0.0002
		Private	-	-	-	-
		Total	0.0001	0.0001	0.0002	0.0002
L04AA04	Antithymocyte immunoglobulin (rabbit)	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	-	-	-	-
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
L04AA06	Mycophenolic acid	Public	0.0228	0.0329	0.0375	0.0326
		Private	0.0174	0.0179	0.0183	0.0181
		Total	0.0401	0.0508	0.0558	0.0507
L04AA10	Sirolimus	Public	0.0002	0.0003	0.0002	0.0002
		Private	0.0003	0.0002	0.0001	0.0001
		Total	0.0004	0.0005	0.0003	0.0004
L04AA13	Leflunomide	Public	0.0239	0.0340	0.0552	0.0424
		Private	0.0073	0.0083	0.0092	0.0094
		Total	0.0312	0.0423	0.0644	0.0518
L04AA18	Everolimus	Public	< 0.0001	0.0004	0.0008	0.0017
		Private	0.0009	0.0013	0.0013	0.0016
		Total	0.0010	0.0018	0.0021	0.0033
L04AA23	Natalizumab	Public	-	-	-	0.0001
		Private	-	-	-	-
		Total	-	-	-	0.0001
L04AA25	Eculizumab	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001
L04AA26	Belimumab	Public	-	-	-	0.0001
		Private	-	-	0.0001	0.0001
		Total	-	-	0.0001	0.0002
L04AA27	Fingolimod	Public	-	-	< 0.0001	0.0002
		Private	-	-	< 0.0001	0.0001
		Total	-	-	0.0001	0.0003
L04AA34	Alemtuzumab	Public	0.0007	0.0003	-	-
		Private	0.0008	0.0003	-	-
		Total	0.0015	0.0006	-	-
L04AB	Tumor necrosis factor alpha (TNF-a) inhibitors	Public	0.0014	0.0018	0.0026	0.0045
		Private	0.0042	0.0044	0.0052	0.0059
		Total	0.0055	0.0062	0.0078	0.0104
L04AB01	Etanercept	Public	0.0005	0.0009	0.0009	0.0011
		Private	0.0007	0.0010	0.0013	0.0014
		Total	0.0012	0.0019	0.0022	0.0025
L04AB02	Infliximab	Public	0.0005	0.0002	0.0003	0.0013
		Private	0.0027	0.0027	0.0021	0.0022
		Total	0.0032	0.0029	0.0024	0.0035
L04AB04	Adalimumab	Public	0.0003	0.0007	0.0014	0.0018
		Private	0.0007	0.0007	0.0014	0.0015
		Total	0.0010	0.0014	0.0028	0.0033

Table 17.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
L04AB05	Certolizumab pegol	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001
L04AB06	Golimumab	Public	-	-	< 0.0001	0.0003
		Private	-	< 0.0001	0.0003	0.0008
		Total	-	< 0.0001	0.0003	0.0011
L04AC	Interleukin inhibitors	Public	0.0001	0.0003	0.0012	0.0032
		Private	0.0006	0.0013	0.0022	0.0023
		Total	0.0007	0.0016	0.0034	0.0055
L04AC02	Basiliximab	Public	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Private	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	< 0.0001	< 0.0001	< 0.0001	< 0.0001
L04AC05	Ustekinumab	Public	-	0.0001	0.0010	0.0028
		Private	0.0001	0.0007	0.0012	0.0012
		Total	0.0001	0.0008	0.0022	0.0040
L04AC07	Tocilizumab	Public	0.0001	0.0001	0.0003	0.0004
		Private	0.0005	0.0006	0.0010	0.0012
		Total	0.0006	0.0008	0.0012	0.0016
L04AD	Calcineurin inhibitors	Public	0.0435	0.0444	0.0517	0.0495
		Private	0.0062	0.0066	0.0071	0.0073
		Total	0.0497	0.0511	0.0588	0.0569
L04AD01	Ciclosporin	Public	0.0290	0.0282	0.0344	0.0310
		Private	0.0032	0.0032	0.0037	0.0040
		Total	0.0322	0.0313	0.0381	0.0350
L04AD02	Tacrolimus	Public	0.0145	0.0163	0.0173	0.0186
		Private	0.0030	0.0035	0.0034	0.0033
		Total	0.0175	0.0197	0.0208	0.0219
L04AX	Other immunosuppressants	Public	0.2260	0.2699	0.3015	0.3374
		Private	0.1007	0.0983	0.1112	0.1129
		Total	0.3267	0.3682	0.4127	0.4502
L04AX01	Azathioprine	Public	0.0832	0.0886	0.0931	0.1197
		Private	0.0163	0.0174	0.0207	0.0211
		Total	0.0995	0.1059	0.1137	0.1409
L04AX02	Thalidomide	Public	0.0049	0.0096	0.0048	0.0083
		Private	0.0025	0.0032	0.0040	0.0032
		Total	0.0075	0.0128	0.0087	0.0115
L04AX03	Methotrexate	Public	0.1377	0.1716	0.2037	0.2093
		Private	0.0816	0.0774	0.0863	0.0881
		Total	0.2193	0.2490	0.2899	0.2974
L04AX04	Lenalidomide	Public	0.0001	0.0001	< 0.0001	< 0.0001
		Private	0.0002	0.0003	0.0003	0.0004
		Total	0.0004	0.0004	0.0003	0.0004

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CHAPTER 18: USE OF DRUGS FOR MUSCULOSKELETAL AND BONE DISORDERS

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Drugs that are used for musculoskeletal and bone disorders generally can be classified under:

- 1) Anti-inflammatory and antirheumatic products
- 2) Drugs for treatment of bone disease
- 3) Muscle relaxants

Anti-inflammatory and muscle relaxants drugs usage were ranked as 11th and 36th respectively in top 50 therapeutic groups in Malaysia in 2014 (12.77431 DDD/1,000 inhabitants/day and 1.0929 DDD/1,000 inhabitants/day respectively) with estimated 1.28% and 0.11% population utilising them (Table 18.2). Whereas, drugs for treatment of bone disease was ranked as 41 in top 50 therapeutic groups in Malaysia in 2014 (0.9230 DDD/1,000 inhabitants/day) estimated 0.09% population utilising it.

Overall, the usage of drugs for musculoskeletal and bone disorders generally showed an increasing trend from 2010 to 2014. Anti-inflammatory and antirheumatic drugs have the highest increment followed by muscle relaxant and drugs for treatment of bone disease.

NSAIDs are usually used for the treatment of acute or chronic conditions where pain and inflammation are present. Use of NSAIDs increases the risk of having a range of gastrointestinal problems thus limits its use as long term treatment. The top three drugs used in 2014 were diclofenac (3.9591 DDD/1,000 inhabitants/day), followed by mefenamic acid (2.7791 DDD/1,000 inhabitants/day) and celecoxib (1.5577 DDD/1,000 inhabitants/day).

In contrast with Malaysian Statistics On Medicines 2009-2010¹, the trend of Coxibs usage from 2011 to 2014 has been increasing with parecoxib show the highest increment of 92.3% and this mostly contributed by the private sector. Similar trend also shown by the use of indomethacin in private sector which shows an increment of 40.6%, however, indomethacin usage decreases 51.4% in public sector. Thus, the overall decrement for indomethacin usage is 29.4%. The use of meloxicam also shows increasing trend with 34.7% increment, mainly contributed by the private sector.

Drugs for treatment of bone diseases that are commonly used are vitamin D and analogues, bisphosphonates and biphosphonates, combinations groups. In vitamin D and analogues group, calcitriol is the commonly used with double increment trend from year 2011 to 2014 (0.5330 to 0.9002 DDD/1,000 inhabitants/day) (Table 18.1). Whilst in bisphosphonates, combinations group, the most commonly used drug in 2014 is alendronic acid and colecalciferol (0.3481 DDD/1,000 inhabitants/day). Latest product that was introduced in 2012 is denosumab which shows tremendous increase of usage within 3 years (0.0052 to 0.1366 DDD/1,000 inhabitants/day). In Australia the top three drugs used for treatment of bone disease are denosumab, biphosphonate and calcitriol whereby in Malaysia the usage is reciprocally².

The most commonly muscle relaxant used were eperisone followed by baclofen and orphenadrine. Both eperisone and baclofen shows an increment while orphenadrine shows decreasing trend over 4 years. Baclofen has highest increment about 60.4% (0.0676 to 0.1084 DDD/1,000 inhabitants/day), whilst eperisone increment was 27.6% (0.1770 to 0.2259 DDD/1,000 inhabitants/day). Orphenadrine showed a decreasing trend about 42.7% (0.0947 to 0.0542 DDD/1,000 inhabitants/day).

The overall usage of anti-inflammatory and antirheumatic products, non-steroid (M01A) in Malaysia is the lowest among OECD countries as shown in the Figure 18.1. In comparison to Australia 22.3 DDD/1,000 inhabitants/day and Finland 79 DDD/1,000 inhabitants/day the usage in Malaysia was only 12.77 DDD/1,000 inhabitants/day^{2,3}.

Table 18.1: Use of vitamin D and analogues, selective oestrogen receptor modulators and agents for calcium homeostasis from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
A11	Vitamins									
A11C	Vitamin A and D, including combinations of the two									
A11CC	Vitamin D and analogues	Public	0.7486	0.7766	1.0260	1.1424	0.2732	0.2835	0.3745	0.4170
		Private	0.1002	0.1124	0.1003	0.1195	0.0366	0.0410	0.0366	0.0436
		Total	0.8488	0.8890	1.1263	1.2619	0.3098	0.3245	0.4111	0.4606
A11CC03	Alfacalcidol	Public	0.2774	0.2856	0.2918	0.3132	0.1013	0.1042	0.1065	0.1143
		Private	0.0369	0.0383	0.0223	0.0236	0.0135	0.0140	0.0081	0.0086
		Total	0.3143	0.3239	0.3141	0.3367	0.1147	0.1182	0.1146	0.1229
A11CC04	Calcitriol	Public	0.4697	0.4870	0.7318	0.8043	0.1715	0.1778	0.2671	0.2936
		Private	0.0633	0.0740	0.0780	0.0959	0.0231	0.0270	0.0285	0.0350
		Total	0.5330	0.5610	0.8098	0.9002	0.1946	0.2048	0.2956	0.3286
A11CC05	Colecalciferol	Public	0.0015	0.0040	0.0023	0.0250	0.0005	0.0015	0.0009	0.0091
		Private	-	-	-	-	-	-	-	-
		Total	0.0015	0.0040	0.0023	0.0250	0.0005	0.0015	0.0009	0.0091
G03	Sex hormones and modulators of the genital system									
G03X	Other sex hormones and modulators of the genital system									
G03XC	Selective estrogen receptor modulators									
G03XC01	Raloxifene	Public	0.0545	0.0479	0.0334	0.0404	0.0199	0.0175	0.0122	0.0147
		Private	0.0653	0.0596	0.0607	0.0517	0.0238	0.0217	0.0222	0.0189
		Total	0.1198	0.1075	0.0942	0.0921	0.0437	0.0392	0.0344	0.0336
H05	Calcium homeostasis	Public	0.0041	0.0061	0.0027	0.0028	0.0015	0.0022	0.0010	0.0010
		Private	0.0133	0.0144	0.0169	0.0172	0.0049	0.0053	0.0062	0.0063
		Total	0.0174	0.0205	0.0196	0.0200	0.0064	0.0075	0.0072	0.0073
H05A	Parathyroid hormones and analogues									
H05AA	Parathyroid hormones and analogues									
H05AA02	Teriparatide	Public	-	0.0001	0.0001	0.0001	-	< 0.0001	< 0.0001	< 0.0001
		Private	0.0102	0.0113	0.0139	0.0152	0.0037	0.0041	0.0051	0.0055
		Total	0.0102	0.0114	0.0140	0.0153	0.0037	0.0041	0.0051	0.0056

Table 18.1: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
H05B	Anti-parathyroid agents									
H05BA	Calcitonin preparations									
H05BA01	Calcitonin (salmon synthetic)	Public	0.0041	0.0060	0.0026	0.0027	0.0015	0.0022	0.0010	0.0010
		Private	0.0031	0.0031	0.0030	0.0020	0.0011	0.0011	0.0011	0.0007
		Total	0.0073	0.0091	0.0056	0.0048	0.0027	0.0033	0.0020	0.0017

Table 18.2: Use of agents for neuromuscular and bone disease disorders from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
M01	Antiinflammatory and antirheumatic products	Public	2.8995	2.8779	3.0119	3.1336	1.0583	1.0504	1.0993	1.1438
		Private	8.2631	10.1383	10.0552	9.6405	3.0160	3.7005	3.6702	3.5188
		Total	11.1626	13.0162	13.0671	12.7741	4.0743	4.7509	4.7695	4.6626
M01A	Antiinflammatory and antirheumatic products, non-steroids	Public	2.8975	2.8751	3.0073	3.1308	1.0576	1.0494	1.0977	1.1427
		Private	8.2619	10.1367	10.0537	9.6389	3.0156	3.6999	3.6696	3.5182
		Total	11.1594	13.0118	13.0610	12.7697	4.0732	4.7493	4.7673	4.6609
M01AB	Acetic acid derivatives and related substances	Public	1.2783	1.1273	1.3074	1.2981	0.4666	0.4115	0.4772	0.4738
		Private	2.4292	3.4260	2.9035	2.8072	0.8867	1.2505	1.0598	1.0246
		Total	3.7075	4.5533	4.2109	4.1054	1.3532	1.6620	1.5370	1.4985
M01AB01	Indometacin	Public	0.1270	0.0953	0.0659	0.0617	0.0463	0.0348	0.0241	0.0225
		Private	0.0396	0.0453	0.0345	0.0557	0.0144	0.0165	0.0126	0.0203
		Total	0.1665	0.1406	0.1005	0.1175	0.0608	0.0513	0.0367	0.0429
M01AB05	Diclofenac	Public	1.1511	1.0312	1.2404	1.2343	0.4202	0.3764	0.4527	0.4505
		Private	2.3560	3.3514	2.8426	2.7248	0.8599	1.2233	1.0376	0.9945
		Total	3.5071	4.3827	4.0830	3.9591	1.2801	1.5997	1.4903	1.4451
M01AB11	Acemetacin	Public	-	-	-	-	-	-	-	-
		Private	0.0336	0.0292	0.0263	0.0267	0.0123	0.0107	0.0096	0.0098
		Total	0.0336	0.0292	0.0263	0.0267	0.0123	0.0107	0.0096	0.0098

Table 18.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
M01AB15	Ketorolac	Public	0.0002	0.0008	0.0011	0.0021	0.0001	0.0003	0.0004	0.0008
		Private	< 0.0001	< 0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0002	0.0008	0.0012	0.0021	0.0001	0.0003	0.0004	0.0008
M01AC	Oxicams	Public	0.0525	0.0315	0.0768	0.0565	0.0192	0.0115	0.0280	0.0206
		Private	1.0504	1.1346	1.5019	1.3049	0.3834	0.4141	0.5482	0.4763
		Total	1.1029	1.1661	1.5787	1.3614	0.4025	0.4256	0.5762	0.4969
M01AC01	Piroxicam	Public	0.0029	0.0031	0.0006	-	0.0010	0.0011	0.0002	-
		Private	0.4513	0.2788	0.5288	0.4941	0.1647	0.1018	0.1930	0.1804
		Total	0.4542	0.2819	0.5295	0.4941	0.1658	0.1029	0.1933	0.1804
M01AC02	Tenoxicam	Public	-	-	-	-	-	-	-	-
		Private	0.0150	0.0232	0.0172	0.0132	0.0055	0.0085	0.0063	0.0048
		Total	0.0150	0.0232	0.0172	0.0132	0.0055	0.0085	0.0063	0.0048
M01AC06	Meloxicam	Public	0.0496	0.0284	0.0761	0.0565	0.0181	0.0104	0.0278	0.0206
		Private	0.5841	0.8326	0.9558	0.7975	0.2132	0.3039	0.3489	0.2911
		Total	0.6337	0.8610	1.0320	0.8541	0.2313	0.3143	0.3767	0.3117
M01AE	Propionic acid derivatives	Public	0.1447	0.1373	0.1506	0.1406	0.0528	0.0501	0.0550	0.0513
		Private	0.9718	0.9403	1.2649	1.2535	0.3547	0.3432	0.4617	0.4575
		Total	1.1165	1.0776	1.4155	1.3941	0.4075	0.3933	0.5167	0.5089
M01AE01	Ibuprofen	Public	0.1069	0.1034	0.1101	0.1027	0.0390	0.0377	0.0402	0.0375
		Private	0.5155	0.4424	0.5804	0.5229	0.1882	0.1615	0.2119	0.1909
		Total	0.6224	0.5459	0.6905	0.6256	0.2272	0.1992	0.2520	0.2283
M01AE02	Naproxen	Public	0.0378	0.0339	0.0406	0.0380	0.0138	0.0124	0.0148	0.0139
		Private	0.4537	0.3895	0.5348	0.5693	0.1656	0.1422	0.1952	0.2078
		Total	0.4916	0.4234	0.5753	0.6073	0.1794	0.1545	0.2100	0.2216
M01AE03	Ketoprofen	Public	-	-	-	-	-	-	-	-
		Private	0.0025	0.0007	0.0002	-	0.0009	0.0003	0.0001	-
		Total	0.0025	0.0007	0.0002	-	0.0009	0.0003	0.0001	-
M01AE17	Dexketoprofen	Public	-	-	-	-	-	-	-	-
		Private	-	-	0.0067	0.0100	-	-	0.0025	0.0036
		Total	-	-	0.0067	0.0100	-	-	0.0025	0.0036

Table 18.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
M01AE52	Naproxen and esomeprazole	Public	-	-	-	-	-	-	-	-
		Private	-	0.1077	0.1428	0.1514	-	0.0393	0.0521	0.0553
		Total	-	0.1077	0.1428	0.1514	-	0.0393	0.0521	0.0553
M01AG	Fenamates									
M01AG01	Mefenamic acid	Public	0.7549	0.7930	0.7795	0.8528	0.2755	0.2894	0.2845	0.3113
		Private	1.8615	2.4657	2.0062	1.9263	0.6794	0.9000	0.7322	0.7031
		Total	2.6164	3.2587	2.7856	2.7791	0.9550	1.1894	1.0168	1.0144
M01AH	Coxibs									
		Public	0.6671	0.7860	0.6930	0.7827	0.2435	0.2869	0.2529	0.2857
		Private	1.9490	2.1702	2.3773	2.3469	0.7114	0.7921	0.8677	0.8566
		Total	2.6161	2.9561	3.0703	3.1296	0.9549	1.0790	1.1206	1.1423
M01AH01	Celecoxib	Public	0.4738	0.5331	0.4715	0.5786	0.1729	0.1946	0.1721	0.2112
		Private	0.7539	0.8909	0.9329	0.9791	0.2752	0.3252	0.3405	0.3574
		Total	1.2277	1.4240	1.4045	1.5577	0.4481	0.5198	0.5126	0.5686
M01AH04	Parecoxib	Public	0.0029	0.0036	0.0043	0.0046	0.0011	0.0013	0.0016	0.0017
		Private	0.0191	0.0256	0.0313	0.0377	0.0070	0.0094	0.0114	0.0138
		Total	0.0220	0.0293	0.0356	0.0423	0.0080	0.0107	0.0130	0.0154
M01AH05	Etoricoxib	Public	0.1904	0.2492	0.2172	0.1996	0.0695	0.0910	0.0793	0.0728
		Private	1.1760	1.2536	1.4130	1.3301	0.4293	0.4576	0.5157	0.4855
		Total	1.3664	1.5028	1.6301	1.5296	0.4987	0.5485	0.5950	0.5583
M01C	Specific antirheumatic agents									
M01CC	Penicillamine and similar agents									
M01CC01	Penicillamine	Public	0.0020	0.0028	0.0045	0.0028	0.0007	0.0010	0.0017	0.0010
		Private	0.0012	0.0016	0.0015	0.0016	0.0004	0.0006	0.0006	0.0006
		Total	0.0032	0.0044	0.0061	0.0044	0.0012	0.0016	0.0022	0.0016
M03	Muscle relaxants									
M03B	Muscle relaxants, centrally acting agents	Public	0.1086	0.1286	0.1479	0.1779	0.0396	0.0470	0.0540	0.0649
		Private	0.7926	0.8925	0.9962	0.9150	0.2893	0.3258	0.3636	0.3340
		Total	0.9013	1.0211	1.1440	1.0929	0.3290	0.3727	0.4176	0.3989

Table 18.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
M03BB	Oxazol, thiazine, and triazine derivatives									
M03BB03	Chlorzoxazone	Public	-	-	-	-	-	-	-	-
		Private	0.0271	0.0804	0.1133	0.0958	0.0099	0.0294	0.0414	0.0350
		Total	0.0271	0.0804	0.1133	0.0958	0.0099	0.0294	0.0414	0.0350
M03BC	Ethers, chemically close to antihistamines	Public	0.0024	0.0033	0.0033	0.0060	0.0009	0.0012	0.0012	0.0022
		Private	0.6271	0.6624	0.7164	0.6566	0.2289	0.2418	0.2615	0.2396
		Total	0.6296	0.6657	0.7196	0.6626	0.2298	0.2430	0.2627	0.2418
M03BC01	Orphenadrine (citrate)	Public	0.0024	0.0033	0.0033	0.0060	0.0009	0.0012	0.0012	0.0022
		Private	0.0922	0.0567	0.0466	0.0481	0.0337	0.0207	0.0170	0.0176
		Total	0.0947	0.0599	0.0499	0.0542	0.0346	0.0219	0.0182	0.0198
M03BC51	Orphenadrine, combinations	Public	-	-	-	-	-	-	-	-
		Private	0.5349	0.6057	0.6698	0.6084	0.1952	0.2211	0.2445	0.2221
		Total	0.5349	0.6057	0.6698	0.6084	0.1952	0.2211	0.2445	0.2221
M03BX	Other centrally acting agents	Public	0.1062	0.1254	0.1446	0.1719	0.0388	0.0458	0.0528	0.0627
		Private	0.1384	0.1496	0.1665	0.1626	0.0505	0.0546	0.0608	0.0594
		Total	0.2446	0.2750	0.3111	0.3345	0.0893	0.1004	0.1136	0.1221
M03BX01	Baclofen	Public	0.0615	0.0693	0.0872	0.1035	0.0225	0.0253	0.0318	0.0378
		Private	0.0061	0.0057	0.0058	0.0049	0.0022	0.0021	0.0021	0.0018
		Total	0.0676	0.0751	0.0930	0.1084	0.0247	0.0274	0.0339	0.0396
M03BX02	Tizanidine	Public	-	-	-	0.0003	-	-	-	0.0001
		Private	-	-	-	-	-	-	-	-
		Total	-	-	-	0.0003	-	-	-	0.0001
M03BX09	Eperisone	Public	0.0447	0.0560	0.0574	0.0681	0.0163	0.0205	0.0210	0.0249
		Private	0.1323	0.1439	0.1608	0.1578	0.0483	0.0525	0.0587	0.0576
		Total	0.1770	0.2000	0.2182	0.2259	0.0646	0.0730	0.0796	0.0824
M04	Antigout preparations									
M04A	Antigout preparations	Public	0.9254	0.8398	1.0477	1.0931	0.3378	0.3065	0.3824	0.3990
		Private	0.8085	0.9562	0.9497	1.1432	0.2951	0.3490	0.3466	0.4173
		Total	1.7339	1.7960	1.9973	2.2364	0.6329	0.6555	0.7290	0.8163

Table 18.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
M04AA	Preparations inhibiting uric acid production	Public	0.8768	0.7284	0.8136	0.9519	0.3200	0.2659	0.2970	0.3474
		Private	0.4872	0.4800	0.5231	0.5089	0.1778	0.1752	0.1909	0.1858
		Total	1.3640	1.2083	1.3367	1.4608	0.4979	0.4410	0.4879	0.5332
M04AA01	Allopurinol	Public	0.8768	0.7283	0.8133	0.9513	0.3200	0.2658	0.2969	0.3472
		Private	0.4806	0.4669	0.5049	0.4797	0.1754	0.1704	0.1843	0.1751
		Total	1.3574	1.1951	1.3182	1.4310	0.4955	0.4362	0.4811	0.5223
M04AA03	Febuxostat	Public	< 0.0001	0.0001	0.0002	0.0006	< 0.0001	< 0.0001	0.0001	0.0002
		Private	-	-	-	-	-	-	-	-
		Total	< 0.0001	0.0001	0.0002	0.0006	< 0.0001	< 0.0001	0.0001	0.0002
M04AA51	Allopurinol, combinations	Public	-	-	0.0001	-	-	-	0.0001	-
		Private	0.0066	0.0131	0.0182	0.0293	0.0024	0.0048	0.0067	0.0107
		Total	0.0066	0.0131	0.0184	0.0293	0.0024	0.0048	0.0067	0.0107
M04AB	Preparations increasing uric acid excretion	Public	0.0009	0.0017	0.0022	0.0026	0.0003	0.0006	0.0008	0.0010
		Private	0.0077	0.0078	0.0097	0.0106	0.0028	0.0029	0.0035	0.0039
		Total	0.0086	0.0095	0.0119	0.0133	0.0031	0.0035	0.0043	0.0048
M04AB01	Probenecid	Public	0.0009	0.0017	0.0022	0.0026	0.0003	0.0006	0.0008	0.0010
		Private	0.0077	0.0078	0.0089	0.0085	0.0028	0.0029	0.0033	0.0031
		Total	0.0086	0.0095	0.0112	0.0111	0.0031	0.0035	0.0041	0.0040
M04AB03	Benzbromarone	Public	-	-	-	-	-	-	-	-
		Private	-	-	0.0007	0.0022	-	-	0.0003	0.0008
		Total	-	-	0.0007	0.0022	-	-	0.0003	0.0008
M04AC	Preparations with no effect on uric acid metabolism									
M04AC01	Colchicine	Public	0.0477	0.1097	0.2318	0.1386	0.0174	0.0400	0.0846	0.0506
		Private	0.3136	0.4684	0.4169	0.6237	0.1145	0.1710	0.1522	0.2276
		Total	0.3613	0.5781	0.6487	0.7623	0.1319	0.2110	0.2368	0.2782
M05	Drugs for treatment of bone diseases									
M05B	Drugs affecting bone structure and mineralization	Public	0.2307	0.2804	0.2992	0.3133	0.0842	0.1024	0.1092	0.1144
		Private	0.5829	0.5056	0.6074	0.6097	0.2128	0.1845	0.2217	0.2225
		Total	0.8136	0.7860	0.9066	0.9230	0.2970	0.2869	0.3309	0.3369

Table 18.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
M05BA	Bisphosphonates	Public	0.0473	0.0636	0.1111	0.1219	0.0173	0.0232	0.0405	0.0445
		Private	0.2160	0.1417	0.1690	0.1666	0.0788	0.0517	0.0617	0.0608
		Total	0.2633	0.2053	0.2801	0.2886	0.0961	0.0749	0.1022	0.1053
M05BA01	Etidronic acid	Public	-	-	-	-	-	-	-	-
		Private	-	-	< 0.0001	-	-	-	< 0.0001	-
		Total	-	-	< 0.0001	-	-	-	< 0.0001	-
M05BA02	Clodronic acid	Public	0.0007	0.0010	0.0018	0.0003	0.0002	0.0004	0.0007	0.0001
		Private	0.0021	0.0014	0.0010	0.0008	0.0008	0.0005	0.0004	0.0003
		Total	0.0028	0.0024	0.0028	0.0011	0.0010	0.0009	0.0010	0.0004
M05BA03	Pamidronic acid	Public	0.0003	0.0004	0.0007	0.0004	0.0001	0.0002	0.0002	0.0001
		Private	< 0.0001	0.0001	< 0.0001	0.0001	< 0.0001	< 0.0001	< 0.0001	< 0.0001
		Total	0.0003	0.0005	0.0007	0.0005	0.0001	0.0002	0.0003	0.0002
M05BA04	Alendronic acid	Public	0.0338	0.0431	0.0815	0.0909	0.0124	0.0157	0.0297	0.0332
		Private	0.1296	0.0627	0.0918	0.0821	0.0473	0.0229	0.0335	0.0300
		Total	0.1634	0.1059	0.1733	0.1731	0.0597	0.0386	0.0633	0.0632
M05BA06	Ibandronic acid	Public	0.0123	0.0188	0.0269	0.0299	0.0045	0.0069	0.0098	0.0109
		Private	0.0540	0.0556	0.0564	0.0619	0.0197	0.0203	0.0206	0.0226
		Total	0.0663	0.0744	0.0833	0.0918	0.0242	0.0271	0.0304	0.0335
M05BA07	Risedronic acid	Public	-	-	-	-	-	-	-	-
		Private	0.0298	0.0216	0.0194	0.0214	0.0109	0.0079	0.0071	0.0078
		Total	0.0298	0.0216	0.0194	0.0214	0.0109	0.0079	0.0071	0.0078
M05BA08	Zoledronic acid	Public	0.0002	0.0003	0.0003	0.0004	0.0001	0.0001	0.0001	0.0001
		Private	0.0003	0.0004	0.0003	0.0003	0.0001	0.0001	0.0001	0.0001
		Total	0.0005	0.0006	0.0006	0.0007	0.0002	0.0002	0.0002	0.0002
M05BB	Bisphosphonates, combinations									
M05BB03	Alendronic acid and colecalciferol	Public	0.1798	0.2071	0.1740	0.1781	0.0656	0.0756	0.0635	0.0650
		Private	0.2433	0.2095	0.1968	0.1700	0.0888	0.0765	0.0718	0.0620
		Total	0.4231	0.4166	0.3708	0.3481	0.1544	0.1521	0.1353	0.1271
M05BX	Other drugs affecting bone structure and mineralization	Public	0.0035	0.0097	0.0141	0.0133	0.0013	0.0035	0.0052	0.0048
		Private	0.1236	0.1544	0.2416	0.2731	0.0451	0.0563	0.0882	0.0997
		Total	0.1272	0.1640	0.2557	0.2863	0.0464	0.0599	0.0933	0.1045

Table 18.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
M05BX03	Strontium ranelate	Public	0.0035	0.0097	0.0141	0.0108	0.0013	0.0035	0.0052	0.0039
		Private	0.1236	0.1491	0.1636	0.1389	0.0451	0.0544	0.0597	0.0507
		Total	0.1272	0.1588	0.1777	0.1497	0.0464	0.0580	0.0648	0.0546
M05BX04	Denosumab	Public	-	-	< 0.0001	0.0025	-	-	< 0.0001	0.0009
		Private	-	0.0052	0.0780	0.1341	-	0.0019	0.0285	0.0490
		Total	-	0.0052	0.0780	0.1366	-	0.0019	0.0285	0.0499

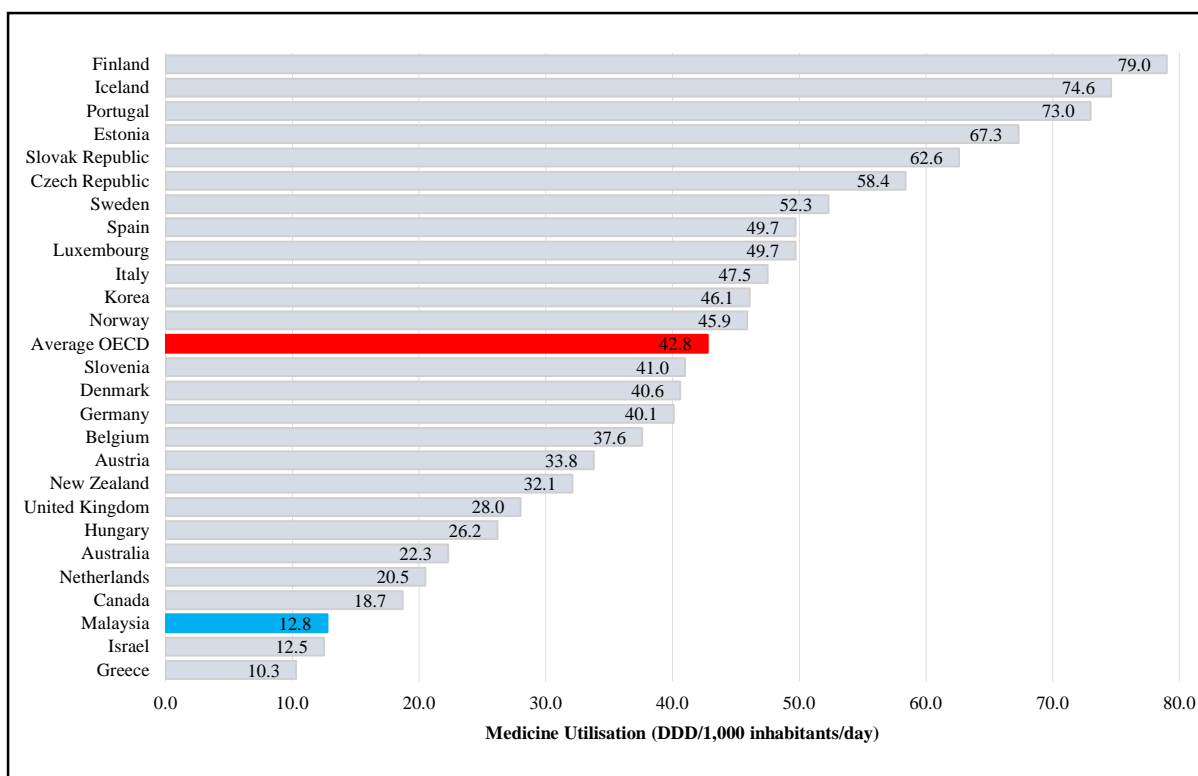


Figure 18.1: Utilisation of Anti-inflammatory and Antirheumatic products, non-steroids (M01A) in Malaysia and OECD Countries, 2014.

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CHAPTER 19: USE OF OPIOID ANALGESICS

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Drugs used for pain control belong to the following subgroups of the ATC classification: anti-inflammatory products, opioids, analgesics and antipyretics. This chapter covers only opioid analgesics.

The total opioid consumption in Malaysia had been fluctuating over the years, from 2011-2014. It has shown a drastic increase of 23.2% in 2012 compared to the year before (0.6061 and 0.4918 DDD/1,000 inhabitants/day, respectively). The usage has reduced by 4.5% in 2013 (0.5787 DDD/1,000 inhabitants/day) and increased again by 13.9% in 2014 (0.6594 DDD/1,000 inhabitants/day) (Table 19.1). Nevertheless, it is still very much lower than the opioid consumption in Norway, Finland and Australia, which recorded the usage of approximately 19.5, 16 and 10 DDD/1,000 inhabitants/day, respectively¹⁻⁹.

In year 2011 and 2012, the overall usage of opioid in both public and private sector were comparable (0.2429 vs. 0.2489 DDD/1,000 inhabitants/day and 0.3037 vs. 0.3024 DDD/1,000 inhabitants/day, respectively). However, a reducing trend in opioid use was seen in the private sector starting from 2013 while the usage in the public sector was rising.

Weak opioids (dihydrocodeine, tramadol and tramadol combinations) were more commonly used than strong opioids (morphine, oxycodone, pethidine and fentanyl) in Malaysia, comprised of approximately 87% of the total opioid consumption. A similar pattern was observed in Finland and Norway, where the consumption of weak opioids was much higher than strong opioids at an average of 78% and 73%, respectively⁵⁻⁹. However, an opposite trend of usage was seen with Australia, where the strong opioid use accounted for 60% of the total opioid consumption¹⁻⁴. In Malaysia, the total amount of weak opioids consumed had gradually increased from 2011 to 2014 (0.4290 to 0.5788 DDD/1,000 inhabitants/day), except for a slight reduction of 6.3% seen in 2013 (0.5328 DDD/1,000 inhabitants/day in 2012 and 0.4990 DDD/1,000 inhabitants/day in 2013). This reduction was mainly due to the decrease in the use of dihydrocodeine in the private sector by 51.4%.

Tramadol and tramadol combinations are the most commonly used weak opioid product in this country where the consumption had been increased from 80% to 92.5% of the total weak opioid consumption over the 4 years. One possible reason that tramadol is the most commonly used weak opioid in Malaysia may be attributed by the fact that tramadol and its combinations are not controlled under the Dangerous Drugs Act (DDA) which makes it more accessible in public and private hospitals, clinics and retail pharmacies. However, a different trend was observed for Finland and Norway where the dihydrocodeine was accounted as the main weak opioid consumption, 76.5% and 73.5% of total weak opioid consumption, respectively⁵⁻⁹.

While the strong opioid use remained low in Malaysia, the consumption trend had increased steadily from 2011 to 2014 with 0.0613, 0.0716, 0.0778 and 0.0790 DDD/1,000 inhabitants/day, respectively. A similar trend was observed in Finland and Norway⁵⁻⁹. Morphine is the most commonly used product for strong opioid, but the usage had reduced from 66% to 54.5% of the total strong opioid use over the 4 years. The factor that could contribute to this decrease is the availability of the newer strong opioid (oxycodone) where its consumption has increased by 52% in 2012 compared to the year before (0.0144 compared to 0.0094 DDD/1,000 inhabitants/day). The consumption of oxycodone & its combinations continued to rise further in 2013 and 2014 (0.0179 and 0.0187 DDD/1,000 inhabitants/day, respectively) with the availability of the new combination product with Naloxone, where it can help to reduce the gastrointestinal side effects. Both oxycodone and its combination has accounted for approximately 20% of the total strong opioid consumption. Unexpectedly, in year 2012, there was a sudden increase in another strong opioid, pethidine in the private sector (0.0040 to 0.0091 DDD/1,000 inhabitants/day) and it continued to increase to 0.0103 DDD/1,000 inhabitants/day in year 2014. This may be due to the lack of awareness in the safety profile of the drug especially with chronic use.

In conclusion, the overall usage of opioids in Malaysia is still very low compared to the first world countries. As there are few legal barriers to the use of opioids in Malaysia, this difference is most likely due to differences in the prescribing practices of physicians in Malaysia; the reasons for these differences may be related to education and awareness, myths and negative perceptions of opioid and fear of addiction. However, the consumption has increased steadily from 2011 to 2014, likely due to the increase in the number of the palliative care physicians and the expanded pain management services in the country.

Table 19.1: Use of opioid analgesics (N02A) from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N02A	Opioids	Public	0.2429	0.3037	0.3175	0.3681
		Private	0.2489	0.3024	0.2612	0.2913
		Total	0.4918	0.6061	0.5787	0.6594
N02AA	Natural opium alkaloids	Public	0.0514	0.0523	0.0588	0.0580
		Private	0.0849	0.0731	0.0427	0.0473
		Total	0.1363	0.1254	0.1014	0.1053
N02AA01	Morphine	Public	0.0365	0.0349	0.0389	0.0390
		Private	0.0041	0.0053	0.0047	0.0041
		Total	0.0405	0.0402	0.0435	0.0431
N02AA05	Oxycodone	Public	0.0056	0.0083	0.0099	0.0108
		Private	0.0038	0.0059	0.0071	0.0050
		Total	0.0094	0.0143	0.0169	0.0158
N02AA08	Dihydrocodeine	Public	0.0093	0.0090	0.0100	0.0071
		Private	0.0770	0.0618	0.0300	0.0365
		Total	0.0863	0.0708	0.0400	0.0436
N02AA55	Oxycodone, combinations	Public	-	-	0.0001	0.0012
		Private	-	0.0001	0.0009	0.0017
		Total	-	0.0001	0.0010	0.0029
N02AB	Phenylpiperidine derivatives	Public	0.0066	0.0071	0.0067	0.0060
		Private	0.0048	0.0099	0.0097	0.0112
		Total	0.0114	0.0170	0.0164	0.0172
N02AB02	Pethidine	Public	0.0052	0.0052	0.0048	0.0039
		Private	0.0040	0.0091	0.0089	0.0103
		Total	0.0092	0.0143	0.0137	0.0142
N02AB03	Fentanyl	Public	0.0014	0.0019	0.0020	0.0021
		Private	0.0008	0.0008	0.0008	0.0009
		Total	0.0022	0.0027	0.0027	0.0030
N02AF	Morphinan derivatives					
N02AF02	Nalbuphine	Public	0.0010	0.0010	0.0011	0.0009
		Private	0.0004	0.0007	0.0007	0.0008
		Total	0.0015	0.0018	0.0018	0.0017
N02AX	Other opioids	Public	0.1839	0.2433	0.2509	0.3031
		Private	0.1588	0.2187	0.2082	0.2320
		Total	0.3427	0.4620	0.4590	0.5352
N02AX02	Tramadol	Public	0.1839	0.2433	0.2508	0.3030
		Private	0.0585	0.1115	0.1033	0.1183
		Total	0.2424	0.3548	0.3542	0.4214
N02AX52	Tramadol, combinations	Public	< 0.0001	< 0.0001	< 0.0001	0.0001
		Private	0.1003	0.1072	0.1048	0.1137
		Total	0.1003	0.1072	0.1049	0.1138

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CHAPTER 20: USE OF DRUGS FOR NEUROLOGICAL DISORDERS

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Four major categories of neurological drugs were analysed from 2011 to 2014. These include drugs for epilepsy, Parkinson's disease, migraine and other nervous system disorders. In general, antiepileptic drugs remained the most frequently prescribed group analysed. This is comparable to the pattern of procurement reported by the Finnish group¹. Anti-vertigo preparations formed the second largest group of procured drugs followed by drugs for Parkinson disease.

Antiepileptic Drugs

The three most commonly prescribed antiepileptic drugs (AED) used from 2011 to 2014 were valproate acid, phenytoin and carbamazepine. Valproate acid and phenytoin showed a steady uptrend in usage. All three AEDs are well established as 1st line therapy and are widely available for both neurologists and physicians alike². Valproate acid continues to be used not only for epilepsy, but also as prophylaxis for migraine and treatment for mood stabilization³⁻⁵.

Among the 2nd line AEDs, gabapentin and levetiracetam lead the pack. Gabapentin however is even more widely utilised for neuropathic pain compared to epilepsy. Unfortunately the data is unable to differentiate the usage for the two indications⁶. Levetiracetam has seen a steady annual increase in usage, both in the private and public sector which may be attributed to its broad spectrum efficacy and specific mode of action unlike the other AEDs in this group⁷. The lowest usage of AEDs was noted to be ethosuximide, retigabine and sultiame.

Drugs For Parkinson's Disease

The main classes of parkinsonian drugs were levodopa (plus peripheral dopamine decarboxylase inhibitors), enzyme inhibitors (catechol-O-methyltransferase inhibitors and monoamine oxidase inhibitors) and dopamine agonists (ergot and non-ergot)⁸. While levodopa is the gold standard for antiparkinsonian therapy, however, anticholinergics top the group in terms of usage as it is recommended in tremor-predominant parkinsonism as well as dystonia and drug-induced extrapyramidal disorders^{8,9}.

Dopamine agonists remain the class of anti-parkinsonian drugs with the widest choice of formulations (immediate-release, controlled-release, patch formulation) and is the recommended first line therapy for young-onset early Parkinson's⁸. Among the dopamine agonists, pramipexole is the most commonly prescribed while the least used was apomorphine, being an injectable form it used either as rescue therapy or continuous infusion in advanced Parkinson's disease. Contrary to the increasing usage of most anti-parkinsonian drugs, priribedil has been an exception, showing a gentle decline from 2012 (0.0150 DDD/1,000 inhabitants/day) to 2014 (0.0066 DDD/1,000 inhabitants/day). This may be reflective of the prescribing practice based on available evidence.

Anti-Migraine Preparations

The usage of anti-migraine drugs in Malaysia dropped from 2011 to 2014. In acute therapy for migraine, sumatriptan utilisation has shown a reducing trend in from 2012 to 2014, while ergotamine was only prescribed in the private sector. Clonidine, as an off-label indication, is rarely used as a migraine prophylaxis in Malaysia.

For prophylaxis, flunarizine, a preferred drug, showed a reduction in usage over the years, while pizotifen showed a steady increment from 2011 to 2013, before reducing in 2014.

Other Nervous System Drugs

Other nervous system drugs were categorised as immunostimulants, anti-dementia drugs, anticholinesterases, anti-vertigo preparations, riluzole and tetrabenazine.

The total usage of both interferon beta 1a (Rebif) and interferon beta 1b (Betaferon) has remained relatively same over the years of 2011 to 2014. However, on closer review, a drop in usage in the private sector has seen a

corresponding increase in usage in the public sector, reflective of economics influencing patients' decision to switch to public sector follow-up. This is consistent over the time period being analysed.

Anti-dementia drugs have shown a steady increase in usage in the 4 years analysed. This is seen in both public and private sectors, reflecting the aging population and treatment available for early dementia. Among the cholinesterase inhibitors, donepezil is the most prescribed, followed by rivastigmine. Galantamine is only available and used in the private sector. Memantine, as an adjunct, has also gradually increased, but more in the private sector than the public sector.

Among the anticholinesterase group, parenteral neostigmine usage in myasthenia gravis remained constant throughout the period analysed. This similar trend was also seen with pyridostigmine.

The anti-vertigo agent, betahistine, ranked higher than cinnarizine, despite it being prescribed only by specialists.

Usage of riluzole for motor neuron disease stood at 0.0001DDD/1,000 inhabitants/day in Malaysia from 2011 to 2013 and increased slightly in 2014 (0.0003 DDD/1,000 inhabitants/day) for the public sector. Tetrabenazine for hyperkinetic movement disorders and fampridine used in multiple sclerosis for improvement of gait, both showed 0.0001 DDD/1,000 inhabitants/day in 2014.

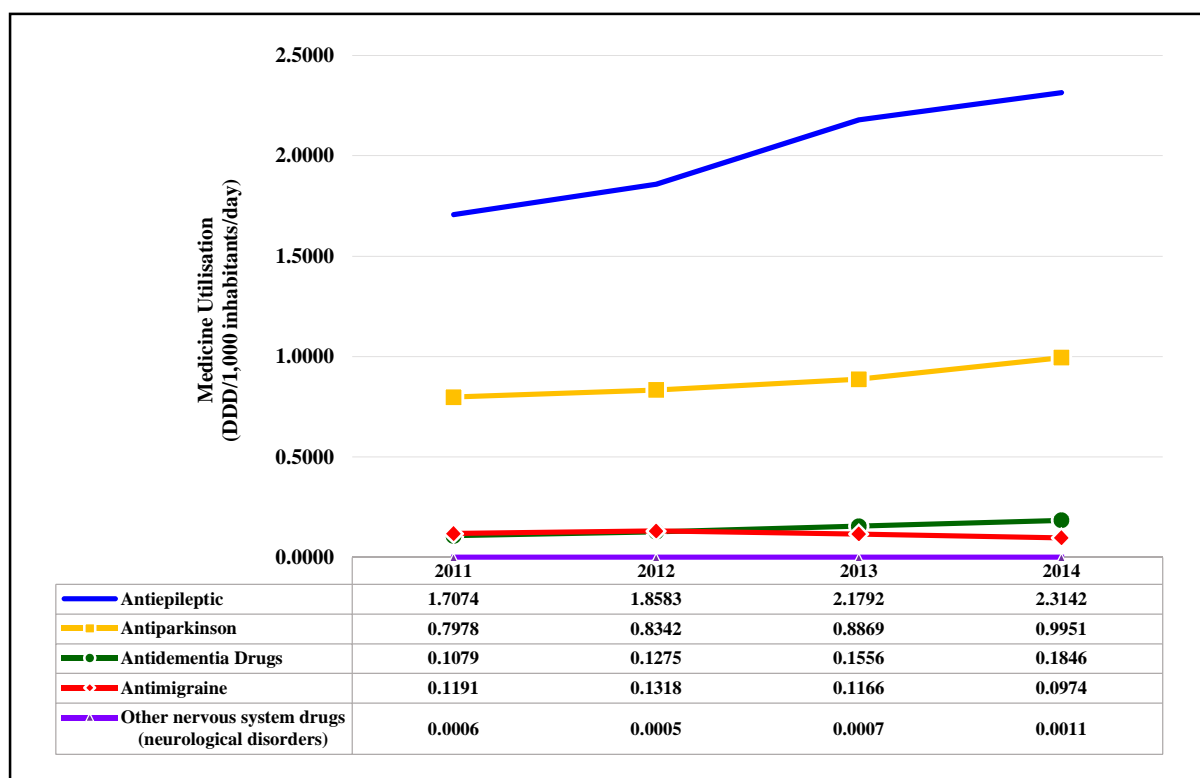


Figure 20.1: Use of drugs for neurological disorders.

Table 20.1: Use of drugs for neurological disorders, by therapeutic groups from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
L03	Immunostimulants	Public	0.0036	0.0036	0.0038	0.0054
		Private	0.0037	0.0016	0.0008	0.0010
		Total	0.0073	0.0053	0.0046	0.0064
N02	Analgesics	Public	0.0188	0.0324	0.0387	0.0260
		Private	0.1002	0.0993	0.0780	0.0714
		Total	0.1191	0.1318	0.1166	0.0974
N03	Antiepileptics	Public	1.4066	1.5104	1.8256	1.7866
		Private	0.3009	0.3479	0.3536	0.5276
		Total	1.7074	1.8583	2.1792	2.3142
N04	Anti-parkinson drugs	Public	0.6678	0.7081	0.7518	0.8481
		Private	0.1300	0.1261	0.1351	0.1471
		Total	0.7978	0.8342	0.8869	0.9951
N06	Psychoanaleptics	Public	0.0714	0.0826	0.1035	0.1282
		Private	0.0365	0.0449	0.0521	0.0564
		Total	0.1079	0.1275	0.1556	0.1846
N07	Other nervous system drugs	Public	0.4070	0.4829	0.4495	0.3475
		Private	0.6611	0.7990	0.8867	0.8471
		Total	1.0681	1.2819	1.3362	1.1946

Table 20.2: Use of drugs for treatment of migraine from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N02C	Antimigraine preparations	Public	0.0188	0.0324	0.0387	0.0260
		Private	0.1002	0.0993	0.0780	0.0714
		Total	0.1191	0.1318	0.1166	0.0974
N02CA	Ergot alkaloids					
N02CA52	Ergotamine, combinations excluding psycholeptics	Public	-	-	-	-
		Private	0.0833	0.0785	0.0554	0.0551
		Total	0.0833	0.0785	0.0554	0.0551
N02CC	Selective serotonin (5HT1) agonists					
N02CC01	Sumatriptan	Public	0.0026	0.0117	0.0083	0.0064
		Private	0.0070	0.0073	0.0083	0.0082
		Total	0.0097	0.0190	0.0166	0.0147
N02CX	Other antimigraine preparations	Public	0.0162	0.0207	0.0303	0.0196
		Private	0.0099	0.0136	0.0143	0.0080
		Total	0.0261	0.0343	0.0446	0.0276
N02CX01	Pizotifen	Public	0.0162	0.0206	0.0303	0.0195
		Private	0.0099	0.0136	0.0143	0.0080
		Total	0.0261	0.0342	0.0446	0.0275
N02CX02	Clonidine	Public	-	0.0001	-	0.0001
		Private	-	-	-	-
		Total	-	0.0001	-	0.0001

Table 20.3: Use of drugs for treatment of epilepsy from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N03A	Antiepileptics	Public	1.4066	1.5104	1.8256	1.7866
		Private	0.3009	0.3479	0.3536	0.5276
		Total	1.7074	1.8583	2.1792	2.3142
N03AA	Barbiturates and derivatives	Public	0.0686	0.0609	0.0610	0.0650
		Private	0.0032	0.0107	0.0088	0.0022
		Total	0.0718	0.0716	0.0698	0.0672
N03AA02	Phenobarbital	Public	0.0686	0.0603	0.0605	0.0649
		Private	0.0028	0.0106	0.0087	0.0020
		Total	0.0714	0.0709	0.0692	0.0669
N03AA03	Primidone	Public	0.0001	0.0006	0.0005	0.0001
		Private	0.0004	0.0001	0.0001	0.0002
		Total	0.0004	0.0007	0.0006	0.0003
N03AB	Hydantoin derivatives	Public	0.3996	0.4068	0.4354	0.4789
		Private	0.0559	0.0537	0.0490	0.0451
		Total	0.4555	0.4606	0.4844	0.5240
N03AD	Succinimide derivatives	Public	-	-	< 0.0001	-
		Private	-	-	-	-
		Total	-	-	< 0.0001	-
N03AE	Benzodiazepine derivatives	Public	0.0519	0.0611	0.0626	0.0596
		Private	0.0333	0.0595	0.0507	0.0512
		Total	0.0853	0.1206	0.1133	0.1108
N03AF	Carboxamide derivatives	Public	0.2525	0.2472	0.2546	0.2776
		Private	0.0344	0.0315	0.0277	0.0281
		Total	0.2869	0.2787	0.2823	0.3058
N03AF01	Carbamazepine	Public	0.2519	0.2462	0.2529	0.2765
		Private	0.0294	0.0262	0.0218	0.0225
		Total	0.2814	0.2724	0.2746	0.2990
N03AF02	Oxcarbazepine	Public	0.0006	0.0008	0.0017	0.0009
		Private	0.0049	0.0053	0.0059	0.0056
		Total	0.0055	0.0061	0.0075	0.0065
N03AF03	Rufinamide	Public	-	0.0001	0.0001	0.0002
		Private	-	-	-	-
		Total	-	0.0001	0.0001	0.0002
N03AG	Fatty acid derivatives	Public	0.4281	0.4813	0.5228	0.5772
		Private	0.0519	0.0562	0.0603	0.2316
		Total	0.4800	0.5375	0.5831	0.8088
N03AG01	Valproic acid	Public	0.4278	0.4802	0.5214	0.5754
		Private	0.0517	0.0559	0.0601	0.2314
		Total	0.4794	0.5361	0.5815	0.8068
N03AG04	Vigabatrin	Public	0.0003	0.0010	0.0014	0.0018
		Private	0.0003	0.0003	0.0002	0.0002
		Total	0.0006	0.0013	0.0016	0.0020
N03AX	Other antiepileptics	Public	0.2058	0.2531	0.4891	0.3283
		Private	0.1222	0.1363	0.1571	0.1694
		Total	0.3280	0.3894	0.6463	0.4977

Table 20.3: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N03AX03	Sultiame	Public	-	-	0.0002	0.0001
		Private	-	-	-	-
		Total	-	-	0.0002	0.0001
N03AX09	Lamotrigine	Public	0.0481	0.0369	0.3071	0.0486
		Private	0.0068	0.0071	0.0067	0.0076
		Total	0.0550	0.0440	0.3138	0.0561
N03AX11	Topiramate	Public	0.0372	0.0390	0.0161	0.0198
		Private	0.0026	0.0024	0.0025	0.0026
		Total	0.0398	0.0415	0.0186	0.0224
N03AX12	Gabapentin	Public	0.0727	0.1012	0.0657	0.1328
		Private	0.0444	0.0418	0.0398	0.0415
		Total	0.1171	0.1430	0.1055	0.1742
N03AX14	Levetiracetam	Public	0.0449	0.0672	0.0854	0.1050
		Private	0.0232	0.0233	0.0323	0.0357
		Total	0.0681	0.0905	0.1176	0.1406
N03AX15	Zonisamide	Public	-	-	0.0004	0.0007
		Private	0.0016	0.0023	0.0026	0.0021
		Total	0.0016	0.0023	0.0031	0.0027
N03AX16	Pregabalin	Public	0.0028	0.0087	0.0140	0.0206
		Private	0.0435	0.0594	0.0725	0.0790
		Total	0.0463	0.0681	0.0865	0.0995
N03AX17	Stiripentol	Public	< 0.0001	0.0001	0.0002	0.0004
		Private	-	-	-	-
		Total	< 0.0001	0.0001	0.0002	0.0004
N03AX18	Lacosamide	Public	-	-	< 0.0001	0.0004
		Private	-	-	0.0007	0.0011
		Total	-	-	0.0007	0.0015
N03AX21	Retigabine	Public	-	-	-	-
		Private	-	-	< 0.0001	-
		Total	-	-	< 0.0001	-

Table 20.4: Use of drugs for treatment of Parkinson disease from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N04A	Anticholinergic agents					
N04AA	Tertiary amines	Public	0.4153	0.4509	0.4480	0.4948
		Private	0.0519	0.0407	0.0437	0.0483
		Total	0.4673	0.4916	0.4917	0.5430
N04AA01	Trihexyphenidyl	Public	0.4150	0.4505	0.4478	0.4944
		Private	0.0519	0.0407	0.0437	0.0483
		Total	0.4670	0.4912	0.4915	0.5427
N04AA04	Procyclidine	Public	0.0003	0.0004	0.0002	0.0003
		Private	-	-	-	-
		Total	0.0003	0.0004	0.0002	0.0003
N04B	Dopaminergic agents					
		Public	0.2524	0.2572	0.3038	0.3533
		Private	0.0781	0.0854	0.0914	0.0988
		Total	0.3305	0.3426	0.3952	0.4521
N04BA	Dopa and dopa derivatives	Public	0.1512	0.1465	0.1856	0.2282
		Private	0.0391	0.0473	0.0511	0.0536
		Total	0.1903	0.1938	0.2368	0.2818

Table 20.4: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N04BA02	Levodopa and decarboxylase inhibitor	Public	0.1493	0.1419	0.1803	0.2217
		Private	0.0345	0.0422	0.0460	0.0486
		Total	0.1838	0.1841	0.2263	0.2703
N04BA03	Levodopa, decarboxylase inhibitor and COMT inhibitor	Public	0.0019	0.0047	0.0053	0.0065
		Private	0.0046	0.0051	0.0052	0.0051
		Total	0.0065	0.0098	0.0105	0.0115
N04BB	Adamantane derivatives					
N04BB01	Amantadine	Public	0.0106	0.0085	0.0167	0.0137
		Private	0.0077	0.0060	0.0074	0.0068
		Total	0.0183	0.0145	0.0241	0.0205
N04BC	Dopamine agonists	Public	0.0206	0.0337	0.0325	0.0294
		Private	0.0133	0.0136	0.0138	0.0155
		Total	0.0339	0.0473	0.0464	0.0450
N04BC04	Ropinirole	Public	0.0063	0.0074	0.0083	0.0039
		Private	0.0030	0.0038	0.0040	0.0060
		Total	0.0093	0.0113	0.0124	0.0098
N04BC05	Pramipexole	Public	0.0099	0.0136	0.0166	0.0195
		Private	0.0064	0.0063	0.0059	0.0061
		Total	0.0163	0.0200	0.0225	0.0256
N04BC07	Apomorphine	Public	-	-	-	< 0.0001
		Private	-	-	-	-
		Total	-	-	-	< 0.0001
N04BC08	Piribedil	Public	0.0045	0.0120	0.0066	0.0039
		Private	0.0034	0.0030	0.0031	0.0027
		Total	0.0079	0.0150	0.0096	0.0066
N04BC09	Rotigotine	Public	-	0.0006	0.0010	0.0021
		Private	0.0005	0.0004	0.0009	0.0007
		Total	0.0005	0.0010	0.0019	0.0029
N04BD	Monoamine oxidase B inhibitors					
N04BD01	Selegiline	Public	0.0569	0.0537	0.0502	0.0648
		Private	0.0166	0.0174	0.0181	0.0221
		Total	0.0735	0.0711	0.0683	0.0869
N04BX	Other dopaminergic agents					
N04BX02	Entacapone	Public	0.0132	0.0148	0.0188	0.0172
		Private	0.0013	0.0011	0.0009	0.0008
		Total	0.0145	0.0159	0.0197	0.0180

Table 20.5: Use of drugs for treatment of dementia from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N06D	Anti-dementia drugs	Public	0.0714	0.0826	0.1035	0.1282
		Private	0.0365	0.0449	0.0521	0.0564
		Total	0.1079	0.1275	0.1556	0.1846
N06DA	Anticholinesterases	Public	0.0676	0.0723	0.0889	0.1083
		Private	0.0233	0.0276	0.0305	0.0318
		Total	0.0909	0.0999	0.1195	0.1401
N06DA02	Donepezil	Public	0.0371	0.0396	0.0598	0.0712
		Private	0.0142	0.0170	0.0197	0.0195
		Total	0.0513	0.0566	0.0795	0.0907
N06DA03	Rivastigmine	Public	0.0305	0.0327	0.0292	0.0372
		Private	0.0082	0.0098	0.0103	0.0120
		Total	0.0387	0.0425	0.0395	0.0491
N06DA04	Galantamine	Public	-	-	-	-
		Private	0.0009	0.0008	0.0005	0.0003
		Total	0.0009	0.0008	0.0005	0.0003
N06DX	Other anti-dementia drugs					
N06DX01	Memantine	Public	0.0038	0.0103	0.0146	0.0199
		Private	0.0132	0.0173	0.0216	0.0246
		Total	0.0170	0.0276	0.0362	0.0445

Table 20.6: Use of other drugs for treatment of neurological disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
L03A	Immunostimulants					
L03AB	Interferons	Public	0.0036	0.0036	0.0038	0.0054
		Private	0.0037	0.0016	0.0008	0.0010
		Total	0.0073	0.0053	0.0046	0.0064
L03AB07	Interferon beta-1a	Public	0.0035	0.0033	0.0034	0.0047
		Private	0.0031	0.0014	0.0006	0.0010
		Total	0.0066	0.0047	0.0041	0.0057
L03AB08	Interferon beta-1b	Public	0.0001	0.0003	0.0004	0.0007
		Private	0.0006	0.0003	0.0002	0.0001
		Total	0.0007	0.0006	0.0005	0.0008
N07A	Parasympathomimetics					
N07AA	Anticholinesterases	Public	0.0769	0.0754	0.0786	0.0935
		Private	0.0137	0.0240	0.0186	0.0163
		Total	0.0905	0.0993	0.0972	0.1098
N07AA01	Neostigmine	Public	0.0150	0.0155	0.0162	0.0191
		Private	0.0090	0.0177	0.0122	0.0081
		Total	0.0240	0.0332	0.0284	0.0273
N07AA02	Pyridostigmine	Public	0.0619	0.0599	0.0624	0.0743
		Private	0.0047	0.0062	0.0064	0.0082
		Total	0.0666	0.0661	0.0688	0.0825
N07C	Antivertigo preparations					
N07CA	Antivertigo preparations	Public	0.3300	0.4075	0.3708	0.2536
		Private	0.6469	0.7746	0.8675	0.8302
		Total	0.9770	1.1821	1.2383	1.0838

Table 20.6: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N07CA01	Betahistine	Public	0.2436	0.3199	0.3109	0.1804
		Private	0.3954	0.4983	0.6102	0.5368
		Total	0.6390	0.8182	0.9210	0.7172
N07CA02	Cinnarizine	Public	0.0686	0.0493	0.0451	0.0510
		Private	0.1629	0.1745	0.1888	0.2375
		Total	0.2314	0.2239	0.2339	0.2886
N07CA03	Flunarizine	Public	0.0179	0.0383	0.0148	0.0222
		Private	0.0886	0.1017	0.0686	0.0558
		Total	0.1065	0.1400	0.0833	0.0780
N07X	Other nervous system drugs					
N07XX	Other nervous system drugs	Public	0.0001	-	0.0001	0.0005
		Private	0.0005	0.0005	0.0006	0.0006
		Total	0.0006	0.0005	0.0007	0.0011
N07XX02	Riluzole	Public	0.0001	-	0.0001	0.0003
		Private	0.0005	0.0005	0.0006	0.0006
		Total	0.0006	0.0005	0.0007	0.0009
N07XX06	Tetrabenazine	Public	< 0.0001	-	-	0.0001
		Private	-	-	-	-
		Total	< 0.0001	-	-	0.0001
N07XX07	Fampridine	Public	-	-	-	0.0001
		Private	-	-	-	-
		Total	-	-	-	0.0001

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CHAPTER 21: USE OF DRUGS FOR PSYCHIATRIC DISORDERS

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The National Health and Morbidity Survey (NHMS) 2015 showed a marked increase in prevalence of psychiatric morbidity, where 29.2% of adults suffered from mental health issues, a threefold increase from 10.6% in NHMS 1996¹. Generally, in keeping with the increasing prevalence, there was an increased use of most drug classes being observed from 2011-2014, although the utilisation is still comparatively low. Antipsychotics are the main drugs being prescribed (3.3187 DDD/1,000 inhabitants/day) followed by antidepressants (2.2325 DDD/1,000 inhabitants/day) and anxiolytics hypnotics (1.0239 DDD/1,000 inhabitants/day).

The overall use of antipsychotics had increased by 23.1% in 2014 (3.3187 DDD/1,000 inhabitants/day) compared to 2011 (2.6966 DDD/1,000 inhabitants/day). Though typical antipsychotics predominates the pattern of utilisation, the trend is decreasing over 2011-2014 and the usage of atypical antipsychotics is increasing. It was noted that from 2011 to 2014, the most utilised antipsychotic was fluphenazine with DDD/1,000 inhabitants/day of 0.4865, 0.4935, 0.5440 and 0.5908 respectively, followed by risperidone. Usage of atypical antipsychotics also showed an increasing trend whereby utilisation in 2014 (1.3497 DDD/1,000 inhabitants/day) was 58.6% higher as compared to 2011 (0.8511/1,000 inhabitants/day). It was noted that risperidone was the most prescribed atypical antipsychotic with significant increase of 34.3% in 2014 compared to 2011.

Another interesting finding was that there was a steady increase in the utilisation of olanzapine. Its usage in 2014 was 55.2% higher compared to 2011. The increment was noted mainly in public as compared to private sector. This may be attributed to the reduction of the price of olanzapine in public sector during this period. Data from Australia in 2014 reported that the most used atypical antipsychotic was olanzapine (3.0919 DDD/1,000 inhabitants/day)² and it was also the most prescribed drug in Finland (5.96 DDD/1,000 inhabitants/day)³.

In general, there was a drop of 5.8% in the overall usage of anxiolytics, hypnotics and sedatives class from 2011 (1.5635 DDD/1,000 inhabitants/day) to 2014 (1.4721 DDD/1,000 inhabitants/day). There was a surge of the drug use in 2012 (1.9960 DDD/1,000 inhabitants/day) before it came down again in the subsequent years. The private sector contributed to about three quarters (66.8% to 79.8%) of the total drug usage. However, the use in private sector had declined from 1.2470 DDD/1,000 inhabitants/day in 2011 to 0.9830 DDD/1,000 inhabitants/day in 2014. It was likely that this reduction was associated with effective enforcement to curb misuse.

Overall, alprazolam was the most commonly prescribed anxiolytic, hypnotics and sedatives drugs for the year 2011-2014. In addition, in 2011, the top three drugs, other than alprazolam were hydroxyzine, midazolam and zolpidem; while it was diazepam, hydroxyzine and zolpidem for the year 2012 to 2014. The use of anxiolytics, hypnotics and sedatives were very low compared to other developed countries. For example, in Finland, the DDD/1,000 inhabitants/day for 2014 for anxiolytics and hypnotics were 23 and 39 respectively³.

Depressive and anxiety disorders are highly prevalent psychiatric illnesses, continually climbing up to be one of the leading causes of disease burden. Consumption of antidepressants from 2011-2014 might have reflected this increasing prevalence, by showing a steady increase of use; from 1.6027 DDD/1,000 inhabitants/day in 2011 to 2.2325 DDD/1,000 inhabitants/day in 2014. The proportion contributed by antidepressants was 22.8% in 2011 compared to 26.3% in 2014.

Overall, there is an increasing trend in the use of newer antidepressants namely Selective Serotonin Reuptake Inhibitors (SSRIs), Noradrenaline & Specific Serotonergic Antidepressant (NASSA), Serotonin-Norepinephrine Reuptake Inhibitor (SNRI) and Melatonergic Antidepressant. The use of much older antidepressants i.e. Tricyclic Antidepressant (TCA) and Monoamine Oxidase A Inhibitor (MAOI) groups showed either a decline or remained almost plateau.

Selective Serotonin Reuptake Inhibitors (SSRIs) was the leading antidepressant; the top three antidepressants were sertraline, fluvoxamine or escitalopram. In 2014, sertraline (0.5044 DDD/1,000 inhabitants/day) was the most used antidepressant followed by fluvoxamine (0.4327 DDD/1,000 inhabitants/day) and escitalopram

(0.4215 DDD/1,000 inhabitants/day). Fluoxetine use was lesser in comparison to these three SSRIs (0.2412 DDD/1,000 inhabitants/day) in 2014. Sertraline and fluvoxamine were used mainly in public compared to private sectors (e.g. 0.4339 vs 0.0705 DDD/1,000 inhabitants/day and 0.3904 vs 0.0423 DDD/1,000 inhabitants/day in 2014 respectively) while escitalopram seemed to be the SSRI of choice mainly in private more than in public sector (0.2518 vs 0.1697 DDD/1,000 inhabitants/day). This trend can be explained by the fact that sertraline and fluvoxamine are generically dispensed and available in all public health clinics. Both medications had been listed as 'B' in the category of prescribers in Ministry of Health Medicines Formulary where medical officers are authorized to initiate the prescription⁴. Sertraline's profile as one of the SSRIs with the least drug-drug interaction might have encouraged its use in special population such as the medically ill, and it is also being prescribed by non-psychiatric professionals.

For the non-SSRI, the top three most-used antidepressants in the year 2011-2014 were amitriptyline followed by mirtazapine and duloxetine. The high use of amitriptyline may be due to the fact that it is also used by many non-psychiatrists for various indications such as in neuropathic pain and migraine; alongside its use for psychiatric illnesses.

As a whole, utilisation of antidepressants is still very much lower in Malaysia (2.2325 DDD/1,000 inhabitants/day) as compared to developed countries such as Australia (100.215 DDD/1,000 inhabitants/day)² and Finland (68.8 DDD/1,000 inhabitants/day)³ in 2014. Overall, 73.1% of Malaysian usage were for SSRI as compared to 57.7% of usage in Australia in 2014. Besides SSRI, usage of newer antidepressants were lesser, which may be explained by cost and access when only psychiatrists are authorized to prescribe.

Lithium usage was low in Malaysia. This was shown by the DDD/1,000 inhabitants/day ranging from 0.0019 to 0.0031 from 2011-2014. This observation might be due to the relatively poor accessibility for serum lithium monitoring in many hospitals. In addition, Malaysian psychiatrists also prefer to use sodium valproate as mood stabilizers. As a comparison, in Australia, for year 2014, the utilisation for lithium was 1.2773 DDD/1,000 inhabitants/day².

For the treatment of Attention Deficit Hyperactivity Disorder (ADHD), two groups of medications were compared in this survey i.e. methylphenidate and atomoxetine (0.0498 DDD/1,000 inhabitants/day). The usage of both had shown an increasing trend over the 4 years; and was much higher in the public sector. Methylphenidate was the main prescribed drug during this period and was showing an upward trend: from 0.0347 DDD/1,000 inhabitants/day in 2011 to 0.0450 DDD/1,000 inhabitants/day in 2014 which is a 29.7% increment. However, this is much lower than the 2014 usage in Australia (2.62 DDD/1,000 inhabitants/day)² and Finland (2.19 DDD/1,000 inhabitants/day)³. Atomoxetine was being used at a much lower rate in Malaysia; with 0.0048 DDD/1,000 inhabitants/day in 2014. This was also lower when comparing to 2014 data for Australia (0.106 DDD/1,000 inhabitants/day)² and Finland (0.11 DDD/1,000 inhabitants/day)³. In general, usage of medications of ADHD is very low. This may be contributed by the reluctance of parents to allow their children to take medications on a long-term basis.

Anti-dementia drugs showed a steady increment from 2011 to 2014 with overall increase of 71.1% (0.1079 DDD/1,000 inhabitants/day in 2011; 0.1846 DDD/1,000 inhabitants/day in 2014) in its consumption. In 2014, the most commonly utilised anti-dementia drug was donepezil (0.0907 DDD/1,000 inhabitants/day) followed by rivastigmine (0.0491 DDD/1,000 inhabitants/day), memantine (0.0445 DDD/1,000 inhabitants/day) and galantamine (0.0003 DDD/1,000 inhabitants/day). Galantamine was found to have reduction in its usage within the four-year period. In Australia, for the year 2014, donepezil also was most commonly used (1.1792 DDD/1,000 inhabitants/day) followed by galantamine (0.2956 DDD/1,000 inhabitants/day) and rivastigmine (0.1620 DDD/1,000 inhabitants/day)².

As a group, usage of drugs for addictive disorders had shown an increasing trend; from 1.0104 DDD/1,000 inhabitants/day in 2011 to 1.2417 DDD/1000 populaton/day in 2014. Methadone is the most widely prescribed agent in Addictive Disorders throughout the 4 years. The usage of public sector is much higher for example, in 2014 public sector contributed 83.8% (1.0075 DDD/1,000 inhabitants/day). This is rather high compared to Australia (0.37293 DDD/1,000 inhabitants/day)² and Finland (0.24 DDD/1,000 inhabitants/day)³. This may reflect the higher prevalence of heroin dependence in Malaysia compared to these countries. Medications for nicotine dependence is the second most-used group of drugs for addictive disorders; which is represented by Nicotine and Varenicline in this report. Usage of nicotine appears to be decreasing markedly from 2011 (0.0816 DDD/1,000 inhabitants/day) to 2014 (0.0191 DDD/1,000 inhabitants/day). It was also noted that the private sector contributed 92% (0.0175 DDD/1,000 inhabitants/day) of nicotine usage in 2014. In comparison, other countries have much higher usage: Australia (0.62651 DDD/1,000 inhabitants/day)²; and Finland (10.50

DDD/1,000 inhabitants/day)³. Varenicline usage had not shown much variation over the 4 years, though there is a slight downward trend (from 0.0190 DDD/1,000 inhabitants/day in 2011 to 0.0173 DDD/1,000 inhabitants/day in 2014). This is also lower than Australia (1.33 DDD/1,000 inhabitants/day)²; and Finland (0.23 DDD/1,000 inhabitants/day)³. Naltrexone (0.0029 DDD/1,000 inhabitants/day in 2014) is used at much lower rate. Meanwhile buprenorphine derivatives, which was mainly used by private sector, had shown a decreasing trend 0.0599 DDD/1,000 inhabitants/day in 2011 to nil in 2014.

In conclusion, psychiatric drug usage showed an increasing trend but it is still below what is seen in developed countries and low compared to high psychiatric morbidity in the country.

Table 21.1: Use of antipsychotics, anxiolytics, hypnotic and sedatives, by therapeutic group from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
N05	Psycholeptics	Public	2.7776	3.3280	3.1591	3.5112
		Private	1.4825	1.7566	1.4250	1.2796
		Total	4.2601	5.0847	4.5841	4.7908
N05A	Antipsychotics	Public	2.4612	2.8015	2.6795	3.0222
		Private	0.2355	0.2872	0.2797	0.2965
		Total	2.6966	3.0887	2.9592	3.3187
N05AA	Phenothiazines with aliphatic side-chain	Public	0.2591	0.2692	0.2394	0.2757
		Private	0.0109	0.0132	0.0117	0.0108
		Total	0.2700	0.2824	0.2511	0.2865
N05AB	Phenothiazines with piperazine structure	Public	0.7447	0.8038	0.8340	0.9196
		Private	0.1183	0.1474	0.1465	0.1747
		Total	0.8630	0.9512	0.9805	1.0942
N05AD	Butyrophenone derivatives	Public	0.3431	0.3040	0.2639	0.2202
		Private	0.0027	0.0168	0.0037	0.0012
		Total	0.3458	0.3209	0.2676	0.2214
N05AE	Indole derivatives	Public	0.0005	0.0004	0.0002	0.0004
		Private	0.0029	0.0019	0.0020	0.0017
		Total	0.0034	0.0023	0.0022	0.0021
N05AF	Thioxanthene derivatives	Public	0.1824	0.1707	0.1671	0.1754
		Private	0.0226	0.0214	0.0213	0.0199
		Total	0.2049	0.1921	0.1885	0.1953
N05AH	Diazepines, oxazepines, thiazepines and oxepines	Public	0.3410	0.4456	0.4617	0.5759
		Private	0.0385	0.0386	0.0393	0.0356
		Total	0.3795	0.4842	0.5010	0.6115
N05AL	Benzamides	Public	0.1704	0.2162	0.2043	0.2287
		Private	0.0148	0.0141	0.0137	0.0137
		Total	0.1852	0.2302	0.2180	0.2423
N05AN	Lithium	Public	0.0019	0.0031	0.0019	0.0018
		Private	-	-	-	0.0003
		Total	0.0019	0.0031	0.0019	0.0022
N05AX	Other antipsychotics	Public	0.4180	0.5884	0.5070	0.6244
		Private	0.0248	0.0338	0.0415	0.0388
		Total	0.4428	0.6221	0.5485	0.6632
N05B	Anxiolytics	Public	0.2064	0.3709	0.3044	0.3283
		Private	0.8597	1.0788	0.7848	0.6955
		Total	1.0661	1.4497	1.0892	1.0239
N05BA	Benzodiazepine derivatives	Public	0.1658	0.3178	0.2434	0.2573
		Private	0.6533	0.8249	0.5690	0.5459
		Total	0.8190	1.1427	0.8124	0.8032

Table 21.1: (continued)

ATC	Therapeutic Group	Sector	2011	2012	2013	2014
N05BB	Diphenylmethane derivatives	Public	0.0406	0.0531	0.0610	0.0710
		Private	0.2064	0.2539	0.2158	0.1496
		Total	0.2470	0.3070	0.2768	0.2207
N05C	Hypnotics and sedatives	Public	0.1101	0.1556	0.1752	0.1607
		Private	0.3873	0.3907	0.3604	0.2875
		Total	0.4974	0.5463	0.5356	0.4482
N05CD	Benzodiazepine derivatives	Public	0.0646	0.1015	0.1240	0.0869
		Private	0.2186	0.1447	0.1318	0.1125
		Total	0.2832	0.2461	0.2558	0.1993
N05CF	Benzodiazepine related drugs	Public	0.0411	0.0538	0.0477	0.0646
		Private	0.1686	0.2458	0.2285	0.1750
		Total	0.2097	0.2997	0.2762	0.2395
N05CH	Melatonin receptor agonists	Public	0.0041	-	0.0030	0.0087
		Private	-	-	-	-
		Total	0.0041	-	0.0030	0.0087
N05CM	Other hypnotics and sedatives	Public	0.0003	0.0003	0.0005	0.0006
		Private	0.0001	0.0002	0.0001	0.0001
		Total	0.0004	0.0005	0.0006	0.0006

Table 21.2: Use of antipsychotics, anxiolytics, hypnotic and sedatives from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N05A	Antipsychotics					
N05AA	Phenothiazines with aliphatic side-chain					
N05AA01	Chlorpromazine	Public	0.2591	0.2692	0.2394	0.2757
		Private	0.0109	0.0132	0.0117	0.0108
		Total	0.2700	0.2824	0.2511	0.2865
N05AB	Phenothiazines with piperazine structure	Public	0.7447	0.8038	0.8340	0.9196
		Private	0.1183	0.1474	0.1465	0.1747
		Total	0.8630	0.9512	0.9805	1.0942
N05AB02	Fluphenazine	Public	0.4845	0.4811	0.5346	0.5604
		Private	0.0019	0.0125	0.0094	0.0304
		Total	0.4865	0.4935	0.5440	0.5908
N05AB03	Perphenazine	Public	0.0306	0.0222	0.0178	0.0112
		Private	0.0399	0.0298	0.0309	0.0233
		Total	0.0704	0.0520	0.0487	0.0345
N05AB04	Prochlorperazine	Public	0.1790	0.2686	0.2430	0.3027
		Private	0.0745	0.1033	0.1045	0.1135
		Total	0.2536	0.3718	0.3475	0.4162
N05AB06	Trifluoperazine	Public	0.0506	0.0320	0.0386	0.0452
		Private	0.0020	0.0019	0.0017	0.0074
		Total	0.0526	0.0338	0.0403	0.0527
N05AD	Butyrophenone derivatives					
N05AD01	Haloperidol	Public	0.3431	0.3040	0.2639	0.2202
		Private	0.0027	0.0168	0.0037	0.0012
		Total	0.3458	0.3209	0.2676	0.2214
N05AE	Indole derivatives	Public	0.0005	0.0004	0.0002	0.0004
		Private	0.0029	0.0019	0.0020	0.0017
		Total	0.0034	0.0023	0.0022	0.0021

Table 21.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N05AE03	Sertindole	Public	-	-	-	-
		Private	0.0007	0.0004	0.0004	< 0.0001
		Total	0.0007	0.0004	0.0004	< 0.0001
N05AE04	Ziprasidone	Public	0.0005	0.0004	0.0002	0.0004
		Private	0.0022	0.0015	0.0016	0.0017
		Total	0.0027	0.0019	0.0018	0.0021
N05AF	Thioxanthene derivatives	Public	0.1824	0.1707	0.1671	0.1754
		Private	0.0226	0.0214	0.0213	0.0199
		Total	0.2049	0.1921	0.1885	0.1953
N05AF01	Flupentixol	Public	0.0711	0.0792	0.0884	0.1037
		Private	0.0139	0.0133	0.0129	0.0121
		Total	0.0849	0.0925	0.1013	0.1158
N05AF05	Zuclopenthixol	Public	0.1113	0.0916	0.0787	0.0717
		Private	0.0087	0.0081	0.0085	0.0078
		Total	0.1200	0.0997	0.0871	0.0796
N05AH	Diazepines, oxazepines, thiazepines and oxepines	Public	0.3410	0.4456	0.4617	0.5759
		Private	0.0385	0.0386	0.0393	0.0356
		Total	0.3795	0.4842	0.5010	0.6115
N05AH02	Clozapine	Public	0.0878	0.1180	0.0951	0.1361
		Private	0.0013	0.0017	0.0015	0.0012
		Total	0.0890	0.1197	0.0967	0.1374
N05AH03	Olanzapine	Public	0.1865	0.2254	0.2487	0.3073
		Private	0.0206	0.0190	0.0188	0.0141
		Total	0.2071	0.2444	0.2675	0.3215
N05AH04	Quetiapine	Public	0.0668	0.1021	0.1175	0.1316
		Private	0.0165	0.0154	0.0155	0.0167
		Total	0.0833	0.1175	0.1330	0.1482
N05AH05	Asenapine	Public	-	<0.0001	0.0003	0.0009
		Private	0.0001	0.0025	0.0035	0.0035
		Total	0.0001	0.0026	0.0038	0.0044
N05AL	Benzamides	Public	0.1704	0.2162	0.2043	0.2287
		Private	0.0148	0.0141	0.0137	0.0137
		Total	0.1852	0.2302	0.2180	0.2423
N05AL01	Sulpiride	Public	0.1515	0.1755	0.1579	0.1621
		Private	0.0082	0.0071	0.0064	0.0073
		Total	0.1597	0.1827	0.1643	0.1694
N05AL05	Amisulpride	Public	0.0189	0.0406	0.0464	0.0665
		Private	0.0066	0.0069	0.0072	0.0064
		Total	0.0255	0.0475	0.0537	0.0729
N05AN	Lithium					
N05AN01	Lithium	Public	0.0019	0.0031	0.0019	0.0018
		Private	-	-	-	0.0003
		Total	0.0019	0.0031	0.0019	0.0022
N05AX	Other antipsychotics	Public	0.4180	0.5884	0.5070	0.6244
		Private	0.0248	0.0338	0.0415	0.0388
		Total	0.4428	0.6221	0.5485	0.6632
N05AX08	Risperidone	Public	0.3588	0.4977	0.3832	0.4777
		Private	0.0197	0.0283	0.0350	0.0307
		Total	0.3785	0.5260	0.4181	0.5085

Table 21.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N05AX12	Aripiprazole	Public	0.0433	0.0520	0.0697	0.0803
		Private	0.0010	0.0010	0.0016	0.0026
		Total	0.0443	0.0531	0.0713	0.0829
N05AX13	Paliperidone	Public	0.0159	0.0386	0.0541	0.0664
		Private	0.0041	0.0045	0.0050	0.0054
		Total	0.0199	0.0431	0.0591	0.0718
N05B	Anxiolytics	Public	0.2064	0.3709	0.3044	0.3283
		Private	0.8597	1.0788	0.7848	0.6955
		Total	1.0661	1.4497	1.0892	1.0239
N05BA	Benzodiazepine derivatives	Public	0.1658	0.3178	0.2434	0.2573
		Private	0.6533	0.8249	0.5690	0.5459
		Total	0.8190	1.1427	0.8124	0.8032
N05BA01	Diazepam	Public	0.0286	0.1277	0.0575	0.0630
		Private	0.1025	0.2707	0.1892	0.1745
		Total	0.1312	0.3984	0.2468	0.2375
N05BA05	Potassium clorazepate	Public	-	-	-	-
		Private	0.0019	0.0013	0.0002	-
		Total	0.0019	0.0013	0.0002	-
N05BA06	Lorazepam	Public	0.0446	0.0697	0.0629	0.0516
		Private	0.0633	0.1040	0.0792	0.0891
		Total	0.1079	0.1737	0.1421	0.1407
N05BA08	Bromazepam	Public	0.0014	0.0020	0.0012	0.0012
		Private	0.0337	0.0350	0.0262	0.0257
		Total	0.0351	0.0371	0.0274	0.0269
N05BA09	Clobazam	Public	0.0043	0.0091	0.0125	0.0241
		Private	0.0380	0.0320	0.0312	0.0346
		Total	0.0422	0.0411	0.0438	0.0587
N05BA12	Alprazolam	Public	0.0868	0.1093	0.1093	0.1174
		Private	0.4139	0.3819	0.2429	0.2220
		Total	0.5007	0.4912	0.3522	0.3394
N05BB	Diphenylmethane derivatives	Public	0.0406	0.0531	0.0610	0.0710
		Private	0.2064	0.2539	0.2158	0.1496
		Total	0.2470	0.3070	0.2768	0.2207
N05C	Hypnotics and sedatives	Public	0.1101	0.1556	0.1752	0.1607
		Private	0.3873	0.3907	0.3604	0.2875
		Total	0.4974	0.5463	0.5356	0.4482
N05CD	Benzodiazepine derivatives	Public	0.0646	0.1015	0.1240	0.0869
		Private	0.2186	0.1447	0.1318	0.1125
		Total	0.2832	0.2461	0.2558	0.1993
N05CD02	Nitrazepam	Public	0.0043	0.0047	0.0066	0.0049
		Private	0.0083	0.0348	0.0571	0.0323
		Total	0.0126	0.0396	0.0637	0.0372
N05CD05	Triazolam	Public	-	-	-	-
		Private	0.0579	0.0764	0.0445	0.0521
		Total	0.0579	0.0764	0.0445	0.0521
N05CD08	Midazolam	Public	0.0603	0.0967	0.1174	0.0820
		Private	0.1524	0.0334	0.0302	0.0280
		Total	0.2127	0.1302	0.1477	0.1100

Table 21.2: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N05CF	Benzodiazepine related drugs	Public	0.0411	0.0538	0.0477	0.0646
		Private	0.1686	0.2458	0.2285	0.1750
		Total	0.2097	0.2997	0.2762	0.2395
N05CF01	Zopiclone	Public	-	-	-	-
		Private	0.0508	0.0908	0.0993	0.0647
		Total	0.0508	0.0908	0.0993	0.0647
N05CF02	Zolpidem	Public	0.0411	0.0538	0.0477	0.0646
		Private	0.1178	0.1551	0.1292	0.1103
		Total	0.1589	0.2089	0.1769	0.1748
N05CH	Melatonin receptor agonists					
N05CH01	Melatonin	Public	0.0041	-	0.0030	0.0087
		Private	-	-	-	-
		Total	0.0041	-	0.0030	0.0087
N05CM	Other hypnotics and sedatives	Public	0.0003	0.0003	0.0005	0.0006
		Private	0.0001	0.0002	0.0001	0.0001
		Total	0.0004	0.0005	0.0006	0.0006
N05CM05	Scopolamine	Public	-	<0.0001	-	-
		Private	< 0.0001	<0.0001	-	-
		Total	< 0.0001	<0.0001	-	-
N05CM18	Dexmedetomidine	Public	0.0003	0.0003	0.0005	0.0006
		Private	0.0001	0.0002	0.0001	0.0001
		Total	0.0004	0.0005	0.0006	0.0006

Table 21.3: Use of antidepressants, drugs for treatment of ADHD and other drugs for dementia from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N06	Psychoanaleptics	Public	1.0664	1.2077	1.4740	1.6227
		Private	0.6824	0.7826	0.8309	0.8442
		Total	1.7488	1.9903	2.3049	2.4669
N06A	Antidepressants	Public	0.9686	1.0929	1.3360	1.4578
		Private	0.6341	0.7259	0.7655	0.7747
		Total	1.6027	1.8188	2.1015	2.2325
N06AA	Non-selective monoamine reuptake inhibitors	Public	0.1744	0.1546	0.1779	0.1990
		Private	0.0916	0.1227	0.0839	0.0928
		Total	0.2660	0.2772	0.2619	0.2918
N06AA02	Imipramine	Public	0.0172	0.0143	0.0088	0.0110
		Private	0.0241	0.0330	0.0114	0.0099
		Total	0.0413	0.0473	0.0202	0.0209
N06AA04	Clomipramine	Public	0.0072	0.0064	0.0119	0.0093
		Private	0.0049	0.0039	0.0032	0.0041
		Total	0.0121	0.0103	0.0150	0.0133
N06AA09	Amitriptyline	Public	0.0880	0.0894	0.1051	0.1413
		Private	0.0584	0.0663	0.0570	0.0635
		Total	0.1463	0.1557	0.1620	0.2048
N06AA10	Nortriptyline	Public	-	-	< 0.0001	< 0.0001
		Private	0.0003	-	-	-
		Total	0.0003	-	< 0.0001	< 0.0001

Table 21.3: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N06AA16	Dosulepin	Public	0.0522	0.0435	0.0522	0.0374
		Private	0.0014	0.0116	0.0120	0.0153
		Total	0.0537	0.0551	0.0642	0.0527
N06AA21	Maprotiline	Public	0.0097	0.0009	-	-
		Private	0.0025	0.0078	0.0004	-
		Total	0.0123	0.0088	0.0004	-
N06AB	Selective serotonin reuptake inhibitors	Public	0.7138	0.8303	0.8608	1.1251
		Private	0.4217	0.4444	0.5117	0.5069
		Total	1.1356	1.2746	1.3725	1.6321
N06AB03	Fluoxetine	Public	0.0910	0.1054	0.1625	0.1311
		Private	0.0465	0.0478	0.1043	0.1101
		Total	0.1375	0.1532	0.2668	0.2412
N06AB04	Citalopram	Public	-	-	-	-
		Private	0.0092	0.0072	0.0074	0.0060
		Total	0.0092	0.0072	0.0074	0.0060
N06AB05	Paroxetine	Public	-	-	-	-
		Private	0.0225	0.0211	0.0298	0.0262
		Total	0.0225	0.0211	0.0298	0.0262
N06AB06	Sertraline	Public	0.2532	0.2315	0.2269	0.4339
		Private	0.1054	0.1211	0.1009	0.0705
		Total	0.3586	0.3527	0.3278	0.5044
N06AB08	Fluvoxamine	Public	0.2655	0.3799	0.3359	0.3904
		Private	0.0521	0.0477	0.0520	0.0423
		Total	0.3175	0.4276	0.3879	0.4327
N06AB10	Escitalopram	Public	0.1041	0.1135	0.1354	0.1697
		Private	0.1861	0.1995	0.2173	0.2518
		Total	0.2902	0.3130	0.3528	0.4215
N06AF	Monoamine oxidase inhibitors, non-selective					
N06AF04	Tranlycypromine	Public	-	-	-	0.0003
		Private	-	-	-	-
		Total	-	-	-	0.0003
N06AG	Monoamine oxidase A inhibitors					
N06AG02	Moclobemide	Public	0.0071	0.0082	0.0068	0.0044
		Private	0.0010	0.0008	0.0004	0.0006
		Total	0.0081	0.0090	0.0072	0.0051
N06AX	Other antidepressants	Public	0.0732	0.0998	0.2904	0.1288
		Private	0.1198	0.1582	0.1694	0.1743
		Total	0.1931	0.2580	0.4598	0.3031
N06AX03	Mianserin	Public	0.0002	0.0001	0.0001	0.0001
		Private	0.0020	0.0010	0.0003	0.0004
		Total	0.0022	0.0012	0.0004	0.0005
N06AX11	Mirtazapine	Public	0.0390	0.0535	0.0643	0.0590
		Private	0.0477	0.0523	0.0576	0.0620
		Total	0.0868	0.1059	0.1220	0.1209
N06AX12	Bupropion	Public	-	-	-	-
		Private	-	0.0016	0.0042	0.0040
		Total	-	0.0016	0.0042	0.0040
N06AX14	Tianeptine	Public	< 0.0001	<0.0001	-	-
		Private	0.0065	0.0128	0.0070	0.0060
		Total	0.0065	0.0128	0.0070	0.0060

Table 21.3: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N06AX16	Venlafaxine	Public	0.0220	0.0266	0.2003	0.0309
		Private	0.0167	0.0195	0.0184	0.0182
		Total	0.0388	0.0461	0.2188	0.0491
N06AX21	Duloxetine	Public	0.0120	0.0196	0.0247	0.0280
		Private	0.0255	0.0259	0.0313	0.0308
		Total	0.0375	0.0455	0.0559	0.0588
N06AX22	Agomelatine	Public	-	-	0.0010	0.0086
		Private	0.0062	0.0191	0.0261	0.0289
		Total	0.0062	0.0191	0.0271	0.0375
N06AX23	Desvenlafaxine	Public	-	-	0.0001	0.0023
		Private	0.0151	0.0258	0.0245	0.0241
		Total	0.0151	0.0258	0.0246	0.0264
N06B	Psychostimulants, agents used for ADHD and nootropics					
N06BA	Centrally acting sympathomimetics	Public	0.0264	0.0322	0.0344	0.0367
		Private	0.0118	0.0118	0.0133	0.0131
		Total	0.0382	0.0440	0.0478	0.0498
N06BA04	Methylphenidate	Public	0.0248	0.0300	0.0318	0.0329
		Private	0.0099	0.0107	0.0119	0.0120
		Total	0.0347	0.0407	0.0437	0.0450
N06BA09	Atomoxetine	Public	0.0016	0.0022	0.0026	0.0038
		Private	0.0019	0.0011	0.0014	0.0010
		Total	0.0035	0.0033	0.0041	0.0048
N06D	Anti-dementia drugs	Public	0.0714	0.0826	0.1035	0.1282
		Private	0.0365	0.0449	0.0521	0.0564
		Total	0.1079	0.1275	0.1556	0.1846
N06DA	Anticholinesterases	Public	0.0676	0.0723	0.0889	0.1083
		Private	0.0233	0.0276	0.0305	0.0318
		Total	0.0909	0.0999	0.1195	0.1401
N06DA02	Donepezil	Public	0.0371	0.0396	0.0598	0.0712
		Private	0.0142	0.0170	0.0197	0.0195
		Total	0.0513	0.0566	0.0795	0.0907
N06DA03	Rivastigmine	Public	0.0305	0.0327	0.0292	0.0372
		Private	0.0082	0.0098	0.0103	0.0120
		Total	0.0387	0.0425	0.0395	0.0491
N06DA04	Galantamine	Public	-	-	-	-
		Private	0.0009	0.0008	0.0005	0.0003
		Total	0.0009	0.0008	0.0005	0.0003
N06DX	Other anti-dementia drugs					
N06DX01	Memantine	Public	0.0038	0.0103	0.0146	0.0199
		Private	0.0132	0.0173	0.0216	0.0246
		Total	0.0170	0.0276	0.0362	0.0445

Table 21.4: Use of other drugs on nervous system from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
N07	Other nervous system drugs					
N07B	Drugs used in addictive disorders	Public	0.8567	0.8845	0.7160	1.0209
		Private	0.1537	0.2380	0.2385	0.2208
		Total	1.0104	1.1225	0.9544	1.2417
N07BA	Drugs used in nicotine dependence	Public	0.0130	0.0210	0.0111	0.0109
		Private	0.0876	0.0663	0.0517	0.0255
		Total	0.1006	0.0873	0.0628	0.0364
N07BA01	Nicotine	Public	0.0022	0.0114	0.0020	0.0016
		Private	0.0794	0.0584	0.0453	0.0175
		Total	0.0816	0.0698	0.0473	0.0191
N07BA03	Varenicline	Public	0.0108	0.0096	0.0091	0.0093
		Private	0.0082	0.0078	0.0064	0.0080
		Total	0.0190	0.0175	0.0155	0.0173
N07BB	Drugs used in alcohol dependence					
N07BB04	Naltrexone	Public	0.0022	0.0028	0.0029	0.0024
		Private	0.0001	0.0010	0.0005	0.0005
		Total	0.0024	0.0038	0.0034	0.0029
N07BC	Drugs used in opioid dependence	Public	0.8415	0.8607	0.7020	1.0076
		Private	0.0659	0.1708	0.1862	0.1948
		Total	0.9074	1.0315	0.8883	1.2024
N07BC02	Methadone	Public	0.8414	0.8606	0.7020	1.0075
		Private	0.0061	0.1659	0.1862	0.1948
		Total	0.8475	1.0265	0.8882	1.2024
N07BC51	Buprenorphine, combinations	Public	0.0001	0.0001	0.0001	0.0001
		Private	0.0598	0.0049	-	-
		Total	0.0599	0.0050	0.0001	0.0001

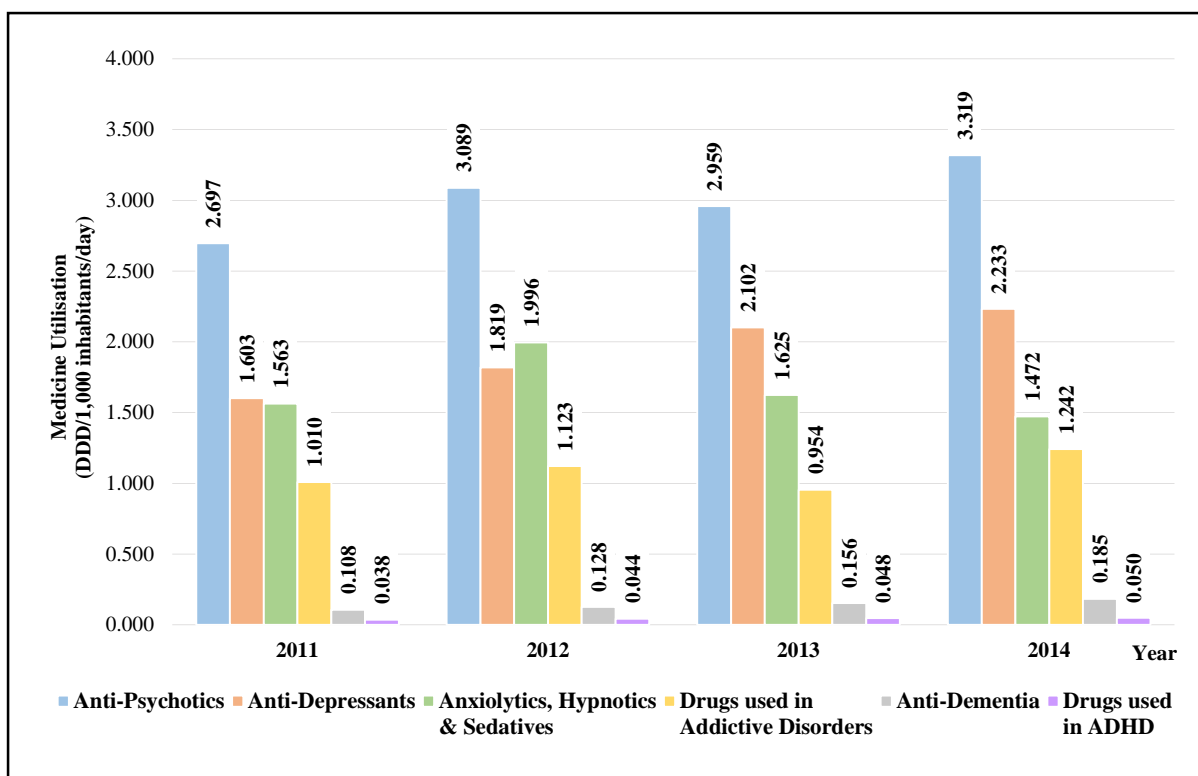


Figure 21.1: Comparison of Drugs Used in Treatment of Psychiatric Disorders from 2011 to 2014.

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CHAPTER 22: USE OF DRUGS FOR OBSTRUCTIVE AIRWAY DISEASES

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This drug utilisation analysis for obstructive airway disease is based on procurement data obtained between years 2011-2014. The data does not differentiate between drugs used in asthma and COPD. The estimated prevalence of COPD in Malaysia has increased from 4.7%¹ in year 2009 to 6.5%² in year 2013. It is expected to rise further based on the current high smoking rates of 22.8%³. The prevalence of asthma amongst children aged 13-14 years old is 6.8-12.3%² whilst that in adults is 4.5%⁴.

From 2011 to 2014, the usage of drugs for obstructive airways diseases has increased from 13.5133 to 16.1881 DDD/1,000 inhabitants/day. The top two drugs used in the treatment of obstructive airway disease are inhaled salbutamol and budesonide, both of which appear in the top 50 drugs utilised in 2011-2014. In the most recent available data (2014), inhaled salbutamol ranks 12th and budesonide 31st, by DDD/1,000 inhabitants/day. During this period, the use of inhaled salbutamol in private sector doubled whilst utilisation in the public sector remained relatively stable. Inhaled budesonide usage increased by 50%; this was driven almost entirely by increased utilisation in the public sector.

The third highest utilised respiratory medication was oral theophylline; however its utilisation shows a decline during this period from 1.2178 to 1.0806 DDD/1,000 inhabitants/day. Oral and parenteral salbutamol usage meanwhile declined from 0.8142 to 0.7306 DDD/1,000 inhabitants/day. Oral montelukast usage increased from 0.4558 to 0.6316 DDD/1,000 inhabitants/day.

Combination inhalers containing adrenergic and corticosteroids such as salmeterol/fluticasone, salmeterol/beclomethasone and formoterol/budesonide continue to show increased utilisation (1.0380 to 1.3722 DDD/1,000 inhabitants/day). The use of single drug preparation of inhaled corticosteroids and selective beta-2-adrenoreceptor agonists also increased from 2.7855 to 3.9285 and 4.6361 to 6.6050 DDD/1,000 inhabitants/day respectively. Inhaled adrenergics in combination with anticholinergics usage showed slight decline from 1.9411 to 1.1633 DDD/1,000 inhabitants/day.

Inhaled tiotropium bromide utilisation doubled from 0.1129 to 0.2215 DDD/1,000 inhabitants/day during this period. Utilisation of new drugs such as glycopyrronium bromide and roflumilast remained low (0.0022 and 0.0045 DDD/1,000 inhabitants/day respectively). Their utilisation was confined exclusively to the private sector before year 2014.

The data suggest a shift away from oral therapy to increased prescription of inhaled therapies in the management of obstructive airway disease. Of note, it is encouraging to see the increased use of inhaled maintenance therapy, namely, inhaled corticosteroid, corticosteroid/long-acting beta adrenergic agents and long-acting anti-muscarinic agents. The increased utilisation of inhaled salbutamol may be partially explained by the switch from oral preparation to inhaled one as well as the switch from inhaled salbutamol/ipratropium bromide to salbutamol, for symptomatic use, when patients are prescribed a long-acting anti-muscarinic agent as maintenance therapy in COPD.

A comparison with other OECD countries suggests that the utilisation of drugs for obstructive airway diseases in Malaysia is amongst the lowest at 16.2 DDD/1,000 inhabitants/day, with only Korea being lower at 14.1 (Figure 22.2). The average drug utilisation for obstructive airways disease amongst OECD countries is at 43.7 DDD/1,000 inhabitants/day.

Trend analysis of drug utilisation from 2011 to 2014 in other developed countries such as Austria, Australia, Iceland and Denmark⁵, showed steady decline in drug usage, in contrast with Malaysia showing an increase from 13.5133 to 16.1881 DDD/1,000 inhabitants/day in the same period of time.

Table 22.1: Use of drugs for obstructive airway diseases and by therapeutic group from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
R03	Drugs for obstructive airway diseases	Public	9.3762	8.6524	9.5353	10.5817
		Private	4.1371	4.8363	5.1714	5.6064
		Total	13.5133	13.4887	14.7067	16.1881
R03A	Adrenergics, inhalants	Public	5.2109	4.3012	4.8185	5.2448
		Private	2.4044	3.0447	3.4133	3.8957
		Total	7.6153	7.3459	8.2318	9.1405
R03AC	Selective beta-2-adrenoreceptor agonists	Public	3.1303	2.9566	3.2585	3.5830
		Private	1.5058	2.1708	2.5163	3.0220
		Total	4.6361	5.1274	5.7748	6.6050
R03AC02	Salbutamol	Public	3.0730	2.9001	3.1975	3.5311
		Private	1.4407	2.1024	2.4435	2.9587
		Total	4.5137	5.0026	5.6410	6.4898
R03AC03	Terbutaline	Public	0.0459	0.0456	0.0479	0.0360
		Private	0.0274	0.0246	0.0264	0.0205
		Total	0.0732	0.0702	0.0743	0.0565
R03AC04	Fenoterol	Public	-	-	-	-
		Private	0.0363	0.0376	0.0382	0.0322
		Total	0.0363	0.0376	0.0382	0.0322
R03AC13	Formoterol	Public	0.0114	0.0109	0.0097	0.0083
		Private	0.0015	0.0016	0.0013	0.0011
		Total	0.0129	0.0125	0.0110	0.0094
R03AC18	Indacaterol	Public	-	-	0.0033	0.0077
		Private	-	0.0046	0.0070	0.0095
		Total	-	0.0046	0.0103	0.0172
R03AK	Adrenergics in combination with corticosteroids or other drugs, excluding anticholinergics	Public	0.3941	0.5242	0.6357	0.7177
		Private	0.6439	0.6609	0.6684	0.6545
		Total	1.0380	1.1851	1.3041	1.3722
R03AK00	Salbutamol and beclometasone	Public	-	-	0.0005	-
		Private	-	-	-	-
		Total	-	-	0.0005	-
R03AK06	Salmeterol and fluticasone	Public	0.2594	0.3425	0.4284	0.4510
		Private	0.4052	0.4197	0.4122	0.3823
		Total	0.6646	0.7623	0.8406	0.8332
R03AK07	Formoterol and budesonide	Public	0.1347	0.1817	0.2068	0.2647
		Private	0.2388	0.2401	0.2474	0.2624
		Total	0.3734	0.4218	0.4542	0.5271
R03AK08	Formoterol and beclometasone	Public	-	-	-	0.0019
		Private	-	0.0011	0.0039	-
		Total	-	0.0011	0.0039	0.0019
R03AK09	Formoterol and mometasone	Public	-	-	-	< 0.0001
		Private	-	-	0.0049	0.0099
		Total	-	-	0.0049	0.0099
R03AL	Adrenergics in combination with anticholinergics	Public	1.6865	0.8204	0.9243	0.9441
		Private	0.2547	0.2131	0.2286	0.2192
		Total	1.9411	1.0335	1.1529	1.1633
R03AL01	Fenoterol and ipratropium bromide	Public	0.2786	0.5450	0.6134	0.6441
		Private	0.1891	0.1413	0.1560	0.1544
		Total	0.4677	0.6863	0.7694	0.7985

Table 22.1: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
R03AL02	Salbutamol and ipratropium bromide	Public	1.4079	0.2754	0.3109	0.3000
		Private	0.0655	0.0717	0.0726	0.0648
		Total	1.4734	0.3471	0.3835	0.3648
R03B	Other drugs for obstructive airway diseases, inhalants	Public	2.9159	3.1952	3.6505	4.1583
		Private	0.3123	0.2875	0.3105	0.3196
		Total	3.2282	3.4826	3.9609	4.4779
R03BA	Glucocorticoids	Public	2.5506	2.8490	3.3050	3.6906
		Private	0.2349	0.2105	0.2333	0.2379
		Total	2.7855	3.0595	3.5383	3.9285
R03BA01	Beclometasone	Public	0.4637	0.3969	0.3859	0.3506
		Private	0.0162	0.0151	0.0168	0.0122
		Total	0.4799	0.4120	0.4027	0.3628
R03BA02	Budesonide	Public	1.9683	2.3136	2.7192	3.0829
		Private	0.0958	0.0688	0.0805	0.0996
		Total	2.0640	2.3824	2.7996	3.1825
R03BA05	Fluticasone	Public	0.1033	0.1245	0.1849	0.2422
		Private	0.0764	0.0882	0.0941	0.0902
		Total	0.1797	0.2126	0.2790	0.3324
R03BA08	Ciclesonide	Public	0.0153	0.0141	0.0150	0.0149
		Private	0.0466	0.0384	0.0419	0.0359
		Total	0.0619	0.0525	0.0569	0.0507
R03BB	Anticholinergics	Public	0.3653	0.3461	0.3455	0.4677
		Private	0.0774	0.0770	0.0772	0.0817
		Total	0.4427	0.4231	0.4227	0.5494
R03BB01	Ipratropium bromide	Public	0.2869	0.2312	0.1927	0.2831
		Private	0.0429	0.0421	0.0427	0.0426
		Total	0.3298	0.2733	0.2353	0.3257
R03BB04	Tiotropium bromide	Public	0.0784	0.1149	0.1528	0.1846
		Private	0.0345	0.0349	0.0345	0.0369
		Total	0.1129	0.1499	0.1873	0.2215
R03BB06	Glycopyrronium bromide	Public	-	-	-	-
		Private	-	-	-	0.0022
		Total	-	-	-	0.0022
R03C	Adrenergics for systemic use					
R03CC	Selective beta-2-adrenoreceptor agonists	Public	0.3842	0.2506	0.2472	0.2550
		Private	0.6097	0.6707	0.6338	0.5948
		Total	0.9939	0.9213	0.8811	0.8498
R03CC02	Salbutamol	Public	0.3191	0.2064	0.2196	0.2374
		Private	0.4951	0.5561	0.4984	0.4932
		Total	0.8142	0.7625	0.7180	0.7306
R03CC03	Terbutaline	Public	0.0652	0.0441	0.0277	0.0176
		Private	0.0958	0.0550	0.0760	0.0595
		Total	0.1609	0.0991	0.1036	0.0770
R03CC04	Fenoterol	Public	-	-	-	-
		Private	0.0064	0.0093	0.0095	0.0065
		Total	0.0064	0.0093	0.0095	0.0065
R03CC08	Procaterol	Public	-	-	-	-
		Private	0.0096	0.0072	0.0068	0.0020
		Total	0.0096	0.0072	0.0068	0.0020

Table 22.1: (continued)

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
R03CC13	Clenbuterol	Public	-	-	-	-
		Private	0.0029	0.0431	0.0432	0.0337
		Total	0.0029	0.0431	0.0432	0.0337
R03D	Other systemic drugs for obstructive airway diseases	Public	0.8652	0.9055	0.8192	0.9236
		Private	0.8107	0.8334	0.8137	0.7963
		Total	1.6759	1.7388	1.6329	1.7199
R03DA	Xanthines	Public	0.7684	0.7981	0.6353	0.6968
		Private	0.4516	0.4566	0.4085	0.3864
		Total	1.2200	1.2547	1.0438	1.0832
R03DA04	Theophylline	Public	0.7664	0.7960	0.6333	0.6944
		Private	0.4514	0.4562	0.4082	0.3862
		Total	1.2178	1.2523	1.0415	1.0806
R03DA05	Aminophylline	Public	0.0020	0.0020	0.0020	0.0024
		Private	0.0002	0.0004	0.0003	0.0002
		Total	0.0022	0.0024	0.0023	0.0026
R03DC	Leukotriene receptor antagonists					
R03DC03	Montelukast	Public	0.0968	0.1074	0.1836	0.2262
		Private	0.3590	0.3751	0.4013	0.4055
		Total	0.4558	0.4824	0.5848	0.6316
R03DX	Other systemic drugs for obstructive airway diseases	Public	< 0.0001	0.0001	0.0003	0.0006
		Private	< 0.0001	0.0017	0.0040	0.0045
		Total	0.0001	0.0017	0.0042	0.0051
R03DX05	Omalizumab	Public	< 0.0001	0.0001	0.0003	0.0004
		Private	< 0.0001	0.0001	0.0002	0.0002
		Total	0.0001	0.0002	0.0004	0.0006
R03DX07	Roflumilast	Public	-	-	-	0.0003
		Private	-	0.0015	0.0038	0.0042
		Total	-	0.0015	0.0038	0.0045

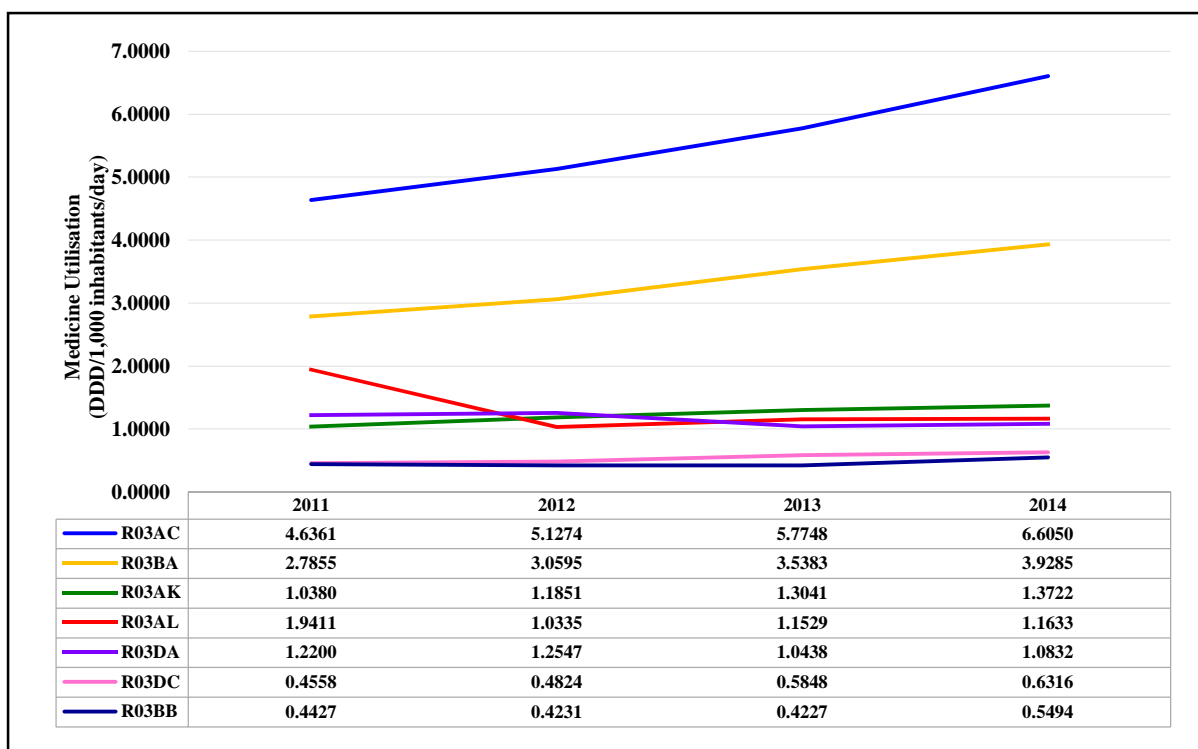


Figure 22.1: Trend of drugs usage for obstructive airway diseases.(R03AC, Selective beta-2-adrenoreceptor agonists; R03BA, Glucocorticoids; R03AK, Adrenergics in combination with corticosteroids or other drugs, excluding anticholinergics; R03AL, Adrenergics in combination with anticholinergics; R03DA, Xanthines; R03DC, Leukotriene receptor antagonists; R03BB, Anticholinergics)

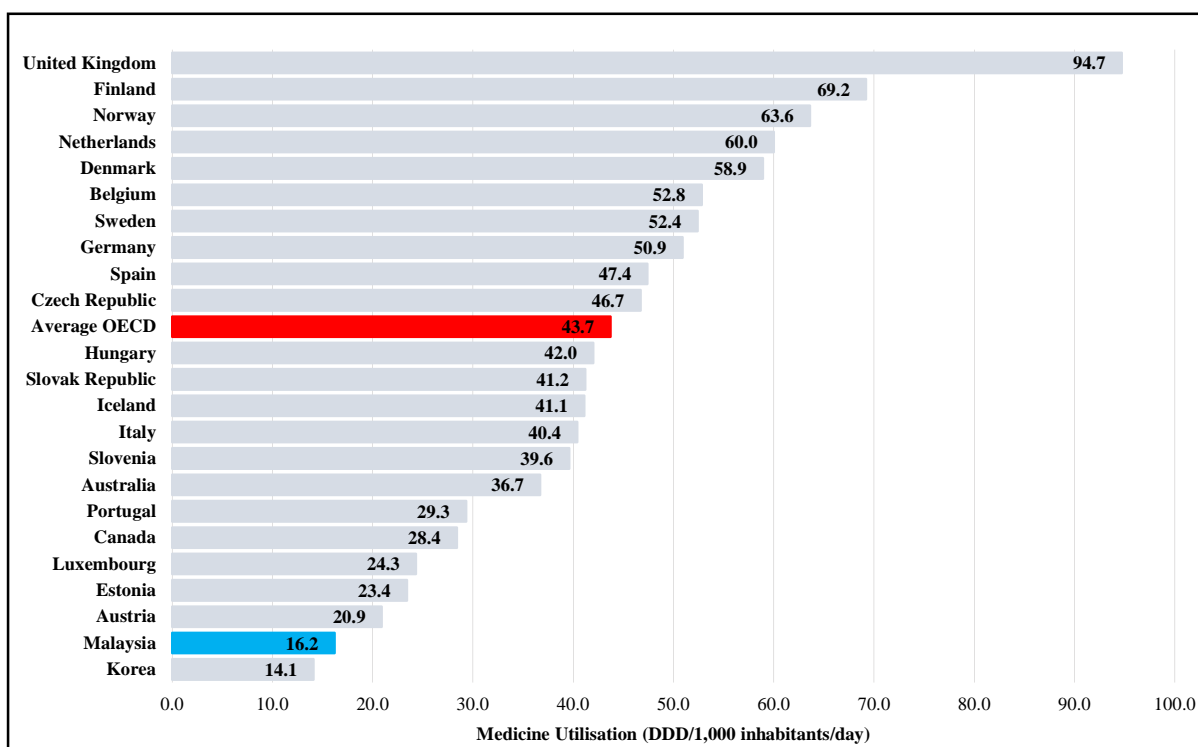


Figure 22.2: Utilisation of drugs for Obstructive Airway Diseases (R03) in Malaysia and OECD Countries, 2014.

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CHAPTER 23: USE OF ANTIHISTAMINES AND NASAL DECONGESTANTS

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Nasal preparations and antihistamines are drugs commonly used for allergy and nasal symptoms in otorhinolaryngology clinics in Malaysia. Allergy disorders such as allergic rhinitis is a global health problem, affecting 10 – 20% of population¹. Gary *et. al.* reported an overall prevalence of 8.7% for allergic rhinitis in Asia Pacific region which includes Malaysia and it will continue to rise in the next two decades². This can be seen in the data collected from 2011 to 2014, which shows an increasing trend of use of ‘decongestants and other nasal preparations for topical use’ (R01A) and ‘antihistamines for systemic use’ (R06A) as shown in Table 23.1 and 23.2, respectively.

Further analysis of the drugs under R01A demonstrated an increased use of nasal steroid preparations from 2011 to 2014. The most commonly used nasal steroid preparations in both the public and private sectors are mometasone, budesonide and fluticasone furoate (Table 23.1). In 2014, the use of mometasone was highest followed by budesonide and fluticasone furoate. Use of mometasone in Malaysia is lower when compared to Finland³ (0.9669 vs 7.61 DDD/1,000 inhabitants/day respectively).

Of the two nasal decongestants available (oxymetazoline and xylometazoline), the more commonly used was oxymetazoline. There was no significant changes in the trend of use of oxymetazoline through 2011 to 2014 in both the public and private sectors. However, the use of oxymetazoline is notably higher in the private sectors; mainly due to it being easily available as over-the-counter medication. Use of oxymetazoline in Malaysia in 2014 is comparable to the Finnish report (0.7308 vs 0.79 DDD/1,000 inhabitants/day)³.

Antihistamines (R06A) can be divided into sedative (first generation) or non-sedative (second generation) antihistamines. From Table 23.2, the most common sedative antihistamines used in Malaysia were chlorpheniramine, diphenhydramine combinations and dexchlorpheniramine while cetirizine, loratadine, desloratadine and fexofenadine were the commonest non-sedative antihistamines. As a whole, use of systemic antihistamines in Malaysia of 24.9539 DDD/1,000 inhabitants/day was lower in comparison to Finland (53.99 DDD/1,000 inhabitants/day)³. It is also interesting to note that there was no sedative antihistamines used in Finland based on the Finnish study.

Table 23.1: Use of topical and systemic agents for nasal congestion from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
R01	Nasal preparations	Public	0.9970	1.1777	1.1722	1.2839	0.3639	0.4299	0.4279	0.4686
		Private	3.6741	3.8864	3.9081	3.7139	1.3410	1.4185	1.4265	1.3556
		Total	4.6711	5.0641	5.0804	4.9977	1.7049	1.8484	1.8543	1.8242
R01A	Decongestants and other nasal preparations for topical use	Public	0.7838	0.9496	0.9692	1.1087	0.2861	0.3466	0.3537	0.4047
		Private	2.1235	2.2507	2.2246	2.2577	0.7751	0.8215	0.8120	0.8241
		Total	2.9072	3.2003	3.1937	3.3664	1.0611	1.1681	1.1657	1.2287
R01AA	Sympathomimetics, plain	Public	0.0357	0.0302	0.0287	0.0329	0.0130	0.0110	0.0105	0.0120
		Private	0.6073	0.6777	0.6648	0.7348	0.2217	0.2474	0.2427	0.2682
		Total	0.6431	0.7079	0.6935	0.7677	0.2347	0.2584	0.2531	0.2802
R01AA05	Oxymetazoline	Public	0.0357	0.0302	0.0287	0.0329	0.0130	0.0110	0.0105	0.0120
		Private	0.5656	0.6217	0.6261	0.6979	0.2064	0.2269	0.2285	0.2547
		Total	0.6013	0.6518	0.6548	0.7308	0.2195	0.2379	0.2390	0.2667
R01AA07	Xylometazoline	Public	-	-	-	-	-	-	-	-
		Private	0.0418	0.0561	0.0387	0.0369	0.0153	0.0205	0.0141	0.0135
		Total	0.0418	0.0561	0.0387	0.0369	0.0153	0.0205	0.0141	0.0135
R01AC	Antiallergic agents, excluding corticosteroids									
R01AC01	Cromoglicic acid	Public	-	-	-	-	-	-	-	-
		Private	0.0002	0.0004	-	< 0.0001	0.0001	0.0002	-	< 0.0001
		Total	0.0002	0.0004	-	< 0.0001	0.0001	0.0002	-	< 0.0001
R01AD	Corticosteroids	Public	0.7481	0.9194	0.9405	1.0758	0.2730	0.3356	0.3433	0.3927
		Private	1.5159	1.5726	1.5597	1.5229	0.5533	0.5740	0.5693	0.5559
		Total	2.2640	2.4920	2.5002	2.5987	0.8263	0.9096	0.9126	0.9485
R01AD01	Beclometasone	Public	0.0821	0.1038	0.1041	0.0290	0.0300	0.0379	0.0380	0.0106
		Private	0.1048	0.0963	0.0602	0.0394	0.0382	0.0351	0.0220	0.0144
		Total	0.1868	0.2001	0.1643	0.0684	0.0682	0.0730	0.0600	0.0249
R01AD05	Budesonide	Public	0.3375	0.2789	0.2628	0.3325	0.1232	0.1018	0.0959	0.1214
		Private	0.5054	0.4495	0.4151	0.3974	0.1845	0.1641	0.1515	0.1451
		Total	0.8430	0.7284	0.6779	0.7299	0.3077	0.2659	0.2474	0.2664

Table 23.1: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
R01AD08	Fluticasone	Public	-	-	-	-	-	-	-	-
		Private	0.2726	0.2827	0.2456	0.2687	0.0995	0.1032	0.0897	0.0981
		Total	0.2726	0.2827	0.2456	0.2687	0.0995	0.1032	0.0897	0.0981
R01AD09	Mometasone	Public	0.3273	0.5087	0.5070	0.6100	0.1195	0.1857	0.1850	0.2227
		Private	0.3103	0.3609	0.3840	0.3569	0.1132	0.1317	0.1402	0.1303
		Total	0.6376	0.8696	0.8910	0.9669	0.2327	0.3174	0.3252	0.3529
R01AD11	Triamcinolone	Public	-	-	-	-	-	-	-	-
		Private	0.0758	0.0931	0.1382	0.1435	0.0277	0.0340	0.0505	0.0524
		Total	0.0758	0.0931	0.1382	0.1435	0.0277	0.0340	0.0505	0.0524
R01AD12	Fluticasone furoate	Public	0.0011	0.0280	0.0666	0.1043	0.0004	0.0102	0.0243	0.0381
		Private	0.2029	0.2425	0.2552	0.2506	0.0741	0.0885	0.0931	0.0915
		Total	0.2040	0.2705	0.3217	0.3549	0.0745	0.0987	0.1174	0.1295
R01AD13	Ciclesonide	Public	-	-	-	-	-	-	-	-
		Private	0.0441	0.0475	0.0614	0.0665	0.0161	0.0174	0.0224	0.0243
		Total	0.0441	0.0475	0.0614	0.0665	0.0161	0.0174	0.0224	0.0243
R01B	Nasal decongestants for systemic use									
R01BA	Sympathomimetics	Public	0.2132	0.2281	0.2031	0.1752	0.0778	0.0833	0.0741	0.0639
		Private	1.5506	1.6357	1.6835	1.4561	0.5660	0.5970	0.6145	0.5315
		Total	1.7638	1.8638	1.8866	1.6313	0.6438	0.6803	0.6886	0.5954
R01BA02	Pseudoephedrine	Public	-	-	-	-	-	-	-	-
		Private	0.0207	-	-	-	0.0075	-	-	-
		Total	0.0207	-	-	-	0.0075	-	-	-
R01BA52	Pseudoephedrine, combinations	Public	0.2132	0.2281	0.2031	0.1752	0.0778	0.0833	0.0741	0.0639
		Private	1.4957	1.6008	1.6265	1.4065	0.5459	0.5843	0.5937	0.5134
		Total	1.7089	1.8289	1.8296	1.5817	0.6237	0.6675	0.6678	0.5773
R01BA53	Phenylephrine, combinations	Public	-	-	-	-	-	-	-	-
		Private	0.0343	0.0349	0.0570	0.0496	0.0125	0.0127	0.0208	0.0181
		Total	0.0343	0.0349	0.0570	0.0496	0.0125	0.0127	0.0208	0.0181

Table 23.2: Use of systemic antihistamines (R06) from 2011 to 2014.

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
R06A	Antihistamines for systemic use	Public	5.3622	5.7048	6.1154	7.2201	1.9572	2.0822	2.2321	2.6353
		Private	12.9081	16.1294	18.2013	17.7338	4.7115	5.8872	6.6435	6.4728
		Total	18.2703	21.8342	24.3167	24.9539	6.6687	7.9695	8.8756	9.1082
R06AA	Aminoalkyl ethers	Public	1.6464	1.6786	1.6966	2.0202	0.6009	0.6127	0.6192	0.7374
		Private	1.3682	1.3661	2.0706	2.3107	0.4994	0.4986	0.7558	0.8434
		Total	3.0146	3.0448	3.7671	4.3309	1.1003	1.1113	1.3750	1.5808
R06AA04	Clemastine	Public	-	-	-	-	-	-	-	-
		Private	0.0219	0.0180	0.0170	0.0139	0.0080	0.0066	0.0062	0.0051
		Total	0.0219	0.0180	0.0170	0.0139	0.0080	0.0066	0.0062	0.0051
R06AA08	Carbinoxamine	Public	-	-	-	-	-	-	-	-
		Private	0.0007	-	-	0.0040	0.0002	-	-	0.0015
		Total	0.0007	-	-	0.0040	0.0002	-	-	0.0015
R06AA52	Diphenhydramine, combinations	Public	1.6464	1.6786	1.6966	2.0202	0.6009	0.6127	0.6192	0.7374
		Private	1.3457	1.3482	2.0535	2.2927	0.4912	0.4921	0.7495	0.8368
		Total	2.9920	3.0268	3.7501	4.3129	1.0921	1.1048	1.3688	1.5742
R06AB	Substituted alkylamines	Public	2.0451	2.1105	2.2191	2.6851	0.7465	0.7703	0.8100	0.9801
		Private	3.0312	3.3540	3.5574	3.5244	1.1064	1.2242	1.2985	1.2864
		Total	5.0763	5.4645	5.7765	6.2096	1.8528	1.9945	2.1084	2.2665
R06AB01	Brompheniramine	Public	-	-	-	-	-	-	-	-
		Private	0.0072	0.0036	-	-	0.0026	0.0013	-	-
		Total	0.0072	0.0036	-	-	0.0026	0.0013	-	-
R06AB02	Dexchlorpheniramine	Public	0.0166	0.0168	0.0121	0.0101	0.0061	0.0061	0.0044	0.0037
		Private	1.0365	1.0187	1.0852	1.1660	0.3783	0.3718	0.3961	0.4256
		Total	1.0532	1.0355	1.0973	1.1762	0.3844	0.3779	0.4005	0.4293
R06AB04	Chlorphenamine	Public	2.0285	2.0937	2.2070	2.6750	0.7404	0.7642	0.8056	0.9764
		Private	1.9765	2.3090	2.4325	2.3167	0.7214	0.8428	0.8879	0.8456
		Total	4.0049	4.4027	4.6395	4.9917	1.4618	1.6070	1.6934	1.8220
R06AB54	Chlorphenamine, combinations	Public	-	-	-	-	-	-	-	-
		Private	0.0110	0.0228	0.0397	0.0417	0.0040	0.0083	0.0145	0.0152
		Total	0.0110	0.0228	0.0397	0.0417	0.0040	0.0083	0.0145	0.0152

Table 23.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
R06AD	Phenothiazine derivatives	Public	0.1400	0.1372	0.1092	0.1039	0.0511	0.0501	0.0399	0.0379
		Private	0.3568	1.2205	1.3264	1.3587	0.1302	0.4455	0.4841	0.4959
		Total	0.4967	1.3578	1.4356	1.4626	0.1813	0.4956	0.5240	0.5339
R06AD02	Promethazine	Public	0.1400	0.1372	0.1092	0.1039	0.0511	0.0501	0.0399	0.0379
		Private	0.3568	1.2189	1.3259	1.3587	0.1302	0.4449	0.4839	0.4959
		Total	0.4967	1.3562	1.4351	1.4626	0.1813	0.4950	0.5238	0.5339
R06AD07	Mequitazine	Public	-	-	-	-	-	-	-	-
		Private	-	0.0016	0.0005	-	-	0.0006	0.0002	-
		Total	-	0.0016	0.0005	-	-	0.0006	0.0002	-
R06AE	Piperazine derivatives	Public	0.2562	0.3015	0.5407	0.5163	0.0935	0.1101	0.1974	0.1884
		Private	4.8966	6.5733	7.3838	7.0349	1.7873	2.3993	2.6951	2.5677
		Total	5.1528	6.8748	7.9245	7.5511	1.8808	2.5093	2.8924	2.7562
R06AE01	Buclizine	Public	-	-	-	-	-	-	-	-
		Private	0.0395	0.0151	0.0133	0.0196	0.0144	0.0055	0.0048	0.0072
		Total	0.0395	0.0151	0.0133	0.0196	0.0144	0.0055	0.0048	0.0072
R06AE07	Cetirizine	Public	0.2331	0.2443	0.4301	0.4337	0.0851	0.0892	0.1570	0.1583
		Private	4.4615	5.8801	6.6352	6.1596	1.6285	2.1463	2.4218	2.2482
		Total	4.6947	6.1245	7.0653	6.5933	1.7135	2.2354	2.5788	2.4066
R06AE09	Levocetirizine	Public	0.0185	0.0491	0.0750	0.0767	0.0068	0.0179	0.0274	0.0280
		Private	0.3837	0.6621	0.7173	0.8374	0.1401	0.2417	0.2618	0.3057
		Total	0.4023	0.7112	0.7922	0.9141	0.1468	0.2596	0.2892	0.3337
R06AE55	Meclozine, combinations	Public	0.0045	0.0081	0.0356	0.0058	0.0016	0.0030	0.0130	0.0021
		Private	0.0119	0.0160	0.0180	0.0182	0.0043	0.0058	0.0066	0.0066
		Total	0.0164	0.0241	0.0536	0.0241	0.0060	0.0088	0.0196	0.0088
R06AX	Other antihistamines for systemic use	Public	1.2746	1.4769	1.5498	1.8945	0.4652	0.5391	0.5657	0.6915
		Private	3.2553	3.6155	3.8631	3.5052	1.1882	1.3196	1.4100	1.2794
		Total	4.5299	5.0923	5.4129	5.3997	1.6534	1.8587	1.9757	1.9709
R06AX13	Loratadine	Public	1.2390	1.4214	1.4948	1.8025	0.4522	0.5188	0.5456	0.6579
		Private	2.4197	2.6724	2.8804	2.4858	0.8832	0.9754	1.0513	0.9073
		Total	3.6586	4.0937	4.3752	4.2883	1.3354	1.4942	1.5969	1.5652

Table 23.2: (continued)

ATC	Therapeutic Group/Drug	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
			2011	2012	2013	2014	2011	2012	2013	2014
R06AX17	Ketotifen	Public	-	-	-	-	-	-	-	-
		Private	0.1431	0.2042	0.1547	0.1429	0.0522	0.0745	0.0565	0.0522
		Total	0.1431	0.2042	0.1547	0.1429	0.0522	0.0745	0.0565	0.0522
R06AX26	Fexofenadine	Public	-	-	-	-	-	-	-	-
		Private	0.3232	0.3334	0.3750	0.3984	0.1180	0.1217	0.1369	0.1454
		Total	0.3232	0.3334	0.3750	0.3984	0.1180	0.1217	0.1369	0.1454
R06AX27	Desloratadine	Public	0.0356	0.0555	0.0550	0.0920	0.0130	0.0203	0.0201	0.0336
		Private	0.3694	0.4055	0.4531	0.4781	0.1348	0.1480	0.1654	0.1745
		Total	0.4050	0.4610	0.5081	0.5701	0.1478	0.1683	0.1854	0.2081

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2. Gary, W.K.; Wong, Leung, T.F.; Fanny W.S.K.. Changing Prevalence of Allergic Diseases in the Asia-Pacific Region. *Allergy Asthma Immunol Res.* 2013, 5(5), 251-257.
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CHAPTER 24: USE OF OPHTHALMOLOGICALS

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The use of ophthalmologicals in Malaysia followed the WHO ATC guidelines for which DDDs have been assigned for antiglaucoma preparations only. The DDDs are based on single dose (or single package) and administration frequencies. A single dose is defined as two eye drops (one in each eye) corresponding to 0.1ml. For eye drops administered once daily the DDD is 0.1ml, for eye drops administered twice daily the DDD is 0.2ml, etc. For single use packages one dose is the volume of one package. This also applies for combinations. In the eye ointments one dose corresponds to about 10mm (20mg) per eye this corresponding to 40mg for both eyes. Other ophthalmologicals were analysed based on observation trends in deviated DDDs¹.

Antiinfectives

There was an increasing trend in the overall use of antiinfectives from 2011 to 2014 (Table 24.2). The public sector showed a marked increase in its use from 2012 to 2013. This was attributed to chloramphenicol and gentamicin use in the public sector. In the private sector, a similar increase was seen one year later and this was due to chloramphenicol usage only. However in the private sector there was a declining trend of fusidic acid use from 2012 to 2014. The usage of chlortetracycline showed an overall declining trend. The newer generation fluoroquinolones were only used in the private sector during this period. Antiviral usage increased from 2011 to 2012 and gradually declined up to 2014.

Anti-Inflammatory Agents

There was a 3 fold increase in the usage of corticosteroid anti-inflammatory agents in the public sector from 2013 to 2014 which was mainly contributed by dexamethasone (Table 24.3). Loteprednol was only used in the private sector and increased 5 folds over the 4 years. The usage of diclofenac stopped in 2014 being replaced by newer NSAIDs such as ketorolac and nepafenac, both of which have increased approximately 2 fold. The usage of combination anti-inflammatory and anti-infectives in the public sector doubled from 2011 to 2014 with a marked increase seen in 2013. In the private sector no increase was seen over the years.

Anti-Glaucoma Preparations And Miotics

All anti-glaucoma preparations showed an increasing trend in usage from 2011 to 2014 (Table 24.4).

Mydriatics And Cycloplegics

There was increasing trend of usage of with a spike in 2012 attributed to the increase use of atropine and homatropine in the public sector (Table 24.5).

Decongestants And Antiallergics

The overall usage of decongestants and antiallergics did not increase much from 2011 to 2014 (Table 24.6).

Local Anesthetics

Local anesthetic showed an increased in trend comparing 2011 to 2014 (Table 24.6).

Ocular Vascular Disorders Agents

Antineovascular agents show a two fold increase from 2011 to 2014 contributed by both the private and public sector (Table 24.6). Verteporfin show a gradual overall increase in use with the public sector not showing an increasing trend. Overall, ranibizumab shows a 3 fold increase in usage. Aflibercept marked its introduction in 2014 in the public sector.

Other Ophthalmologicals

The main other ophthalmologicals are ciclosporin and ocriplasmin. Ciclosporin showed an increase in trend over the 4 years however ocriplasmin was only introduced to the private sector in 2014 (Table 24.6).

Table 24.1: Use of ophthalmological agents, by therapeutic groups from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Sector	2011	2012	2013	2014
S01	Ophthalmologicals	Public	2.0611	2.3701	3.2135	3.7216
		Private	1.9255	2.0432	2.2903	2.6968
		Total	3.9866	4.4133	5.5038	6.4184
S01A	Antiinfectives	Public	0.7085	0.7156	1.2432	1.3156
		Private	0.5800	0.5742	0.7326	1.0613
		Total	1.2884	1.2898	1.9758	2.3769
S01B	Antiinflammatory agents	Public	0.0255	0.0461	0.0210	0.0645
		Private	0.1182	0.1233	0.1255	0.1394
		Total	0.1436	0.1694	0.1465	0.2039
S01C	Antiinflammatory agents and antiinfectives in combination	Public	0.0341	0.0491	0.0705	0.0633
		Private	0.1546	0.1800	0.1653	0.1611
		Total	0.1886	0.2291	0.2358	0.2244
S01E	Antiglaucoma preparations and miotics	Public	1.2119	1.4274	1.7994	2.1877
		Private	0.5852	0.6304	0.7133	0.7442
		Total	1.7970	2.0579	2.5127	2.9318
S01F	Mydriatics and cycloplegics	Public	0.0190	0.0272	0.0190	0.0252
		Private	0.0102	0.0099	0.0104	0.0103
		Total	0.0292	0.0371	0.0294	0.0356
S01G	Decongestants and antiallergics	Public	0.0405	0.0526	0.0350	0.0324
		Private	0.4456	0.4934	0.5077	0.5460
		Total	0.4862	0.5460	0.5427	0.5785
S01H	Local anesthetics	Public	0.0213	0.0516	0.0250	0.0320
		Private	0.0253	0.0248	0.0268	0.0256
		Total	0.0466	0.0764	0.0518	0.0576
S01L	Ocular vascular disorder agents	Public	0.0001	0.0002	0.0001	0.0003
		Private	0.0006	0.0008	0.0011	0.0013
		Total	0.0007	0.0010	0.0012	0.0016
S01X	Other ophthalmologicals	Public	0.0003	0.0003	0.0002	0.0004
		Private	0.0059	0.0064	0.0075	0.0076
		Total	0.0062	0.0067	0.0077	0.0080
S03	Ophthalmological and otological preparations	Public	0.0739	0.0868	0.0718	0.0683
		Private	0.5701	0.7849	0.8885	1.2008
		Total	0.6440	0.8718	0.9603	1.2691
S03A	Antiinfectives	Public	0.0046	0.0104	0.0039	0.0045
		Private	0.0681	0.0818	0.0997	0.1282
		Total	0.0727	0.0922	0.1036	0.1327
S03B	Corticosteroids	Public	0.0108	0.0149	0.0051	0.0083
		Private	0.0027	0.0167	0.0147	0.0066
		Total	0.0135	0.0316	0.0198	0.0149
S03C	Corticosteroids and antiinfectives in combination	Public	0.0585	0.0615	0.0628	0.0555
		Private	0.4993	0.6865	0.7741	1.0660
		Total	0.5578	0.7480	0.8369	1.1215

Table 24.2: Use of antibiotics for ophthalmology diseases from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S01AA	Antibiotics		Public	0.6838	0.6884	1.1953	1.2807
			Private	0.5241	0.5190	0.6763	1.0104
			Total	1.2079	1.2074	1.8717	2.2910
S01AA01	Chloramphenicol	g/ml/cc	Public	0.6572	0.6618	1.1576	1.2363
			Private	0.3564	0.3291	0.5426	0.8641
			Total	1.0136	0.9908	1.7003	2.1004
S01AA02	Chlortetracycline	g/ml/cc	Public	0.0028	0.0001	0.0001	0.0001
			Private	0.0004	0.0003	0.0001	-
			Total	0.0032	0.0004	0.0002	0.0001
S01AA10	Natamycin	g/ml/cc	Public	0.0002	0.0002	0.0002	0.0002
			Private	0.0001	0.0001	0.0002	0.0001
			Total	0.0003	0.0003	0.0003	0.0004
S01AA11	Gentamicin	g/ml/cc	Public	0.0057	0.0062	0.0144	0.0128
			Private	0.0519	0.0713	0.0398	0.0677
			Total	0.0576	0.0775	0.0542	0.0806
S01AA12	Tobramycin	g/ml/cc	Public	-	-	-	-
			Private	0.0029	0.0026	0.0023	0.0027
			Total	0.0029	0.0026	0.0023	0.0027
S01AA13	Fusidic acid	g/ml/cc	Public	0.0122	0.0156	0.0186	0.0249
			Private	0.0533	0.0551	0.0341	0.0135
			Total	0.0654	0.0706	0.0527	0.0384
S01AA17	Erythromycin	g/ml/cc	Public	-	-	-	-
			Private	0.0025	0.0035	0.0027	0.0022
			Total	0.0025	0.0035	0.0027	0.0022
S01AA30	Combinations of different antibiotics	g/ml/cc	Public	0.0058	0.0046	0.0044	0.0062
			Private	0.0565	0.0571	0.0545	0.0600
			Total	0.0623	0.0617	0.0589	0.0662
S01AD	Antivirals						
S01AD03	Aciclovir	g/ml/cc	Public	0.0017	0.0032	0.0019	0.0020
			Private	0.0032	0.0026	0.0025	0.0018
			Total	0.0049	0.0057	0.0045	0.0037
S01AE	Fluoroquinolones						
S01AE02	Norfloxacin	g/ml/cc	Public	0.0002	-	< 0.0001	-
			Private	0.0050	0.0052	0.0007	-
			Total	0.0052	0.0052	0.0007	-
S01AE03	Ciprofloxacin	g/ml/cc	Public	0.0187	0.0184	0.0374	0.0218
			Private	-	-	-	-
			Total	0.0187	0.0184	0.0374	0.0218
S01AE04	Lomefloxacin	g/ml/cc	Public	-	-	-	-
			Private	0.0035	-	-	-
			Total	0.0035	-	-	-
S01AE05	Levofloxacin	g/ml/cc	Public	-	-	-	-
			Private	0.0007	0.0011	0.0019	0.0012
			Total	0.0007	0.0011	0.0019	0.0012
S01AE07	Moxifloxacin	g/ml/cc	Public	0.0040	0.0057	0.0086	0.0112
			Private	0.0434	0.0464	0.0499	0.0473
			Total	0.0474	0.0521	0.0584	0.0585
S01AE08	Besifloxacin	g/ml/cc	Public	-	-	-	-
			Private	-	-	0.0013	0.0006
			Total	-	-	0.0013	0.0006

Table 24.3: Use of corticosteroids and non-steroidal antiinflammatory agents for ophthalmology diseases from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S01BA	Corticosteroids, plain		Public	0.0206	0.0399	0.0143	0.0530
			Private	0.0897	0.0913	0.0894	0.0986
			Total	0.1103	0.1313	0.1038	0.1516
S01BA01	Dexamethasone	g/ml/cc	Public	0.0179	0.0247	0.0101	0.0431
			Private	0.0248	0.0263	0.0277	0.0284
			Total	0.0427	0.0510	0.0378	0.0715
S01BA04	Prednisolone	g/ml/cc	Public	-	< 0.0001	0.0001	0.0001
			Private	0.0316	0.0316	0.0317	0.0393
			Total	0.0316	0.0317	0.0318	0.0394
S01BA07	Fluorometholone	g/ml/cc	Public	0.0027	0.0152	0.0041	0.0097
			Private	0.0317	0.0306	0.0234	0.0253
			Total	0.0345	0.0458	0.0275	0.0350
S01BA14	Loteprednol	g/ml/cc	Public	-	-	-	-
			Private	0.0015	0.0028	0.0066	0.0057
			Total	0.0015	0.0028	0.0066	0.0057
S01BC	Antiinflammatory agents, non-steroids		Public	0.0048	0.0061	0.0067	0.0115
			Private	0.0284	0.0320	0.0360	0.0408
			Total	0.0333	0.0381	0.0427	0.0523
S01BC03	Diclofenac	g/ml/cc	Public	-	-	-	-
			Private	0.0009	0.0008	< 0.0001	-
			Total	0.0009	0.0008	< 0.0001	-
S01BC05	Ketorolac	g/ml/cc	Public	0.0047	0.0059	0.0062	0.0106
			Private	0.0095	0.0088	0.0090	0.0120
			Total	0.0141	0.0147	0.0153	0.0227
S01BC10	Nepafenac	g/ml/cc	Public	0.0002	0.0003	0.0004	0.0009
			Private	0.0181	0.0224	0.0270	0.0287
			Total	0.0183	0.0226	0.0274	0.0297
S01CA	Corticosteroids and antiinfectives in combination		Public	0.0341	0.0491	0.0705	0.0633
			Private	0.1546	0.1800	0.1653	0.1611
			Total	0.1886	0.2291	0.2358	0.2244
S01CA01	Dexamethasone and antiinfectives	g/ml/cc	Public	0.0339	0.0491	0.0689	0.0589
			Private	0.1486	0.1733	0.1561	0.1477
			Total	0.1825	0.2224	0.2249	0.2066
S01CA05	Betamethasone and antiinfectives	g/ml/cc	Public	0.0002	< 0.0001	0.0016	0.0044
			Private	0.0060	0.0066	0.0093	0.0134
			Total	0.0062	0.0066	0.0109	0.0178

Table 24.4: Use of agents for treatment of glaucoma from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S01EA	Sympathomimetics in glaucoma therapy 1						
S01EA05	Brimonidine	ml	Public	0.0524	0.0816	0.1160	0.1786
			Private	0.0603	0.0618	0.0791	0.0925
			Total	0.1126	0.1434	0.1951	0.2712
S01EB	Parasympathomimetics		Public	0.0218	0.0251	0.0423	0.0301
			Private	-	-	-	-
			Total	0.0218	0.0251	0.0423	0.0301
S01EB01	Pilocarpine	ml	Public	0.0170	0.0194	0.0244	0.0255
			Private	-	-	-	-
			Total	0.0170	0.0194	0.0244	0.0255
S01EB02	Carbachol	ml	Public	0.0048	0.0057	0.0179	0.0046
			Private	-	-	-	-
			Total	0.0048	0.0057	0.0179	0.0046
S01EC	Carbonic anhydrase inhibitors		Public	0.1506	0.1959	0.1864	0.2745
			Private	0.0620	0.0643	0.0711	0.0783
			Total	0.2127	0.2602	0.2576	0.3528
S01EC01	Acetazolamide	g	Public	0.0034	0.0082	0.0110	0.0129
			Private	0.0080	0.0091	0.0079	0.0063
			Total	0.0114	0.0173	0.0189	0.0192
S01EC03	Dorzolamide	ml	Public	0.1472	0.1877	0.1749	0.2611
			Private	0.0120	0.0113	0.0105	0.0128
			Total	0.1593	0.1991	0.1854	0.2739
S01EC04	Brinzolamide	ml	Public	-	-	0.0005	0.0005
			Private	0.0420	0.0438	0.0527	0.0591
			Total	0.0420	0.0438	0.0532	0.0596
S01ED	Beta blocking agents 1		Public	0.6193	0.6683	0.7555	1.0009
			Private	0.3927	0.4351	0.4775	0.4856
			Total	1.0120	1.1034	1.2331	1.4865
S01ED01	Timolol	ml	Public	0.5164	0.5759	0.6294	0.8644
			Private	0.1607	0.1691	0.1769	0.1585
			Total	0.6771	0.7450	0.8064	1.0229
S01ED02	Betaxolol	ml	Public	0.1001	0.0849	0.0967	0.1079
			Private	0.0379	0.0338	0.0336	0.0302
			Total	0.1380	0.1188	0.1303	0.1380
S01ED51	Timolol, combinations	ml	Public	0.0029	0.0075	0.0294	0.0285
			Private	0.1940	0.2322	0.2670	0.2970
			Total	0.1969	0.2397	0.2964	0.3255
S01EE	Prostaglandin analogues 1		Public	0.3678	0.4565	0.6992	0.7036
			Private	0.0702	0.0692	0.0856	0.0878
			Total	0.4380	0.5258	0.7847	0.7913
S01EE01	Latanoprost	ml	Public	0.3402	0.4185	0.6454	0.6344
			Private	0.0702	0.0692	0.0856	0.0878
			Total	0.4104	0.4877	0.7310	0.7222
S01EE03	Bimatoprost	ml	Public	0.0263	0.0340	0.0509	0.0619
			Private	-	-	-	-
			Total	0.0263	0.0340	0.0509	0.0619
S01EE04	Travoprost	ml	Public	0.0012	0.0040	0.0029	0.0073
			Private	-	-	-	-
			Total	0.0012	0.0040	0.0029	0.0073

Table 24.5: Use of other agents for treatment of glaucoma from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S01FA	Anticholinergics		Public	0.0173	0.0252	0.0171	0.0221
			Private	0.0090	0.0087	0.0091	0.0089
			Total	0.0264	0.0338	0.0262	0.0310
S01FA01	Atropine	g/ml/cc	Public	0.0067	0.0078	0.0050	0.0080
			Private	0.0012	0.0012	0.0013	0.0013
			Total	0.0079	0.0090	0.0063	0.0093
S01FA04	Cyclopentolate	g/ml/cc	Public	0.0033	0.0042	0.0032	0.0035
			Private	0.0033	0.0028	0.0031	0.0032
			Total	0.0066	0.0070	0.0063	0.0067
S01FA05	Homatropine	g/ml/cc	Public	0.0020	0.0077	0.0023	0.0037
			Private	0.0012	0.0012	0.0012	0.0011
			Total	0.0032	0.0090	0.0035	0.0048
S01FA06	Tropicamide	g/ml/cc	Public	0.0039	0.0041	0.0046	0.0048
			Private	0.0025	0.0026	0.0028	0.0029
			Total	0.0064	0.0067	0.0074	0.0076
S01FA54	Cyclopentolate, combinations	g/ml/cc	Public	0.0015	0.0014	0.0019	0.0021
			Private	0.0008	0.0008	0.0007	0.0004
			Total	0.0023	0.0022	0.0026	0.0025
S01FB	Sympathomimetics excluding antiglaucoma preparations						
S01FB01	Phenylephrine	g/ml/cc	Public	0.0016	0.0020	0.0019	0.0031
			Private	0.0012	0.0013	0.0014	0.0014
			Total	0.0028	0.0032	0.0032	0.0046

Table 24.6: Use of agents for treatment of other ophthalmological disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S01GA	Sympathomimetics Used As Decongestants		Public	0.0140	0.0254	0.0112	0.0051
			Private	0.3513	0.4022	0.4377	0.4544
			Total	0.3654	0.4276	0.4489	0.4594
S01GA02	Tetryzoline	g/ml/cc	Public	-	-	-	-
			Private	0.0088	0.0280	0.0280	0.0310
			Total	0.0088	0.0280	0.0280	0.0310
S01GA05	Phenylephrine	g/ml/cc	Public	-	-	-	-
			Private	0.0129	0.0122	0.0125	0.0129
			Total	0.0129	0.0122	0.0125	0.0129
S01GA51	Naphazoline, Combinations	g/ml/cc	Public	-	-	-	-
			Private	0.2354	0.2651	0.2971	0.3388
			Total	0.2354	0.2651	0.2971	0.3388
S01GA52	Tetryzoline, Combinations	g/ml/cc	Public	0.0140	0.0254	0.0112	0.0051
			Private	0.0943	0.0970	0.1001	0.0717
			Total	0.1083	0.1224	0.1113	0.0767
S01GX	Other antiallergics		Public	0.0265	0.0272	0.0238	0.0274
			Private	0.0943	0.0911	0.0700	0.0917
			Total	0.1208	0.1183	0.0938	0.1191
S01GX01	Cromoglicic acid	g/ml/cc	Public	0.0203	0.0221	0.0191	0.0218
			Private	0.0597	0.0557	0.0343	0.0543
			Total	0.0800	0.0778	0.0534	0.0761
S01GX05	Lodoxamide	g/ml/cc	Public	-	-	-	-
			Private	0.0023	0.0008	-	-
			Total	0.0023	0.0008	-	-
S01GX06	Emedastine	g/ml/cc	Public	-	-	-	-
			Private	0.0041	0.0039	0.0032	0.0029
			Total	0.0041	0.0039	0.0032	0.0029

Table 24.6: (continued)

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S01GX08	Ketotifen	g/ml/cc	Public	-	-	-	-
			Private	0.0067	0.0073	0.0048	0.0046
			Total	0.0067	0.0073	0.0048	0.0046
S01GX09	Olopatadine	g/ml/cc	Public	0.0062	0.0051	0.0048	0.0056
			Private	0.0215	0.0215	0.0231	0.0237
			Total	0.0277	0.0265	0.0278	0.0292
S01GX10	Epinastine	g/ml/cc	Public	-	-	-	-
			Private	-	0.0020	0.0045	0.0062
			Total	-	0.0020	0.0045	0.0062
S01HA	Local anesthetics		Public	0.0213	0.0516	0.0250	0.0320
			Private	0.0253	0.0248	0.0268	0.0256
			Total	0.0466	0.0764	0.0518	0.0576
S01HA03	Tetracaine	g/ml/cc	Public	< 0.0001	< 0.0001	-	-
			Private	0.0008	0.0008	0.0010	0.0012
			Total	0.0008	0.0008	0.0010	0.0012
S01HA04	Proxymetacaine	g/ml/cc	Public	0.0213	0.0516	0.0250	0.0320
			Private	0.0245	0.0240	0.0258	0.0245
			Total	0.0458	0.0756	0.0508	0.0565
S01LA	Antineovascularisation agents		Public	0.0001	0.0002	0.0001	0.0003
			Private	0.0006	0.0008	0.0011	0.0013
			Total	0.0007	0.0010	0.0012	0.0016
S01LA01	Verteporfin	mg	Public	< 0.0001	0.0001	0.0001	0.0001
			Private	0.0002	0.0003	0.0004	0.0004
			Total	0.0002	0.0004	0.0004	0.0005
S01LA04	Ranibizumab	g/ml/cc	Public	< 0.0001	0.0001	0.0001	0.0002
			Private	0.0004	0.0005	0.0007	0.0010
			Total	0.0004	0.0006	0.0008	0.0012
S01LA05	Aflibercept	g/ml/cc	Public	-	-	-	< 0.0001
			Private	-	-	-	-
			Total	-	-	-	< 0.0001
S01XA	Other ophthalmologicals		Public	0.0003	0.0003	0.0002	0.0004
			Private	0.0059	0.0064	0.0075	0.0076
			Total	0.0062	0.0067	0.0077	0.0080
S01XA18	Ciclosporin	g/ml/cc	Public	0.0003	0.0003	0.0002	0.0004
			Private	0.0059	0.0064	0.0075	0.0076
			Total	0.0062	0.0067	0.0077	0.0080
S01XA22	Ocriclasmin	g/ml/cc	Public	-	-	-	-
			Private	-	-	-	< 0.0001
			Total	-	-	-	< 0.0001

Table 24.7: Use of other preparations for treatment of ophthalmological disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S03AA	Antiinfectives						
S03AA06	Gentamicin	g/ml/cc	Public	0.0046	0.0104	0.0039	0.0045
			Private	0.0681	0.0818	0.0997	0.1282
			Total	0.0727	0.0922	0.1036	0.1327
S03BA	Corticosteroids						
S03BA03	Betamethasone	g/ml/cc	Public	0.0108	0.0149	0.0051	0.0083
			Private	0.0027	0.0167	0.0147	0.0066
			Total	0.0135	0.0316	0.0198	0.0149
S03CA	Corticosteroids and antiinfectives in combination		Public	0.0585	0.0615	0.0628	0.0555
			Private	0.4993	0.6865	0.7741	1.0660
			Total	0.5578	0.7480	0.8369	1.1215
S03CA01	Dexamethasone and antiinfectives	g/ml/cc	Public	0.0357	0.0402	0.0425	0.0418
			Private	0.4770	0.6302	0.6993	0.9893
			Total	0.5126	0.6704	0.7418	1.0311
S03CA06	Betamethasone and antiinfectives	g/ml/cc	Public	0.0229	0.0213	0.0203	0.0137
			Private	0.0223	0.0563	0.0748	0.0767
			Total	0.0452	0.0775	0.0951	0.0904

References:

1. Guidelines for ATC classification and DDD assignment 2015. WHO collaborating centre for drug statistic methodology. Printing Office: Oslo, 2014

CHAPTER 25: USE OF OTOLOGICALS

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Drug utilisation statistics are generally expressed as Defined Daily Dose (DDD), the assumed average dose per day of a drug used for its main indication by adult, as standard unit for reference¹. However, no DDD have been assigned yet by WHO for otologicals. Thus, for the purpose of this chapter report, the total usage for otological drugs is expressed in gram or ml or cc, per 1,000 inhabitants, per day, irrespective of the strength of the preparations.

Otological preparations used in Malaysia are classified into local antiinfectives ear drops, local corticosteroid ear drops and combination of antiinfectives and corticosteroid ear drops. There are two types of otological drugs that are mainly used, corticosteroid and non-corticosteroid antiinfective preparations. The most widely used antiinfective is chloramphenicol (S02AA01) which is easily available in peripheral government clinics and private general practitioners. The usage of newer generation antiinfective ear drops such as ofloxacin shows an increasing trend (Table 25.1). This is maybe due to the product discontinuation of antiinfectives corticosteroids.

Table 25.1: Use of agents for treatment of otological disorders from 2011 to 2014 (DDD/1,000 inhabitants/day).

ATC	Therapeutic Group/Drug	Unit	Sector	2011	2012	2013	2014
S02	Otologicals	g/ml/cc	Public	0.1386	0.1441	0.2674	0.2257
			Private	0.0613	0.0575	0.0574	0.0667
			Total	0.1999	0.2016	0.3248	0.2924
S02A	Antiinfectives						
S02AA	Antiinfectives	g/ml/cc	Public	0.1380	0.1431	0.2667	0.2250
			Private	0.0505	0.0294	0.0190	0.0225
			Total	0.1885	0.1725	0.2857	0.2475
S02AA01	Chloramphenicol	g/ml/cc	Public	0.1297	0.1359	0.2580	0.2146
			Private	0.0414	0.0159	0.0045	0.0001
			Total	0.1711	0.1518	0.2625	0.2147
S02AA11	Polymyxin B	g/ml/cc	Public	-	-	-	-
			Private	0.0027	0.0062	0.0062	0.0145
			Total	0.0027	0.0062	0.0062	0.0145
S02AA16	Ofloxacin	g/ml/cc	Public	0.0083	0.0072	0.0088	0.0104
			Private	0.0063	0.0073	0.0083	0.0080
			Total	0.0147	0.0145	0.0170	0.0184
S02C	Corticosteroids and antiinfectives in combination						
S02CA	Corticosteroids and antiinfectives in combination						
S02CA03	Hydrocortisone and antiinfectives	g/ml/cc	Public	0.0006	0.0010	0.0006	0.0007
			Private	0.0108	0.0281	0.0385	0.0442
			Total	0.0114	0.0291	0.0391	0.0449

References:

1. *Guidelines for ATC classification and DDD assignment 2015*. WHO collaborating centre for drug statistic methodology. Printing Office: Oslo, 2014.

CHAPTER 26: USE OF DRUGS FOR COUGH AND COLD

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Upper respiratory tract infection (URTI) is one of the leading causes of medical consultations in primary care. The National Medical Care Survey 2010 reported that the prevalence of URTI was 29.64% in all age groups¹. Earlier data from the National Health and Morbidity Survey 2006 showed that acute respiratory illness (ARI) affected daily activities of 30.8% of the population with 60.6% of those having ARI sought treatment for the illness. Common cold was the commonest illness reported among those with ARI (16.9%)².

Cough and cold medicines are commonly used to treat upper respiratory tract symptoms in children and adults. These medicines do not cure the infection, but aim to reduce symptoms such as runny nose and cough. Drugs commonly used for symptomatic relief of URTI include antihistamines, nasal decongestants, cough suppressants, expectorants and mucolytics, in single or multiple-ingredients preparations.

Cough and cold combination products reported in this chapter has been coded according to the standard rules for ATC coding based on WHO guidelines, as shown in Figure 26.1. There is no specific defined daily dose (DDD) assigned by WHO for combinations of cough and cold preparations, though it does recommend that fixed DDDs based on the product's recommended dosage to be assigned³. For the purpose of comparing usage between the preparations, estimation of the DDDs were done using the standard dose for the main indication in adults, based on average dosage regimen of three times daily. For this report, the DDD adopted for combination of cough and cold preparations are 30 ml (oral liquid formulation) and 6 tablets (tablets/capsules/caplets).

Drugs used for cough and cold were categorised by drug class and agents. Overall, systemic antihistamines (R06A) were the most commonly used in year 2011 to 2014 (Table 26.4). In 2014, the second commonest use medicine was other systemic drugs for obstructive airway diseases (R03D), followed by nasal decongestants for systemic use (R01B). Of these main drug classes, total utilisation of antihistamines for systemic use (R06A) increased from 2011 to 2014 but nasal decongestants for systemic use (R01B) showed decreasing trend in total utilisation.

As shown in Table 26.4, overall utilisation of antihistamines for systemic use increased by 36.6% from 2011 to 2014. Among the non-sedating antihistamines, cetirizine and loratadine reported highest utilisation. Comparison between sectors showed that non-sedating antihistamines were used more frequently in private sector. The usage of cetirizine was 6.5933 DDD/1,000 inhabitants/day in 2014, the highest in its class of antihistamines for systemic use. The utilisation of this agent showed an increasing trend. Their usage was also much higher in the private sector. If we compared the 2014 data, the consumption of cetirizine was much higher in Finland (25.38 DDD/1,000 inhabitants/day) compared to Malaysia⁴. However, the usage of cetirizine was much lower in Australia (0.04 DDD/1,000 inhabitants/day) as their preferred antihistamine was fexofenadine (0.35 DDD/1,000 inhabitants/day)⁵.

As for sedating antihistamines, chlorphenamine and diphenhydramine combinations reported the highest utilisation. In general, chlorphenamine was the second most used antihistamine in 2014 and their utilisation showed an increasing trend. As compared to Malaysia, Finland did not use any sedating antihistamine⁴. Diphenhydramine combinations was the third commonly used drugs in 2014 and their utilisation showed an increasing trend from 2011 to 2014. Nevertheless, it is important to note that usage of systemic antihistamines in this report also include their use for other indications. Hence this does not reflect the usage for systemic antihistamines for treatment of cough and cold alone.

In conclusion, cough and cold preparations are widely used in Malaysia for symptomatic relief. The use of non-sedating antihistamines such as cetirizine and loratadine was preferred as compared to the sedating antihistamines. This may be related to increasing awareness about the safety profile of these agents, which discourage the prescribing of sedating antihistamines especially for children below two years old. While the data presented in this chapter represented majority of the drugs used for cough and cold, the usage reported was based partially on procurement data which may not accurately reflect total consumption pattern in Malaysia.

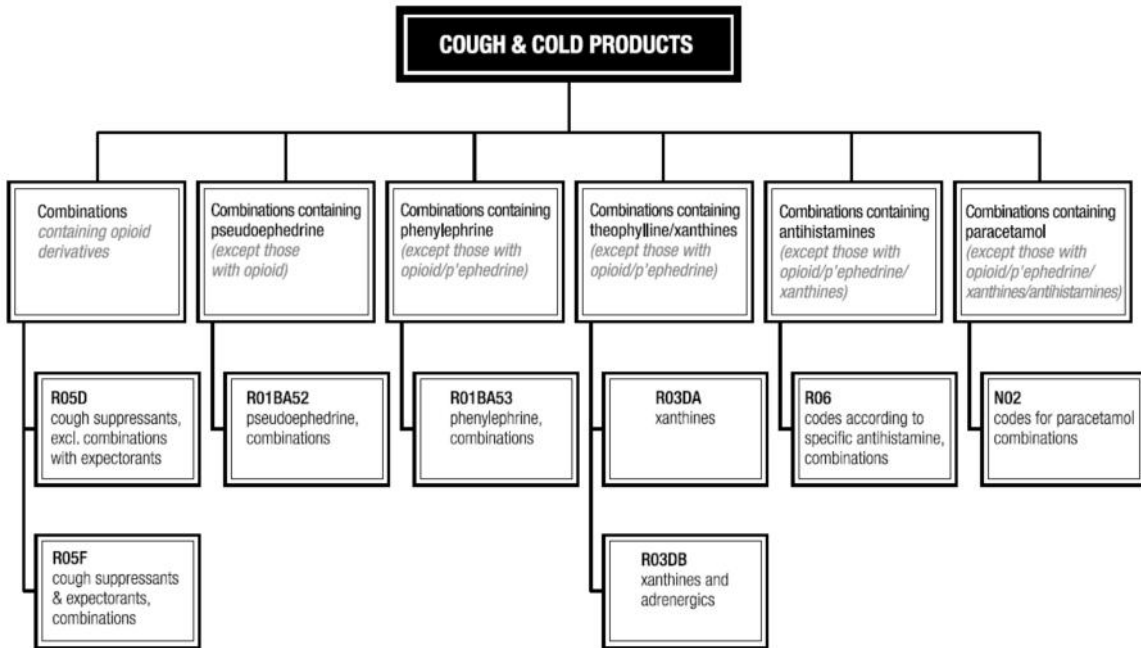


Figure 26.1: Guide for ATC coding of cough and cold combination preparations

Table 26.1: Use of systemic nasal decongestants from 2011 to 2014.

ATC	Therapeutic Group/Drug	DDD	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
				2011	2012	2013	2014	2011	2012	2013	2014
R01	Nasal preparations										
R01B	Nasal decongestants for systemic use										
R01BA	Sympathomimetics		Public	0.2132	0.2281	0.2031	0.1752	0.0778	0.0833	0.0741	0.0639
			Private	1.5506	1.6357	1.6835	1.4561	0.5660	0.5970	0.6145	0.5315
			Total	1.7638	1.8638	1.8866	1.6313	0.6438	0.6803	0.6886	0.5954
R01BA02	Pseudoephedrine	0.24g	Public	-	-	-	-	-	-	-	-
			Private	0.0207	-	-	-	0.0075	-	-	-
			Total	0.0207	-	-	-	0.0075	-	-	-
R01BA52	Pseudoephedrine, combinations	0.24g	Public	0.2132	0.2281	0.2031	0.1752	0.0778	0.0833	0.0741	0.0639
			Private	1.4957	1.6008	1.6265	1.4065	0.5459	0.5843	0.5937	0.5134
			Total	1.7089	1.8289	1.8296	1.5817	0.6237	0.6675	0.6678	0.5773
R01BA53	Phenylephrine, combinations	6 tablet/ 30ml	Public	-	-	-	-	-	-	-	-
			Private	0.0343	0.0349	0.0570	0.0496	0.0125	0.0127	0.0208	0.0181
			Total	0.0343	0.0349	0.0570	0.0496	0.0125	0.0127	0.0208	0.0181

Table 26.2: Use of agents for treatment of obstructive airway diseases from 2011 to 2014.

ATC	Therapeutic Group/Drug	DDD	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
				2011	2012	2013	2014	2011	2012	2013	2014
R03	Drugs for obstructive airway diseases										
R03D	Other systemic drugs for obstructive airway diseases		Public	0.8652	0.9055	0.8192	0.9236	0.3158	0.3305	0.2990	0.3371
			Private	0.8107	0.8334	0.8137	0.7963	0.2959	0.3042	0.2970	0.2907
			Total	1.6759	1.7388	1.6329	1.7199	0.6117	0.6347	0.5960	0.6278
R03DA	Xanthines		Public	0.7684	0.7981	0.6353	0.6968	0.2805	0.2913	0.2319	0.2543
			Private	0.4516	0.4566	0.4085	0.3864	0.1648	0.1667	0.1491	0.1410
			Total	1.2200	1.2547	1.0438	1.0832	0.4453	0.4580	0.3810	0.3954
R03DC	Leukotriene receptor antagonists		Public	0.0968	0.1074	0.1836	0.2262	0.0353	0.0392	0.0670	0.0826
			Private	0.3590	0.3751	0.4013	0.4055	0.1310	0.1369	0.1465	0.1480
			Total	0.4558	0.4824	0.5848	0.6316	0.1664	0.1761	0.2135	0.2305
R03DX	Other systemic drugs for obstructive airway diseases		Public	< 0.0001	0.0001	0.0003	0.0006	< 0.0001	< 0.0001	0.0001	0.0002
			Private	< 0.0001	0.0017	0.0040	0.0045	< 0.0001	0.0006	0.0014	0.0016
			Total	0.0001	0.0017	0.0042	0.0051	< 0.0001	0.0006	0.0015	0.0019

Table 26.3: Use of agents for treatment of cough and cold from 2011 to 2014.

ATC	Therapeutic Group/Drug	DDD	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
				2011	2012	2013	2014	2011	2012	2013	2014
R05	Cough and cold preparations		Public	0.7273	0.7443	1.0071	1.0727	0.2655	0.2717	0.3676	0.3915
			Private	2.3049	2.2242	2.2931	2.2570	0.8413	0.8118	0.8370	0.8238
			Total	3.0323	2.9685	3.3002	3.3297	1.1068	1.0835	1.2046	1.2153
R05C	Expectorants, excluding combinations with cough suppressants		Public	0.7273	0.7441	1.0070	1.0727	0.2655	0.2716	0.3676	0.3915
			Private	0.3776	0.4007	0.4263	0.3942	0.1378	0.1462	0.1556	0.1439
			Total	1.1049	1.1448	1.4333	1.4669	0.4033	0.4178	0.5231	0.5354
R05CA	Expectorants										
R05CA10	Combinations	30ml	Public	-	-	-	-	-	-	-	-
			Private	0.1175	0.1668	0.1586	0.1559	0.0429	0.0609	0.0579	0.0569
			Total	0.1175	0.1668	0.1586	0.1559	0.0429	0.0609	0.0579	0.0569
R05CB	Mucolytics		Public	0.7273	0.7441	1.0070	1.0727	0.2655	0.2716	0.3676	0.3915
			Private	0.2601	0.2339	0.2677	0.2383	0.0949	0.0854	0.0977	0.0870
			Total	0.9875	0.9779	1.2747	1.3110	0.3604	0.3569	0.4653	0.4785
R05CB01	Acetylcysteine	0.5g	Public	0.0013	0.0018	0.0010	0.0040	0.0005	0.0006	0.0004	0.0015
			Private	-	-	-	-	-	-	-	-
			Total	0.0013	0.0018	0.0010	0.0040	0.0005	0.0006	0.0004	0.0015
R05CB02	Bromhexine	24mg	Public	0.7260	0.7423	1.0060	1.0682	0.2650	0.2709	0.3672	0.3899
			Private	-	-	-	-	-	-	-	-
			Total	0.7260	0.7423	1.0060	1.0682	0.2650	0.2709	0.3672	0.3899
R05CB03	Carbocisteine	1.5g	Public	-	< 0.0001	-	-	-	< 0.0001	-	-
			Private	0.0004	-	-	-	0.0002	-	-	-
			Total	0.0004	< 0.0001	-	-	0.0002	< 0.0001	-	-
R05CB06	Ambroxol	0.12g	Public	< 0.0001	< 0.0001	-	-	< 0.0001	< 0.0001	-	-
			Private	-	-	-	-	-	-	-	-
			Total	< 0.0001	< 0.0001	-	-	< 0.0001	< 0.0001	-	-
R05CB10	Combinations	30ml	Public	-	-	-	0.0004	-	-	-	0.0002
			Private	0.2597	0.2339	0.2677	0.2383	0.0948	0.0854	0.0977	0.0870
			Total	0.2597	0.2339	0.2677	0.2388	0.0948	0.0854	0.0977	0.0872

Table 26.3: (continued)

ATC	Therapeutic Group/Drug	DDD	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
				2011	2012	2013	2014	2011	2012	2013	2014
R05D	Cough suppressants, excluding combinations with expectorants		Public	-	< 0.0001	< 0.0001	< 0.0001	-	< 0.0001	< 0.0001	< 0.0001
			Private	1.6949	1.5942	1.5890	1.6002	0.6186	0.5819	0.5800	0.5841
			Total	1.6949	1.5942	1.5890	1.6002	0.6186	0.5819	0.5800	0.5841
R05DA	Opium alkaloids and derivatives		Public	-	< 0.0001	< 0.0001	< 0.0001	-	< 0.0001	< 0.0001	< 0.0001
			Private	1.4621	1.3403	1.4017	1.3860	0.5337	0.4892	0.5116	0.5059
			Total	1.4621	1.3403	1.4017	1.3860	0.5337	0.4892	0.5116	0.5059
R05DA08	Pholcodine	50mg	Public	-	-	-	-	-	-	-	-
			Private	0.0920	0.1096	0.0850	0.1020	0.0336	0.0400	0.0310	0.0372
			Total	0.0920	0.1096	0.0850	0.1020	0.0336	0.0400	0.0310	0.0372
R05DA09	Dextromethorphan	90mg	Public	-	-	-	< 0.0001	-	-	-	< 0.0001
			Private	0.5849	0.4364	0.5060	0.4539	0.2135	0.1593	0.1847	0.1657
			Total	0.5849	0.4364	0.5060	0.4539	0.2135	0.1593	0.1847	0.1657
R05DA20	Combinations	6 tablet/ 30 ml	Public	-	< 0.0001	< 0.0001	-	-	< 0.0001	< 0.0001	-
			Private	0.7852	0.7943	0.8107	0.8301	0.2866	0.2899	0.2959	0.3030
			Total	0.7852	0.7943	0.8107	0.8301	0.2866	0.2899	0.2959	0.3030
R05DB	Other cough suppressants										
R05DB21	Cloperastine	60mg	Public	-	-	-	-	-	-	-	-
			Private	0.2328	0.2539	0.1873	0.2141	0.0850	0.0927	0.0684	0.0782
			Total	0.2328	0.2539	0.1873	0.2141	0.0850	0.0927	0.0684	0.0782
R05F	Cough suppressants and expectorants, combinations										
R05FA	Opium derivatives and expectorants		Public	-	0.0003	0.0001	-	-	0.0001	< 0.0001	-
			Private	0.2324	0.2293	0.2778	0.2626	0.0848	0.0837	0.1014	0.0959
			Total	0.2324	0.2296	0.2779	0.2626	0.0848	0.0838	0.1014	0.0959
R05FA01	Opium derivatives and mucolytics	30ml	Public	-	0.0003	0.0001	-	-	0.0001	< 0.0001	-
			Private	0.1556	0.1505	0.1959	0.1755	0.0568	0.0549	0.0715	0.0641
			Total	0.1556	0.1507	0.1959	0.1755	0.0568	0.0550	0.0715	0.0641
R05FA02	Opium derivatives and expectorants	30ml	Public	-	-	-	-	-	-	-	-
			Private	0.0768	0.0788	0.0819	0.0871	0.0280	0.0288	0.0299	0.0318
			Total	0.0768	0.0788	0.0819	0.0871	0.0280	0.0288	0.0299	0.0318

Table 26.4: Use of systemic antihistamines (R06) from 2011 to 2014.

ATC	Therapeutic Group/Drug	DDD	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
				2011	2012	2013	2014	2011	2012	2013	2014
R06A	Antihistamines for systemic use		Public	5.3622	5.7048	6.1154	7.2201	1.9572	2.0822	2.2321	2.6353
			Private	12.9081	16.1294	18.2013	17.7338	4.7115	5.8872	6.6435	6.4728
			Total	18.2703	21.8342	24.3167	24.9539	6.6687	7.9695	8.8756	9.1082
R06AA	Aminoalkyl ethers		Public	1.6464	1.6786	1.6966	2.0202	0.6009	0.6127	0.6192	0.7374
			Private	1.3682	1.3661	2.0706	2.3107	0.4994	0.4986	0.7558	0.8434
			Total	3.0146	3.0448	3.7671	4.3309	1.1003	1.1113	1.3750	1.5808
R06AA04	Clemastine	2mg	Public	-	-	-	-	-	-	-	-
			Private	0.0219	0.0180	0.0170	0.0139	0.0080	0.0066	0.0062	0.0051
			Total	0.0219	0.0180	0.0170	0.0139	0.0080	0.0066	0.0062	0.0051
R06AA08	Carbinoxamine	16mg	Public	-	-	-	-	-	-	-	-
			Private	0.0007	-	-	0.0040	0.0002	-	-	0.0015
			Total	0.0007	-	-	0.0040	0.0002	-	-	0.0015
R06AA52	Diphenhydramine, combinations	30ml	Public	1.6464	1.6786	1.6966	2.0202	0.6009	0.6127	0.6192	0.7374
			Private	1.3457	1.3482	2.0535	2.2927	0.4912	0.4921	0.7495	0.8368
			Total	2.9920	3.0268	3.7501	4.3129	1.0921	1.1048	1.3688	1.5742
R06AB	Substituted alkylamines		Public	2.0451	2.1105	2.2191	2.6851	0.7465	0.7703	0.8100	0.9801
			Private	3.0312	3.3540	3.5574	3.5244	1.1064	1.2242	1.2985	1.2864
			Total	5.0763	5.4645	5.7765	6.2096	1.8528	1.9945	2.1084	2.2665
R06AB01	Brompheniramine	24mg	Public	-	-	-	-	-	-	-	-
			Private	0.0072	0.0036	-	-	0.0026	0.0013	-	-
			Total	0.0072	0.0036	-	-	0.0026	0.0013	-	-
R06AB02	Dexchlorpheniramine	6mg	Public	0.0166	0.0168	0.0121	0.0101	0.0061	0.0061	0.0044	0.0037
			Private	1.0365	1.0187	1.0852	1.1660	0.3783	0.3718	0.3961	0.4256
			Total	1.0532	1.0355	1.0973	1.1762	0.3844	0.3779	0.4005	0.4293
R06AB04	Chlorphenamine	12mg	Public	2.0285	2.0937	2.2070	2.6750	0.7404	0.7642	0.8056	0.9764
			Private	1.9765	2.3090	2.4325	2.3167	0.7214	0.8428	0.8879	0.8456
			Total	4.0049	4.4027	4.6395	4.9917	1.4618	1.6070	1.6934	1.8220
R06AB54	Chlorphenamine, combinations	6 table/ 30 ml	Public	-	-	-	-	-	-	-	-
			Private	0.0110	0.0228	0.0397	0.0417	0.0040	0.0083	0.0145	0.0152
			Total	0.0110	0.0228	0.0397	0.0417	0.0040	0.0083	0.0145	0.0152

Table 26.4: (continued)

ATC	Therapeutic Group/Drug	DDD	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
				2011	2012	2013	2014	2011	2012	2013	2014
R06AD	Phenothiazine derivatives		Public	0.1400	0.1372	0.1092	0.1039	0.0511	0.0501	0.0399	0.0379
			Private	0.3568	1.2205	1.3264	1.3587	0.1302	0.4455	0.4841	0.4959
			Total	0.4967	1.3578	1.4356	1.4626	0.1813	0.4956	0.5240	0.5339
R06AD02	Promethazine	25mg	Public	0.1400	0.1372	0.1092	0.1039	0.0511	0.0501	0.0399	0.0379
			Private	0.3568	1.2189	1.3259	1.3587	0.1302	0.4449	0.4839	0.4959
			Total	0.4967	1.3562	1.4351	1.4626	0.1813	0.4950	0.5238	0.5339
R06AD07	Mequitazine	10mg	Public	-	-	-	-	-	-	-	-
			Private	-	0.0016	0.0005	-	-	0.0006	0.0002	-
			Total	-	0.0016	0.0005	-	-	0.0006	0.0002	-
R06AE	Piperazine derivatives		Public	0.2562	0.3015	0.5407	0.5163	0.0935	0.1101	0.1974	0.1884
			Private	4.8966	6.5733	7.3838	7.0349	1.7873	2.3993	2.6951	2.5677
			Total	5.1528	6.8748	7.9245	7.5511	1.8808	2.5093	2.8924	2.7562
R06AE01	Buclizine	50mg	Public	-	-	-	-	-	-	-	-
			Private	0.0395	0.0151	0.0133	0.0196	0.0144	0.0055	0.0048	0.0072
			Total	0.0395	0.0151	0.0133	0.0196	0.0144	0.0055	0.0048	0.0072
R06AE07	Cetirizine	10mg	Public	0.2331	0.2443	0.4301	0.4337	0.0851	0.0892	0.1570	0.1583
			Private	4.4615	5.8801	6.6352	6.1596	1.6285	2.1463	2.4218	2.2482
			Total	4.6947	6.1245	7.0653	6.5933	1.7135	2.2354	2.5788	2.4066
R06AE09	Levocetirizine	5mg	Public	0.0185	0.0491	0.0750	0.0767	0.0068	0.0179	0.0274	0.0280
			Private	0.3837	0.6621	0.7173	0.8374	0.1401	0.2417	0.2618	0.3057
			Total	0.4023	0.7112	0.7922	0.9141	0.1468	0.2596	0.2892	0.3337
R06AE55	Meclozine, combinations	4 tablet	Public	0.0045	0.0081	0.0356	0.0058	0.0016	0.0030	0.0130	0.0021
			Private	0.0119	0.0160	0.0180	0.0182	0.0043	0.0058	0.0066	0.0066
			Total	0.0164	0.0241	0.0536	0.0241	0.0060	0.0088	0.0196	0.0088
R06AX	Other antihistamines for systemic use		Public	1.2746	1.4769	1.5498	1.8945	0.4652	0.5391	0.5657	0.6915
			Private	3.2553	3.6155	3.8631	3.5052	1.1882	1.3196	1.4100	1.2794
			Total	4.5299	5.0923	5.4129	5.3997	1.6534	1.8587	1.9757	1.9709
R06AX13	Loratadine	10mg	Public	1.2390	1.4214	1.4948	1.8025	0.4522	0.5188	0.5456	0.6579
			Private	2.4197	2.6724	2.8804	2.4858	0.8832	0.9754	1.0513	0.9073
			Total	3.6586	4.0937	4.3752	4.2883	1.3354	1.4942	1.5969	1.5652
R06AX17	Ketotifen	2mg	Public	-	-	-	-	-	-	-	-
			Private	0.1431	0.2042	0.1547	0.1429	0.0522	0.0745	0.0565	0.0522
			Total	0.1431	0.2042	0.1547	0.1429	0.0522	0.0745	0.0565	0.0522

Table 26.4: (continued)

ATC	Therapeutic Group/Drug	DDD	Sector	Utilisation (DDD/1,000 inhabitants/day)				Utilisation (DDD/inhabitant/year)			
				2011	2012	2013	2014	2011	2012	2013	2014
R06AX26	Fexofenadine	0.12g	Public	-	-	-	-	-	-	-	-
			Private	0.3232	0.3334	0.3750	0.3984	0.1180	0.1217	0.1369	0.1454
			Total	0.3232	0.3334	0.3750	0.3984	0.1180	0.1217	0.1369	0.1454
R06AX27	Desloratadine	5mg	Public	0.0356	0.0555	0.0550	0.0920	0.0130	0.0203	0.0201	0.0336
			Private	0.3694	0.4055	0.4531	0.4781	0.1348	0.1480	0.1654	0.1745
			Total	0.4050	0.4610	0.5081	0.5701	0.1478	0.1683	0.1854	0.2081

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CHAPTER 27: USE OF VACCINES

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Vaccination is an important strategy in public health. It is a well-known cost effective and safe method in disease control. Ensuring high immunization coverage for each vaccine used in the National Immunisation Programme (NIP) is essential in order to achieve the goals in Global Vaccine Action Plan (GVAP) with targets by 2020¹. Understanding the epidemiology of infectious disease in local setting can help to identify and prioritise areas of immunisation needs. The use of new formulated vaccines with less adverse events has contributed to increase acceptability and compliance by children and parents, postulated from increase numbers of consumption. Knowing the consumption patterns of vaccines in the country can identify wastage and contribute to immunization planning and cost saving. Furthermore, knowledge of private sector vaccine consumption can contribute to understanding the impact of new vaccines that have not been introduced in the public sector, such as pneumococcal vaccination for preventing invasive pneumococcal disease (IPD) and rotavirus vaccination for severe acute gastroenteritis.

This report served to indicate the procurement and consumption trend of vaccines in the country in year 2011 until 2014. For the purpose of this report, trend of vaccine usage was used rather than DDD (number of vaccine doses for complete vaccination for the defined population). An estimated coverage was calculated based on number of vaccine consumed for a course per birth cohort with an estimated birth cohort each year about 500,000¹. For example, DTaP-IPV//Hib vaccination (J07CA06) consists of 4 doses which represent a complete course for children below 2 years, while a course of hepatitis B vaccination (J07BC01) consists of 3 doses indicated for children given at birth, aged 1 and 6 months old.

Overall, the trend of bacterial vaccines consumptions was more as compared to viral vaccines or combined bacterial-viral vaccines with marked increase in procurement by public sector; especially for tetanus toxoid (Table 27.1 and 27.2). Procurement of tuberculosis vaccine had shown a cyclical trend, with a peak every three years. This might be due to minimum ordering quantity of product and the long shelf life of this frozen vaccine of three (3) years. The procurement of Haemophilus influenzae type b monovalent vaccine showed a significant down trend in 2013 and 2014 especially in the private market as the preference to combined vaccine with diphtheria-pertussis-polio-tetanus with or without hepatitis B. The used of conjugated meningococcal vaccine in private sector increased significantly in 2014 with the reduction of polysaccharide vaccine usage. In public sector, procurement of polysaccharide meningococcal vaccine drop by 37.0% in 2011 as compared to 2012 following policy of providing this services to those going for hajj only; meanwhile those going for umrah have to get the vaccination from private sector (Table 27.2).

Hepatitis B vaccines, Human papillomavirus (HPV), measles monovalent as well as measles-mumps-rubella (MMR) vaccines were the most used viral vaccines (Table 27.3). Measles monovalent usage was high in 2011 and 2012 following measles outbreak in Sabah, Selangor and Federal Territory of Kuala Lumpur. The usage dropped the subsequent 2 years as the situation was well controlled. However, in 2014, its consumption increased again following its usage in School Health Programme to replace MMR multidose which has stopped its market in Malaysia. The consumption of MMR and MMRV has been constant over the past 4 years but in 2014, there was significant drop of MMRV usage in private sector. There might be disruption of supply of this combined vaccine as evidence by increased on varicella monovalent vaccine consumption in the same year. Yellow fever vaccine consumption in public sector doubled in 2014 as compared to 2013, probably due to additional three (3) new vaccination centres to the list. At the same time there was a reduction of usage in private market by 17.0%, probably because of accessibility of services with the additional centres and lower cost provided by public sector.

The consumption of influenza vaccine (J07BB02) was high in 2013 and 2014 as compared to the previous two (2) years following. It was probably following the pandemic influenza H1N1 which occurred in 2010 and the highlighted facts that influenza H1N1 cases did happen in Malaysia. The intake of viral vaccines such as influenza, rotavirus, varicella and hepatitis A were higher in private sector as compared to public sector because they were not in NIP.

Typhoid vaccine (J07AP03) showed a marked increase in consumption in 2010, reaching seven (7) million doses². It was following the gazettment and enforcement of Food Hygiene Regulation 2009. Since then, the

yearly usage of this vaccine was between 300,000 to 400,000 doses with slight reduction in 2013 following shortage of supply and regain similar numbers in 2014 (Figure 27.3).

The most frequently used combined vaccine in the public sector was diphtheria-pertussis-tetanus-poliomyelitis-Haemophilus influenzae type b (DTaP-IPV//Hib) (J07CA06) as the government started using this vaccine in the NIP since 2008 (Table 27.4). This 5-in-1 vaccine was given to children at the aged of 2, 3, 5 and 18 months. The trend was stable over 2011 to 2013 with slight increment in the public sector in 2014. This might be caused by preference usage of 6-in-1 vaccine in private sector, combination of diphtheria-pertussis-tetanus-poliomyelitis-Hepatitis B-Haemophilus influenzae Type b (J07CA09). Earlier, in 2011 until 2013, there was a slight reduction in 6-in-1 vaccine usage, probably because many mothers brought their child to government facilities as the services given was free and the vaccine gave similar protection.

Meanwhile, there was a significant reduction of diphtheria-pertussis-tetanus-polio vaccine usage in private market in 2014 as compared to 2013 by 65.5%. This vaccine was given as a booster to older children and adults.

In this report, procurement data does not reflects its consumption. It was noted that some vaccines were procured in big amount for various reasons; i.e. as buffer stock for up to two to three months for high usage vaccine such as DTaP-IPV//Hib and usage in the early year as HPV vaccine. Cyclical trend in procurement was also observed with vaccines in multidose preparation and in a large minimum-order-quantity (MOQ) requirement e.g. BCG and tetanus. These vaccines were usually with long expiry date of at least three (3) years. The number bought of multidose also took into consideration the 20% wastage when it was used.

In conclusion, the consistent trend of presumed consumption of vaccines in the health services; i.e. private and public sectors was in accordance to policy changes, enforcement of Act and Regulations, and local landscape of vaccine preventable diseases. The consumptions data also gave some ideas on the acceptability of vaccines by public and the coverage of vaccination.

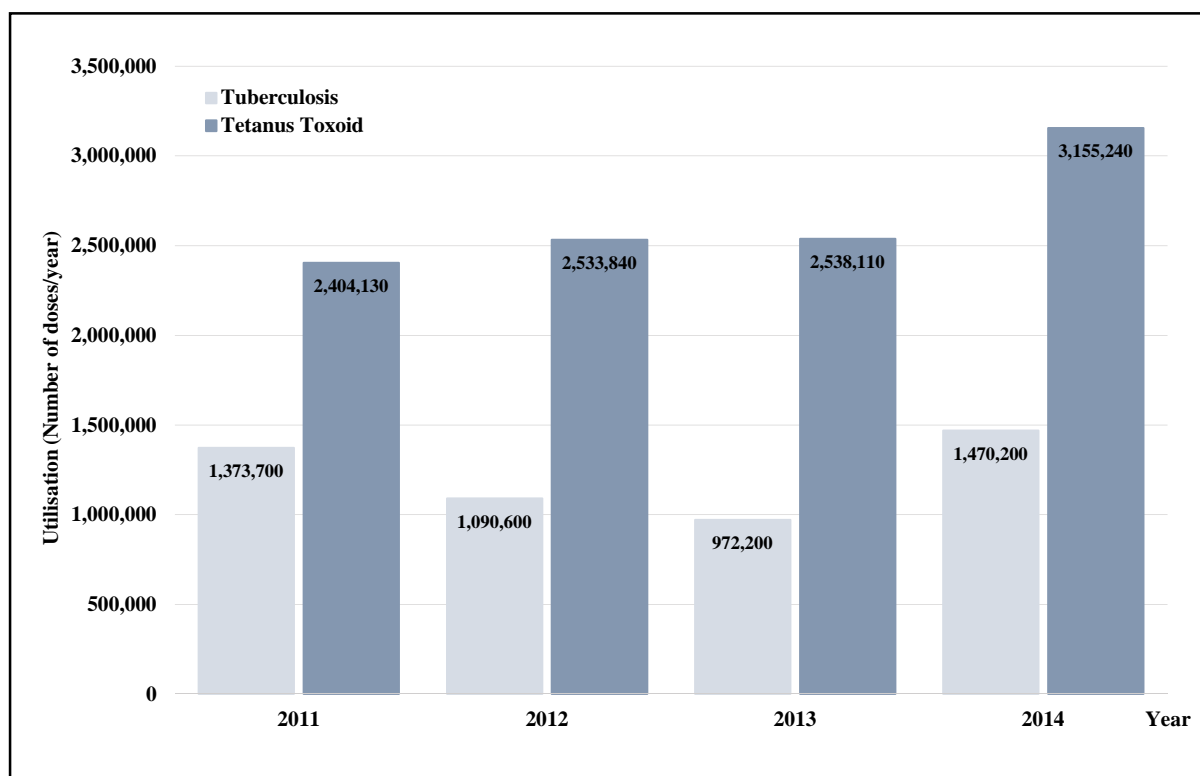


Figure 27.1: Comparison trend of consumption of BCG and tetanus vaccine, 2011 – 2014.

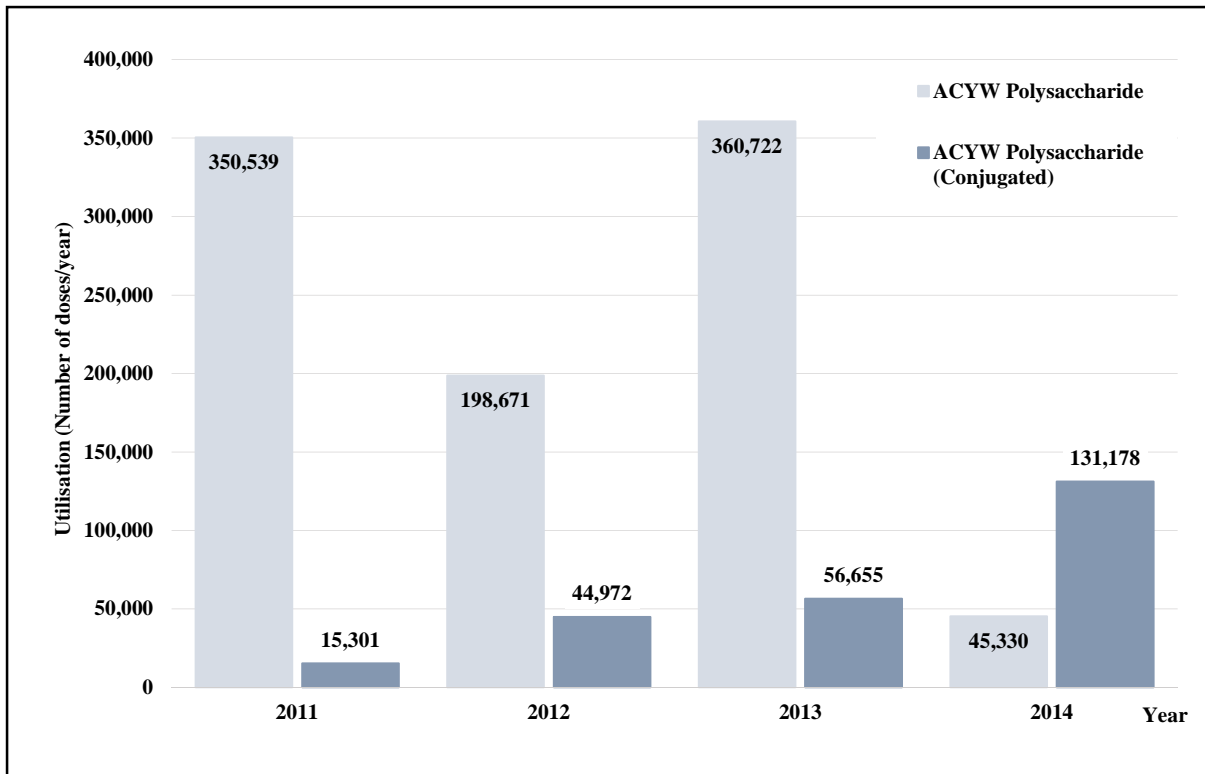


Figure 27.2: Comparison trend of consumption ACWY vaccine, polysaccharide versus conjugated, 2011-2014

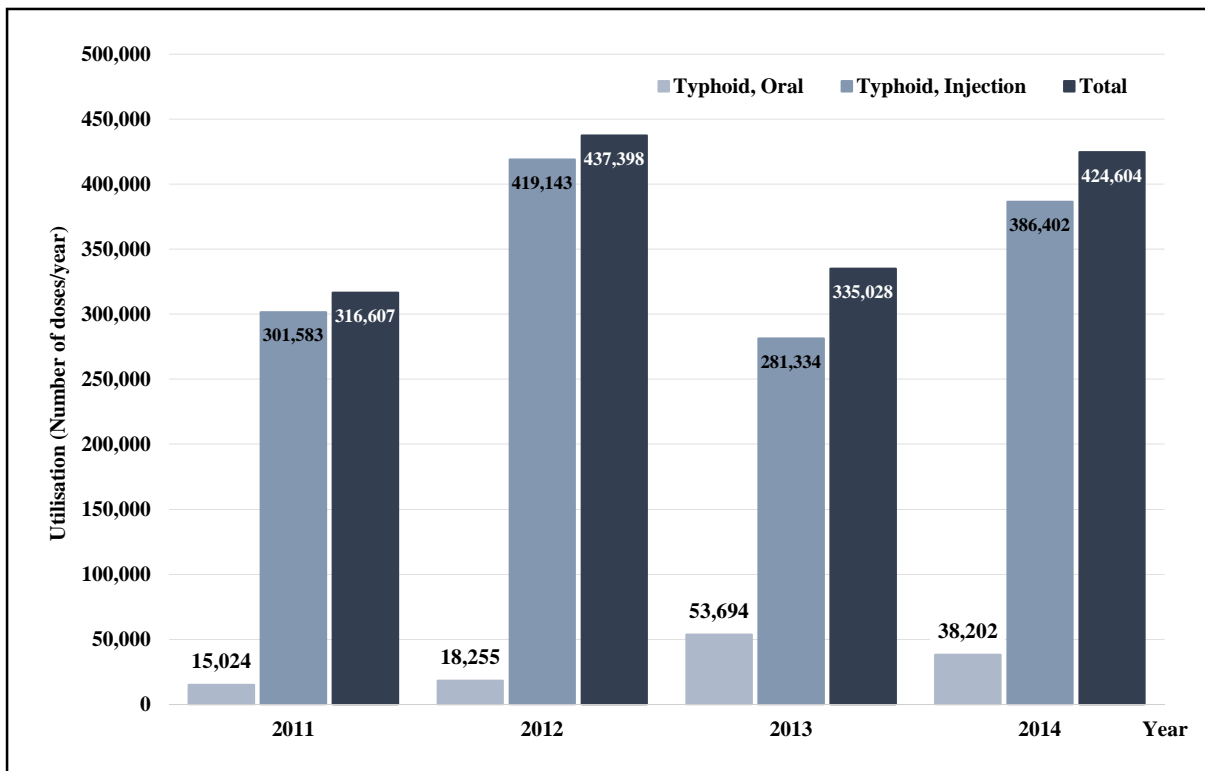


Figure 27.3: Comparison trend of consumption oral and injection typhoid vaccine, 2011-2014.

Table 27.1: Use of bacterial, viral and the combination of bacterial and viral vaccines from 2011 to 2014.

ATC	Therapeutic Group	Sector	Utilisation (Number of doses/year)			
			2011	2012	2013	2014
J07	Vaccines	Public	8,975,935	9,255,203	9,065,937	11,189,880
		Private	2,828,396	2,753,586	2,634,966	2,347,109
		Total	11,804,331	12,008,789	11,700,903	13,536,989
J07A	Bacterial vaccines	Public	3,732,615	3,877,218	3,675,560	5,000,003
		Private	1,436,589	1,126,745	1,290,934	1,164,860
		Total	5,169,204	5,003,963	4,966,494	6,164,863
J07B	Viral vaccines	Public	3,879,701	3,756,585	3,762,428	4,042,333
		Private	1,038,260	1,264,447	1,032,594	924,592
		Total	4,917,961	5,021,032	4,795,022	4,966,925
J07C	Bacterial and viral vaccines, combined	Public	1,363,619	1,621,400	1,627,949	2,147,544
		Private	353,547	362,394	311,438	257,657
		Total	1,717,166	1,983,794	1,939,387	2,405,201

Table 27.2: Use of bacterial vaccines from 2011 to 2014.

ATC	Therapeutic Group/Drug	Defined Population	Number of Doses	Sector	Utilisation (Number of doses/year)			
					2011	2012	2013	2014
J07AE	Cholera vaccines							
J07AE01	Cholera, inactivated, whole cell	General	1	Public	-	-	-	-
				Private	6,257	-	3,536	5,140
				Total	6,257	-	3,536	5,140
J07AG	Hemophilus influenzae B vaccines			Public	992	1,088	1,255	1,354
				Private	17,480	19,041	11,352	3,280
				Total	18,472	20,129	12,607	4,634
J07AG01	Hemophilus influenzae B, purified antigen conjugated	Children below 1-year-old	1	Public	992	1,088	1,255	1,354
				Private	17,179	19,041	11,352	3,280
				Total	18,171	20,129	12,607	4,634
J07AG52	Hemophilus influenzae B, combinations with pertussis and toxoids	Children below 1-year-old	1	Public	-	-	-	-
				Private	301	-	-	-
				Total	301	-	-	-
J07AH	Meningococcal vaccines			Public	38,972	24,485	23,825	32,386
				Private	326,868	219,158	393,552	144,122
				Total	365,840	243,643	417,377	176,508
J07AH04	Meningococcus A,C,Y,W-135, tetravalent purified polysaccharides antigen	General	1	Public	38,972	24,485	23,565	32,206
				Private	311,567	174,186	337,157	13,124
				Total	350,539	198,671	360,722	45,330
J07AH08	Meningococcus A,C,Y,W-135, tetravalent purified polysaccharides antigen conjugated	General	1	Public	-	-	260	180
				Private	15,301	44,972	56,395	130,998
				Total	15,301	44,972	56,655	131,178
J07AJ	Pertussis vaccines							
J07AJ52	Pertussis, purified antigen, combinations with toxoids	Children 1 to less than 2-year-old	1	Public	38,603	27,500	-	-
				Private	2,446	1,945	1,839	548
				Total	41,049	29,445	1,839	548
J07AL	Pneumococcal vaccines			Public	2,613	3,080	3,549	2,563
				Private	147,706	176,708	165,178	170,866
				Total	150,319	179,788	168,727	173,429

Table 27.2: (continued)

ATC	Therapeutic Group/Drug	Defined Population	Number of Doses	Sector	Utilisation (Number of doses/year)			
					2011	2012	2013	2014
J07AL01	Pneumococcus, purified polysaccharides antigen	General	1	Public	2,571	3,031	3,526	2,337
				Private	22,731	15,690	16,960	25,073
				Total	25,302	18,721	20,486	27,410
J07AL02	Pneumococcus, purified polysaccharides antigen conjugated	Children less than 2-year-old	3+1	Public	3	31	23	224
				Private	74,985	112,435	110,863	119,889
				Total	74,988	112,466	110,886	120,113
J07AL52	Pneumococcus purified polysaccharides antigen and Haemophilus influenzae, conjugated	Children less than 2-year-old	3+1	Public	39	18	-	2
				Private	49,990	48,583	37,355	25,904
				Total	50,029	48,601	37,355	25,906
J07AM	Tetanus vaccines			Public	2,504,200	2,648,500	2,569,800	3,662,500
				Private	392,760	354,460	485,380	247,300
				Total	2,896,960	3,002,960	3,055,180	3,909,800
J07AM01	Tetanus toxoid	General	1	Public	2,072,000	2,221,500	2,114,500	2,920,500
				Private	332,130	312,340	423,610	234,740
				Total	2,404,130	2,533,840	2,538,110	3,155,240
J07AM51	Tetanus toxoid, combinations with diphtheria toxoid	Children 7-year-old	1	Public	432,200	427,000	455,300	742,000
				Private	60,630	42,120	61,770	12,560
				Total	492,830	469,120	517,070	754,560
J07AN	Tuberculosis vaccines							
J07AN01	Tuberculosis, live attenuated	Live brith	1	Public	1,017,400	1,022,000	935,000	1,061,000
				Private	356,300	68,600	37,200	409,200
				Total	1,373,700	1,090,600	972,200	1,470,200
J07AP	Typhoid vaccines			Public	129,835	150,565	142,131	240,200
				Private	186,772	286,833	192,897	184,404
				Total	316,607	437,398	335,028	424,604
J07AP01	Typhoid, oral, live attenuated	Above 18-year-old	3	Public	-	111	-	-
				Private	15,024	18,144	53,694	38,202
				Total	15,024	18,255	53,694	38,202
J07AP03	Typhoid, purified polysaccharide antigen	General	1	Public	129,835	150,454	142,131	240,200
				Private	171,748	268,689	139,203	146,202
				Total	301,583	419,143	281,334	386,402

Table 27.3: Use of viral vaccines from 2011 to 2014.

ATC	Therapeutic Group/Drug	Defined Population	Number of Doses	Sector	Utilisation (Number of doses/year)			
					2011	2012	2013	2014
J07BA	Encephalitis vaccines			Public	81,240	66,421	61,588	51,067
				Private	22,374	27,578	26,053	15,593
				Total	103,614	93,999	87,641	66,660
J07BA02	Encephalitis, Japanese, inactivated, whole virus	Children below 15-year-old (Sarawak only)	7	Public	81,240	66,421	-	-
				Private	-	-	-	-
				Total	81,240	66,421	-	-
J07BA03	Encephalitis, Japanese, live attenuated	Children below 15-year-old (Sarawak only)	7	Public	-	-	61,588	51,067
				Private	22,374	27,578	26,053	15,593
				Total	22,374	27,578	87,641	66,660
J07BB	Influenza vaccines			Public	4,343	15,566	12,850	23,381
				Private	148,305	134,852	174,663	175,255
				Total	152,648	150,418	187,513	198,636
J07BB01	Influenza, inactivated, whole virus	General	1	Public	450	1	110	7,413
				Private	36,831	18,750	17,674	23,192
				Total	37,281	18,751	17,784	30,605
J07BB02	Influenza, inactivated, split virus or surface antigen	General	1	Public	3,893	15,565	12,740	15,968
				Private	111,474	116,102	156,989	152,063
				Total	115,367	131,667	169,729	168,031
J07BC	Hepatitis vaccines			Public	1,210,427	1,325,187	1,325,947	1,627,297
				Private	543,442	617,750	538,324	488,376
				Total	1,753,869	1,942,937	1,864,271	2,115,673
J07BC01	Hepatitis B, purified antigen	Children below 1-year-old	3	Public	1,148,155	1,259,237	1,268,412	1,565,885
				Private	302,583	332,710	300,116	284,566
				Total	1,450,738	1,591,947	1,568,528	1,850,451
		Above 18-year-old	3	Public	62,272	65,948	57,515	61,372
				Private	127,075	148,389	130,343	117,933
				Total	189,347	214,337	187,858	179,305
J07BC02	Hepatitis A, inactivated, whole virus	General	2	Public	-	2	20	40
				Private	75,213	92,413	78,785	67,798
				Total	75,213	92,415	78,805	67,838

Table 27.3: (continued)

ATC	Therapeutic Group/Drug	Defined Population	Number of Doses	Sector	Utilisation (Number of doses/year)			
					2011	2012	2013	2014
J07BC20	Hepatitis A and Hepatitis B, combinations	General	3	Public Private Total	- 38,571 38,571	- 44,238 44,238	- 29,080 29,080	- 18,079 18,079
J07BD	Measles vaccines			Public Private Total	1,283,714 108,437 1,392,151	1,005,132 244,585 1,249,717	1,006,118 104,764 1,110,882	914,792 85,054 999,846
J07BD01	Measles, live attenuated	Children below 1-year-old (Sabah only)	1	Public Private Total	858,850 - 858,850	674,600 - 674,600	594,720 - 594,720	344,100 - 344,100
J07BD52	Measles, combinations with mumps and rubella, live attenuated	Children 1 and 8-year-old	2	Public Private Total	424,864 77,562 502,426	330,432 205,891 536,323	411,378 68,120 479,498	541,492 80,470 621,962
J07BD53	Measles, combinations with rubella, live attenuated	Children 7-year-old	1	Public Private Total	- - -	- - -	- - -	29,200 - 29,200
J07BD54	Measles, combinations with mumps, rubella and varicella, live attenuated	Children below 2-year-old	2	Public Private Total	- 30,875 30,875	100 38,694 38,794	20 36,644 36,664	- 4,584 4,584
J07BF	Poliomyelitis vaccines							
J07BF02	Poliomyelitis oral, trivalent, live attenuated	Children 2, 3, 5, 18-month-old and 7-year-old	4+1	Public Private Total	533,500 1,450 534,950	455,600 4,730 460,330	445,900 3,400 449,300	746,500 - 746,500
J07BG	Rabies vaccines							
J07BG01	Rabies, inactivated, whole virus	General (0, 7, 14, 21 or 18-day post bite)	4	Public Private Total	604 1,250 1,854	931 2,012 2,943	1,218 1,409 2,627	924 1,309 2,233
J07BH	Rota virus diarrhea vaccines							
J07BH01	Rota virus, live attenuated	Children below 1-year-old	3	Public Private Total	270 70,204 70,474	262 98,020 98,282	163 84,128 84,291	302 69,499 69,801

Table 27.3: (continued)

ATC	Therapeutic Group/Drug	Defined Population	Number of Doses	Sector	Utilisation (Number of doses/year)			
					2011	2012	2013	2014
J07BJ	Rubella vaccines							
J07BJ01	Rubella, live attenuated	General (Female)	1	Public	1,930	820	2,110	2,710
				Private	-	-	-	-
				Total	1,930	820	2,110	2,710
J07BK	Varicella zoster vaccines							
J07BK01	Varicella, live attenuated	Children 1 to less than 2-year-old	1	Public	568	308	65	154
				Private	43,965	39,291	17,223	40,816
				Total	44,533	39,599	17,288	40,970
J07BL	Yellow fever vaccines							
J07BL01	Yellow fever, live attenuated	General	1	Public	95	675	800	1,460
				Private	5,517	5,242	5,744	4,786
				Total	5,612	5,917	6,544	6,246
J07BM	Papillomavirus vaccines			Public	763,010	885,683	905,669	673,746
				Private	93,316	90,387	76,886	43,904
				Total	856,326	976,070	982,555	717,650
J07BM01	Papillomavirus (human types 6, 11, 16, 18)	General (Female)	3	Public	763,010	771,965	744,084	673,746
				Private	45,473	46,979	50,966	35,262
				Total	808,483	818,944	795,050	709,008
J07BM02	Papillomavirus (human types 16, 18)	General (Female)	3	Public	-	113,718	161,585	-
				Private	47,843	43,408	25,920	8,642
				Total	47,843	157,126	187,505	8,642

Table 27.4: Use of combinations of bacterial and viral vaccines from 2011 to 2014.

ATC	Therapeutic Group/Drug	Defined Population	Number of Doses	Sector	Utilisation (Number of doses/year)			
					2011	2012	2013	2014
J07CA	Bacterial and viral vaccines, combined			Public	1,363,619	1,621,400	1,627,949	2,147,544
				Private	353,547	362,394	311,438	257,657
				Total	1,717,166	1,983,794	1,939,387	2,405,201
J07CA02	Diphtheria-pertussis-poliomyelitis-tetanus	Children 1 to less than 2-year-old	1	Public	-	-	-	-
				Private	32,541	35,635	24,282	8,379
				Total	32,541	35,635	24,282	8,379
J07CA06	Diphtheria-hemophilus influenzae B-pertussis-poliomyelitis-tetanus	Children below 1-year-old	3	Public	1,363,619	1,621,400	1,627,949	2,147,544
				Private	253,567	260,596	232,185	151,321
				Total	1,617,186	1,881,996	1,860,134	2,298,865
J07CA09	Diphtheria-hemophilus influenzae B-pertussis-poliomyelitis-tetanus-hepatitis B	Children below 2-year-old	4	Public	-	-	-	-
				Private	67,439	66,163	54,971	97,957
				Total	67,439	66,163	54,971	97,957

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1. *WHO Global Vaccine Action Plan*. World Health Organisation.
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3. Department of Statistics Malaysia, Population Dataset 2008, 2009 & 2010.

